

January 2021

Golden Pond Senior Living (AL, IL)

ANY CHANGES TO THE CALENDAR WILL BE POSTED ON THE DAILY WHAT'S HAPPENING (Located at the Front Desk and all Elevators)

Please check daily.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
A	NEW 2	YEAR 0	HAS 2	COME 1	1 HAPPY NEW YEAR *****	2 <ul style="list-style-type: none"> Check out the library for a good book to read and enjoy Take a stroll around the Gazebo and feel the fresh air 2:15 Movie Time, <i>TR</i> SOCIAL DISTANCING IS REQUIRED	
3 <ul style="list-style-type: none"> All Day Enjoy A Beautiful Winter Day Grab a game from the Bistro and play a game with a friend SOCIAL DISTANCING IS REQUIRED	4 <ul style="list-style-type: none"> 9:30 Morning Movement, <i>ER</i> 10:30 Crossword Time, <i>PAR</i> 1:00 Meditation, <i>FF</i> 3:00 Bingo, <i>BH</i> 	5 <ul style="list-style-type: none"> 9:30 Morning Movement, <i>ER</i> 10:30 Calendar Review, <i>PAR</i> 2:00 Happy Hour, <i>LP</i> 3:15 Board Games, <i>PAR</i> 6:15 Movie Time, <i>TR</i> 	6 <ul style="list-style-type: none"> 10:00 Food Committee Mtg w/Chef, <i>FF</i> 1:00 Meditation, <i>FF</i> 2:00 Happy Hour, <i>LP</i> 3:15 Beachball Volley, <i>PAR</i> 6:15 Movie Time, <i>TR</i> 	7 <ul style="list-style-type: none"> 9:30 Morning Movement, <i>ER</i> 10:30 Readers Club, <i>LIB</i> 2:00 Happy Hour, <i>LP</i> 3:15 Sing Along, <i>PAR</i> 	8 <ul style="list-style-type: none"> 9:30 Morning Movement, <i>ER</i> 10:15 Donuts and Coffee, <i>B</i> 10:30 Arts n' Crafts, <i>PAR</i> 1:00 Meditation, <i>FF</i> 2:00 Table Games/Cribbage Club, <i>PAR</i> 3:15 Bingo, <i>BH</i> 	9 <ul style="list-style-type: none"> Check out the library for a good book to read and enjoy Take a stroll around the Gazebo and feel the fresh air 2:15 Movie Time, <i>TR</i> SOCIAL DISTANCING IS REQUIRED	
10 <ul style="list-style-type: none"> All Day Enjoy A Beautiful Winter Day Grab a game from the Bistro and play a game with a friend SOCIAL DISTANCING IS REQUIRED	11 <ul style="list-style-type: none"> 9:30 Morning Movement, <i>ER</i> 10:30 Crossword Time, <i>PAR</i> 1:00 Meditation, <i>FF</i> 3:00 Bingo, <i>BH</i> 	12 <ul style="list-style-type: none"> 9:30 Morning Movement, <i>ER</i> 10:30 Nail Care, <i>PAR</i> 1:00 Book Mobile, <i>FL</i> 2:00 Happy Hour, <i>LP</i> 3:15 Board Games, <i>PAR</i> 6:15 Movie Time, <i>TR</i> 	13 <ul style="list-style-type: none"> 10:00 Resident Council, <i>FF</i> 1:00 Meditation, <i>FF</i> 2:00 Happy Hour, <i>LP</i> 3:15 Beachball Volley, <i>PAR</i> 6:15 Movie Time, <i>TR</i> 	14 <ul style="list-style-type: none"> 9:30 Morning Movement, <i>ER</i> 10:30 History Club, <i>FF</i> 2:00 Happy Hour, <i>LP</i> 3:15 Sing Along, <i>PAR</i> 	15 <ul style="list-style-type: none"> 9:30 Morning Movement, <i>ER</i> 10:15 Donuts and Coffee, <i>B</i> 10:30 Arts n' Crafts, <i>PAR</i> 1:00 Meditation, <i>FF</i> 2:00 Table Games/Cribbage Club, <i>PAR</i> 3:15 Bingo, <i>BH</i> 	16 <ul style="list-style-type: none"> Check out the library for a good book to read and enjoy Take a stroll around the Gazebo and feel the fresh air 2:15 Movie Time, <i>TR</i> SOCIAL DISTANCING IS REQUIRED	
17 <ul style="list-style-type: none"> All Day Enjoy A Beautiful Winter Day Grab a game from the Bistro and play a game with a friend SOCIAL DISTANCING IS REQUIRED	18 ~~~ <i>MLK DAY</i> ~~~ <ul style="list-style-type: none"> 9:30 Morning Movement, <i>ER</i> 10:30 Crossword Time, <i>PAR</i> 1:00 Meditation, <i>FF</i> 3:00 Bingo, <i>BH</i> 	19 <ul style="list-style-type: none"> 9:30 Morning Movement, <i>ER</i> 10:30 Nail Care, <i>PAR</i> 2:00 Happy Hour, <i>LP</i> 3:15 Board Games, <i>PAR</i> 6:15 Movie Time, <i>TR</i> 	20 <ul style="list-style-type: none"> 1:00 Meditation, <i>FF</i> 2:00 Happy Hour, <i>LP</i> 3:15 Beachball Volley, <i>PAR</i> 6:15 Movie Time, <i>TR</i> 	21 <div style="background-color: #f08080; padding: 5px; text-align: center;">NATIONAL HUGGING DAY</div> <ul style="list-style-type: none"> 9:30 Morning Movement, <i>ER</i> 10:30 Readers Club, <i>LIB</i> 2:00 Happy Hour, <i>LP</i> 3:15 Sing Along, <i>PAR</i> 	22 <ul style="list-style-type: none"> 9:30 Morning Movement, <i>ER</i> 10:15 Donuts and Coffee, <i>B</i> 10:30 Arts n' Crafts, <i>PAR</i> 1:00 Meditation, <i>FF</i> 2:00 Table Games/Cribbage Club, <i>PAR</i> 3:15 Bingo, <i>BH</i> 	23 <ul style="list-style-type: none"> Check out the library for a good book to read and enjoy Take a stroll around the Gazebo and feel the fresh air 2:15 Movie Time, <i>TR</i> SOCIAL DISTANCING IS REQUIRED	
24 <ul style="list-style-type: none"> All Day Enjoy A Beautiful Winter Day Grab a game from the Bistro and play a game with a friend SOCIAL DISTANCING IS REQUIRED	25 <ul style="list-style-type: none"> 9:30 Morning Movement, <i>ER</i> 10:30 Crossword Time, <i>PAR</i> 1:00 Meditation, <i>FF</i> 3:00 Bingo, <i>BH</i> 	26 <ul style="list-style-type: none"> 9:30 Morning Movement, <i>ER</i> 10:30 Nail Care, <i>PAR</i> 2:00 Happy Hour, <i>LP</i> 3:15 Board Games, <i>PAR</i> 6:15 Movie Time, <i>TR</i> 	27 <ul style="list-style-type: none"> 10:00 Resident Council, <i>FF</i> 1:00 Meditation, <i>FF</i> 2:00 Elvis is in the House, <i>PAR</i> 3:15 Beachball Volley, <i>PAR</i> 6:15 Movie Time, <i>TR</i> 	28 <ul style="list-style-type: none"> 9:30 Morning Movement, <i>ER</i> 10:30 History Club, <i>FF</i> 2:00 Happy Hour, <i>LP</i> 3:15 Sing Along, <i>PAR</i> 	29 <ul style="list-style-type: none"> 9:30 Morning Movement, <i>ER</i> 10:15 Donuts and Coffee, <i>B</i> 10:30 Arts n' Crafts, <i>PAR</i> 1:00 Meditation, <i>FF</i> 2:00 Table Games/Cribbage Club, <i>PAR</i> 3:15 Bingo, <i>BH</i> 	30 <ul style="list-style-type: none"> Check out the library for a good book to read and enjoy Take a stroll around the Gazebo and feel the fresh air 2:15 Movie Time, <i>TR</i> SOCIAL DISTANCING IS REQUIRED	
31 <ul style="list-style-type: none"> All Day Enjoy A Beautiful Winter Day Grab a game from the Bistro and play a game with a friend SOCIAL DISTANCING IS REQUIRED						MEETING PLACES <ul style="list-style-type: none"> <i>ER</i> - Exercise Room <i>PAR</i> - Performing Art Room <i>FF</i> - Friends & Family Room <i>BH</i> - Bingo Hall <i>TR</i> - Theater Room <i>LP</i> - Lucky's Pub <i>LIB</i> - Library <i>B</i> - Bistro 	DIMENSIONS OF WELLNESS <ul style="list-style-type: none"> Physical Spiritual Social Health Services Emotional Environmental Intellectual Nutritional