

The Palms At Bonaventure

Assisted Living & Memory Care



111 North Wells Road • Ventura, California 93004 • Phone (805) 647-0616 • www.seniorlivinginstyle.com
Facility License Number RCFE #565802467

JANUARY 2021 THE PALMS AT BONAVENTURE STAFF

Administrator.....BRANDY MCCAULEY, LVN
Assistant Administrator.....JULIE VILLALOBOS
Director of Health Services.....DEBRA PAGEL, RN
Resident Services Coordinator... JEANNIE LIGHT, LVN
Memory Care CoordinatorPAZ GRAY, LVN
Executive Chef MICHAEL CALLAHAN
Activity Coordinator.....JOHN WHITE
Activity Coordinator-MC.....MARIA GONZALEZ
Administrative Assistant LINDA HESTER
Maintenance Coordinator..... SERGIO RAMIREZ
Transportation.....DAVE GILBERT

TRANSPORTATION

Monday, 1:30 p.m.: Shopping Outing

Tuesday - Thursday, 10:30 a.m.-1:30 p.m.: Doctor Appointments and Miscellaneous Transportation

Friday, 9:45 a.m.: Scenic Drive/Community Outings



Hawthorn Adventure 2021: Island Hopping!

Swaying palms, powder-fine beaches, and clear blue waters — get ready, The Palms at Bonaventure, for a tropical getaway you won't soon forget! Beginning the week of January 17th through February 6th we will be embarking on an island-hopping adventure through the Pacific Islands! You'll enjoy three weeks of sun, sand, rest and relaxation as we explore these amazing destinations:

- Hawaii
- Fiji
- New Zealand

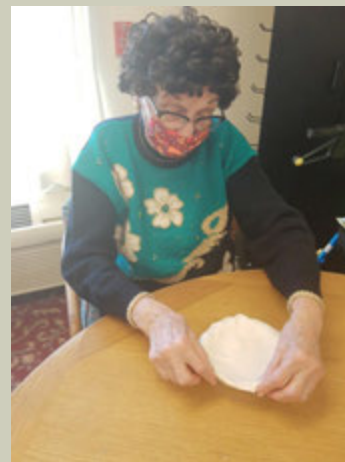
As we make our scheduled stops, we will be experiencing the food, history and culture of each of these beautiful destinations. Be sure to attend the Island-Hopping Kickoff on January 11th to get all of your travel information. If you have any additional questions, like what to pack or weather conditions, be sure to check in with your travel guide, John White, for all the details!





Let's Get Cooking: Holiday Edition

The Let's Get Cooking program was in full swing for the holiday season! Our amazing culinary team was, as always, on hand to share the joy of cooking with our wonderful residents. Our food theme for November was cranberries and we baked up a delicious batch of cranberry white chocolate chip cookies. For the Thanksgiving holiday we made turkey pot pies, complete with a scrumptious no-bake pumpkin pie!





Resident Spotlight: Diana Spielman

This month, we are doing a spotlight on our incredibly talented resident, Diana Spielman. Diana was born in Chicago, Illinois, in 1932. As a child, she excelled at sports and in art, talents that would flourish into adulthood.

In 1948, she enlisted in the U.S. Army

and worked as a cryptographer for four and a half years. She states her time in the military was one of the happiest in her life, adding her time in Japan as her favorite. After her military service ended, Diana moved back to Chicago and enrolled in the prestigious Art Institute Of Chicago earning a Bachelor of Fine Arts degree. Diana then worked as an art teacher and also briefly as the institute's librarian. During this time, Diana was able to focus on being a professional artist, becoming quite successful, having her work showcased in art shows in Chicago and Los Angeles. When Diana moved to California, she met the love of her life, the man who would become her husband and father of their three sons, Sumner. They were happily married for over 20 years before his passing. To this day, Diana loves to reminisce and talk about Sumner and often shares his photo with her friends. Art is still a major part of Diana's life, and she enjoys sharing her talents with the other residents here at The Palms. "Art and music bring me much happiness, I love to inspire others to let out their own inner artist! Let your creativity flow, you might learn something new about yourself in your artistic journey," says Diana.



The inimitable Miss Diana Spielman

Happy New Year!

There is something very enticing about using the new year as a marker for change. It's an opportunity for a fresh start and a chance to commit to making essential improvements in your life. It's an opportunity to make a public announcement of these commitments as a form of accountability. Yet 92% of New Year's Resolutions will fail within a month. Public accountability for New Year's Resolutions does not usually help, perhaps because it is an accepted norm for these resolutions to fail.

You can be successful with your resolutions if you follow these simple steps. After you are done, you will have New Year's Resolutions that are not only attainable, but extremely likely to succeed.

1. Make it singular. If you are like most of us, your eyes are bigger than your stomach. You want to use this opportunity to commit to all of the significant changes in your life. This will never work. Focus on one single improvement at a time. Select the one item on your list that will have the most significant impact on your life's vision.

2. Make it specific. Many of us desire to lose weight, get organized, or make more money. Stating your resolution in this form is a recipe for failure. How will you know when you are successful? How much weight do you need to lose? What does getting organized look like? How much additional money will you need to make so your resolution is a success? Instead, state your resolution with a specific end point.

3. Make it achievable. You want to lose weight and with 52 weeks in a year and a safe 2-3 Lbs. per week of weight loss, that's a

maximum of 156 lbs. of weight loss in a single year if everything goes perfectly. It's probably safe to assume that if you need to lose 156 lbs. that it may not go perfectly all year, so a more realistic goal would probably 100 lbs. This goal is challenging, but attainable.

4. Track your progress. Every week, mark your progress on a chart. Make the chart fun to look at and keep it in a place where you will see it every day. As the progress bar begins to move, this will motivate you to continue. A four month chart with no important commitments missed will be a great motivator to continue to implement new organizational strategies. Be sure to track important obligations both kept and missed!

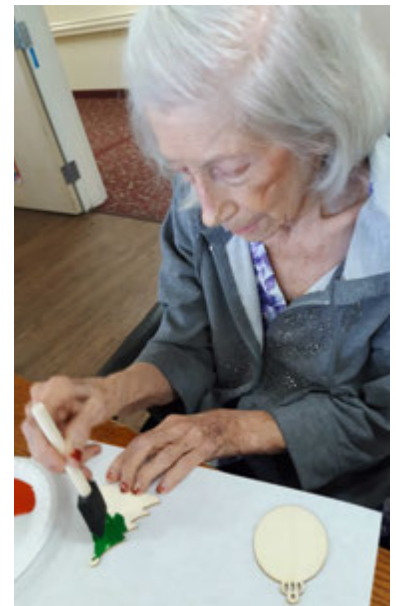
5. Stay accountable. Select one or two close relations (family or friends) with whom you can share your progress weekly. Use the opportunity to discuss your accomplishments, identify failures, and brainstorm ways to correct for the shortcomings in the future.

You now have the tools to set a New Year's Resolution that is important, challenging and realistic. Choose to follow through by setting up a system that will enable your success. If you reach your goal before the end of the year, why not set another New Year's Resolution right away? There is no need to wait for January!



Christmas in Memory Care

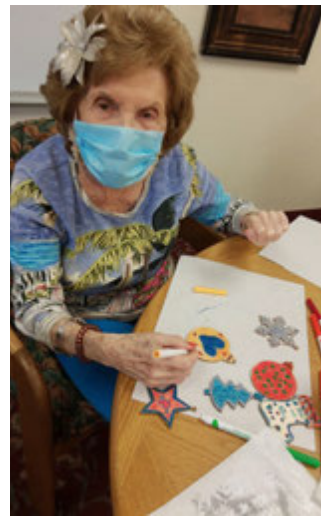
Happy Holidays from Memory Care! Here is a glimpse of what our talented and creative residents made at the Christmas Craft Workshop. Santa would be proud!



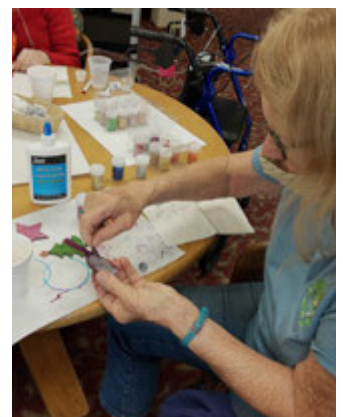


Holiday Crafting

Crafting is a big part of our activity program; it has been proven to help those who suffer from anxiety, depression and chronic pain. It can also ease stress and increase happiness.



For the holiday season our residents came together to share their love of art and everything Christmas, making ornaments, snow globes and their own personalized stockings for Santa to fill.



The Palms At Bonaventure
Assisted Living & Memory Care

111 North Wells Road
Ventura, California 93004



It's always Warm at

The Palms At Bonaventure
Assisted Living & Memory Care

We invite you to experience the warmth of our community. Our caring staff is here for you any time, day or night. We take care of the cooking, cleaning, and maintenance, leaving you more time to enjoy your lifestyle. We'll even drive you to appointments, shopping and other outings.

805-647-0616

JAN 2021

Birthdays

Shirley T, 1st
 Bill B, 7th
 Ana Z, 16th (Employee)
 Laura L, 20th (Employee)
 Ray B, 22nd
 Jeannie L, 28th (Employee)
 Ruth C, 28th
 Laura P, 31st (Employee)

Locations

Activity Room, AR
 Chapel, Chapel
 Dining Room, DR
 Fireplace (in DR), FP
 Library, LBR
 Lobby, LBY
 Loft, Loft
 Lounge, LG
 Outing, O
 Outside Back Patio, Outside
 Pool Room (Upstairs), PR
 TV Movie Room, TV

The Palms Beauty Salon

Jessica Jeffrey Salon
 Jessica: 805-766-4210

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					NEW YEAR'S DAY ¹ 8:30 Daily Chronicle, AR 10:00 Balloon Tennis, AR 11:00 UNO, AR 2:00 Words within Words, AR 4:00 Singalong, AR 6:15 Evening Movie, TV	8:30 Daily Chronicle, AR ² 9:30 Morning Outdoor Walk, LBY 10:00 Art Books and Coffee, AR 2:00 Candy Bar Bingo, AR 3:00 Scrabble, AR 6:15 Evening Movie, TV
					8:30 Daily Chronicle, AR ³ 9:30 Morning Outdoor Walk, AR 10:30 Art Books and Coffee, AR 2:00 Dominoes, AR 4:00 UNO, AR 6:15 Evening Movie, TV	8:30 Daily Chronicle, AR ⁴ 10:00 Balloon Tennis, AR 11:00 Art Books and Coffee, AR 2:00 Words within Words, AR 3:00 UNO, AR 3:30 Man Cave Monday, TV 6:15 Evening Movie, TV
8:30 Daily Chronicle, AR ¹⁰ 9:30 Morning Outdoor Walk, AR 10:30 Art Books and Coffee, AR 2:00 Dominoes, AR 4:00 UNO, AR 6:15 Evening Movie, TV	8:30 Daily Chronicle, AR ¹¹ 10:00 Balloon Tennis, AR 11:00 Art Books and Coffee, AR 2:00 Scrabble, AR 2:00 Words within Words, AR 3:00 UNO, AR 6:15 Evening Movie, TV	8:30 Daily Chronicle, AR ¹² 9:00 Morning Outdoor Walk, LBY 11:00 Art Books and Coffee, AR 1:00 Island Hopping Kickoff Party!, AR 2:00 Group Word Games, AR 3:00 Scrabble, AR 6:15 Evening Movie, TV	8:30 Daily Chronicle, AR ¹³ 9:00 Morning Outdoor Walk, LBY 10:00 Balloon Tennis, AR 11:00 Art Books and Coffee, AR 2:00 Candy Bar Bingo, AR 3:30 UNO, AR 6:15 Evening Movie, TV	8:30 Daily Chronicle, AR ¹⁴ 9:00 Morning Outdoor Walk, LBY 10:00 Group Word Games, AR 11:00 Art Books and Coffee, AR 3:30 UNO, AR 6:15 Evening Movie, TV	8:30 Daily Chronicle, AR ¹⁵ 10:00 Balloon Tennis, AR 11:00 UNO, AR 2:00 Words within Words, AR 4:00 Singalong, AR 6:15 Evening Movie, TV	8:30 Daily Chronicle, AR ¹⁶ 9:30 Morning Outdoor Walk, LBY 10:00 Art Books and Coffee, AR 2:00 Candy Bar Bingo, AR 3:00 Scrabble, AR 6:15 Evening Movie, TV
8:30 Daily Chronicle, AR ¹⁷ 9:30 Morning Outdoor Walk, AR 10:30 Art Books and Coffee, AR 2:00 Dominoes, AR 4:00 UNO, AR 6:15 Evening Movie, TV	MARTIN LUTHER KING JR. DAY ¹⁸ 8:30 Daily Chronicle, AR 10:00 Balloon Tennis, AR 11:00 Art Books and Coffee, AR 2:00 Words within Words, AR 3:00 UNO, AR 3:30 Man Cave Monday, TV 6:15 Evening Movie, TV	8:30 Daily Chronicle, AR ¹⁹ 9:00 Morning Outdoor Walk, LBY 10:00 Bowling, AR 11:00 Art Books and Coffee, AR 1:00 Hawaii: Tiki Cocktails, AR 2:00 Group Word Games, AR 3:00 Scrabble, AR 6:15 Evening Movie, TV	8:30 Daily Chronicle, AR ²⁰ 9:00 Morning Outdoor Walk, LBY 10:00 Balloon Tennis, AR 11:00 Art Books and Coffee, AR 1:00 Hawaiian Islands: Legends and Lore, AR 2:00 Candy Bar Bingo, AR 3:30 UNO, AR 6:15 Evening Movie, TV	8:30 Daily Chronicle, AR ²¹ 9:00 Morning Outdoor Walk, LBY 10:00 Group Word Games, AR 11:00 Art Books and Coffee, AR 1:15 Let's Get Cooking: Haupia, AR 3:30 UNO, AR 6:15 Evening Movie, TV	8:30 Daily Chronicle, AR ²² 10:00 Balloon Tennis, AR 11:00 UNO, AR 2:00 Words within Words, AR 4:00 Singalong, AR 6:15 Evening Movie, TV	8:30 Daily Chronicle, AR ²³ 9:30 Morning Outdoor Walk, LBY 10:00 Art Books and Coffee, AR 1:00 Island Photo Day, AR 2:00 Candy Bar Bingo, AR 4:00 Bowling, AR 6:15 Evening Movie, TV
8:30 Daily Chronicle, AR ²⁴ 9:30 Morning Outdoor Walk, AR 10:30 Art Books and Coffee, AR 2:00 Dominoes, AR 4:00 UNO, AR 6:15 Evening Movie, TV	8:30 Daily Chronicle, AR ²⁵ 10:00 Balloon Tennis, AR 11:00 Art Books and Coffee, AR 2:00 Scrabble, AR 2:00 Words within Words, AR 3:00 UNO, AR 6:15 Evening Movie, TV	8:30 Daily Chronicle, AR ²⁶ 9:00 Morning Outdoor Walk, LBY 11:00 Art Books and Coffee, AR 1:00 Cruise Fiji, AR 2:00 Group Word Games, AR 3:00 Scrabble, AR 6:15 Evening Movie, TV	8:30 Daily Chronicle, AR ²⁷ 9:00 Morning Outdoor Walk, LBY 10:00 Balloon Tennis, AR 11:00 Art Books and Coffee, AR 1:00 Learning the Meke!, AR 2:00 Candy Bar Bingo, AR 3:30 UNO, AR 6:15 Evening Movie, TV	8:30 Daily Chronicle, AR ²⁸ 9:00 Morning Outdoor Walk, LBY 10:00 Group Word Games, AR 11:00 Art Books and Coffee, AR 1:00 Let's Get Cooking: Fijian Cassava Cake, AR 3:30 UNO, AR 6:15 Evening Movie, TV	8:30 Daily Chronicle, AR ²⁹ 10:00 Balloon Tennis, AR 11:00 UNO, AR 2:00 Words within Words, AR 4:00 Singalong, AR 6:15 Evening Movie, TV	8:30 Daily Chronicle, AR ³⁰ 9:30 Morning Outdoor Walk, LBY 10:00 Art Books and Coffee, AR 1:00 Island Photo Day, AR 2:00 Candy Bar Bingo, AR 6:15 Evening Movie, TV
8:30 Daily Chronicle, AR ³¹ 9:30 Morning Outdoor Walk, AR 10:30 Art Books and Coffee, AR 2:00 Dominoes, AR 4:00 UNO, AR 6:15 Evening Movie, TV						

JAN 2021

The Palms At Bonaventure
Assisted Living & Memory Care

Memory Care

111 North Wells Road
Ventura, CA 93004
Phone (805) 647-0616

www.seniorlivinginstyle.com

Birthdays

Rosa M, 8th

Locations

Activity Room, AR
Dining Room, DR
Door To Door, D2D
Fireplace Lounge, MC FL
Library, LBR
Outing, O
Outside Back Patio, Outside
TV Movie Room, TV

All in This Together:
COVID screens, Face Coverings, Social Distancing and Frequent Handwashing

“It’s a wonderful thing to be optimistic. It keeps you healthy and it keeps you resilient.”

—Daniel Kahneman

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY							
					NEW YEAR'S DAY 1	2							
					9:30 Daily Chronicles, AR 10:00 Volley Balloons, AR 10:30 Feel Great and Hydrate Cart, D2D 1:00 Ice Cream Social & Games, Outside 3:00 Name Games, AR 4:00 Artist Corner, AR 6:00 Movie Classics, TV	9:30 Daily Chronicles, AR 10:30 Feel Great and Hydrate Cart, D2D 11:00 Art Books and Snacks, AR 1:00 Find the Difference, AR 3:00 Outdoor Walk, Outside 4:00 PPE Nails & Hand Massage One at a Time, AR 6:00 Cinema, TV							
9:00 Movin' & Groovin' the '60s, AR 9:30 Daily Chronicles, AR 10:00 Balloons & Noodles, Outside 10:30 Feel Great and Hydrate Cart, D2D 1:00 Dominos, AR 3:00 Spiritual Reading, AR 4:00 Bingo, AR 6:00 Comedy Hour, AR	3	9:00 Rise & Stretch, AR 9:30 Daily Chronicles, AR 9:30 Scenic Stroll, O 10:00 Patio Ball Toss, Outside 10:30 Feel Great and Hydrate Cart, D2D 11:00 Making Music Fun, AR 2:30 Shake & Bake, AR 4:00 Sensory Memory, AR 6:00 "I Love Lucy" Hour, TV	4	9:30 Daily Chronicles, AR 10:00 Art Books and Coffee, AR 10:30 Feel Great and Hydrate Cart, D2D 11:00 Volley Balloons, AR 1:00 Making Music Fun, AR 3:00 Ring Toss, Outside 4:00 Art Books and Snacks, AR 6:00 Movie Matinee, TV	5	9:00 Relaxing Stretches, AR 9:30 Daily Chronicles, AR 10:00 Art Books and Coffee, AR 10:30 Feel Great and Hydrate Cart, D2D 11:00 Ball Toss, Outside 1:00 Mix & Match Puzzles, AR 3:00 Science Is Fun, AR 4:00 Picture Detective, AR 6:00 Movie & Hand Massages, TV	6	9:30 Daily Chronicles, AR 10:00 Art Books and Coffee, AR 10:30 Feel Great and Hydrate Cart, D2D 11:00 Making Music Fun, AR 2:00 Bird Watching Walk, Outside 3:00 Popcorn and Puzzles, AR 4:00 Story Time, AR 6:00 Old-Time Westerns, TV	7	9:30 Daily Chronicles, AR 10:00 Volley Balloons, AR 10:30 Feel Great and Hydrate Cart, D2D 11:00 Artist Corner, AR 1:00 Balloons & Noodles, AR 6:00 Movie Classics, TV	8	9:30 Daily Chronicles, AR 10:00 Popcorn and Puzzles, AR 10:30 Feel Great and Hydrate Cart, D2D 11:00 Nails & Hand Massages, AR 1:00 Outdoor Walk, Outside 6:00 Cinema, TV	9
9:00 Movin' & Groovin' the '60s, AR 9:30 Daily Chronicles, AR 10:30 Feel Great and Hydrate Cart, D2D 11:30 Spiritual Reading, AR 2:00 Bingo, AR 3:00 Balloons & Noodles, Outside 4:00 Dominos, AR 6:00 Comedy Hour, AR	10	9:00 Rise & Stretch, AR 9:30 Daily Chronicles, AR 9:30 Scenic Stroll, O 10:00 Patio Ball Toss, Outside 10:30 Feel Great and Hydrate Cart, D2D 2:30 Shake & Bake, AR 6:00 "I Love Lucy" Hour, TV	11	9:30 Daily Chronicles, AR 10:00 Art Books and Coffee, AR 10:30 Feel Great and Hydrate Cart, D2D 11:00 Ring Toss, AR 1:00 Volley Balloons, Outside 4:00 Art Books and Snacks, AR 6:00 Movie Matinee, TV	12	9:00 Relaxing Stretches, AR 9:30 Daily Chronicles, AR 10:00 Art Books and Coffee, AR 10:30 Kickoff Party: Aloha Hawaii, AR 11:00 Morning Outdoor Walks, AR 1:00 Ball Toss, AR 4:00 Mix & Match Puzzles, AR 6:00 Movie & Hand Massages, TV	13	9:30 Daily Chronicles, AR 10:00 Art Books and Coffee, AR 10:30 Feel Great and Hydrate Cart, D2D 11:00 Old-Time Photos, AR 2:00 Making Music Fun, AR 3:00 Candy Bar Bingo, AR 4:00 Bird Watching Walk, Outside 6:00 Old-Time Westerns, TV	14	9:30 Daily Chronicles, AR 10:00 Volley Balloons, AR 10:30 Feel Great and Hydrate Cart, D2D 1:00 Ice Cream Social & Games, Outside 3:00 Name Games, AR 4:00 Artist Corner, AR 6:00 Movie Classics, TV	15	9:30 Daily Chronicles, AR 10:00 Popcorn and Puzzles, AR 10:30 Feel Great and Hydrate Cart, D2D 11:00 Nails & Hand Massages, AR 1:00 Outdoor Walk, Outside 6:00 Cinema, TV	16
9:00 Movin' & Groovin' the '60s, AR 9:30 Daily Chronicles, AR 10:00 Balloons & Noodles, Outside 10:30 Feel Great and Hydrate Cart, D2D 1:00 Dominos, AR 3:00 Spiritual Reading, AR 4:00 Bingo, AR 6:00 Comedy Hour, AR	17	MARTIN LUTHER KING JR. DAY 18 9:00 Rise & Stretch, AR 9:30 Daily Chronicles, AR 9:30 Scenic Stroll, O 10:00 Patio Ball Toss, Outside 10:30 Feel Great and Hydrate Cart, D2D 11:00 Making Music Fun, AR 2:30 Shake & Bake, AR 4:00 Sensory Memory, AR 6:00 "I Love Lucy" Hour, TV	19	9:30 Daily Chronicles, AR 10:00 Art Books and Coffee, AR 10:30 History & Culture of the Big Island, AR 11:00 Kona Coffee Bar, AR 1:00 Making Music Fun, AR 2:30 Hiking on Mauna Kea, AR 3:00 Ring Toss, Outside 4:00 Art Books and Snacks, AR 6:00 Movie Matinee, TV	20	9:30 Daily Chronicles, AR 9:30 Daily Chronicles, AR 10:00 History & Culture of Maui, AR 10:30 Seashells Art, AR 1:00 Mix & Match Puzzles, AR 2:00 Hula Dance Party, AR 2:30 Mai Tai Mocktail, Outside 3:00 Science Is Fun, AR 4:00 Picture Detective, AR 6:00 Movie & Hand Massages, TV	21	9:30 Daily Chronicles, AR 10:00 Volley Balloons, AR 10:30 Culture & History of Oahu, AR 11:00 Pina Colada, Outside 2:00 Bird Watching Walk, Outside 3:00 Popcorn and Puzzles, AR 4:00 Story Time, AR 6:00 Old-Time Westerns, TV	22	9:30 Daily Chronicles, AR 10:00 Balloons & Noodles, AR 10:30 Culture & History of Kauai, AR 10:30 Gardner of the Sleeping Gaint, AR 11:00 Artist Corner, AR 1:00 Balloons & Noodles, AR 2:30 Blue Hawaiian Mocktail, Outside 6:00 Movie Classics, TV	23		
9:00 Movin' & Groovin' the '60s, AR 9:30 Daily Chronicles, AR 10:30 Feel Great and Hydrate Cart, D2D 11:30 Spiritual Reading, AR 2:00 Bingo, AR 3:00 Balloons & Noodles, Outside 4:00 Dominos, AR 6:00 Comedy Hour, AR	24	9:00 Rise & Stretch, AR 9:30 Daily Chronicles, AR 9:30 Scenic Stroll, O 10:00 Patio Ball Toss, Outside 10:30 Feel Great and Hydrate Cart, D2D 2:30 Shake & Bake, AR 6:00 "I Love Lucy" Hour, TV	25	9:30 Daily Chronicles, AR 10:00 Art Books and Coffee, AR 10:30 History & Culture of Fiji, AR 11:00 Ring Toss, AR 11:30 Orchid Craft, AR 1:00 Volley Balloons, Outside 4:00 Art Books and Snacks, AR 6:00 Movie Matinee, TV	26	9:00 Relaxing Stretches, AR 9:30 Daily Chronicles, AR 10:00 Health Benefits of Coconuts, AR 10:30 Feel Great and Hydrate Cart, D2D 11:00 Coconut Water Bar, Outside 11:00 Morning Outdoor Walks, AR 1:00 Ball Toss, AR 2:30 Aromatherapy & Hand Massage, AR 4:00 Mix & Match Puzzles, AR 6:00 Movie & Hand Massages, TV	27	9:30 Daily Chronicles, AR 10:00 Art Books and Coffee, AR 10:30 Wilson Volleyball, Outside 2:00 Making Music Fun, AR 2:30 Cooking in Fiji, AR 3:00 Candy Bar Bingo, AR 4:00 Bird Watching Walk, Outside 6:00 Old-Time Westerns, TV	28	9:30 Daily Chronicles, AR 10:00 Volley Balloons, AR 11:00 Coconut Bar Lotion, AR 1:00 Ice Cream Social & Games, Outside 2:30 Gardner of the Sleeping Gaint, AR 3:00 Name Games, AR 4:00 Artist Corner, AR 6:00 Movie Classics, TV	29	9:30 Daily Chronicles, AR 10:00 Popcorn and Puzzles, AR 10:30 Feel Great and Hydrate Cart, D2D 11:00 Art Books and Snacks, AR 1:00 Find the Difference, AR 3:00 Outdoor Walk, Outside 4:00 PPE Nails & Hand Massage One at a Time, AR 6:00 Cinema, TV	30
9:00 Movin' & Groovin' the '60s, AR 9:30 Daily Chronicles, AR 10:00 Balloons & Noodles, Outside 10:30 Feel Great and Hydrate Cart, D2D 1:00 Dominos, AR 3:00 Spiritual Reading, AR 4:00 Bingo, AR 6:00 Comedy Hour, AR	31												