

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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HERITAGE GREEN ASSISTED LIVING

JANUARY 2021

1 New Years Day
 9:30 Hot Beverage Cart
 10:30 Daily Chronicles
 11:00 Armchair Fitness
 1:00 **Monthly Gazette**
 2:00 Hydration Cart
 3:00 January -Word Search

2
 10:00 Daily Chronicles
 11:00 Lobby Chat 4
 2:00 Hydration Cart CP
 6:00 Short Story

3
 10:00 Our Daily Bread
 11:00 TRBC Gospel Hour
 2:00 Hydration Cart CP
 3:30 Puzzles 1

4 Armchair Travel
 9:30 Daily Chronicle
 10:00 Morning Moves
 11:00 **Windy City Travel**
 1:30 Hydration Cart
 230 **Bingo**
 3:30 January IQ
 4:00 Hidden Pictures

5 National Bird Day
 9:30 Daily Chronicle
 10:00 Armchair Fitness
 11:00 Brain Aerobics 6
 2:00 A-Z Name A Bird Puzzles
 3:00 **Wine & Cheese**
 4:00 Adult Coloring- 3

6 Charlie Brown Day
 9:30 Daily Chronicle
 10:00 Morning Moves
 11:00 Cranium Crunches
 1:30 Epiphany Cake Social
 2:00 **Undecorating Party**
 3:30 Peanuts Comic Strips

7
 9:30 Daily Chronicles
 11:00 Light & Lively
 11:30 Brain Aerobics
 1:30 Hydration Cart
 2:30 **Bingo**
 3:00 Sentimental Reflections
 4:00 Word Search

8 Elvis Lives Day
 9:30 Hot Beverage Cart 1
 10:30 Morning Moves
 11:00 **The King Biography**
 2:00 **Peanut Butter & Banana**
 3:00 **Elvis IQ**
50's Day !

9
 10:00 Daily Chronicles
 11:00 Lobby Chat 4
 2:00 Hydration Cart CP
 6:00 Short Story

10
 10:00 Our Daily Bread
 11:00 TRBC Gospel Hour
 2:00 Hydration Cart CP
 3:30 Puzzles 1

11
 9:30 Devotional Handouts
 10:00 Morning Moves
 11:00 Brain Aerobics
 1:30 Hydration Cart
 230 **Bingo**
 3:30 January IQ
 4:00 Hidden Pictures

12
 10:00 Daily Chronicle
 10:30 Armchair Fitness
 11:00 Brain Aerobics 6
 1:00 Word Search Puzzles
 3:00 **Wine & Cheese**
 4:00 Adult Coloring- 3

13
 9:30 Devotional Handouts
 10:00 Morning Moves
 11:00 Cranium Crunches
 1:30 Hydration Cart
 2:00 Paint With A Twist
 3:30 Hidden Pictures

14
 9:30 Daily Chronicles
 11:00 Light & Lively
 11:30 Brain Aerobics
 1:30 Hydration Cart
 2:30 **Bingo**
 3:30 Sentimental Reflections
 4:00 Word Search

15
 9:30 Hot Beverage Cart 1
 10:30 Daily Chronicles 1
 11:00 Armchair Fitness- 2
 2:00 Hydration Cart
 3:00 January -Word Search

16
 10:00 Daily Chronicles
 11:00 Lobby Chat 4
 2:00 Hydration Cart CP
 6:00 Short Story

17
 10:00 Our Daily Bread
 11:00 TRBC Gospel Hour
 2:00 Hydration Cart CP
 3:30 Puzzles 1

18 MLK Jr Day
 9:30 Devotional Handouts
 10:00 Morning Moves
 11:00 We Shall Overcome Trivia
 1:30 Hydration Cart
 230 **Bingo**
 3:30 **MLK Jr. Scrabble**
 4:00 MLK JR Adult Coloring

19
 10:00 Daily Chronicle
 10:30 Armchair Fitness
 11:00 Brain Aerobics 6
 1:00 Word Search Puzzles
 3:00 **Wine & Cheese**
 4:00 Adult Coloring- 3

20
 9:30 Daily Chronicles
 10:00 Morning Moves
 11:00 Cranium Crunches
 1:30 Hydration Cart
 2:00 **Country Store Cart**
 3:30 Hidden Pictures

21
 9:30 Daily Chronicles
 11:00 Light & Lively
 11:00 Brain Aerobics
 1:30 Hydration Cart
 3:30 Sentimental Reflections
 4:00 Word Search

22
 9:30 Hot Beverage Cart 1
 10:30 Daily Chronicles 1
 11:00 Morning Moves
 2:00 Hydration Cart
 3:00 January -Word Search

23
 10:00 Daily Chronicles
 11:00 Lobby Chat 4
 2:00 Hydration Cart CP
 6:00 Short Story

24
 10:00 Our Daily Bread
 11:00 TRBC Gospel Hour
 2:00 Hydration Cart CP
 3:30 Puzzles 1

25 Marshmallow Monday
 9:30 Devotional Handouts
 10:00 Morning Moves
 11:00 Brain Aerobics
 1:30 **S'mores / Hydration Cart**
 230 **Bingo**
 3:30 January IQ
 4:00 Hidden Pictures

26
 10:00 Daily Chronicle
 10:30 Armchair Fitness
 11:00 Brain Aerobics 6
 1:00 Word Search Puzzles
 3:00 **Wine & Cheese**
 4:00 Adult Coloring- 3


27 Resident Council
 9:30 Daily Chronicles
 10:00 Morning Moves
 11:00 Cranium Crunches
 1:30 Food Committee
 2:00 **Resident Council**
 2:30 Hydration Cart
 3:30 Hidden Pictures

28
 9:30 Daily Chronicles
 11:00 Light & Lively
 11:30 Brain Aerobics
 1:30 Hydration Cart
 2:30 **Bingo**
 3:00 Sentimental Reflections
 4:00 Word Search

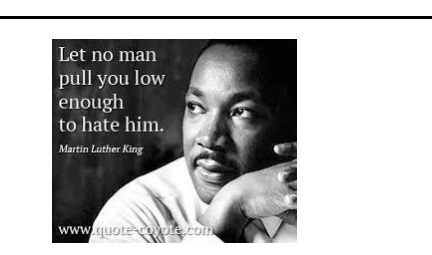
29
 9:30 Hot Beverage Cart 1
 10:30 Daily Chronicles 1
 11:00 Armchair Fitness- 2
 2:00 **Modern Jeopardy Trivia**
 3:00 Hydration Cart
 4:00 January -Word Search

30
 10:00 Daily Chronicles
 11:00 Lobby Chat 4
 2:00 Hydration Cart CP
 6:00 Short Story

31
 10:00 Our Daily Bread
 11:00 TRBC Gospel Hour
 2:00 Hydration Cart CP
 3:30 Puzzles 1



Heritage Green Activity Program Contact info:
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Heritage Green Leadership Team

Heather Pippen
Assisted Living Administrator

Resident Care Director
Zaikai Pannell LPN

Jessica Wade
Memory Care Director

Kacey Hancock
Resident Care Coordinator

Tina Vaughan
Business Office Director

Clarissa Chapman
Activities Director

Matthew Conner
Environmental Services Director

Graham Wilson
Dining Services Director



Community Outings

Fields

Happy New Year!

Upcoming Events:

Elvis Day

January 8th

MLK Jr. DAY

January 18th

Paint With A Twist

January 22nd

