



HAPPY BIRTHDAY IN JANUARY

Residents:

8 BOB

Associates:

- 6 Beth
- 10 Maryann
- 14 Cheyenne
- 19 Donna



FRIENDS & FAMILY REFERRAL PROGRAM!

Helping Residents Keep in Touch

COVID-19: HOW PEOPLE ARE STAYING CONNECTED\*



81% are using phone calls to keep in touch with family and friends

76% text messages  
47% video calls

Top 5 platforms people are using to stay connected:

- 65% Facebook
- 39% WhatsApp
- 27% Instagram
- 22% Skype
- 16% Zoom



The first thing people want to do when this is all over:

- 32% hug family and friends
- 10% go to a restaurant

EMBRACING TECHNOLOGY



Our residents and their family members are using a GrandPad or Echo Show with Alexa to communicate and stay connected with one another.



We can help you connect too!  
Ask to talk with one of our Life Enrichment team members today.

www.Waltonwood.com



\*Data according to a 2020 Pureprofile survey.

LAKE SIDE CONNECT  
JANUARY 2021



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When you read this it will be a new year, 2021. Though none of us can see the future, hope remains ever present in our lives.

In the month of January on Wednesday's we are celebrating with different themes, just because. This month we look forward to Elvis, Farmer Jack, Cheese Lovers and Scottish Day. Please see your calendar for details and feel free to reach out to me any time at [Tonya.wilson@singhmail.com](mailto:Tonya.wilson@singhmail.com) I promise a 24 hour response.

COMMUNITY MANAGEMENT

Jenel Stoinski  
Executive Director

Tonya Wilson  
Life Enrichment Manager  
MC

Stacey Lamphier  
Resident Care Manager

Paul Gilleran  
Culinary Services Manager

Meghan Kahm  
Business Office Manager

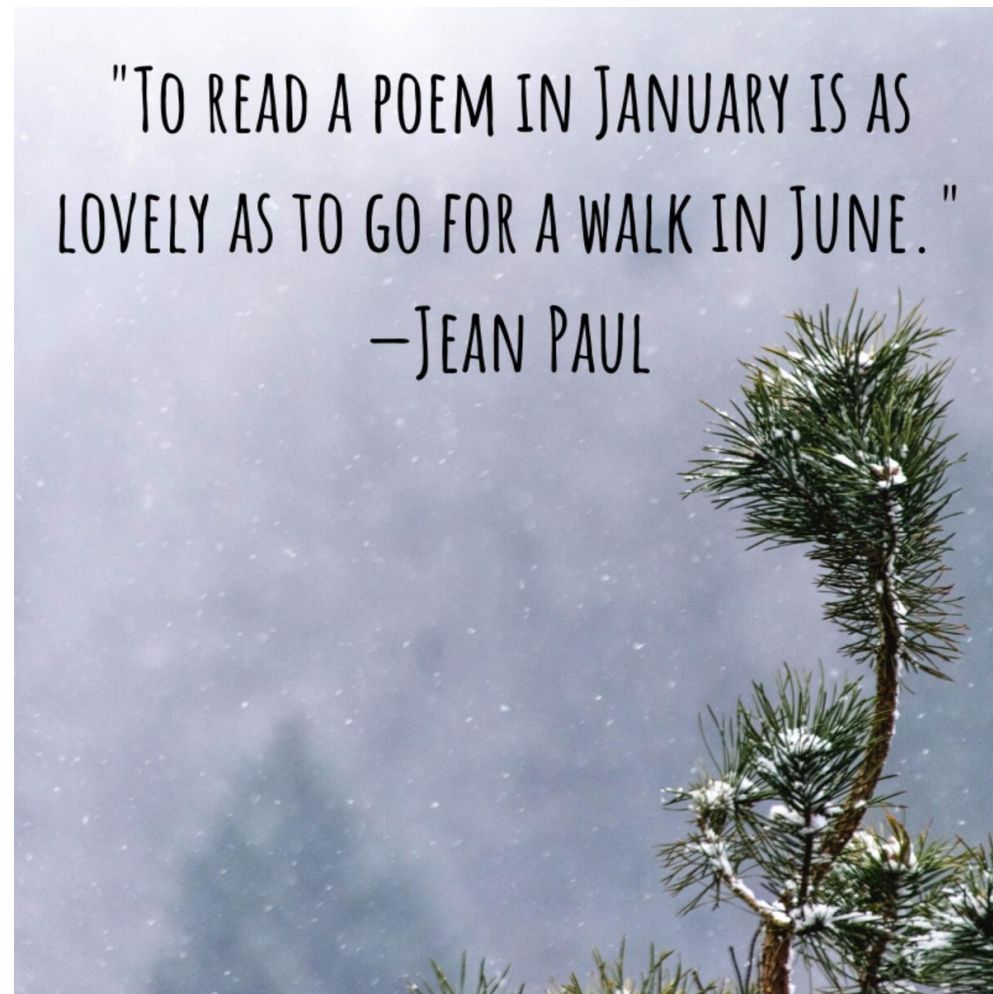
Mauricio Martinez  
Maintenance Manager

Karen Moore  
Housekeeping Supervisor

Rae Matey  
Marketing Manager

Melissa Wright  
Marketing Manager





## FOREVER FIT / WELLNESS

### Moving Forward

Finally! January is here, 2020 is over and 2021 has arrived ready to offer a new sense of hope. Last year was tough, maybe even the hardest year of our lives. We lost so many traditions, milestones and celebrations to a circumstance far beyond our control. It would be so easy to look back and dwell on what could have been wondering what if? While you have every right to reflect on the past twelve months, I encourage you to shift your hopes to the next twelve to come. Take this opportunity to the embrace the progress we've made and know this progress puts us one step closer to the way things used to be. There's no doubt the road ahead will still be bumpy but step into the new year with the hope and conviction that 2021 will truly be a healthy, happy new year! *"It's amazing how a little tomorrow can make up for a whole lot of yesterday."* John Guare