


# January 2021

## Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>January cont'd</b> <b>31</b> <b>Backward Day</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 <b>PE</b> Cardio Blast [FC] 10:00 <b>SS</b> Praise and Worship [LR1] 10:30 Hallway Hydration 10:30 Theater Time: [T] 11:00 <b>CE</b> Puzzle Perfect [LR2] 1:30 <i>Word-a-thon</i> [C] 2:30 Theater Time: 6:00 Theater Time: [T] 7:00 <b>LL</b> Night Owls [LR2]	 <b>SAGE DESERT</b> ASSISTED LIVING & MEMORY CARE <i>Caring · Inspiring · Rewarding</i>	2365 West Orange Grove Road Tucson, AZ 85741 520.328.8509	<b>AE</b> Artistic Expression <b>CE</b> Continuing Education <b>LL</b> Lifestyle & Leisure <b>PE</b> Physical Engagement <b>SS</b> Spiritual Support	<b>Location Keys</b> Bistro Community Room Demo Kitchen Fitness Center Game Room Living Room 1st Floor Living Room 2nd Floor Theater	<b>New Year's Day</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 <b>PE</b> Cardio Blast [FC] 10:30 <b>PE</b> Board Game - Marbles [C] 10:30 Hallway Hydration 10:30 Theater Time: [T] 2:00 Let's Play Card's: Independent [GR] 2:30 Theater Time: 3:00 <i>Dick's Short Story Mystery's</i> [LR2] 3:00 <i>Room Visit</i> [B] 6:00 Theater Time: [T] 6:15 Bingo with Patti [GR] 7:00 <b>LL</b> Night Owls [LR2]	<b>1</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 Balance Exercise [C] 10:30 Hallway Hydration 10:30 <b>PE</b> MEXICAN TRAIN [GR] 10:30 Theater Time: [T] 1:00 <b>LL</b> Sweet Bingo [GR] 2:30 <b>CE</b> Engage your Brain - Crossword Puzzle [C] 2:30 Theater Time: 6:00 Theater Time: [T] 7:00 <b>LL</b> Night Owls [LR2]	
<b>Festival of Sleep Day</b> <b>3</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 <b>PE</b> Cardio Blast [FC] 10:00 <b>SS</b> Praise and Worship [LR1] 10:30 Hallway Hydration 10:30 Theater Time: [T] 11:00 <b>CE</b> Puzzle Perfect [LR2] 1:30 <i>Word-a-thon</i> [C] 2:30 Theater Time: 6:00 Theater Time: [T] 7:00 <b>LL</b> Night Owls [LR2]	<b>National Spaghetti Day</b> <b>4</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 <b>PE</b> Pump it up [C] 10:30 Hallway Hydration 10:30 Theater Time: [T] 11:00 <b>CE</b> Scrabble [GR] 2:00 <b>CE</b> Engage your Brain - Trivia [C] 3:00 <b>CE</b> Great Courses: Wonders of the National Parks: A Geology of North America [T] 3:30 <b>CE</b> Technology Class [LR1] 6:00 Theater Time: [T] 6:15 Bingo with Patti [GR] 7:00 <b>LL</b> Night Owls [LR2]	<b>National Hot Tea Day</b> <b>11</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 <b>PE</b> Pump it up [C] 10:30 Hallway Hydration 10:30 Theater Time: [T] 11:00 <b>CE</b> Scrabble [GR] 2:00 <b>CE</b> Engage your Brain - Trivia [C] 3:00 <b>CE</b> Great Courses: Wonders of the National Parks: A Geology of North America [T] 3:30 <b>CE</b> Technology Class [LR1] 6:00 Theater Time: [T] 6:15 Bingo with Patti [GR] 7:00 <b>LL</b> Night Owls [LR2]	<b>National Spaghetti Day</b> <b>4</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 <b>PE</b> Fun Fitness with Music [C] 10:30 Hallway Hydration 10:30 Theater Time: [T] 11:00 Sweet Bingo [GR] 1:30 <b>PE</b> 15 Minute Leg Workout [FC] 2:00 <b>AE</b> Art's & Crafts [DK] 2:30 Theater Time: 6:00 Theater Time: [T] 7:00 <b>LL</b> Night Owls [LR2]	<b>Bean Day</b> <b>6</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 <b>PE</b> 15 Minute Ab Workout [C] 10:30 <b>PE</b> Board Game - Marbles [C] 10:30 Hallway Hydration 10:30 Theater Time: [T] 11:30 <b>CE</b> Brain Teaser [C] 3:00 <b>LL</b> <i>Hallway Happy Hour</i> 6:00 Theater Time: [T] 6:15 Bingo Bucks with Patti 7:00 <b>LL</b> Night Owls [LR2]	<b>Dress up your Pet Day</b> <b>14</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 <b>PE</b> Fun Fitness with Music [C] 10:30 Hallway Hydration 10:30 Theater Time: [T] 11:00 <b>LL</b> Board Game [GR] 1:30 Scrabble [GR] 2:30 <b>AE</b> Arts & Crafts [DK] 2:30 Theater Time: [T] 3:00 Blackjack/21 & Milkshake Social 6:00 Theater Time: [T] 7:00 <b>LL</b> Night Owls [LR2]	<b>Happy Birthday Clare</b> <b>8</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 <b>PE</b> Cardio Blast [FC] 10:30 <b>PE</b> Board Game - Marbles [C] 10:30 Hallway Hydration 10:30 Theater Time: [T] 2:00 Let's Play Card's: Independent [GR] 2:30 Theater Time: 3:00 <i>Dick's Short Story Mystery's</i> [LR2] 3:00 <i>Room Visit</i> [B] 6:00 Theater Time: [T] 6:15 Bingo with Patti [GR] 7:00 <b>LL</b> Night Owls [LR2]	<b>9</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 Balance Exercise [C] 10:30 Hallway Hydration 10:30 <b>PE</b> MEXICAN TRAIN [GR] 10:30 Theater Time: [T] 1:00 <b>LL</b> Sweet Bingo [GR] 2:30 <b>CE</b> Engage your Brain - Crossword Puzzle [C] 2:30 Theater Time: 6:00 Theater Time: [T] 7:00 <b>LL</b> Night Owls [LR2]
<b>Bittersweet Chocolate Day</b> <b>10</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 <b>PE</b> Cardio Blast [FC] 10:00 <b>SS</b> Praise and Worship [LR1] 10:30 Hallway Hydration 10:30 Theater Time: [T] 11:00 <b>CE</b> Puzzle Perfect [LR2] 1:30 <i>Word-a-thon</i> [C] 2:30 Theater Time: 6:00 Theater Time: [T] 7:00 <b>LL</b> Night Owls [LR2]	<b>Happy Birthday Max</b> <b>17</b> <b>Martin Luther King, Jr. Day</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 <b>PE</b> Cardio Blast [FC] 10:00 <b>SS</b> Praise and Worship [LR1] 10:30 Hallway Hydration 10:30 Theater Time: [T] 11:00 <b>CE</b> Puzzle Perfect [LR2] 1:30 <i>Word-a-thon</i> [C] 2:30 Theater Time: 6:00 Theater Time: [T] 7:00 <b>LL</b> Night Owls [LR2]	<b>Happy Birthday Carol</b> <b>19</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 <b>PE</b> Fun Fitness with Music [C] 10:30 Hallway Hydration 10:30 Theater Time: [T] 11:00 Sweet Bingo [GR] 1:30 <b>PE</b> 15 Minute Leg Workout [FC] 2:00 <b>AE</b> Art's & Crafts [DK] 2:30 Theater Time: 6:00 Theater Time: [T] 7:00 <b>LL</b> Night Owls [LR2]	<b>National Cheese Lover Day</b> <b>20</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 <b>PE</b> 15 Minute Ab Workout [C] 10:30 <b>PE</b> Board Game - Marbles [C] 10:30 Hallway Hydration 10:30 Theater Time: [T] 11:30 <b>CE</b> Brain Teaser [C] 3:00 <b>LL</b> <i>Hallway Happy Hour</i> 6:00 Theater Time: [T] 6:15 Bingo Bucks with Patti 7:00 <b>LL</b> Night Owls [LR2]	<b>Happy Birthday Jackie</b> <b>22</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 <b>PE</b> Cardio Blast [FC] 10:30 <b>PE</b> Board Game - Marbles [C] 10:30 Hallway Hydration 10:30 Theater Time: [T] 2:00 Let's Play Card's: Independent [GR] 2:30 Theater Time: 3:00 <i>Dick's Short Story Mystery's</i> [LR2] 3:00 <i>Room Visit</i> [B] 6:00 Theater Time: [T] 6:15 Bingo with Patti [GR] 7:00 <b>LL</b> Night Owls [LR2]	<b>National Pie Day</b> <b>23</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 Balance Exercise [C] 10:30 Hallway Hydration 10:30 <b>PE</b> MEXICAN TRAIN [GR] 10:30 Theater Time: [T] 1:00 <b>LL</b> Sweet Bingo [GR] 2:30 <b>CE</b> Engage your Brain - Crossword Puzzle [C] 2:30 Theater Time: 6:00 Theater Time: [T] 7:00 <b>LL</b> Night Owls [LR2]		
<b>24</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 <b>PE</b> Cardio Blast [FC] 10:00 <b>SS</b> Praise and Worship [LR1] 10:30 Hallway Hydration 10:30 Theater Time: [T] 11:00 <b>CE</b> Puzzle Perfect [LR2] 1:30 <i>Word-a-thon</i> [C] 2:30 Theater Time: 6:00 Theater Time: [T] 7:00 <b>LL</b> Night Owls [LR2]	<b>25</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 <b>PE</b> Pump it up [C] 10:30 Hallway Hydration 10:30 Theater Time: [T] 11:00 <b>CE</b> Scrabble [GR] 2:00 <b>CE</b> Engage your Brain - Trivia [C] 3:00 <b>CE</b> Great Courses: Wonders of the National Parks: A Geology of North America [T] 3:30 <b>CE</b> Technology Class [LR1] 6:00 Theater Time: [T] 6:15 Bingo with Patti [GR] 7:00 <b>LL</b> Night Owls [LR2]	<b>Spouse's Day</b> <b>26</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 <b>PE</b> Fun Fitness with Music [C] 10:30 Hallway Hydration 10:30 Theater Time: [T] 11:00 Sweet Bingo [GR] 1:30 <b>PE</b> 15 Minute Leg Workout [FC] 2:00 <b>AE</b> Art's & Crafts [DK] 2:30 Theater Time: 6:00 Theater Time: [T] 7:00 <b>LL</b> Night Owls [LR2]	<b>Chocolate Cake Day</b> <b>27</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 <b>PE</b> 15 Minute Ab Workout [C] 10:30 <b>PE</b> Board Game - Marbles [C] 10:30 Hallway Hydration 10:30 Theater Time: [T] 11:30 <b>CE</b> Brain Teaser [C] 3:00 <b>LL</b> <i>Hallway Happy Hour</i> 6:00 Theater Time: [T] 6:15 Bingo Bucks with Patti 7:00 <b>LL</b> Night Owls [LR2]	<b>28</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 <b>PE</b> Fun Fitness with Music [C] 10:30 Hallway Hydration 10:30 Theater Time: [T] 11:00 <b>LL</b> Board Game [GR] 1:30 Scrabble [GR] 2:30 <b>AE</b> Arts & Crafts [DK] 2:30 Theater Time: [T] 3:00 Blackjack/21 & Milkshake Social 6:00 Theater Time: [T] 7:00 <b>LL</b> Night Owls [LR2]	<b>National Puzzle Day</b> <b>29</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 <b>PE</b> Cardio Blast [FC] 10:30 <b>PE</b> Board Game - Marbles [C] 10:30 Hallway Hydration 10:30 Theater Time: [T] 2:00 Let's Play Card's: Independent [GR] 2:30 Theater Time: 3:00 <i>Dick's Short Story Mystery's</i> [LR2] 3:00 <i>Room Visit</i> [B] 6:00 Theater Time: [T] 6:15 Bingo with Patti [GR] 7:00 <b>LL</b> Night Owls [LR2]	<b>30</b> 8:00 What's Happening Today - Daily Chronicles 9:00 Independent Wild Walkers 10:00 Balance Exercise [C] 10:30 Hallway Hydration 10:30 <b>PE</b> MEXICAN TRAIN [GR] 10:30 Theater Time: [T] 1:00 <b>LL</b> Sweet Bingo [GR] 2:30 <b>CE</b> Engage your Brain - Crossword Puzzle [C] 2:30 Theater Time: 6:00 Theater Time: [T] 7:00 <b>LL</b> Night Owls [LR2]	

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