



KINGSTON BAY SENIOR LIVING

**HAPPY NEW YEARS
2021**

**6161 WEST SPRUCE AVE FRESNO CA 93722
559-479-4700**

**“You must be the change
you wish to see in the
world.”**


– Mohandas Gandhi



Happy New Years from all of us at KB

January 2021

Assisted Living Lifestyle & Leisure

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January cont'd 31 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 SS Inspirational Readings & Music 4:00 LL 5 minute Moments		AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support			New Year's Day 1 9:00 Hydration Morning & Room Service 11:00 AE Mobile Activity Station 1:00 CC Outdoor Entertainment Jess on the Trumpet 2:00 PE 1 on 1 Community Stroll 3:00 Meditation Readings 4:00 LL 5 minute Moments	2 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 Inspirational Readings & Music 4:00 LL 5 minute Moments
3 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 SS Inspirational Readings & Music 4:00 LL 5 minute Moments	4 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 SS Inspirational Readings & Music 4:00 LL 5 minute Moments	5 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 CE Mobile Activity Station & Tuesday Treats 3:00 SS Inspirational Readings & Music 4:00 LL 5 minute Moments	6 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 Inspirational Readings & Music 4:00 LL 5 minute Moments	7 9:00 Hydration Morning & Room Service 10:00 Outdoor Tai Chi with Terri 11:00 Mobile Activity Station 2:00 Mobile Happy Hour 3:00 Mobile Activity Station 4:00 LL 5 minute Moments	8 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 Meditation Readings 4:00 LL 5 minute Moments	9 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 Inspirational Readings & Music 4:00 LL 5 minute Moments
10 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 SS Inspirational Readings & Music 4:00 LL 5 minute Moments	11 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 SS Inspirational Readings & Music 4:00 LL 5 minute Moments	National Hot Tea Day! 12 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 Mobile Activity Station & Tuesday Treats 3:00 SS Inspirational Readings & Music 4:00 LL 5 minute Moments	13 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 Inspirational Readings & Music 4:00 LL 5 minute Moments	14 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 Mobile Happy Hour 3:00 Mobile Activity Station 4:00 LL 5 minute Moments	National Bagel Day! 15 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 Meditation Readings 4:00 LL 5 minute Moments	16 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 Inspirational Readings & Music 4:00 LL 5 minute Moments
17 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 SS Inspirational Readings & Music 4:00 LL 5 minute Moments	Martin Luther King, Jr. Day 18 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 SS Inspirational Readings & Music 4:00 LL 5 minute Moments	National Winnie the Pooh Day! 19 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 Mobile Activity Station & Tuesday Treats 3:00 SS Inspirational Readings & Music 4:00 LL 5 minute Moments	20 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 Inspirational Readings & Music 4:00 LL 5 minute Moments	21 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 1:00 Courtyard Happy Hour Jess on the Trumpet 2:00 Mobile Happy Hour 3:00 Mobile Activity Station 4:00 LL 5 minute Moments	22 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 Meditation Readings 4:00 LL 5 minute Moments	National Pie Day! 23 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 Inspirational Readings & Music 4:00 LL 5 minute Moments
24 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 SS Inspirational Readings & Music 4:00 LL 5 minute Moments	25 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 SS Inspirational Readings & Music 4:00 LL 5 minute Moments	26 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 Mobile Activity Station & Tuesday Treats 3:00 SS Inspirational Readings & Music 4:00 LL 5 minute Moments	National Chocolate Cake Day! 27 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 Inspirational Readings & Music 4:00 LL 5 minute Moments	28 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 Mobile Happy Hour 3:00 Mobile Activity Station 4:00 LL 5 minute Moments	National Corn Chip Day! 29 9:00 Hydration Morning & Room Service 10:00 Outdoor Tai Chi with Terri 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 Meditation Readings 4:00 LL 5 minute Moments	30 9:00 Hydration Morning & Room Service 11:00 Mobile Activity Station 2:00 PE 1 on 1 Community Stroll 3:00 Inspirational Readings & Music 4:00 LL 5 minute Moments