


## Keystone Place at Forevergreen - The Cottage

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p style="text-align: center;"><b><u>KEY</u></b></p> <p><b>* Care Staff Led</b></p> <p><b>P.E</b> Physical Exercise  <b>C.E</b> Cognitive Exercise  <b>Y.M</b> Yoga, Meditation  <b>M</b> Music  <b>A.C</b> Art Class  <b>M.A</b> Multisensory Activity</p>	<p style="text-align: center;"><b><u>DINING SCHEDULE</u></b></p> <p>Breakfast: 7:30 am                      Snack: 10:00 am                      Lunch: 12:00 pm                      Snack: 3:00 pm                      Dinner: 5:00 pm</p>				<p><b>1</b>  <b>10:00a*</b> Bean Bag Toss  <b>P.E</b></p> <p><b>11:00a*</b> NYE Trivia <b>C.E</b></p> <p><b>1:30p*</b> Thera Putty <b>M.A</b></p> <p><b>3:00p*</b> Beatles Documentary <b>M</b></p>	<p><b>2</b>  <b>10:00a *</b> Ball Toss  <b>P.E</b></p> <p><b>11:00a*</b> Cross Word  <b>C.E</b></p> <p><b>1:30p*</b> Coloring Pages <b>A.C</b></p> <p><b>3:00p*</b> Puzzles <b>C.E</b></p>
<p><b>3</b></p> <p><b>10:00a*</b> Ball Toss <b>P.E</b></p> <p><b>11:00a*</b> This day in History <b>C.E</b></p> <p><b>2:00p*</b> Go Fish <b>C.E</b></p> <p><b>3:00p*</b> Bible Reading <b>C.E</b></p>	<p><b>4 PAJAMA DAY</b></p> <p><b>10:00a</b> Chair Zumba  <b>P.E</b></p> <p><b>11:00a</b> New Years Word Scramble <b>C.E</b></p> <p><b>1:30p</b> Blueberry Muffins <b>M.A</b></p> <p><b>3:00p</b> Music and Meditation <b>Y.M</b></p> <p><b>6:30p*</b> Wheel of Fortune</p>	<p><b>5</b></p> <p><b>10:00a</b> Parachute Fun  <b>P.E</b></p> <p><b>11:00a</b> Geography Trivia <b>C.E</b></p> <p><b>1:30p</b> Nail Care <b>M.A</b></p> <p><b>3:00p</b> Puzzles <b>C.E</b></p> <p><b>6:30p*</b> Wheel of Fortune</p>	<p><b>6</b></p> <p><b>10:00a</b> Morning Movement <b>P.E</b></p> <p><b>11:00a</b> Current Events</p> <p><b>1:30p</b> Bingo</p> <p><b>3:00p</b> Record Hour <b>M</b></p> <p><b>6:30p*</b> Wheel of Fortune</p>	<p><b>7</b></p> <p><b>10:00a</b> Chair Yoga <b>P.E</b></p> <p><b>10:00a</b> Hot Chocolate Bar <b>LOBBY M.A</b></p> <p><b>1:30p</b> Craft: Cross Sun Catchers - <b>A.C</b></p> <p><b>3:00p</b> Music and Meditation <b>Y.M</b></p> <p><b>6:30p*</b> Wheel of Fortune</p>	<p><b>8</b></p> <p><b>10:00a*</b> Sensory Board  <b>M.A</b></p> <p><b>11:00a</b> Common Phrases <b>C.E</b></p> <p><b>1:30p</b> Jenga <b>C.E</b></p> <p><b>3:00p</b> Record Hour <b>M</b></p>	<p><b>9</b></p> <p><b>10:30a</b> Sign - A - Long  <b>M</b></p> <p><b>11:00a</b> Word Search <b>C.E</b></p> <p><b>1:30p*</b> Elvis Presley Documentary</p> <p><b>3:00p*</b> Thera Putty <b>M.A</b></p>