

## Upcoming Events

- New Year 2021 Classical Concert
- New Year History, Humor, Poetry, Trivia & Cranium Crunches
- Chocolate Covered Strawberry Social
- Musical Notes: Unforgettable 40s
- Classical Capers: Antonio Vivaldi
- Concert with Michelle Sicut Powell
- Elvis Bingo
- Passport Travels: Columbia
- International Coffee & Tea Social
- Comedy Club: Burns & Allen
- Shakespeare Series: Life & Times of William Shakespeare
- Concert with Falcon House
- MLK Jr Day History, Trivia, Quotes & Cranium Crunches
- Popcorn Party
- Show by Show: Mamma Mia
- Violin Concert with Saumya Vengsarkar
- Warm By The Fire Social
- Art Appreciation: Georgia O'Keefe
- Concert with Yulia Petrachuk

## DECEMBER HIGHLIGHTS



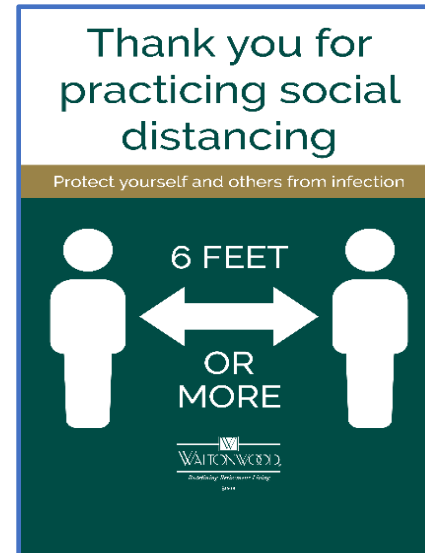
Mr. & Mrs. Snowman made by  
the Garden Club

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All I Want For Christmas is  
Snow

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Winter Wonderland  
Decorations

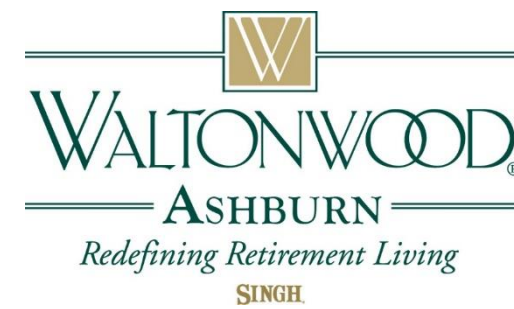


# ASHBURN CONNECT

ASSISTED LIVING  
JANUARY 2021



Happy New Year! Last year was an interesting and challenging year but we survived. We are looking forward to 2021 with the hope of a healthy year and strong leadership. Here at Waltonwood, we have thrived no matter what life threw at us. We continue to enjoy our life enriching activities despite the fact that they have been offered in a different way. That said, we are looking forward to settling back into “the way things used to be.” As always, we have not missed a beat and have continued to offer arts and crafts, gardening, games, discussions, concerts, religious and spiritual services, socials and exercise programs either via door to door or virtually. We look forward to bringing in our volunteers and professionals to continue to provide pet visits, lectures and concerts. We also look forward to heading out to our favorite restaurants, museums and shopping venues. So raise your glass to the new year and the many possibilities and adventures we have coming our way. Life is good at Waltonwood.



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## COMMUNITY MANAGEMENT

Chris Leinauer  
Executive Director

Audrey Poore  
Business Office Manager

Tiffany Ashton  
Marketing Manager

Kathleen Kisiah  
Marketing Manager

Eduardo Villasmil  
Culinary Manager

Rudy Williamson  
Maintenance Manager

Chandis Parris  
Independent Living Manager

Maria Manalo  
Resident Care Manager

Kesha Sampson  
AL Wellness Coordinator

Megan Mastre  
MC Wellness Coordinator

Jocelyn Jackson  
AL Life Enrichment Manager

Robin Burke  
IL Life Enrichment Manager

Kate Ritchie  
MC Life Enrichment Manager

## \$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!





ASSOCIATE OF THE MONTH – Irma Ramirez

Congratulations to Irma Ramirez for being selected as Employee of the Month! Irma was selected because she goes above and beyond.

Irma moved from the Philippines seven years ago to be near her family. She received a Bachelor of Science in Psychology and was interested in working with children with special needs. As Irma was looking for work, a friend suggested that she apply at a senior living community. Irma began her journey as a certified nursing assistant and was quickly promoted to Care Manager. She has been working in the healthcare field for five years and has fallen in love with seniors. Four months ago Irma began working at Waltonwood as a Med Tech. She has quickly proven her worth at our community too. She loves the residents and treats them like extended family. Irma appreciates being selected as Employee of the Month but feels that she is not the only one who has gone above and beyond during the year of COVID. She thanks her associates for being a part of her success. As Irma has been at Waltonwood such a short time she is appreciative that her managers see her hard work and dedication.

When Irma is not working at Waltonwood she enjoys cooking Korean and Japanese food with her daughter and watching horror movies. They both enjoy experimenting in the kitchen, especially trying to duplicate what they have eaten in restaurants. Irma also enjoys painting acrylic silhouettes. In her spare time Irma can be seen at antique shoppes purchasing oriental figurines. She brings photos of her pictures to work and uses them as conversation pieces to connect with the residents. She also enjoys talking to the residents about their collections.



FOREVER FIT – Moving Forward

January is finally here! 2020 is over and 2021 has arrived ready to offer a new sense of hope. Last year was tough; maybe even the hardest year of our lives. We lost so many traditions, milestones and celebrations to a circumstance far beyond our control. It would be so easy to look back and dwell on what could have been wondering what if. While you have every right to reflect on the past twelve months, I encourage you to shift your hopes to the next twelve to come. Take this opportunity to embrace the progress we’ve made and know this progress puts us one step closer to the way things used to be. There’s no doubt the road ahead will still be bumpy but step into the new year with the hope and conviction that 2021 will truly be a healthy, happy new year!

TRANSPORTATION INFORMATION & UPCOMING TRIPS

In an effort to meet the medical transportation needs of the community, we ask that all requests be made 48 hours (2 days) in advance. All requests will receive a response. Your confirmation slip will serve as your “ticket.” Please follow the below requirements:

- 1. Complete the TRANSPORTATION REQUEST FORM located at the front desk. Return this completed form to the front desk. Be sure to include the time of your appointment and the full address.
- 2. A CONFIRMATION SLIP will be delivered to your apartment prior to your departure date and time.
- 3. Please arrive to the front lobby at least 5 minutes before your scheduled departure time.
- 4. Appointments are Monday-Friday from 8am-3pm. There will be no drop offs or pick ups between 12-1pm.

Although we will make every effort to accommodate all residents, please understand that the schedule and route is planned in advance making it challenging to respond to same day requests. Transportation operates on a “drop off” and “pick up” basis and is unable to wait. There is a \$2.00 per mile fee for medical appointments beyond a 10 mile radius of the community. Masks must be worn at all times. Residents must sanitize their hands when entering and exiting the transportation vehicle.

WALTONWOOD CORONA VIRUS TESTING

We appreciate you participating in the community-wide weekly COVID testing. All staff and residents will be tested every Tuesday from 9am-4pm in the Garden Room. The test administered will be a nasal swab and the test results will take approximately two to five days to receive back. All visitation has been suspended and all common areas are closed at this time. It is safe to go for a walk and/or get your mail, however, please continue to practice safety protocols by socially distancing and wearing your mask when you are not in your apartment. If you leave the community, please follow the health checks at the front door and isolate for the necessary time for everyone’s safety. We thank you for your cooperation.

RESIDENT BIRTHDAYS

1/2 Pat Fischer

1/4 Al Malacarne



EXECUTIVE DIRECTOR CORNER – CHRIS LEINAUER

The year 2020 was an extremely challenging year at Waltonwood Ashburn. We were impacted in March with a period of Corona Virus. Community isolation followed by a period of successful virus remediation. We were able to successfully phase in many suspended aspects of our operation between May and November. Unfortunately, to close the year, we once again fell victim to Corona Virus. It’s been difficult, however, I remain optimistic! I believe 2021 will provide us with a different and much better reality than the one we experienced in 2020. I hope you found enjoyment in the holiday season and look forward to the upcoming year with the same optimistic outlook as I do.