

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2021

## Memory Care Activity Calendar



<p>9:30 Daily Chronicles/Morning Paper <b>3</b></p> <p>9:45 Mass/ Meditation</p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Sing A Long with Suzie Q</p> <p>2:00 Puzzle Time</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Ball Toss</p> <p>6:00 Sorting &amp; Folding Laundry</p> <p>6:30 Hand Massages</p> <p>7:00 Reminisce Time</p>	<p>9:30 Daily Chronicles/Morning Paper <b>4</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Exercise</p> <p>1:00 Bingo</p> <p>2:00 Artistic Coloring</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Noodle Balloon Game</p> <p>6:00 The Price is Right</p> <p>7:00 Puzzle Time</p>	<p>9:30 Daily Chronicles/Morning Paper <b>5</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Exercise</p> <p>1:00 Craft Time</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Ball Catch</p> <p>6:00 Dice Games</p> <p>6:30 Wheel of Fortune</p>	<p>9:30 Daily Chronicles/Morning Paper <b>6</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Exercise</p> <p>1:00 Memory Card Game</p> <p>2:00 Artistic Coloring</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Noodle Balloon Game</p> <p>6:00 Reminisce Box</p>	<p>9:30 Daily Chronicles/Morning Paper <b>7</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Exercise</p> <p>1:00 Watercolor Painting</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Kickball &amp; Music</p> <p>6:00 Bingo</p> <p>7:00 Picture This</p>	<p>9:30 Daily Chronicles/Morning Paper <b>8</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Exercise</p> <p>1:00 Manicures</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Bean Bag Toss</p> <p>6:00 Table Time Talk</p> <p style="text-align: center;">New Year's Day</p>	<p>9:30 Daily Chronicles/Morning Paper <b>9</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Morning Hallway Walks</p> <p>1:00 Coupon Clipping &amp; Sorting</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Chair Dancing</p> <p>6:00 Saturday Night at the Movies</p>
<p>9:30 Daily Chronicles/Morning Paper <b>10</b></p> <p>9:45 Mass/ Meditation</p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Artistic Coloring</p> <p>2:00 Sunday Movie Matinee</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Bean Bag Toss</p> <p>6:00 Pasta Sorting</p> <p>6:30 Hand Massages</p> <p>7:00 Reminisce Time</p>	<p>9:30 Daily Chronicles/Morning Paper <b>11</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Exercise</p> <p>1:00 Bingo</p> <p>2:00 Artistic Coloring</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Noodle Balloon Game</p> <p>6:00 The Price is Right</p> <p>7:00 Short Stories</p>	<p>9:30 Daily Chronicles/Morning Paper <b>12</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Exercise</p> <p>1:00 Craft Time</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Ball Catch</p> <p>6:00 Dice Games</p> <p>6:30 Wheel of Fortune</p>	<p>9:30 Daily Chronicles/Morning Paper <b>13</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Exercise</p> <p>1:00 Memory Card Game</p> <p>2:00 Artistic Coloring</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Noodle Balloon Game</p> <p>6:00 Reminisce Box</p>	<p>9:30 Daily Chronicles/Morning Paper <b>14</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Exercise</p> <p>1:00 Watercolor Painting</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Kickball &amp; Music</p> <p>6:00 Bingo</p> <p>7:00 Puzzle Time</p>	<p>9:30 Daily Chronicles/Morning Paper <b>15</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Exercise</p> <p>1:00 Manicures</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Bean Bag Toss</p> <p>6:00 Table Time Talk</p>	<p>9:30 Daily Chronicles/Morning Paper <b>16</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Morning Hallway Walks</p> <p>1:00 Coupon Clipping &amp; Sorting</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Chair Dancing</p> <p>6:00 Saturday Night at the Movies</p>
<p>9:30 Daily Chronicles/Morning Paper <b>17</b></p> <p>9:45 Mass/ Meditation</p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Sing A Long with Suzie Q</p> <p>2:00 Puzzle Time</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Ball Toss</p> <p>6:00 Sorting &amp; Folding Laundry</p> <p>6:30 Hand Massages</p> <p>7:00 Reminisce Time</p>	<p>9:30 Daily Chronicles/Morning Paper <b>18</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Exercise</p> <p>1:00 Bingo</p> <p>2:00 Artistic Coloring</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Noodle Balloon Game</p> <p>6:00 The Price is Right</p> <p>7:00 Puzzle Time</p> <p style="text-align: center;">Martin Luther King Day</p>	<p>9:30 Daily Chronicles/Morning Paper <b>19</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Exercise</p> <p>1:00 Craft Time</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Ball Catch</p> <p>6:00 Dice Games</p> <p>6:30 Wheel of Fortune</p>	<p>9:30 Daily Chronicles/Morning Paper <b>20</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Exercise</p> <p>1:00 Memory Card Game</p> <p>2:00 Artistic Coloring</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Noodle Balloon Game</p> <p>6:00 Reminisce Box</p>	<p>9:30 Daily Chronicles/Morning Paper <b>21</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Exercise</p> <p>1:00 Watercolor Painting</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Kickball &amp; Music</p> <p>6:00 Bingo</p> <p>7:00 Picture This</p>	<p>9:30 Daily Chronicles/Morning Paper <b>22</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Exercise</p> <p>1:00 Manicures</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Bean Bag Toss</p> <p>6:00 Table Time Talk</p>	<p>9:30 Daily Chronicles/Morning Paper <b>23</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Morning Hallway Walks</p> <p>1:00 Coupon Clipping &amp; Sorting</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Chair Dancing</p> <p>6:00 Saturday Night at the Movies</p>
<p>9:30 Daily Chronicles/Morning Paper <b>24</b></p> <p>9:45 Mass/ Meditation</p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Sing A Long with Suzie Q</p> <p>2:00 Sunday Movie Matinee</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Bean Bag Toss</p> <p>6:00 Pasta Sorting</p> <p>6:30 Hand Massages</p> <p>7:00 Reminisce Time</p> <p style="text-align: center;">Activity Professionals Week</p>	<p>9:30 Daily Chronicles/Morning Paper <b>25</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Exercise</p> <p>1:00 Bingo</p> <p>2:00 Artistic Coloring</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Noodle Balloon Game</p> <p>6:00 The Price is Right</p> <p>7:00 Short Stories</p>	<p>9:30 Daily Chronicles/Morning Paper <b>26</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Exercise</p> <p>1:00 Craft Time</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Ball Catch</p> <p>6:00 Dice Games</p> <p>6:30 Wheel of Fortune</p> <p style="text-align: center;">Australia Day (observed)</p>	<p>9:30 Daily Chronicles/Morning Paper <b>27</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Exercise</p> <p>1:00 Memory Card Game</p> <p>2:00 Artistic Coloring</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Noodle Balloon Game</p> <p>6:00 Reminisce Box</p>	<p>9:30 Daily Chronicles/Morning Paper <b>28</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Exercise</p> <p>1:00 Watercolor Painting</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Kickball &amp; Music</p> <p>6:00 Bingo</p> <p>7:00 Puzzle Time</p>	<p>9:30 Daily Chronicles/Morning Paper <b>29</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Exercise</p> <p>1:00 Manicures</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Bean Bag Toss</p> <p>6:00 Table Time Talk</p>	<p>9:30 Daily Chronicles/Morning Paper <b>30</b></p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Morning Hallway Walks</p> <p>1:00 Coupon Clipping &amp; Sorting</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Chair Dancing</p> <p>6:00 Saturday Night at the Movies</p>

<p>9:30 Daily Chronicles/Morning Paper <b>31</b></p> <p>9:45 Mass/ Meditation</p> <p>10:15 Snack &amp; Social Time</p> <p>11:00 Sing A Long with Suzie Q</p> <p>2:00 Puzzle Time</p> <p>3:00 Snack &amp; Social Time</p> <p>4:15 Ball Toss</p> <p>6:00 Sorting &amp; Folding Laundry</p> <p>6:30 Hand Massages</p> <p>7:00 Reminisce Time</p>
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# Memory Care Sample Calendar

~ Activities are subject to change