

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2021

## The Hearth at Franklin

1035 Fulton Greer Lane \* 615.591.3003  
Franklin, TN 37064 \* www.thehearth.net



10:00 Morning Exercise (AR)  
10:30 Book Club (C)  
**1:00 Scenic Drive (L)**  
**2:00 Scenic Drive (L)**  
2:00 Balance Class w/ John (AR)  
**2:30 Think More (C)**  
**3:00 New Year's Resolutions! (C)**  
4:00 Gardening Club (AR)  
5:30 Movie Night! (TH)

10:00 Morning Exercise (AR) **2**  
10:30 Table Games (AR)  
1:00 Open Table Bridge Group (GR3)  
**1:00 Bingo (AR)**  
2:30 Flower Arranging Class (AR)  
3:30 Manicures (C)  
4:00 Coffee & Chat (C)  
**5:30 Movie Time! (TH)**

New Year's Day

**10:00 LiveStream Church Service (TH) 3**  
1:00 A-Capella Hymn Sing (AR)  
2:00 Tri-Ominoes (AR)  
3:00 Checkers in the Cafe

10:00 Morning Exercise (AR) **4**  
**10:30 Think More (C)**  
1:00 Bridge Group (GR3)  
1:00 Bingo! (AR)  
1:00 Hand & Foot Club (C)  
2:00 Balance Class w/ John (AR)  
3:30 Billiards Practice (BR2)  
4:00 Gardening Club (AR)  
5:30 Movie Night! (TH)

9:15 Table Games & Brain Games (AR) **5**  
10:00 Morning Exercise (AR)  
10:30 Good News Only (AR)  
**1:00 Jeopardy! (AR)**  
1:00 Bridge Group (L2)  
1:30 Balance Class (AR)  
**2:00 Cocoa and Cookies! (C)**  
3:30 Social Hour (C)  
4:00 Gardening Club (AR)

10:00 Morning Exercise (AR) **6**  
**10:30 Think More (C)**  
1:00 Bingo (AR)  
1:00 Hand & Foot Club (C)  
2:00 Balance Class w/ John (AR)  
**2:00 Calligraphy Class! (C)**  
**3:00 Rick Steve's Travel Log! (TH)**  
4:00 Gardening Club (AR)  
5:30 Classic Movie Night! (TH)

10:00 Morning Exercise (AR) **7**  
**10:30 Charades! (C)**  
1:00 Bridge Group (GR3)  
1:30 Balance Class (AR)  
**2:00 Baking w/ Katie (C)**  
2:00 Crochet & Knitting Club (AR)  
**2:30 Shuffleboard! (GR3)**  
3:30 Social Hour (C)  
4:00 Gardening Club (AR)

10:00 Morning Exercise (AR) **8**  
10:30 Book Club (C)  
**1:00 Scenic Drive (L)**  
**2:00 Scenic Drive (L)**  
2:00 Balance Class w/ John (AR)  
**2:30 Think More (C)**  
**3:00 Karaoke Hour! (AR)**  
4:00 Gardening Club (AR)  
5:30 Movie Night! (TH)

10:00 Morning Exercise (AR) **9**  
10:30 Table Games (AR)  
1:00 Open Table Bridge Group (GR3)  
**1:00 Bingo (AR)**  
2:30 Flower Arranging Class (AR)  
3:30 Manicures (C)  
4:00 Coffee & Chat (C)  
**5:30 Movie Time! (TH)**

**10:00 LiveStream Church Service (TH) 10**  
1:00 A-Capella Hymn Sing (AR)  
2:00 Tri-Ominoes (AR)  
3:00 Checkers in the Cafe

10:00 Morning Exercise (AR) **11**  
**10:30 Think More (C)**  
1:00 Bridge Group (GR3)  
1:00 Bingo! (AR)  
1:00 Hand & Foot Club (C)  
2:00 Balance Class w/ John (AR)  
**2:00 Bill Sleeter Concert! (AR)**  
3:30 Billiards Practice (BR2)  
4:00 Gardening Club (AR)  
5:30 Movie Night! (TH)

9:15 Table Games & Brain Games (AR) **12**  
10:00 Morning Exercise (AR)  
10:30 Good News Only (AR)  
**1:00 Jeopardy! (AR)**  
1:00 Bridge Group (L2)  
1:30 Balance Class (AR)  
**2:00 Poetry Hour! (C)**  
3:30 Social Hour (C)  
4:00 Gardening Club (AR)

10:00 Morning Exercise (AR) **13**  
**10:30 Think More (C)**  
1:00 Bingo (AR)  
1:00 Hand & Foot Club (C)  
2:00 Balance Class w/ John (AR)  
**2:00 Resident Council Meeting (AR)**  
**3:00 Rick Steve's Travel Log! (TH)**  
4:00 Gardening Club (AR)  
5:30 Classic Movie Night! (TH)

10:00 Morning Exercise (AR) **14**  
**10:30 Name That Song Game! (C)**  
1:00 Bridge Group (GR3)  
1:30 Balance Class (AR)  
**2:00 Baking w/ Katie (C)**  
2:00 Crochet & Knitting Club (AR)  
**2:30 Shuffleboard! (GR3)**  
3:30 Social Hour (C)  
4:00 Gardening Club (AR)

10:00 Morning Exercise (AR) **15**  
10:30 Book Club (C)  
**1:00 Scenic Drive (L)**  
**2:00 Scenic Drive (L)**  
2:00 Balance Class w/ John (AR)  
**2:30 Think More (C)**  
**3:00 Ladies' Afternoon (C)**  
4:00 Gardening Club (AR)  
5:30 Movie Night! (TH)

10:00 Morning Exercise (AR) **16**  
10:30 Table Games (AR)  
1:00 Open Table Bridge Group (GR3)  
**1:00 Bingo (AR)**  
2:30 Flower Arranging Class (AR)  
3:30 Manicures (C)  
4:00 Coffee & Chat (C)  
**5:30 Movie Time! (TH)**

**10:00 LiveStream Church Service (TH) 17**  
1:00 A-Capella Hymn Sing (AR)  
2:00 Tri-Ominoes (AR)  
3:00 Checkers in the Cafe

10:00 Morning Exercise (AR) **18**  
**10:30 Think More (C)**  
1:00 Bridge Group (GR3)  
1:00 Bingo! (AR)  
1:00 Hand & Foot Club (C)  
2:00 Balance Class w/ John (AR)  
3:30 Billiards Practice (BR2)  
4:00 Gardening Club (AR)  
**5:30 Movie Night: Martin Luther King Documentary (TH)**  
Martin Luther King Day

9:15 Table Games & Brain Games (AR) **19**  
10:00 Morning Exercise (AR)  
10:30 Good News Only (AR)  
**1:00 Jeopardy! (AR)**  
1:00 Bridge Group (L2)  
1:30 Balance Class (AR)  
**2:00 Cocoa and Cookies! (C)**  
3:30 Social Hour (C)  
4:00 Gardening Club (AR)

10:00 Morning Exercise (AR) **20**  
**10:30 Think More (C)**  
1:00 Bingo (AR)  
1:00 Hand & Foot Club (C)  
2:00 Balance Class w/ John (AR)  
**2:00 Calligraphy Class! (C)**  
**2:30 Donuts w/ Director (Chris)**  
**3:00 Rick Steve's Travel Log! (TH)**  
5:30 Classic Movie Night! (TH)

10:00 Morning Exercise (AR) **21**  
**10:30 Pictionary! (C)**  
1:00 Bridge Group (GR3)  
1:30 Balance Class (AR)  
**2:00 Baking w/ Katie (C)**  
2:00 Crochet & Knitting Club (AR)  
**2:30 Shuffleboard! (GR3)**  
3:30 Social Hour (C)  
4:00 Gardening Club (AR)

10:00 Morning Exercise (AR) **22**  
10:30 Book Club (C)  
**1:00 Scenic Drive (L)**  
**2:00 Scenic Drive (L)**  
2:00 Balance Class w/ John (AR)  
**2:30 Think More (C)**  
**3:00 Men's' Afternoon (C)**  
4:00 Gardening Club (AR)  
5:30 Movie Night! (TH)

10:00 Morning Exercise (AR) **23**  
10:30 Table Games (AR)  
1:00 Open Table Bridge Group (GR3)  
**1:00 Bingo (AR)**  
2:30 Flower Arranging Class (AR)  
3:30 Manicures (C)  
4:00 Coffee & Chat (C)  
**5:30 Movie Time! (TH)**

**10:00 LiveStream Church Service (TH) 24**  
1:00 A-Capella Hymn Sing (AR)  
2:00 Tri-Ominoes (AR)  
3:00 Checkers in the Cafe

10:00 Morning Exercise (AR) **25**  
**10:30 Think More (C)**  
1:00 Bridge Group (GR3)  
1:00 Bingo! (AR)  
1:00 Hand & Foot Club (C)  
2:00 Balance Class w/ John (AR)  
3:30 Billiards Practice (BR2)  
4:00 Gardening Club (AR)  
5:30 Movie Night (TH)

9:15 Table Games & Brain Games (AR) **26**  
10:00 Morning Exercise (AR)  
10:30 Good News Only (AR)  
**1:00 Jeopardy! (AR)**  
1:00 Bridge Group (L2)  
1:30 Balance Class (AR)  
**2:00 January Birthday Party (All residents are welcome!) (C)**  
3:30 Social Hour (C)  
4:00 Gardening Club (AR)

10:00 Morning Exercise (AR) **27**  
**10:30 Think More (C)**  
1:00 Bingo (AR)  
1:00 Hand & Foot Club (C)  
2:00 Balance Class w/ John (AR)  
**2:00 Calligraphy Class! (C)**  
**3:00 Rick Steve's Travel Log! (TH)**  
4:00 Gardening Club (AR)  
5:30 Classic Movie Night! (TH)

10:00 Morning Exercise (AR) **28**  
**10:30 Hangman Game! (C)**  
1:00 Bridge Group (GR3)  
1:30 Balance Class (AR)  
**2:00 Baking w/ Katie (C)**  
2:00 Crochet & Knitting Club (AR)  
**2:30 Shuffleboard! (GR3)**  
3:30 Social Hour (C)  
4:00 Gardening Club (AR)

10:00 Morning Exercise (AR) **29**  
10:30 Book Club (C)  
**1:15 Scenic Drive (L)**  
**1:45 Scenic Drive (L)**  
2:00 Balance Class w/ John (AR)  
**2:30 Think More (C)**  
**3:30 Bingo Bucks Shopping! (AR)**  
4:00 Gardening Club (AR)  
5:30 Movie Night! (TH)

10:00 Morning Exercise (AR) **30**  
10:30 Table Games (AR)  
1:00 Open Table Bridge Group (GR3)  
**1:00 Bingo (AR)**  
2:30 Flower Arranging Class (AR)  
3:30 Manicures (C)  
4:00 Coffee & Chat (C)  
**5:30 Movie Time! (TH)**

Activity Professionals Week

Australia Day (observed)

**31**

See the **DAILY ACTIVITY SIGNS** posted on 1<sup>st</sup> floor



"Every moment is a fresh beginning"  
-T.S. Eliot

