

# Celebrating Birthdays In January

- 1/1 Betty B.
- 1/1 Nancy C.
- 1/2 Eleanor T.
- 1/7 Colette W.
- 1/16 Barbara S.
- 1/19 June W.
- 1/23 Pam D.

### TRANSPORTATION INFORMATION

Waltonwood will continue transportation for medical appointments on Tuesdays, Wednesdays, and Thursdays. Please notify the Concierge of your appointment as far in advance as possible with the time, date and location. After reservations are made, each resident will be advised of a departure time within 24 hours prior to each appointment. Appointments will be scheduled between the hours of 8:30 am and 3:30 pm. Residents must wear a mask at all times and they must sanitize their hands pre and post transportation.

### FOREVER FIT TOPIC - Moving Forward

Finally! January is here, 2020 is over and 2021 has arrived ready to offer a new sense of hope. Last year was tough, maybe even the hardest year of our lives. We lost so many traditions, milestones and celebrations to a circumstance far beyond our control. It would be so easy to look back and dwell on what could have been wondering what if? While you have every right to reflect on the past twelve months, I encourage you to shift your hopes to the next twelve to come. Take this opportunity to the embrace the progress we've made and know this progress puts us one step closer to the way things used to be. There's no doubt the road ahead will still be bumpy but step into the new year with the hope and conviction that 2021 will truly be a healthy, happy new year!

"It's amazing how a little tomorrow can make up for a whole lot of yesterday."

John Guare





## PROVIDENCE CONNECT



JANUARY 2021

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### JANUARY EVENTS

#### Happy New Year!

As we begin the new year, we are still vigilant in our precautionary measures against COVID-19. Our decisions this past year have been based on the safety of the residents and staff, while trying to consider the effects that the measures have had on everyone in the community. The residents and staff have been great with adapting to many changes of our protocols to stay safe. We have had a tough 2020, but look forward to 2021. Here's to a better 2021 with the hope of returning to a new normal to be able to visit with our families, and begin the vaccination process.

Thank you,

Jeff Plummer Executive Director

### COMMUNITY MANAGEMENT

Jeff Plummer
Executive Director

Vicki Shotwell Business Office Manager

Steve Archer
Culinary Manager

Ernie Collie Maintenance Manager

Katelyn Cummings Life Enrichment Manager

Carrie Dunlap Marketing Manager

Cara Nirenberg Marketing Manager

Matt Swaney
Independent Living Manager