



HAPPY BIRTHDAY

21st Joyce M

27th Pasty F

31st Joe E

Moving Forward

Finally! January is here, 2020 is over and 2021 has arrived ready to offer a new sense of hope. Last year was tough, maybe even the hardest year of our lives. We lost so many traditions, milestones and celebrations to a circumstance far beyond our control. It would be so easy to look back and dwell on what could have been wondering what if? While you have every right to reflect on the past twelve months, I encourage you to shift your hopes to the next twelve to come. Take this opportunity to embrace the progress we've made and know this progress puts us one step closer to the way things used to be. There's no doubt the road ahead will still be bumpy but step into the new year with the hope and conviction that 2021 will truly be a healthy, happy new year!

"It's amazing how a little tomorrow can make up for a whole lot of yesterday."

John Guare

TRANSPORTATION INFORMATION

Waltonwood will resume transportation for medical appointments on Wednesdays, and Thursdays. Please notify the Concierge of your appointment as far in advance as possible with the time, date and location. After reservations are made, each resident will be advised of a departure time within 24 hours prior to each appointment. Appointments will be scheduled between the hours of 8:30 am and 3:30 pm. Residents must wear a mask at all times and they must sanitize their hands pre and post transportation.

PROVIDENCE CONNECT

JANUARY 2021



A New Year!

Inspirations for 2021

"You can find inspiration in everything. If you can't, then you're not looking properly."—Paul Smith, fashion designer.

"Plant seeds every single day that you know who you are, you know what you're about, and you know what goals you've set for yourself." —Steph Curry, athlete

"Don't make plans, make options."—Jennifer Aniston, actor

"The way I look at it, every day that I'm moving forward is a day I'm not moving backward." —Bobby Bones, radio personality

"You have those moments where you reflect and say, 'No matter what I'm going through at the moment, you know what? Life ain't bad.'" —Dwayne Wade, athlete

"Keep some room in your heart for the unimaginable." —Mary Oliver, poet



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COMMUNITY MANAGEMENT

Jeff Plummer
Executive Director

Vicki Shotwell
Business Office Manager

Steve Archer
Culinary Manager

Ernie Collie
Maintenance Manager

Carrie Dunlap
Marketing Manager

Cara Nirenberg
Marketing Manager

Amanda Romero
Resident Care Manager

Dana Gurley
Wellness Coordinator

Grace Gallozzi
Special Care Coordinator

Samantha Toms
Life Enrichment Manager

Helping Residents Keep in Touch

COVID-19: HOW PEOPLE ARE STAYING CONNECTED*



81%
are using phone
calls to keep in
touch with
family and
friends

76% text messages
47% video calls

Top 5
platforms people are
using to stay connected:

- 65% Facebook
- 39% WhatsApp
- 27% Instagram
- 22% Skype
- 16% Zoom



The first
thing
people
want to do
when this
is all over:

- 32% hug family and
friends
- 10% go to a restaurant

EMBRACING TECHNOLOGY



Our residents and their family members are using a GrandPad or Echo Show with Alexa to communicate and stay connected with one another.



We can help you connect too!
Ask to talk with one of our Life Enrichment
team members today.

www.Waltonwood.com



*Data according to a 2020 Pureprofile survey.

SAFETY FIRST



Face coverings are required
in our community.
*Please see the Executive Director
if you need a mask.*



Thank you for practicing social distancing

Protect yourself and others from infection



EXECUTIVE DIRECTOR CORNER

Happy New Year!

As we begin the new year, we are still vigilant in our precautionary measures against COVID-19. Our decisions this past year have been based on the safety of the residents and staff, while trying to consider the effects that the measures have had on everyone in the community. The residents and staff have been great with adapting to many changes of our protocols to stay safe. We have had a tough 2020, but look forward to 2021. Here's to a better 2021 with the hope of returning to a new normal to be able to visit with our families, and begin the vaccination process.

Thank you,

Jeff Plummer
Senior Executive Director