

## January Birthdays!

Marilyn – 1/15





FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

## UNIVERSITY CONNECT

JANUARY 2021



Redefining Retirement Living® SINGH.

3280 Walton Blvd Rochester Hills MI 48309



### The Season of New Beginnings

"The magic in new beginnings is truly the most powerful of them all." – Josiyah Martin

We know this year has been different for the holiday's but we are excited for the New Year and to have all of you as a part of the Waltonwood family!

## COMMUNITY MANAGEMENT

Jonathan Hills
Executive Director

**Business Office Manager** 

Celeste Roth Marketing Manager

Rehan Ahsan Culinary Services Manager

Emily Harrison Life Enrichment Manager AL

Resident Care Manager

Vickie Berishaj Wellness Coordinator

Katelyn Pesola Life Enrichment Manager IL

Dave Mantels Maintenance Supervisor

Josh Logan Culinary Supervisor

Holly Weaver Dining Supervisor

Angie Sorji Dining Supervisor

Housekeeping Supervisor

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#### ASSOCIATE SPOTLIGHT

Emily is our new Life Enrichment Manager.



7

We made some beautiful crafts!

We saw the lights in Downtown Rochester from the Waltonwood bus!

16

18 24

We took pictures for Christmas cards!

Santa dropped off goodie bags donated by a local elementary school!











#### **FOREVER FIT:**

Finally! January is here, 2020 is over and 2021 has arrived ready to offer a new sense of hope. Last year was tough, maybe even the hardest year of our lives. We lost so many traditions, milestones and celebrations to a circumstance far beyond our control. It would be so easy to look back and dwell on what could have been wondering 'what if?' While you have every right to reflect on the past twelve months, I encourage you to shift your hopes to the next twelve to come. Take this opportunity to embrace the progress we've made and know this progress puts us one step closer to the way things used to be. There's no doubt the road ahead will still be bumpy, but step into the new year with the hope and conviction that 2021 will truly be a health, happy new year!

"It's amazing how a little tomorrow can make up for a while lot of yesterday."

#### LIFE ENRICHMENT INFORMATION

Happy New Year! I am excited to share that I am the new Life Enrichment Manager for Assisted Living here at Waltonwood University! I was born and raised here in Rochester Hills before attending Grand Valley State University where I studied Therapeutic Recreation and Psychology. During my time at GVSU I worked as an activities assistant and a certified nursing assistant, which is where I found my passion for working in assisted living.

After graduating in 2019, I moved to Baton Rouge, Louisiana where I worked as an Admissions Counselor for Louisiana State University. I am thankful for the time I had in the south, but I was thrilled when I saw a Life Enrichment position was open in Michigan! I recently moved back home to Rochester with my dog and my fiance, excited to start my new job with Waltonwood University!

I understand that the last year has been extremely difficuly and filled with uncertainty for everyone. I am looking forward to getting to know our residents and their loved ones, and to provide exciting new programs!

#### JANUARY SPECIAL EVENTS

1

Our residents are writing their New Year's Resolutions and creating Gratitude Jars!

15

To acknowledge MLK Day we will be creating our own "I have a dream" poems

4

National Trivia Day! We will be playing Jeopardy and giving away prizes!

27

We will be having our own juice bar with fresh squeezed juices!

# Thank you for practicing social distancing



#### **EXECUTIVE DIRECTOR CORNER**

Jonathan Hills | Executive Director

As we ring in the new year of 2021, I think we are all happy to say good riddens to 2020! This year has been challenging for all of us. One thing is for certain, the fight with COVID-19 is not over. We as a community have to continue to be resilient and keep the virus out of our building. However, with the vaccination near, we can start to see the light at the end of the tunnel!

On a personal note, I wanted to share some exciting news with our amazing residents and their families. I have officially accepted the offer to become the Executive Director of Waltonwood University! From my first day in April stepping foot in the community, I knew that I wanted to call this place home. The past 9 months as an Associate Executive Director has been a great learning experience for me, and I am excited for what the future holds here at Waltonwood University. GREAT things to come in 2021!