






Sunday Monday Tuesday Wednesday Thursday Friday Saturday









































































































































Resident Birthdays
Frankie P. 10/14
Archie W. 10/31

Location Keys
(C) Courtyard C
(St) Studio St
Atrium A
In House In

“As I walked out the door toward the gate that would lead to my freedom, I knew if I didn't leave my bitterness behind, I'd still be in prison.”
— Nelson Mandela

Relax & Rejuvenation is a time after lunch for relaxation & listening to music. Studies show that sundowning can be lessened. Thank you!

 Active
 Expressive
 Gathering
 Learning
 Spiritual

				<p>BBQ Chicken Buttered Corn Garlic Mashed Potatoes Hot Turkey & Swiss Sandwich Potato Chips Pickle Stuffed Peppers W/Mixed Veggies & Hot Rolls 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Hit The Pin [In] 2:30  Harvest Brain Boosting [In] 3:30  Salon Day [St]</p>	<p>Grilled Hot Dogs Potato Salad Lemon Thyme Grilled Fish Rice Pilaf Sauteed Zucchini & Tomatoes WORLD SMILE DAY 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Humor Time [In] 2:30  Candy Corn Day Happy Hour [In] 3:30  Empowering Women Social [In]</p>	<p>CARS UNDER THE STARS PARADE Grilled Italian Sausage Garden Rotini Tossed Salad Hawaiian Chicken Cauliflower Roasted Potatoes 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  History Of Germany Trivia [In] 2:30  Name That Tune [In] 3:30  Movie Time With Popcorn [A]</p>
	<p>BBQ Pulled Pork Macaroni & Cheese Broccoli Beef Ravioli w/ Marinara Sauce Green Beans Garlic Toast 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Spiritual Reading and Ten Four Day [In] 2:30  Float With Me [In] 3:30  Balloon Volleyball [A]</p>	<p>Beef Tips & Gravy Egg Noodles Lemon Cabbage Grilled Chicken w/ Honey Dijon Mustard Corn Squash 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Teachers Day Social [In] 2:30  Hoop Ball [In] 3:30  We Talk A Lot [In]</p>	<p>Country Fried Steak w/ Cream Gravy Garlic Mashed Potatoes Seasoned Green Beans Sausage & Chicken Creole Fluffy Rice Seasoned Okra 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Name That Time Piece [In] 2:30  Painting With A Twist With Gatorade [In] 3:30  Tic Tac Toe [In]</p>	<p>Cheeseburger Steak Fries Lettuce/Tomato/Pickle/Onion Orange Glazed Pork Chop w/ Stuffing Mixed Veggies 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Draconids Meteor Shower [In] 2:30  Mani Wednesday [In] 3:30  Lets Blow Bubbles [In]</p>	<p>Beef Taco Salad Corn & Black Beans Salsa & Chips Fried Chicken w/ Cream Gravy Mashed Potatoes Honey Glazed Carrots Stuffed Peppers W/Mixed Veggies & Hot Rolls 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Name That Tune Thursday [In] 2:30  Crazy Cookie Day Baking [In] 3:30  Karaoke Time [In]</p>	<p>Filet of Fish Garden Pasta Home Style Pizza Seasoned Corn Cucumber Salad Team Spirit Day World Egg day 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Egg Riddle Time [In] 2:30  Egg Happy Hour [In] 3:30  Relaxation Time [In]</p>
	<p>Meatloaf w/ Tomato Sauce Scalloped Potatoes Seasoned Green Beans Roast Turkey Gravy Sweet Potatoes Seasoned Lima Beans 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Spiritual Reading & Morning Prayers [In] 2:30  Sunday - Sundae Social [In] 3:30  Science Experiment [In]</p>	<p>Columbus Day Ham Salad Croissant Festive Pasta Marinated Cucumbers Mushroom Swiss Burger Potato Wedge Lettuce/Tomato 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Indigenous People Discussion [In] 2:30  Hula Hoop Time [In] 3:30  Color Me Wild [In]</p>	<p>Caribbean Chicken w/ Pineapple Salsa White Rice Sauteed Mushrooms Pork Loin w/ Brown Gravy Mashed Potatoes Mixed Greens 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Italian Tuesday Social With Opera Music [In] 2:30  We Talk A Lot [In] 3:30  Pong Ball Toss [In]</p>	<p>Baked Ham Macaroni & Cheese Seasoned Green Beans Lasagne Tossed Salad Hot Roll 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Bird Feeding [C] 2:30  Ice Cream Social [In] 3:30  Relaxation With Movie [In] 6:00  Virtual Watchmen Group</p>	<p>Ranch Chicken Buttered New Potatoes Broccoli Stuffed Peppers W/Mixed Veggies & Hot Rolls Turkey & Cheese Melt Carrot & Raisin Salad 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Sing Along With Instruments With Pastyline [In] 2:30  Pampering Time [In] 3:30  Puzzle With Me [In]</p>	<p>Chicken Fajitas w/ Refried Beans Tossed Salad Tortillas Fried Fish French Fries Coleslaw 8am - Quicker Picker Upper Burrito Grab & Go 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Arts & Crafts (Food Box) [A] 2:30  Mix & Mingle [In] 3:30  Spelling Bee [In]</p>
	<p>BBQ Pulled Pork Sandwich Ranch Style Beans Lettuce/ Tomato/Pickle Chicken Parmesan Fettucine Pasta Italian Veggies 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Spiritual Reading & Create Your Own Comics [In] 2:30  Bean Bag Toss [In] 3:30  Four Horseman Social (Collage Football) [In]</p>	<p>Chicken Cordon Bleu Mashed Potatoes Green Beans Chopped BBQ Beef Pasta Salad 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Music Therapy [In] 2:30  Hocus Pocus Time [In] 3:30  Manicure Monday [In]</p>	<p>Roast Turkey Dinner Sweet Potatoes Veggie Medley Salmon Croquette Scalloped Potatoes Zucchini 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Baseball Brain Boosting [In] 2:30  Boat Song Day With Banana Splits [In] 3:30  Tic Tac Toe [In]</p>	<p>Smoked Sausage Diced Fried Potatoes Sauerkraut Sweet & Sour Chicken Fluffy Rice Mixed Veggies 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Reptile Social Day [In] 2:30  Dizzy Day (Music Therapy) [In] 3:30  Color Me Wild [In]</p>	<p>OGS VIRTUAL ALZ WALK Pork Roast Mushroom Risotto Italian Blend Veggie Stuffed Peppers W/Mixed Veggies & Hot Rolls Tender Beef Tips Buttered Noodles Peas & Carrots 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Think Positive Thursday [In] 2:30  Karaoke Time [A] 3:30  Movie Time (Back To The Future Day) [In]</p>	<p>Cranberry Pecan Chicken Salad Saltine Crackers Fresh Fruit Herb Baked Fish Spanish Rice Sauteed Tomatoes 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Think Pink [In] 2:30  Pink Mingle Hour [In] 3:30  Relaxation Time [In]</p>
	<p>Beef Spaghetti Seasoned Carrots Hot Sweet Roll Brown Sugar Glazed Ham w/ Whipped Sweet Potatoes Green Peas 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Morning Prayer [In] 2:30  Sunday - Sundae Social [In] 3:30  Virtual Museum Tour [A]</p>	<p>Pork Chop w/ Mushroom Sauce Parmesan Mashed Potatoes Brussell Sprouts Summer Chicken Stew Salad Heritage Blend Cornbread 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Pumpkin Craft Day [In] 2:30  Pretzel Social [In] 3:30  Lets Blow Bubbles [In]</p>	<p>Blackened Tilapia Wild Rice Okra & Tomatoes Carter Blood Drive & Covid Kit Give Away Chicken Ravioli Alfredo Seasoned Green Beans Hot Roll 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Sing Along With Instruments [In] 2:30  Mondays Massage [In] 3:30  Color Matching [In]</p>	<p>Beef Burgandy Parsley Noodles Vegetable Medley Rosemary Chicken Roasted Garlic Mashed Potatoes Zucchini 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Bird Feeding [C] 2:30  Mani Wednesday [In] 3:30  Parachute Time [A]</p>	<p>Beef Pot Roast w/ Gravy Baked Sweet Potatoes Mixed Veggies Hot Ham & Cheese Sandwich Seasoned Fries National Cat Day Stuffed Peppers W/Mixed Veggies & Hot Rolls 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Hit The Pin [In] 2:30  Baking Oatmeal Social [In] 3:30  Tic Tac Toe [In]</p>	<p>Drive By Pumpkin Contest & Annual Chili Cook Off Salisbury Steak Mashed Potatoes Italian Veggies Stuffed Chicken w/ Wild Rice Savory Carrots Dinner Roll 9:30  Glamorous Divas/Quality Men Time [In] 10:30  Walk With Me [A] 11:00  Trick or Treat Craft Bags [In] 2:30  Halloween Hoot -N- Howl Social [In] 3:30  Relaxation Time [In]</p>