

# HILLTOP COMMONS INFORMATION

**Office: (530) 272-5274**  
**Kitchen: (530) 272-2854**  
Fax: (530) 272-5275

**Laundry Room Hours:**  
Daily: 7:00am-9:00pm  
Please remove all items from washers and dryers by 9:00pm

**Van Schedule**  
*Temporarily suspended*

**Beauty Salon Hours:**  
*Temporarily Closed*

## IMPORTANT PHONE NUMBERS:

Gold Country Lift: 271-7433  
(271-RIDE)  
Post Office: 273-3429  
The Union: 273-9565  
Comcast Cable: 1-800-266-2278  
Gold Country Cab: 274-8294  
Fast Taxi: 477-7766  
Dokimo's Pharmacy: 274-0100  
**Grass Valley Police**  
**477-4600 (non-emergency)**

## December Birthdays

Edna Larsen.....12/12  
Joan Mayerle.....12/14  
Lee Barnes.....12/17  
Nina Schott.....12/18  
Mimie Dudek.....12/18  
Bev Lundholm.....12/18

## December Anniversaries

Marilyn Bishop.....1 year  
George Kostik.....1 year  
Bev Lundholm.....2 years  
Ellie Saunders.....2 years  
Lynn Stites.....2 years  
Bev James.....4 years  
Jane Heywood.....4 years



# December Newsletter

Hilltop Commons 131 Eureka St., Grass Valley, CA 95945 (530) 272-5274 [www.raystoneseniors.com](http://www.raystoneseniors.com)



**From the Desk of Terri Howell**  
**Community Administrator**

Happy Holidays Everyone!

I can hardly believe it's time again to put up the tree, string the lights and drink some eggnog. Who knows, maybe this year we will all drink a double!?

Much has been asked of us this past year. Most things we would never have imagined; social distancing, going long stretches without visiting our family or friends, wearing masks, the constant use of hand sanitizer and hugs. I think I've missed the hugs most of all. The amazing news is that we, as a community, have risen to the challenge, day after day. It hasn't been easy but we did it together.

This year may seem like a non-traditional holiday season but it doesn't have to be less meaningful. Due to social distancing we can fall back on some time-tested traditions such as handwritten letters inside of holiday cards or a long phone call to catch up with family and friends. It's also a great time to reflect on the people who have impacted our lives throughout the year.

I would like to give a very special "thank you" to our amazing Hilltop Commons Team, including our dining and kitchen staff, for all their hard work this year. We've definitely faced challenges and might have even shed a few tears. Words can't describe how much each of you mean to me and how much I appreciate your unique qualities and the passion you bring with you each and every day.

I also want to say "thank you" to each Hilltop Commons resident/friend. You make our entire team better people by sharing your lives with us. Your kindness and laughter have made all the difference this year and I hope you know how truly remarkable you all are. You are appreciated!

This holiday season I hope each of you make the time to let someone know how much they mean to you. We never know how much we impact one another with just a simple gesture.

I wish you all health and happiness!

**Happy Holidays!**

## Celebrating December

**Hanukkah**

*December 10-18*

**Christmas**

*December 25*

**Kwanzaa**

*December 26-January 1*

**New Year's Eve**

*December 31*

## Activities

**Mondays and Wednesdays**  
**Inside Exercise 9:30 am**

**Tuesdays and Thursdays**  
**Fridays and Saturdays (tba)**  
**Inside Qigong 9:30 am**

**Mondays, Tuesdays,**  
**and Thursdays**

**Inside Bingo 1:00 pm**

**Wednesday afternoons**  
**Library Cart door-to-door**

**Thursday afternoons**  
**"Thirsty Thursdays" door-to-door**

*MASKS ARE REQUIRED FOR ALL ACTIVITIES*

*SPACE IS LIMITED AND  
SIGN-UPS ARE REQUIRED*

*PLEASE CALL THE OFFICE TO SIGN UP*

*ALL ACTIVITIES ARE SUBJECT TO CHANGE*



**Marketing Minutes**  
**By Sue Hudson**  
**Marketing Director**

*Happy Holidays*

Wishing all of you a safe and healthy holiday season!  
 Sue

**Our wine tasting boxes!**



**Activities Staff**  
**By Traci Gelgood**  
**Acting Activities Director**  
**Assoc. Marketing Director**



I want to thank all of you who have helped us help you during these difficult and unprecedented times. We are doing all we can to keep you happy, healthy, and safe. I know that it's not always easy, and that it can be very frustrating at times for all of us. We are all making great sacrifices during this time.

Thank you to all of you who understand that when we ask you to wear your masks, or keep your distance, or are unable to say yes to your requests, it is because we want to keep you healthy and safe while we do all we can to keep things running as smoothly and as normally as possible. Know that we are trying to have as many activities and services that we can to keep you busy and engaged and happy.

I love seeing your smiling faces when I bring around coffee, snacks, beverages, and special treats! It warms my heart because I care for each and every one of you. Let's keep love and gratitude in our hearts, and warm thoughts for everyone. Let's be kind, and be grateful for all that we do have! Remember that we are all going through this together, and together we can help each other through this.

**Happy Holidays!**

**Stay happy, healthy, and safe!**

**Culinary Corner**



November has come and gone. A lot of you stayed home for Thanksgiving. I know it was sad to not be with your families for Thanksgiving, but with the increase in COVID cases in Nevada County it really was a good thing. Remember you have to protect yourself and we are trying to protect you as well. I miss seeing all of your faces, and I know you miss us as well. I hope you enjoyed your meal and gave thanks for everything in your life. We are all so lucky to be here together. Just like Thanksgiving, our December 25<sup>th</sup> holiday dinner will be a little different. No worries, my staff and I will be preparing a most delicious holiday dinner for you, but this year we will be delivering it to your apartment around 11:00AM. I'm sure you understand that we cannot have any guests for the December 25<sup>th</sup> meal this year, sorry. I know a lot of you might go visit your family or friends to enjoy the holidays with them, and that's wonderful, please just let us know and please be safe. **We will be providing you with a December 25<sup>th</sup> meal sign-up card and ask you return it to a server or the office by Thursday Dec. 11<sup>th</sup>!** On Friday, Dec. 25<sup>th</sup>, the kitchen staff will be leaving at 2:00PM so your evening meal will be delivered with your holiday meal around 11:00AM. If you are not home to receive your evening meal, please call the office (272-5274) upon your return and arrange a time to pick it up. We appreciate your patience as the staff is doing everything we can to keep you all safe and healthy!

**Happy Holidays to my Hilltop family!**



Sincerely,  
 Jammie Barquilla (Chef)

**Kitchen # 272-2854**

**Letter from the Editor**  
**Traci Gelgood**

