



January  
2021  
HAPPY Birthday  
DELORES DEE  
01 /04



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>The Hearth at Southbury Keepsake Village</div> <div>Activity Calendar 2021</div> <div>JANUARY</div>					<div>1</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Chair Zumba</div> <div>11:15 Discussion: On New Years Resolutions</div> <div>1:00 Sports: Ring Toss</div> <div>2:00 ' JACK POT BINGO '</div> <div>2:00 Art's and Craft's</div> <div>3:00 Afternoon Social hour</div> <div>4:00 Cognitive: Spaghetti Word</div> <div>4:30 Sports Walking Club</div> <div>6:00 Music : Name that tune</div> <div>6:30 Exercise: Light Stretching</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive: You Be the Judge ?</div> <div></div>	<div>2</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Weight Training</div> <div>11:15 Cognitive: Hang-man</div> <div>1:00 Sports: Corn Hole</div> <div>2:00 Cognitive: Crossword Puzzle</div> <div>2:00 Travelogue: Europe</div> <div>3:00 Afternoon Social Hour</div> <div>4:00 Sports Walking Club</div> <div>4:30 Music: Name that Sound</div> <div>6:00 Exercise: Chair Yoga</div> <div>6:30 Movie Night: Driving Miss Daisy</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive: Finishing Lines</div> <div></div>
<div>3</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Ribbon Dancing</div> <div>11:15 Documentary: On Alaska</div> <div>1:00 Sports: Bean Bag Toss</div> <div>2:00 Movie Matinee: Breakfast at Tiffa-ny's</div> <div>3:00 Afternoon Social Hour</div> <div>4:00 Cognitive: This and that trivia</div> <div>4:30 Sports: Walking Club</div> <div>6:00 Cognitive: Roll The Dice</div> <div>6:30 Exercise: Evening Stretching</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Game Shows on TV</div>	<div>4</div> <div>9:00 ~ 10:00 Morning Stretching / New</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Noodle Workout</div> <div>11:15 Documentary: General Tom Thumb</div> <div>1:00 Sports: Horse Shoes</div> <div>1:30 Keepsake Trippers</div> <div>1:30 Everybody Loves Raymond</div> <div>2:00 Music and Water Colors</div> <div>3:00 Afternoon Social Hour</div> <div>4:00 Cognitive: Spaghetti Words</div> <div>4:30 Sports: Walking Club</div> <div>6:00 Music: Sing-along</div> <div>6:30 Exercise: Yoga</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Reminiscing with Rita</div>	<div>5</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Resistive Bands</div> <div>11:15 Cognitive: Millionaire Game</div> <div>1:00 Sports: Darts</div> <div>2:00 Dean Martin</div> <div>2:00 Men's and Ladies Spa Day</div> <div>3:00 Afternoon Social Hour</div> <div>4:00 Cognitive: Book Club</div> <div>4:30 Sports: Walking Club</div> <div>6:00 MUSIC: Name That Tune</div> <div>6:30 Exercise: Light Stretching</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive: Finishing Lines</div>	<div>6</div> <div>Epiphany</div> <div>9:00 ~ 10:00 Morning Stretching / New</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: TIA CHI</div> <div>11:15 Documentary On The Epiphany</div> <div>1:00 Sports: Parachute Fun</div> <div>2:00 Travelogue: Bethlehem</div> <div>2:00 Men's Club Crafts</div> <div>3:00 Afternoon Epiphany Cake Social</div> <div>4:00 Cognitive: Think more</div> <div>4:30 Sports: Walking Club</div> <div>6:00 Exercise: Chair Yoga</div> <div>6:30 Movie Night: Four Wedding and Funeral</div> <div>7:00 Snacks and Refreshment</div> <div>7:30 Cognitive: Keep Them Laughing</div>	<div>7</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Resistive Bands</div> <div>11:15 Documentary: Funny Basketball</div> <div>1:00 Sports: Basketball</div> <div>1:30 Keepsake Trippers</div> <div>1:30 Honeymooners</div> <div>2:00 Cognitive: Basketball Trivia</div> <div>3:00 Afternoon Social hour</div> <div>4:00 Cognitive: Think more</div> <div>4:30 Sports Walking Club</div> <div>6:00 Cognitive: Picture This</div> <div>6:30 Exercise: Evening Stretching</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive: What Am I</div>	<div>8</div> <div>Elvis Lives Day</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Chair Zumba</div> <div>11:15 Documentary: On Elvis Presley</div> <div>1:00 Sports: Table Ball</div> <div>2:00 ' JACK POT BINGO '</div> <div>2:00 Arts and Crafts</div> <div>3:00 Afternoon Social hour</div> <div>4:00 Cognitive: Spaghetti Word</div> <div>4:30 Sports Walking Club</div> <div>6:00 Music : Name that tune</div> <div>6:30 Exercise: Light Stretching</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive: 52 Weeks of Trivia</div>	<div>9</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Noodle Workout</div> <div>11:15 Documentary: On Connecticut</div> <div>1:00 Sports: Kick Ball</div> <div>2:00 Arts and Crafts</div> <div>2:00 Death Valley Day</div> <div>3:00 Afternoon Social Hour</div> <div>4:00 Sports Walking Club</div> <div>4:30 Music: Name that Sound</div> <div>6:00 Exercise: Chair Yoga</div> <div>6:30 Movie night: The Note Book</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive: Riddles and Jokes</div> <div></div>
<div>10</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Chair Zumba</div> <div>11:15 Documentary: ON George Forman</div> <div>1:00 Sports: Ring Toss</div> <div>2:00 Movie Matinee: My Fair Lady</div> <div>3:00 Afternoon Social Hour</div> <div>4:00 Cognitive: This and that Trivia</div> <div>4:30 Sports: Walking Club</div> <div>6:00 Cognitive: Picture This</div> <div>6:30 Exercise: Evening Stretching</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Game Shows on TV</div>	<div>11</div> <div>9:00 ~ 10:00 Morning Stretching / New</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Noodle Workout</div> <div>11:15 Documentary: On Morse Code</div> <div>1:00 Sports: Circle Soccer</div> <div>1:30 Keepsake Trippers</div> <div>1:30 Travelogue: Grand Canyon</div> <div>2:00 Cognitive: Puzzles and Games</div> <div>3:00 Afternoon Social Hour</div> <div>4:00 Cognitive: Spaghetti Words</div> <div>4:30 Sports: Walking Club</div> <div>6:00 Music: Rhythm Sticks</div> <div>6:30 Exercise: Chair Yoga</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Reminiscing with Rita</div> <div></div>	<div>12</div> <div>9:00 ~ 10:00 Morning Stretching / New</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Weight Training</div> <div>11:15 Cognitive: Hang-man</div> <div>1:00 Sports: Horse Shoes</div> <div>2:00 Andy Griffith show</div> <div>2:00 Men's and Ladies Spa Day</div> <div>3:00 Afternoon Social Hour</div> <div>4:00 Cognitive: Book Club</div> <div>4:30 Sports: Walking Club</div> <div>6:00 Music: Name that Tune</div> <div>6:30 Exercise: Light Stretching</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive: Tuesday Night Trivia</div>	<div>13</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: TIA CHI</div> <div>11:15 Documentary: On Johnny Cash</div> <div>1:00 Sports: Basketball</div> <div>2:00 Bonanza</div> <div>2:00 Men's Club Cards and Games</div> <div>3:00 Afternoon Social Hour</div> <div>4:00 Cognitive: Finishing Lines</div> <div>4:30 Sports: Walking Club</div> <div>6:00 Exercise: Chair Yoga</div> <div>6:30 Movie Night: Walk The Line</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive : You be the Judge</div>	<div>14</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Weight Training</div> <div>11:15 Documentary: On Pez</div> <div>1:00 Sports: Corn Hole</div> <div>1:30 Keepsake Trippers</div> <div>1:30 Superman</div> <div>2:00 Cognitive: Book Club</div> <div>3:00 Afternoon Social hour</div> <div>4:00 Cognitive: Think more</div> <div>4:30 Sports Walking Club</div> <div>6:00 Music: Rhythm Sticks</div> <div>6:30 Exercise: Evening Stretching</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive: That's Right that's Wrong</div> <div></div>	<div>15</div> <div>9:00~ 10:00 Morning Stretching /News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Chair Zumba</div> <div>11:15 Documentary: On Martin Luther King Jr. Humanitarian Day</div> <div>1:00 Sports: Table Ball</div> <div>2:00 ' JACK POT BINGO '</div> <div>2:00 Arts and Crafts</div> <div>3:00 Afternoon Social hour</div> <div>4:00 Cognitive: Spaghetti Word</div> <div>4:30 Sports Walking Club</div> <div>6:00 Music : Name that tune</div> <div>6:30 Exercise: Light Stretching</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive: Name Five and Ten</div>	<div>16</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Noodle Workout</div> <div>11:15 Cognitive: Hang-man</div> <div>1:00 Sports: Parachute Fun</div> <div>2:00 Cognitive: Crossword Puzzle</div> <div>2:00 W.C. Fields</div> <div>3:00 Afternoon Social Hour</div> <div>4:00 Sports Walking Club</div> <div>4:30 Music: Name that Sound</div> <div>6:00 Exercise: Chair Yoga</div> <div>6:30 Movie night: Hitch</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive: What Am I</div> <div></div>
<div>17</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Ribbon Dancing</div> <div>11:15 Documentary: On Snowflakes</div> <div>1:00 Sports: Chair Hockey</div> <div>2:00 Sunday Matinee: Funny Face</div> <div>2:00 Snowflake Craft</div> <div>3:00 Afternoon Coffee Social</div> <div>4:00 Cognitive: Name the States</div> <div>4:30 Sports: Walking Club</div> <div>6:00 Cognitive: Everyday Trivia</div> <div>6:30 Exercise: Evening Stretching</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Game Shows on TV</div>	<div>18</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Noodle Workout</div> <div>11:15 Cognitive: Martin Luther King Jr. I Have A Dream Speech</div> <div>1:00 Sports: Volley Ball</div> <div>1:30 Keepsake Trippers</div> <div>1:30 Everybody Loves Raymond</div> <div>2:00 Puzzles and Games</div> <div>3:00 Afternoon Social Hour</div> <div>4:00 Cognitive: Spaghetti Words</div> <div>4:30 Sports: Walking Club</div> <div>6:00 Music: Sing-along</div> <div>6:30 Exercise: Chair Yoga</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Reminiscing with Rita</div> <div>Martin Luther King Jr Day !</div>	<div>19</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Resistive Bands</div> <div>11:15 Documentary: On Coffee</div> <div>1:00 Sports: Corn Hole</div> <div>2:00 Men's and Ladies Spa Day</div> <div>2:00 I Love Lucy</div> <div>3:00 Afternoon Coffee Social</div> <div>4:00 Cognitive: Book Club</div> <div>4:30 Sports: Walking Club</div> <div>6:00 Music: Name that Tune</div> <div>6:30 Exercise: Light Stretching</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive: Finishing Lines</div>	<div>20</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: TIA CHI</div> <div>11:15 Documentary: On PENQUINS</div> <div>1:00 Sports: Bean Bag Toss</div> <div>2:00 Travelogue: On Canada</div> <div>2:00 Men's Club Board games</div> <div>3:00 Afternoon Social Hour</div> <div>4:00 Cognitive: Picture This</div> <div>4:30 Sports: Walking Club</div> <div>6:00 Exercise: Chair Yoga</div> <div>6:30 Movie Night: Mr. Popper's PENQUINS</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive: Keep Them Laughing</div>	<div>21</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Resistive Bands</div> <div>11:15 Cognitive: The Year Was 1940</div> <div>1:00 Sports: Ring Toss</div> <div>1:30 The Carol Burnette Show</div> <div>1:30 Keepsake Trippers</div> <div>2:00 Cognitive: Game Time</div> <div>3:00 Afternoon Social Hour</div> <div>4:00 Cognitive: Think more</div> <div>4:30 Sports: Walking Club</div> <div>6:00 Music: Sing- along</div> <div>6:30 Exercise: Evening Stretching</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive: Wheel of fortune</div>	<div>22</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Chair Zumba</div> <div>11:15 Cognitive: Millionaire Game</div> <div>1:00 Sports: Table Ball</div> <div>2:00 ' JACK POT BINGO '</div> <div>2:00 Arts and Crafts</div> <div>3:00 Afternoon Social Hour</div> <div>4:00 Cognitive: Spaghetti Word</div> <div>4:30 Sports Walking Club</div> <div>6:00 Music: Name That Tune</div> <div>6:30 Exercise: Light Stretching</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive: Who Am I</div>	<div>23</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Noodle Workout</div> <div>11:15 Documentary: On Casablanca</div> <div>1:00 Sports: Kick Ball</div> <div>2:00 Cognitive: Crossword Puzzle</div> <div>2:00 Dean Martin</div> <div>3:00 Afternoon Social Hour</div> <div>4:00 Sports Walking Club</div> <div>4:30 Music: Name that Sound</div> <div>6:00 Exercise: Chair Yoga</div> <div>6:30 Movie night: Casablanca</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive: What Would You Do</div>
<div>24 / 31</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Chair Zumba</div> <div>11:15 Cognitive: Hang-man</div> <div>1:00 Sports: Darts</div> <div>2:00 Travelogue: National Parks</div> <div>2:00 Arts and Crafts</div> <div>3:00 Afternoon Social Hour</div> <div>4:00 Cognitive: Simon Says</div> <div>4:30 Sports: Walking Club</div> <div>6:00 Cognitive: Picture This</div> <div>6:30 Exercise: Evening Stretching</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Game Shows on Tv</div>	<div>25</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Noodle Workout</div> <div>11:00 Documentary: On Marshmallows</div> <div>1:00 Sports: Chair Hockey</div> <div>1:30 Keepsake Trippers</div> <div>1:30 Journey of a Lifetime</div> <div>2:00 Games: Bottoms up</div> <div>3:00 Hot Chocolate &amp; Marshmallows</div> <div>4:00 Cognitive: Spaghetti Words</div> <div>4:30 Sports: Walking Club</div> <div>6:00 Music: Rhythm Sticks</div> <div>6:30 Exercise: Chair Yoga</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Reminiscing with Rita</div> <div></div>	<div>26</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Weight Training</div> <div>11:15 Cognitive: Millionaire Game</div> <div>1:00 Sports: Balloon Volley</div> <div>2:00 The Lone Ranger</div> <div>2:00 Men's and Ladies Spa Day</div> <div>3:00 Afternoon Social Hour</div> <div>4:00 Cognitive: Book Club</div> <div>4:30 Sports: Walking Club</div> <div>6:00 Music: Name that Tune</div> <div>6:30 Exercise: Light Stretching</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive: Person, place or thing</div>	<div>27</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: TIA CHI</div> <div>11:15 Documentary: Wintertime Activities</div> <div>1:00 Sports: Basketball</div> <div>2:00 Men's Club Activity</div> <div>2:00 Travelogue: Switzerland</div> <div>3:00 Tea and Coffee Social</div> <div>4:00 Cognitive: Think more</div> <div>4:30 Sports: Walking Club</div> <div>6:00 Exercise: Light Stretching</div> <div>6:30 Movie Night: Happy Feet</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive: Name Five or Ten</div> <div></div>	<div>28</div> <div>9:00 ~ 10:00 Morning Stretching / New</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Weight Training</div> <div>11:15 Documentary: On Sundance Day</div> <div>1:00 Sports: Bocce Ball</div> <div>1:30 Keepsake Trippers</div> <div>2:00 Wagon Train</div> <div>2:00 Cognitive: Game Time</div> <div>3:00 Afternoon Social Hour</div> <div>4:00 Cognitive: Think more</div> <div>4:30 Sports Walking Club</div> <div>6:00 Music: Rhythm Sticks</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive: What Am I</div>	<div>29</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Chair Zumba</div> <div>11:15 Documentary: On Sunflower State</div> <div>1:00 Sports: Table Ball</div> <div>2:00 ' JACK POT BINGO '</div> <div>2:00 Arts and Crafts</div> <div>3:00 Monthly Birthday Party</div> <div>4:00 Cognitive: Spaghetti Words</div> <div>6:00 Music: Name That Tune</div> <div>6:30 Exercise: Light Stretching</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive: Riddles and Jokes</div>	<div>30</div> <div>9:00 ~ 10:00 Morning Stretching / News</div> <div>10:00 Catholic Mass on TV</div> <div>11:00 Exercise: Noodle Workout</div> <div>11:15 Documentary: On Zane Grey</div> <div>1:00 Sports: Bean Bag Toss</div> <div>2:00 Downton Abbey</div> <div>2:00 Cognitive: Puzzles and Game Time</div> <div>3:00 Afternoon Social Hour</div> <div>4:00 Cognitive: Western Trivia</div> <div>4:30 Sports: Walking Club</div> <div>6:00 Exercise: Chair Yoga</div> <div>6:30 Movie Night: Mc LINTOCK!</div> <div>7:00 Snack &amp; Refreshments</div> <div>7:30 Cognitive: That's Right that's Wrong</div> <div></div>