



Regina

1/7

Eda

1/15

Betty B

1/19

Linda

1/21

Ricky

1/30

Jean R

1/31

Bus Rides

We will be taking scenic drives every Tuesday and Thursday at 1:00pm! Ride around Belleville Lake, see the Victorian charm of downtown Northville or even just take a country drive with us. At this time we are able to take four resident!



12 things to always remember

1. *The past cannot be changed.*
2. *Opinions don't define your reality.*
3. *Everyone's journey is different.*
4. *Things always get better with time.*
5. *Judgements are a confession of character.*
6. *Overthinking will lead to sadness.*
7. *Happiness is found within.*
8. *Positive thoughts create positive things.*
9. *Smiles are contagious.*
10. *Kindness is free.*
11. *You only fail if you quit.*
12. *What goes around, comes around.*

\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

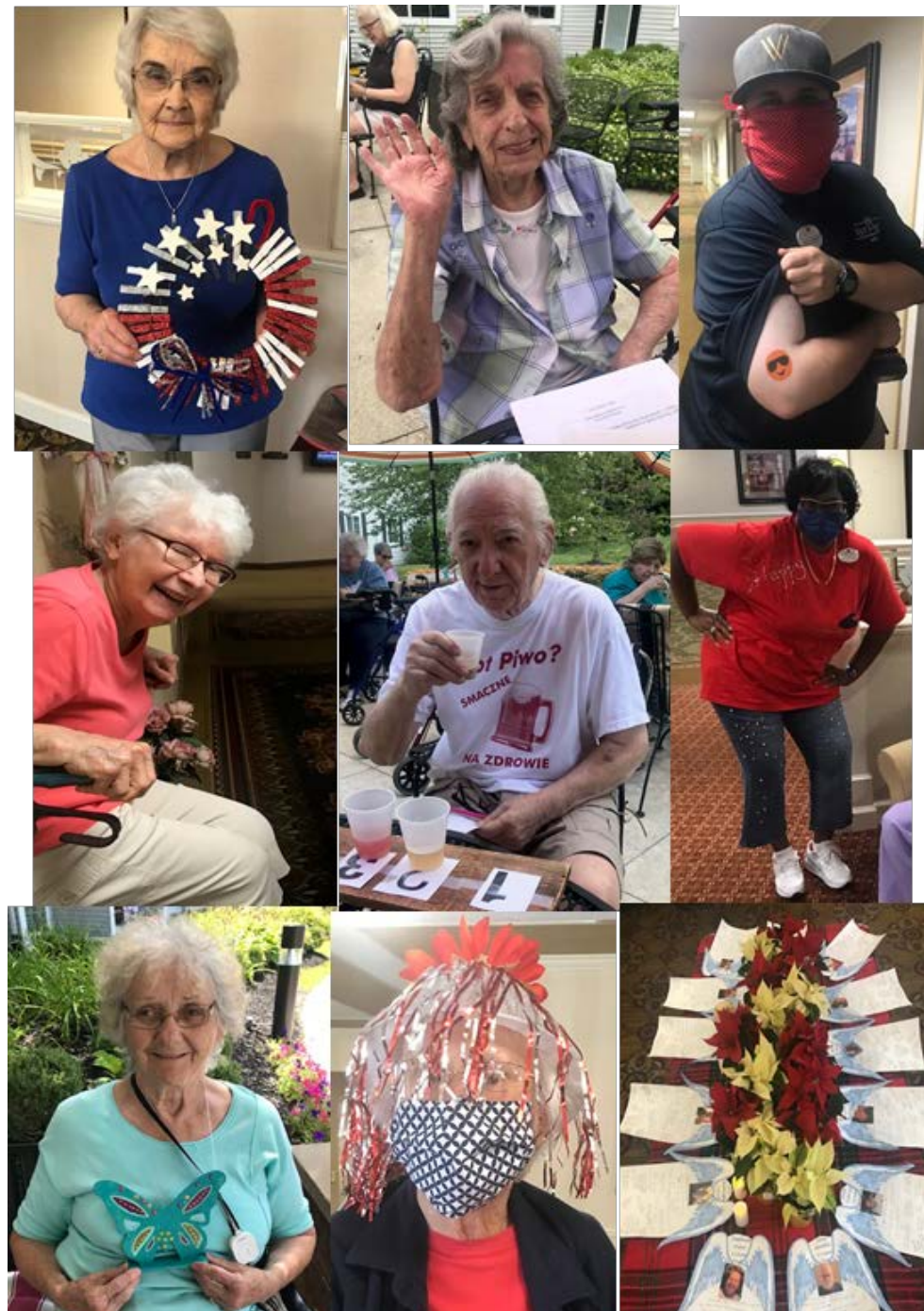
FRIENDS & FAMILY REFERRAL PROGRAM!

CARRIAGE PARK CONNECT

JANUARY 2021



2000 Canton Center Rd., Canton, MI 48188
www.waltonwood.com | 734-844-3060
 Facebook: /WaltonwoodCarriagePark



COMMUNITY MANAGEMENT

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Joel Vassallo
Culinary Services
Manager

Erin McGraw
Life Enrichment Manager

Nichole Passmore
Life Enrichment Manager

Annette Rogers
Marketing Manager

Chris Chalmers
Marketing Manager

JoAnn Mayher
Resident Care Manager

Jeremy Meriwether
Wellness Coordinator

Mike Burlett
Maintenance Manager

Nathan Brown
Independent Living
Manager

01 2020 What a year we had! "May 2021 be full of beautiful inspirations for you, to help you achieve all your goals and dreams. Wishing you a wonderful and blessed New Year."

ASSOCIATE SPOTLIGHT

Our January Employee of the Month is Pat Sharland (Driver). Pat doesn't just come in to Waltonwood Carriage Park to get through her work day—she strives to make an impact in the lives of our residents and community every time she steps foot in our doors. Specifically, last month, she transformed our community into a beautiful holiday wonderland, which truly made an impact in making a challenging holiday season more festive and joyful. During some challenging times over the past few months, Pat has even stepped up to help cover concierge shifts! Pat is one of those associates who truly embodies the Waltonwood model of FAMILY in each encounter and interaction she has with other staff and our residents. We are honored to recognize Pat and all of her positivity!



LET IT SNOW: WINTER SNOW FEST

This day is for all snow lovers and none snow lovers. We will start the day off with six great exercises to prevent falls during the winter. We will move on to winter hang man followed by some hot chocolate after lunch. We have some games: snowball toss, snowball dodgeball and a special snowman golf! We will also be showing the movie **Eight Below**, if you love dogs this one is for you! We will close out the day with some cold weather trivia. Dress for the occasion in white.

FOREVER FIT: Moving Forward

Finally! January is here, 2020 is over and 2021 has arrived ready to offer a new sense of hope. Last year was tough, maybe even the hardest year of our lives. We lost so many traditions, milestones and celebrations to a circumstance far beyond our control. It would be so easy to look back and dwell on what could have been wondering what if? While you have every right to reflect on the past twelve months, I encourage you to shift your hopes to the next twelve to come. Take this opportunity to embrace the progress we've made and know this progress puts us one step closer to the way things used to be. There's no doubt the road ahead will still be bumpy but step into the new year with the hope and conviction that 2021 will truly be a healthy, happy new year!

- Chris Grabowski, MS, Senior Forever Fit Manager

"It's amazing how a little tomorrow can make up for a whole lot of yesterday." John Guare

SPECIAL DATES IN JANUARY

8

Today we celebrate the one and only Elvis! Born today in 1935. Enjoy a great Elvis concert and his favorite snack!

19/21

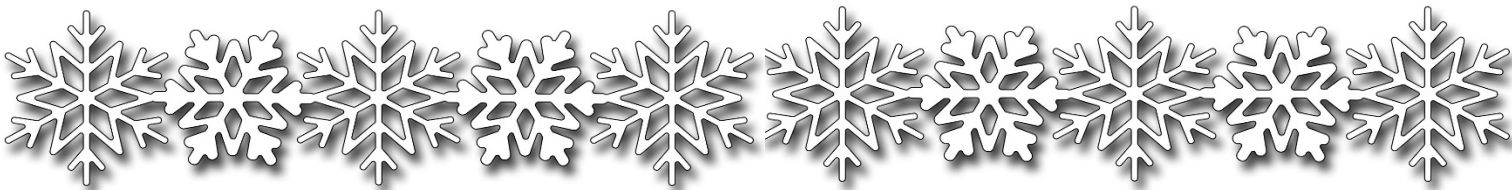
Craft classes this week will be making some amazing snowflakes.

17

Today starts off Hunt for Happiness Week. Find some special happiness this week.

22

Let's hope for snow! Check your calendar for a day of fun as we celebrate everything snow!



EXECUTIVE DIRECTOR CORNER

HAPPY NEW YEAR!

More so than any previous transition of years that I can recall, there is so much anticipation for 2021 to be a better year. Despite it being a challenge to reflect on the good in 2020, I must take a moment to recognize and thank all of you, our residents, for being a part of our Waltonwood family. You have all made sacrifices, your families have made sacrifices, and your experience at Waltonwood Carriage Park at times has been limited to the thriving lifestyle we were used to. There is much hope in 2021—vaccinations for COVID-19 have already started being administered, which will help get us back on the path to resuming life (to some degree) as we were accustomed to. We have been getting through this together, and we will be together on the brighter days ahead. Wishing you all a healthy and prosperous 2021!

Dustin Stolzman, Executive Director