



























January 2021

Heritage
Ridge

SUN	MON	TUE	WED	THU	FRI	SAT
Location Key: A-Activity Room C-Community Room H- Happy Hour in the Independent Dining Room L-Library T-Theater X-Exercise Room		CORNER STORE We are excited to be reopening the store 1/9. Please follow these guideline to insure it remains open: * Masks required * Hand sanitizer must be used before entering * Limit 2 residents at a time in the store * Cash only Please continue having family bring toiletries and distilled water.	HAPPY HOUR We have moved to the Independent Dining Room.  Come have a pop or beer and a snack. Seating will be the same as meal times. Masks must be worn unless eating or drinking.	OUR BIRTHDAY PARTY will be bumped one week to Friday January 8th. Come enjoy our celebrate with cupcakes, beverages, and a round of "Happy Birthday" 	1 10:00(C) Rose Parade channel #1085  1:00 Walk a lap 1:30(C) Board Games 3:00(H) New Years Celebration 	2 10:00(X) Dancercise 10:45(T) Devotions 11:00(T) Chronicles 2:00 Walk a lap 3:00(C) Dominoes 
3 10:00 Walk a lap 10:30(T) Mass on TV #1008 2:00(C) Bingo—Independent 3:15(L) Ice Cream Bars 	4 10:00(X) Exercise 10:45(T) Devotions 11:00(T) Chronicles 1:15(T) Church - First Presbyterian Service All Welcome 1:30(T) Taking pictures with your cell phone—bring your cell phone 3:00(T) Netflix: Nailed It	5 Shot Are HERE!!! Breakfast in your room Covid-19 Shots will be administered in your private room! Stay in your room until you receive your shot 2:00(C) Universal Yums! Thailand 3:00(C) Corner Store Cash Only Store 6:00(C) Bible Study with Linda—All Welcome	6 10:00(X) Exercise 10:45(T) Devotions 11:00(T) Rosary 1:00 Walk a lap 2:30(C) Music by Joe Taylor 3:30(L) Conversation and Coffee 5:30(T) Catholic Communion	7 10:00(X) Exercise 10:45(T) Devotions 11:00(T) Chronicles 1:00 Walk a lap 2:00(C) Assisted Bingo 3:15(C) Music by Jim Butler 6:00 Knit & Crochet Club by the Salon 	8 10:00(X) Exercise 10:30(L) Scatter Joy Acres Animal Visit 10:45(T) Devotions 11:00(T) Chronicles 1:00 Walk a lap 1:30(C) Simple Group Puzzles 3:00(H) Birthday Happy Hour with Strawberry Cupcakes 	9 10:00(X) Dancercise 10:45(T) Devotions 11:00(T) Chronicles 2:00 Walk a lap 3:00(C) Corner Store Cash Only Store 3:00(C) Scrabble 
10 10:00 Walk a lap 10:30(T) Mass on TV #1008 2:00(C) Bingo—Independent 3:15(L) Root Beer Floats 	11 10:00(X) Exercise 10:45(T) Devotions 10:30(T) Chronicles 1:30(C) Craft: Snowman bean art  3:00(T) Netflix: Our Planet	12 10:00(X) Exercise 10:45(T) Devotions 11:00(T) Chronicles 1:00 Walk a lap 2:30(C) Music by Dick Keisler 3:00(C) Corner Store Cash Only Store 6:00(C) Bible Study with Linda—All Welcome	13 10:00(X) Tai Chi—DVD with Fran 10:45(T) Devotions 1:00 Walk a lap 1:30(C) Catholic Mass 3:00(C) Music by Tim Javorsky 3:30(L) Conversation and Coffee 	14 10:00(X) Exercise 10:45(T) Devotions 11:00(T) Chronicles 1:00 Walk a lap 2:00(C) Assisted Bingo 3:30(C) You Be The Judge 6:00(H) Gentleman's Pie Social 	15 10:00(X) Exercise 10:45(T) Devotions 11:00(T) Chronicles 1:00 Walk a lap 1:30(C) Fun Napkin Folding Class. Learn creative ways to fold cloth napkins 3:00(H) Happy Hour Enjoy conversation with your neighbors 	16 10:00(X) Dancercise 10:45(T) Devotions 11:00(T) Chronicles 2:00 Walk a lap 3:00(C) Corner Store Cash Only Store 3:00(C) Rummikub 
17 10:00 Walk a lap 10:30(T) Mass on TV #1008 2:00(C) Bingo—Independent 3:15(L) Ice Cream Bars 	18 9:00(T) Hearing Aid ✓  10:00(X) Exercise 10:45(T) Devotions 10:30(T) Chronicles 1:30(T) Sending pictures with your cell phone—bring your cell phone and learn how send 3:00(T) Netflix: Nailed It	19 10:00(X) Exercise 10:45(T) Devotions 11:00(T) Chronicles 1:00 Walk a lap 2:00(C) Universal Yums! Thailand 3:00(C) Corner Store Cash Only Store 6:00(C) Bible Study with Linda—All Welcome 	20 10:00(X) Tai Chi—DVD with Fran 10:45(T) Devotions 11:00(T) Rosary 1:00 Walk a lap 2:30(C) Music by Wayne Miller 3:30(L) Conversation and Coffee 5:30(T) Catholic Communion Service	21 10:00(X) Exercise 10:45(T) Devotions 11:00(T) Chronicles 1:00 Walk a lap 2:00(C) Assisted Bingo 3:30(C) You Be The Judge 6:00 Knit & Crochet Club by the Salon 	22 10:00(X) Exercise 10:45(T) Devotions 11:00(T) Chronicles 1:00 Walk a lap 1:30(C) "Berry Punny"  Come enjoy a laugh! 2:00 Walk a lap 3:00(H) Happy Hour	23 10:00(X) Dancercise 10:45(T) Devotions 11:00(T) Chronicles 2:00 Walk a lap 3:00(C) Corner Store Cash Only Store 3:00(C) Dominoes 
24 10:00 Walk a lap 10:30(T) Mass on TV #1008 2:00(C) Bingo—Independent 3:15(L) Root Beer Floats 	25 10:00(X) Exercise 10:45(T) Devotions 10:30(T) Chronicles 1:30(L) Jukebox  2:00 Walk a lap 3:00(T) Netflix: Our Planet	26 10:00(X) Exercise 10:45(T) Devotions 11:00(T) Chronicles 1:00 Walk a lap 2:00(C) Universal Yums! Thailand 3:00(C) Corner Store Cash Only Store 6:00(C) Bible Study with Linda—All Welcome	27 10:00(X) Tai Chi—DVD with Fran 10:45(T) Devotions 11:00(T) Rosary 1:00 Walk a lap 2:30(C) Merry Makers Present: Music by Pam Kragt 3:30(L) Conversation and Coffee 5:30(T) Catholic Communion Service	28 10:00(X) Exercise 10:45(T) Devotions 11:00(T) Chronicles 1:00 Walk a lap 2:00(C) Assisted Bingo 3:30(C) You Be The Judge 6:00(H) Ladies Pie Social 	29 10:00(X) Exercise 10:45(T) Devotions 11:00(T) Chronicles 1:00 Walk a lap 1:30(C) Fun Towel Creations. Learn how to make animals out of towels 3:00(H) Happy Hour 	30 10:00(X) Dancercise 10:45(T) Devotions 11:00(T) Chronicles 2:00 Walk a lap 3:00(C) Corner Store Cash Only Store 3:00(C) Scrabble 
31 10:00 Walk a lap 10:30(T) Mass on TV #1008 2:00(C) Bingo—Independent 3:15(L) Ice Cream Bars 	<div> <div>1/11 Lucy Riley</div> <div>1/13 Viola Gough</div> <div>1/17 George Thompson</div> <div>1/20 Wiely Bradford</div> <div>1/21 Netta McCormick</div> </div> <div>  <div> <div>1/22 Janice Ostergaard</div> <div>1/23 Leah-Mae Shipley</div> <div>1/26 Judy Baker</div> <div>1/31 Lowell Cooley</div> </div> </div>					