

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2021

Keystone Place at LaValle Fields Memory Care Activity Calendar

Happy New Year!

New Year's Day

					1	2
10:00 Church Video (MP) 11:00 Exercise(PE) 2:00 Root beer Floats	10:00 Trivia(CE) 11:00 Exercise(PE) 2:30 Shake Loose a Memory(MA) 3:30 Sing Along(MP)	10:00 Dice Game(CE) 11:00 Exercise(PE) 1:30 Relax & Renew(YTM)(SM) 3:00 Snow Trivia	10:00 Card Bingo(CE) 11:00 Exercise(PE) 2:00 Adult Coloring(ART) 3:30 Happy Hour Cart(MA)	10:00 Finish the Saying! (CE) 11:00 Exercise(PE) 2:00 Rosary(YTM) 3:00 Bowling(PE)	10:00 Luck(CE) 11:00 Yoga(YTM) 2:00 Trivia(CE) 3:00 Yahtzee Dice	10:00 Word Games(CE) 11:00 Exercise (PE) 2:00 Bingo
					8	9
10:00 Church Video(MP) 11:00 Exercise(PE) 2:00 Root beer Floats	10:00 Trivia(CE) 11:00 Exercise(PE) 2:30 Shake Loose a Memory(MA) 3:30 Sing Along(MP)	10:00 Dice Game(CE) 11:00 Exercise(PE) 1:30 Relax & Renew(YTM)(SM) 3:00 Task Group	10:00 Card Bingo(CE) 11:00 Exercise(PE) 2:00 Trivia 3:30 Happy Hour Cart(MA)	10:00 Snow Flake Craft (ART) 11:00 Exercise(PE) 2:00 Rosary(YTM) 3:00 Bowling(PE)	Chase Away the Winter Blues Day! 10:00 Blue Trivia 11:00 Yoga(YTM) 2:00 Snow Ball Fight! 2:45 Blue Social(MA)	10:00 Word Games(CE) 11:00 Exercise (PE) 2:00 Bingo
					15	16
10:00 Church Video(MP) 11:00 Exercise(PE) 2:00 Root beer Floats	10:00 Trivia(CE) 11:00 Exercise(PE) 2:30 Shake Loose a Memory(MA) 3:30 Sing Along(MP) <small>Martin Luther King Day</small>	10:00 Past the Present(CE) 11:00 Exercise(PE) 1:30 Relax & Renew(YTM)(SM) 3:00 Task Group	10:00 Card Bingo(CE) 11:00 Exercise(PE) 2:00 Trivia 3:30 Happy Hour Cart(MA)	10:00 Nat King Cole Trivia Music(MP) 11:00 Exercise(PE) 2:00 Rosary(YTM) 3:00 Dance Hour(PE)(MP)	10:00 Luck(CE) 11:00 Yoga(YTM) 2:00 Trivia(CE) 3:00 Hot Chocolate Social(MA)	10:00 Word Games(CE) 11:00 Exercise (PE) 2:00 Bingo
					22	23
10:00 Pray and Sing (MP) 11:00 Exercise(PE) 2:00 Root beer Floats <small>Activity Professionals Week</small>	10:00 Trivia(CE) 11:00 Exercise(PE) 2:30 Shake Loose a Memory(MA) 3:30 Sing Along(MP)	10:00 Dice Game(CE) 11:00 Exercise(PE) 1:30 Relax & Renew(YTM)(SM) 3:00 Task Group <small>Australia Day (observed)</small>	10:00 Card Bingo(CE) 11:00 Exercise(PE) 2:00 Trivia 3:30 Happy Hour Cart(MA)	10:00 Snowball Games(MA) 11:00 Exercise(PE) 2:00 Rosary(YTM) 3:00 Bowling(PE)	10:00 Luck(CE) 11:00 Yoga(YTM) 2:00 Trivia(CE) 3:00 No Bake Apple Pie(MA)	10:00 Word Games(CE) 11:00 Exercise (PE) 2:00 Bingo
					29	30
10:00 Church Video(MP) 11:00 Exercise(PE) 2:00 Root beer Floats	Physical Activity (PE) Cognitive Activity (CE) Art Class (ART) Musical Activity (MP) Multisensory (MA) Stress Management (SM)					

Calendar Subject to Change.