

January 2021

Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January cont'd 31 Story Starter Sunday- Pick up and drop off at the Front Desk if you Would Like to Share your Stories	 Monday	Tuesday Location Keys Activity Room AR Dining Room DR Fireside Lounge FL Lobby LOB Media Room MR AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	Wednesday	Thursday	Friday Fan Friday- Show your Team Pride! Happy Birthday Linda L. 10:00 [CC] Let's Move It! Seated Exercise [AR] 1:00 [SS] Colorful Meditation [AR] 2:00 [CC] Scategories- Word Recall game [AR]	Saturday 1 Menus Due to the Front Desk by 4:30pm Spirit Day! - Wear a Scarf Day! 10:00 [CC] Mingling and Munchies- Small Groups- Sign Up at the Front Desk! [LOB] 1:00 [SS] Nail Care with Amy- Sign Up at the Front Desk 3:00 [CC] Skip-Bo [AR]
3 Story Starter Sunday- Pick up and drop off at the Front Desk if you Would Like to Share your Stories	4 Move it Monday- Walk, Stretch, and Move it Today!	5 Happy Birthday Shirley S. and Hime B. New Menus Handed Out 10:00 [CC] Let's Move It! Seated Exercise [AR] 1:00 [CC] Diamond Painting- Small Groups- Sign Up at the Front Desk! [AR] 3:00 [CC] Christmas Tree Take Down [FL] 6:00 [CC] Golf Card Game [AR]	6 10:00 [CC] Let's Move It! Seated Exercise [AR] 1:00 [CC] Resident Meeting [AR] 2:00 [CC] Craft Hour- Elvis Decoupage [AR] 3:00 [CC] Christmas Tree Take Down [AR] 4:00 [CC] Christmas Tree Take Down [LOB]	7 10:00 [CC] Let's Move It! Seated Yoga [AR] 1:30 [CC] Dining Room BINGO with RODGER!!! [DR] 2:00 Christmas Tree Take Down [MR] 2:30 [CC] Scenic Drive with Maureen - Small Groups 3:00 [CC] Cribbage [MR]	8 Fan Friday- Show your Team Pride! 10:00 [CC] Let's Move It! Seated Exercise [AR] 11:00 [CC] Christmas Tree Take Down [LOB] 1:00 [CC] Scategories Meditation [AR] 2:00 [CC] A Hunting We Will Go! [LOB] 3:00 [CC] UNO- Small Groups [AR] 4:00 [CC] Chat with Jerry Lee [Executive Director]	9 Menus Due to the Front Desk by 4:30pm Spirit Day! - Wear a Hat Day! 10:00 [CC] Mingling and Munchies- Small Groups- Sign Up at the Front Desk! [LOB] 1:00 [SS] Nail Care with Amy- Sign Up at the Front Desk 3:00 [CC] Skip-Bo [AR]
10 Happy Birthday Elizabeth D. Story Starter Sunday- Pick up and drop off at the Front Desk if you Would Like to Share your Stories	11 Move it Monday- Walk, Stretch, and Move it Today! 1:00 [CC] Welcome Committee Meeting [AR]	12 New Menus Handed Out 10:00 [CC] Let's Move It! Seated Exercise [AR] 1:00 [CC] Diamond Painting- Small Groups- Sign Up at the Front Desk! [AR] 3:00 [CC] I'm Bored- Board Games- Clue [AR] 6:00 [CC] Golf Card Game [AR]	13 10:00 [CC] Let's Move It! Seated Exercise [AR] 1:00 [CC] Craft Hour-Rubber Duckey Day [AR] 2:00 [CC] Activity Planning Meeting 3:00 [CC] Afternoon Documentary -Superhuman Geniuses	14 Happy Birthday Connie Z. 10:00 [CC] Let's Move It! Seated Yoga [AR] 1:30 [CC] Dining Room BINGO with RODGER!!! [DR] 2:30 [CC] Scenic Drive with Maureen - Small Groups 3:00 [CC] Dominoes [AR]	15 Fan Friday- Show your Team Pride! 10:00 [CC] Let's Move It! Seated Exercise [AR] 1:00 [CC] National Bagel Day! - Come Have a Bagel and Enjoy some Colorful Meditation! [AR] 2:00 [CC] Scategories- Word Recall game [AR] 3:00 [CC] Paint With Me- Small Groups! [AR]	16 Menus Due to the Front Desk by 4:30pm Spirit Day! - Wear Black and White Day 10:00 [CC] Mingling and Munchies- Small Groups- Sign Up at the Front Desk! [LOB] 1:00 [SS] Nail Care with Amy- Sign Up at the Front Desk 3:00 [CC] Skip-Bo [AR]
17 Happy Birthday John F. Story Starter Sunday- Pick up and drop off at the Front Desk if you Would Like to Share your Stories	18 Move it Monday- Walk, Stretch, and Move it Today!	19 New Menus Handed Out 10:00 [CC] Let's Move It! Seated Exercise [AR] 1:00 [CC] Chat with the Chef [DR] 2:00 [CC] Diamond Painting- Small Groups- Sign Up at the Front Desk! [AR] 3:00 [CC] I'm Bored- Board Games- Life [AR] 6:00 [CC] Golf Card Game [AR]	20 10:00 [CC] Let's Move It! Seated Exercise [AR] 1:00 [CC] Craft Hour- Blow a Kiss Valentines [AR] 2:00 [CC] Whine and Cheese [AR] 3:00 [CC] Afternoon Documentary -How Martin Luther King Changed the World	21 10:00 [CC] Let's Move It! Seated Yoga [AR] 1:30 [CC] Dining Room BINGO with RODGER!!! [DR] 2:30 [CC] Scenic Drive with Maureen - Small Groups 3:00 [CC] Cribbage [AR]	22 Fan Friday- Show your Team Pride! 10:00 [CC] Let's Move It! Seated Exercise [AR] 1:00 [CC] Colorful Meditation [AR] 2:00 [CC] Bring a Joke Along to our Brownie Sundae Social [MR] 3:00 [CC] UNO- Small Groups [AR]	23 Menus Due to the Front Desk by 4:30pm Spirit Day! - Wear Your Favorite Color Day! 10:00 [CC] Mingling and Munchies- Small Groups- Sign Up at the Front Desk! [LOB] 1:00 [SS] Nail Care with Amy- Sign Up at the Front Desk 3:00 [CC] Skip-Bo [AR]
24 Story Starter Sunday- Pick up and drop off at the Front Desk if you Would Like to Share your Stories	25 Move it Monday- Walk, Stretch, and Move it Today!	26 New Menus Handed Out 10:00 [CC] Let's Move It! Seated Exercise [AR] 1:00 [CC] Diamond Painting- Small Groups- Sign Up at the Front Desk! [AR] 3:00 [CC] I'm Bored- Board Games- PicWits [AR] 6:00 [CC] Golf Card Game [AR]	27 10:00 [CC] Let's Move It! Seated Exercise [AR] 1:00 [CC] Craft Hour-Inspire Your Heart With Art Watercolor [AR] 3:00 [CC] Afternoon Documentary -Secret Life of Isaac Newton	28 10:00 [CC] Let's Move It! Seated Yoga [AR] 1:30 [CC] Dining Room BINGO with RODGER!!! [DR] 2:30 [CC] Scenic Drive with Maureen - Small Groups 3:00 [CC] Dominoes [AR]	29 Fan Friday- Show your Team Pride! 10:00 [CC] Let's Move It! Seated Exercise [AR] 1:00 [CC] Colorful Meditation [AR] 2:00 [CC] Scategories- Word Recall game [AR] 3:00 [CC] Ladies "Night" BINGO [AR]	30 Menus Due to the Front Desk by 4:30pm Spirit Day! - Crazy Hair Day! 10:00 [CC] Mingling and Munchies- Small Groups- Sign Up at the Front Desk! [LOB] 1:00 [SS] Nail Care with Amy- Sign Up at the Front Desk 3:00 [CC] Skip-Bo [AR]

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