


| Sunday                                                                                                                                                                                          | Monday                                                                                                                                                                   | Tuesday                                                                                                                                                                                                                             | Wednesday                                                                                                                                                                    | Thursday                                                                                                                                                                                                                                                         | Friday                                                                                                                                                             | Saturday                                                                                                                                                                                           |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>KEY to Programs:</b><br><b>(S)= Social</b><br><b>(O)= Outing</b><br><b>(E)= Exercise</b><br><b>(A)= Art</b><br><b>(M)= Music</b>                                                             | <b>(R)= Religious</b><br><b>(C)= Cognitive Skills</b><br><b>(P)= Meaningful Purpose</b>                                                                                  | <b>PLEASE NOTE-</b><br><b>*All programs attendees do require masks</b><br><b>*All programs do require everyone to be minimum 6 feet apart</b><br><b>*All programs limited to 10 participants</b>                                    |                                                                                                                                                                              |                                                                                                                                                                               | <b>1 Happy New Year</b><br>10:00 Walking Partners (E)<br>1:00 Bored Board (A/C)<br>3:00 New Year Puzzle (C)                                                        | <b>2</b><br>10:00 Walking Partners (E)<br>1:00 Bored Board<br>Stop by the lobby and grab something to do at home (A/C)<br>2:00 Christian Worship (R) (channel 20)                                  |
| <b>3 Festival of Sleep Day</b><br>10:00 Catholic Mass (R) (channel 233)<br>1:00 Walking Partners (E)<br>Remember to keep on moving!                                                             | <b>4 Blue Monday (wear blue)</b><br>10:45 Wii Jeopardy (C)<br>11:00 Walking Club (E)<br>1:15 1st Floor Bingo (C)<br>2:00 2nd Floor Bingo (C)<br>2:45 3rd Floor Bingo (C) | <b>5</b><br>9:30 Exercise w/ Karen (E) Studio Lane<br>10:00 Exercise w/ Karen (E) 1st & 3rd Floor<br>10:30 Exercise w/ Karen (E) 2nd Floor<br>12:00 Family Visits (12-4) (P)<br>1:00 AR Reserved (1-3pm)<br>2:30 OnSite Dermatology | <b>6 Three Kings Day Epiphany</b><br>10:00 About Three Kings Day<br>1:30 Afternoon Trivia (C)<br>2:00 Wii Bowling (E/S)<br>2:30 Creative Art (A)                             | <b>7</b><br>9:30 Exercise w/ Karen (E) Studio Lane<br>10:00 Exercise w/ Karen (E) 1st & 3rd Floor<br>10:30 Exercise w/ Karen (E) 2nd Floor<br>2:00 Sunshine Cart (S)                                                                                             | <b>8</b><br>10:00 Sing with Me<br>10:30 Coloring Club<br>1:30 Afternoon Trivia<br>2:00 Word Searches<br>2:30 AR Reserved (2:30-4:30)                               | <b>9 Law Enforcement Appreciation Day</b><br>10:00 Walking Partners (E)<br>1:00 Bored Board<br>Stop by the lobby and grab something to do at home (A/C)<br>2:00 Christian Worship (R) (channel 20) |
| <b>10 League of Nations Day</b><br>10:00 Catholic Mass (R) (channel 233)<br>1:00 Walking Partners (E)<br>Remember to keep on moving!<br>2:00 League of Nations Facts (attached to your dailies) | <b>11</b><br>10:45 Wii Bowling (E/C)<br>11:00 Walking Club (E)<br>1:15 1st Floor Bingo (C)<br>2:00 2nd Floor Bingo (C)<br>2:45 3rd Floor Bingo (C)                       | <b>12 National Hot Tea Day</b><br>9:30 Exercise w/ Karen (E) Studio Lane<br>10:00 Exercise w/ Karen (E) 1st & 3rd Floor<br>10:30 Exercise w/ Karen (E) 2nd Floor<br>12:00 Family Visits (12-4) (P)<br>1:00 AR Reserved (1-3pm)      | <b>13 Eat &amp; Be Merry</b><br>11:00 1st Floor Luncheon<br>12:00 2nd Floor Luncheon<br>1:00 3rd Floor Luncheon (sign up at the front desk– limit 10 participants)           | <b>14 International Kite Day</b><br>9:30 Exercise w/ Karen S/L (E)<br>10:00 Exercise w/ Karen (E) 1st & 3rd Floor<br>10:30 Exercise w/ Karen (E) 2nd Floor<br>1:30 Block Party 2nd floor (S)<br>2:00 Block Party 3rd floor (S)<br>2:30 Block Party 1st floor (S) | <b>15 National Hat Day</b><br>10:30 Hats of the Past<br>1:30 Lost & Found Claim (1:30 - 2:30pm)<br>2:00 Show off Your Hat<br>2:30 AR Reserved (2:30-4:30)          | <b>16</b><br>10:00 Walking Partners (E)<br>1:00 Bored Board<br>Stop by the lobby and grab something to do at home (A/C)<br>2:00 Christian Worship (R) (channel 20)                                 |
| <b>17 World Religion Day</b><br>10:00 Catholic Mass (R) (channel 233)<br>1:00 Walking Partners (E)<br>Remember to keep on moving!                                                               | <b>18 Martin Luther King Day</b><br>8:30 VNA Foot Care<br>11:00 Walking Club (E)<br>1:00 Virtual Active Minds “Skiing”<br>2:00 MLK Jr. Facts                             | <b>19</b><br>9:30 Exercise w/ Karen (E) Studio Lane<br>10:00 Exercise w/ Karen (E) 1st & 3rd Floor<br>10:30 Exercise w/ Karen (E) 2nd Floor<br>12:00 Family Visits (12-4) (P)<br>1:00 AR Reserved (1-3pm)                           | <b>20 Inauguration Day</b><br>10:00 Famous Presidents (C)<br>1:30 Presidential Trivia (C)<br>2:00 Mediation w/ Karen<br>2:30 Creative Art (A)                                | <b>21</b><br>9:30 Exercise w/ Karen (E) Studio Lane<br>10:00 Exercise w/ Karen (E) 1st & 3rd Floor<br>10:30 Exercise w/ Karen (E) 2nd Floor<br>2:00 Sunshine Cart (S)                                                                                            | <b>22</b><br>10:30 Breaking Resolutions<br>1:00 Surprise Cart<br>We will come door to door<br>2:00 Afternoon Trivia<br>2:30 AR Reserved (2:30-4:30)                | <b>23</b><br>10:00 Walking Partners (E)<br>1:00 Bored Board<br>Stop by the lobby and grab something to do at home (A/C)<br>2:00 Christian Worship (R) (channel 20)                                 |
| <b>24</b><br>10:00 Catholic Mass (R) (channel 233)<br>1:00 Walking Partners (E)<br>Remember to keep on moving!                                                                                  | <b>25</b><br>10:45 Wii Jeopardy (C)<br>11:00 Walking Club (E)<br>1:15 1st Floor Bingo (C)<br>2:00 2nd Floor Bingo (C)<br>2:45 3rd Floor Bingo (C)                        | <b>26</b><br>9:30 Exercise w/ Karen (E) Studio Lane<br>10:00 Exercise w/ Karen (E) 1st & 3rd Floor<br>10:30 Exercise w/ Karen (E) 2nd Floor<br>12:00 Family Visits (12-4) (P)<br>1:00 AR Reserved (1-3pm)                           | <b>27 Holocaust Memorial Day</b><br>10:00 A moment of Silence (P)<br>10:30 Holocaust Facts and Remembrance (C)<br>2:00 Meditation w/ Karen (P)<br>2:30 Walking Club w/ Karen | <b>28</b><br>9:30 Exercise w/ Karen (E) Studio Lane<br>10:00 Exercise w/ Karen (E) 1st & 3rd Floor<br>10:30 Exercise w/ Karen (E) 2nd Floor<br>1:00 Curbside Hearing Aids<br>2:00 Wii Bowling (S/C)                                                              | <b>29 National Puzzle Day</b><br>10:00 Word Game<br>11:00 Walking Partners<br>1:30 Giant Crossword Puzzle<br>2:30 Walking Partners<br>2:30 AR Reserved (2:30-4:30) | <b>30 Fruitcake Toss Day</b><br>10:00 Walking Partners (E)<br>1:00 Bored Board<br>Stop by the lobby and grab something to do at home (A/C)<br>2:00 Christian Worship (R) (channel 20)              |
| <b>31 Grammy Awards</b><br>10:00 Catholic Mass (R) (channel 233)<br>1:00 Walking Partners (E)<br>Grammys are on tonight!                                                                        |                                                                                                                                                                          |                                                                                                                                                                                                                                     | ☆ <b>Calendar Subject to Change &amp; COVID Precautions</b> ☆                                                                                                                |                                                                                                                                                                                                                                                                  |                                                                                                                                                                    | Daisy Marshall<br>Life Enrichment Director<br>11150 Irving Dr.<br>Westminster, CO 80031<br><a href="mailto:dmarshall@keystonesenior.com">dmarshall@keystonesenior.com</a>                          |



## Pizza Party Luncheon

Wednesday,  
January 13th

1st Floor @ 11am  
2nd Floor @ 12pm  
&  
3rd Floor @ 1pm

We will have pizza,  
salad and dessert!!!



Stop by on Friday,  
January 15th

Between 1:30pm & 2:30pm

See if any of the lost and found  
items are yours!

## Family Visits for January

Tuesdays:

January 5th  
January 12th  
January 19th  
&  
January 26th

12pm - 4pm

*\*please call the main number  
and the concierge can get you  
scheduled (303) 465-5600\**

### OnSite Dermatology

January 5th @ 2:30pm  
To schedule an appointment, sign up  
at the front desk

### VNA Foot Care

Monday, January 18th  
at 8:30 am– 1 pm  
\*to Signup, Call- (303) 744-6363

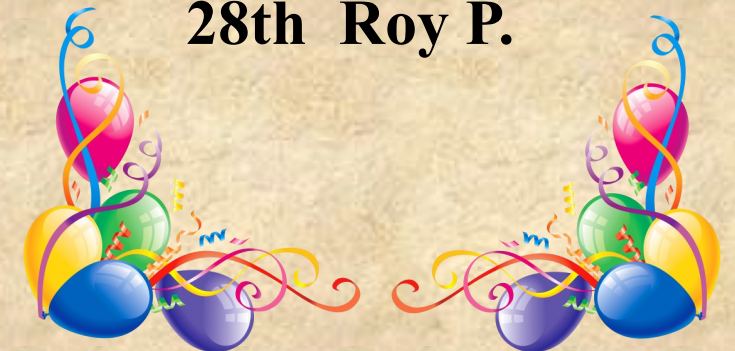
### Hearing Aid Checks

Thursday, January 28th  
at 1:00 pm– Curbside Service  
No appointment necessary

# Keystone Place News



9th Sallie S.  
16th Irene A.  
19th Bill F.  
24th Bill S.  
28th Roy P.



## Virtual Active Minds "Skiing" Monday, January 18th at 1:00 pm

*There is evidence that humans have been skiing as far back as 6300 BCE. Skiing has been a means of transportation, utilized in combat, enjoyed for recreation, and an international competitive sport. Join Active Minds as we review the origins and history of skiing as well as explore current issues facing the industry. We will also discuss the emergence of Colorado towns as ski resorts and how that impacted them.*



For additional questions or comments, please contact Daisy at 303-465-5600  
Or by e-mail: [ddarnell@keystonesenior.com](mailto:ddarnell@keystonesenior.com) · Like us on facebook!

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