



FACETIME & SKYPE YOUR LOVED ONE!

Missing your loved one's smile??? We are happy to connect you with your loved one over FaceTime or Skype! Please contact Liz McMurtrie by email at Elisabeth.McMurtrie@singhmail.com or phone at 248-601-7600 to schedule an appointment!



CHEF'S SIGNATURE RECIPE

Snowball Cookies

Ingredients:

- 1 C unsalted butter, softened
- 1 ½ C powdered sugar, divided
- 1 t vanilla extract
- 2 ¼ C flour, spooned & leveled
- ¼ t salt
- ¾ C finely chopped pecans

Directions:

Preheat oven to 350. In a large bowl, cream together butter, ½ C powdered sugar and vanilla extract for 1-2 minutes until well combined. Mix in flour and salt until fully combined. On low speed, mix in chopped pecans. Scoop out 1 T cookie dough and roll into balls. Bake for 14-15 minutes until bottom is lightly browned. Allow to cool for 5 minutes, and roll into remaining powdered sugar.

JANUARY BIRTHDAYS

Josie T. 1/3
Jeanne B. 1/5
Janet W. 1/8
Sue W. 1/15
Shirley H. 1/15
Thelma W. 1/19
Robert L. 1/25



\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

MAIN CONNECT

JANUARY 2021



HELLO 2021!

Wow, what a year! We can't wait to put 2020 behind us and look forward to all the good things that will come in 2021. As we look forward to new innovations and preserving old traditions, writers are coming up with some fun predictions for what will become popular in 2021.

- Clothing: Bubble gum pink material, miniskirts, long necklaces
- Food: mushroom broth, homemade sauerkraut, and jackfruit jerky
- Living Room Paint: sage green, orange, blue, gray

We hope that you and your family stay safe and healthy in the coming year. As always, we thank you for choosing Waltonwood Main as your home and look forward to serving you in the new year.



1401 North Rochester Rd., Rochester Hills, MI 48307
www.waltonwood.com | 248-601-7600
Facebook: /WaltonwoodMain

COMMUNITY MANAGEMENT

Lance Helton
Executive Director

Lora Baltosiewich
Business Office Manager

Renata Lenczewski
Wellness Nurse

Sean McNally
Culinary Services Manager

Liz McMurtrie, CTRS, CDP
AL Life Enrichment Manager

Kathleen Colonello, CDP
MC Life Enrichment Manager

Greg Ginter
Environmental Services
Manager

April Myers
Marketing Manager

Natoria Wheeler
Wellness Coordinator

Alexis Schram
Wellness Coordinator

ASSOCIATE SPOTLIGHT

Kirsten Kesman

Kirsten was born in Pontiac, MI on March 31st. She has an older brother and a younger sister. Her dad was in IT and her mom was a librarian. She grew up in Rochester Hills and attended Rochester Community Schools. She graduated from Rochester Adams and went on to Bowling Green State University in Ohio. In high school she swam, skied and played softball.

Kirsten worked for many years at Crittenton Hospital in the physical therapy department as an exercise instructor. Recently, she worked as a substitute teacher which she loved!

Kirsten has been married to her husband, Paul, for 25 years. She had a surprise engagement on a carriage ride in NYC's Central Park! Together they have 2 children. Her daughter, Morgan, 22, recently moved to NYC for her job. Her son, Ben, 20, is a sophomore at University of Michigan.

Kirsten's favorite TV shows are M.A.S.H and West Wing. She likes any ice cream with nuts and caramel. She loves going for walks, working in the yard, entertaining at her home and taking trips with her family. She loves working at Waltonwood because it brightens her day to laugh and joke with the residents.



DECEMBER HIGHLIGHTS

02

Residents, including Josie, enjoyed a visit and gingerbread cookie from the Gingerbread Woman.

09

We had so much fun decorating our Ugly Christmas Masks! What do you think of Joanna's?



11

Louise enjoys all of the beautifully decorated trees around our community.

16

We celebrated A Great Gatsby Christmas with champagne, chocolate covered strawberries, photo props and of course, the 1974 movie.



MOVING FORWARD

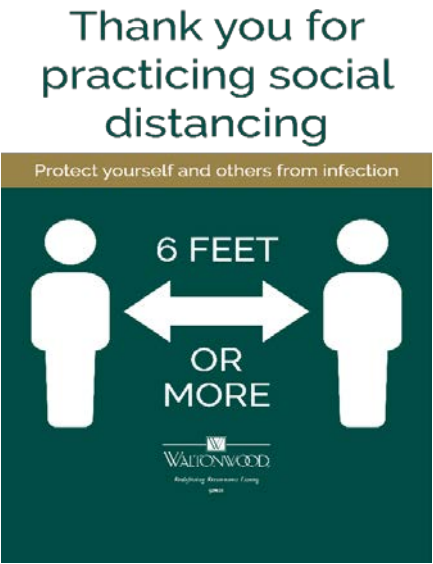
Finally! January is here, 2020 is over and 2021 has arrived ready to offer a new sense of hope. Last year was tough, maybe even the hardest year of our lives. We lost so many traditions, milestones and celebrations to a circumstance far beyond our control. It would be so easy to look back and dwell on what could have been wondering what if? While you have every right to reflect on the past twelve months, I encourage you to shift your hopes to the next twelve to come. Take this opportunity to embrace the progress we've made and know this progress puts us one step closer to the way things used to be. There's no doubt the road ahead will still be bumpy but step into the new year with the hope and conviction that 2021 will truly be a healthy, happy new year!

Chris Grabowski, MS | *Senior Forever Fit Manager*

"It's amazing how a little tomorrow can make up for a whole lot of yesterday." John Guare

IN TOUCH SCREENS

Have you checked out the InTouchLink Screens located in the community??? One is by the front desk on the 2nd floor and one is near the elevator on the 1st floor by the Dining Room. These provide you with the most up to date information, fun games and pictures of our most recent events. They also display helpful information like the weather, time and date. You may now view this channel in your apartment on Channel 952. Please let us know if you need assistance getting the channel on your TV.



EXECUTIVE DIRECTOR CORNER

According to a 1973 Sesame Street calendar, Rubber Duckie's Birthday is January 13th so around the country it's National Rubber Duck Day! A friend of Ernie and Big Bird, Duckie made his debut in a February 1970 episode. The rubber ducky has come a long way from his first concept as a chew toy for children. While the origin of the first rubber ducky is uncertain, many rubber molded toys came about when rubber manufacturing developed in the late 1800s. They produced a variety of toys from dolls and various animal shapes, including the rubber duck. In 1928, Landon Smart Lawrence received the earliest patent for a rubber duck toy. His clever design weighted the toy so that when it tipped it returned to an upright position. The sketch included with the patent was that of a duck. During World Wars I and II, rubber was a valuable commodity. Rationing became mandatory and by the 1940s with the advent of plastic, the rubber ducky began being produced in vinyl and plastic. Sales of the iconic yellow rubber ducky we've come to know today soared in Britain in 2001. Why? A British Tabloid, *The Sun*, reported Queen Elizabeth II had a rubber duck in her bathroom that wore an inflatable crown

Lance Helton | *Executive Director*