

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2021

HAPPY NEW YEAR!

9:30 Exercises with Resident Assistants
1:30 Netflix Movie with Resident Assistants
New Year's Day

9:30 Saturday Morning Exercise Video with Resident Assistants (*YouTube*)
10:45 Boogie Day with Alissa
11:15 This Day In History with Alissa
2:30 Afternoon Movie with RA's: Eddie the Eagle (*Disney+*)

9:15 Seated Chair Exercised with RA's (*YouTube*)
10:30 St. Olaf Catholic Mass (*YouTube*)
2:30 Afternoon Movie: Miracle (*Netflix*)

9:30 Move & Groove with Kelly
10:00 General Tom Thumb Day with Kelly
10:30 America's Got Talent (*Hulu*)
Afternoon Pastoral Care Visits with Deacon Michael
1:45 Manicures with Kelly
2:30 Good News Stories with Kelly
3:00 Movie: Midnight at the Magnolia (*Netflix*)

9:30 Seated Chair Exercises with Kelly
10:00 Does it Jive in the 40's Game with Kelly
10:30 National Bird Day with Kelly
11:00 Daily Chronicle Reading with Kelly
1:45 Afternoon Visits with Alissa
2:15 Baking Group with Alissa: Baked Ham & Cheese Bites
3:45 The Curse of the Bambino with Alissa

9:30 Yoga Stretches with Alissa
10:00 Epiphany Facts with Alissa
10:30 Wheel of Fortune Day with Alissa
11:00 Poetry Reading with Alissa
1:45 Remembering Charlie Brown with Kelly
2:30 Bingo with Kelly
3:30 Hot Chocolate Bar with Kelly
4:00 Chicken Soup for the Soul with Kelly
5:30 Just Curious, Jeeves with Kelly

9:30 Music & Movement with Kelly
10:00 The Price is Right Game with Kelly
11:00 Virtual Music Therapy with Laura
1:45 Afternoon Visits with Alissa
2:30 Putty in Your Hands Day with Alissa
3:00 Art: Make Playdough with Alissa
4:00 Small Miracle Stories with Alissa

9:30 America's Got Talent Videos with Resident Assistants' (RA's) (*YouTube*)
10:15 Exercise Fun with Alissa
10:45 Elvis Lives Day with Alissa
11:15 Winter Skin Relief Day & Hand Massages with Alissa
Afternoon Pastoral Care Visits with Deacon Michael
1:30 National Geographic: Hunt for the Abominable Snowman
2:30 Happy Hour Snacks with Alissa
3:00 Futuristic Friday with Alissa
3:30 Movie: The Boy Who Talked to Badgers (*Disney+*)

9:00 Saturday Morning Exercise with Kelly
9:45 Happy Birthday, Connecticut with Kelly
10:00 Daily Chronicle Reading with Kelly
2:30 Afternoon Movie with RA's: Godmothered (*Disney+*)

9:15 Seated Chair Exercised with RA's (*YouTube*)
10:30 Lutheran Church Video (*YouTube*)
2:30 Afternoon Movie: Aladdin (*Disney+*)

9:30 Move & Groove with Alissa
10:00 All About the Grand Canyon with Alissa
10:30 Virtual Tour: Visit the Grand Canyon with Alissa
11:00 A Novel Time: A Man Called Ove Reading (Part 1) with Alissa
Afternoon Pastoral Care Visits with Deacon Michael
1:45 Manicures with Kelly
1:45 The Bears and I (*Disney +*)
3:30 Learn Your Name in Morse Code with Kelly
4:00 Just Curious, Jeeves with Kelly

9:30 Seated Chair Exercises with Kelly
10:00 Superhero Day with Kelly
10:30 Run Away Bride (*Netflix*)
1:45 Afternoon Visits with Alissa
2:15 Baking Group with Alissa: Slice & Bake Cookies
3:15 Movie: Bumblebee (*Hulu*)

9:30 Yoga Stretches with Kelly
10:00 The First Radio Broadcast with Kelly
10:30 Horoscope Reading with Kelly
10:45 The Series of Unfortunate Events (*Netflix*)
1:45 Afternoon Visits with Kelly
2:30 Bingo with Kelly
3:30 Music & Memory: Remembering Johnny Cash with Kelly
5:30 Accordion Day with Alissa

9:30 Music & Movement with Kelly
10:00 Wheel of Fortune Game with Kelly
11:00 Virtual Music Therapy with Laura
1:45 Afternoon Visits with Alissa
2:30 International Kite Day Facts with Alissa
3:00 Art: Kite Making with Alissa
4:00 Reminiscing: Pez Candy & Dispenser Discussion with Alissa

9:30 Funniest Animal Videos with Resident Assistants' (RA's) (*YouTube*)
10:15 Exercise Fun with Alissa
10:45 What is Wikipedia with Alissa
11:15 Good Queen Bess Day with Alissa
1:30 National Geographic: Continent 7 Antarctica (*Disney +*)
2:30 Happy Hour Snacks with Kelly
3:00 Anniversary of the First Superbowl with Kelly
3:30 Movie: Game Plan (*Disney +*)

9:30 Saturday Morning Exercise Video with Resident Assistants (*YouTube*)
10:45 Hello, Dolly Day with Alissa
11:15 This Day in History with Alissa
2:30 Afternoon Movie with RA's: Quartet (*Netflix*)

9:15 Seated Chair Exercised with RA's (*YouTube*)
10:30 St. Olaf Catholic Mass (*YouTube*)
2:30 Afternoon Movie: The Hustle (*Hulu*)

9:30 Move & Groove with Alissa
10:00 Manicures with Alissa
10:00 Martin Luther King Documentary with Alissa
11:00 A Novel Time: A Man Called Ove Reading (Part 2) with Alissa
Afternoon Pastoral Care Visits with Deacon Michael
1:45 Afternoon Movie: Westside Story (*Hulu*)
3:45 Remembering Martin Luther King Junior: "I Have a Dream" Speech with Alissa
Martin Luther King Day

9:30 Seated Chair Exercises with Kelly
10:00 Music & Memory: Remembering Dolly Parton with Kelly
10:30 Dolly Parton Facts & Trivia with Kelly
11:00 Daily Chronicle Reading with Kelly
1:45 Afternoon Visits with Kelly
2:30 Dolly Parton's Heartstrings Show (*Netflix*)
3:45 Lucy Goes to the Hospital Anniversary Day with Alissa

9:30 Yoga Stretches with Alissa
10:00 Remembering George Burns with Alissa
10:30 A Peaceful Day with Alissa
11:00 Stories for the Heart with Alissa
1:45 Afternoon Visits with Kelly
2:30 Bingo with Kelly
3:30 Hot Chocolate Bar with Kelly
4:00 Chicken Soup for the Soul with Kelly
5:30 Laughter Really is the Best Medicine with Kelly

9:30 Music & Movement with Kelly
10:00 The Price is Right with Kelly
11:00 Virtual Music Therapy with Laura
1:45 Afternoon Visits with Alissa
2:30 Squirrel Appreciation Day with Alissa
3:00 Art: How to Paint a Squirrel with Alissa
4:00 Who Was Christian Dior? with Alissa

9:30 Best Magic Trick Videos with Resident Assistants' (RA's) (*YouTube*)
10:15 Exercise Fun with Alissa
10:45 Small Town Day: Glen Lake, MN with Alissa
11:15 Happy Birthday, Diane Lane with Alissa
Afternoon Pastoral Care Visits with Deacon Michael
1:45 Hand Massages with Kelly
2:30 Happy Hour Snacks with Kelly
3:00 Dice Game with Kelly
4:00 Sing Along with Kelly

9:15 Saturday Morning Exercise with Kelly
9:45 Reminiscing: First Rock and Roll Hall of Fame Inductions with Kelly
10:15 Daily Chronicle Reading with Kelly
2:30 Afternoon Movie with RA's: Togo the Untold True Story (*Disney+*)

9:15 Seated Chair Exercised with RA's (*YouTube*)
10:30 Lutheran Church Video (*YouTube*)
2:30 Afternoon Movie: Hamilton (*Disney+*)
Activity Professionals Week

9:30 Move & Groove with Alissa
10:00 Marshmallow Monday with Alissa
10:30 At Last Day: Remembering Etta James with Alissa
11:00 A Novel Time: A Man Called Ove Reading (Part 3) with Alissa
Afternoon Pastoral Care Visits with Deacon Michael
1:45 Manicures with Kelly
3:15 Royal Wedding Anniversary with Kelly
3:45 The Prince and Me (*Netflix*)

9:30 Chair Exercises with Kelly
10:00 Australia Day Facts with Kelly
10:30 Virtual Tour of Australia with Kelly
11:00 Daily Chronicle Reading with Kelly
1:45 Afternoon Visits with Alissa
2:15 Baking Group with Alissa: Warm Cream Cheese Caprese Dip
3:45 Reminiscing: Wayne Gretzky Day with Alissa
Australia Day (observed)

9:30 Yoga Stretches with Kelly
10:00 Daily Chronicle Reading with Kelly
10:30-11:30 Virtual Sing-along with The Minnetonka Senior Chorale with Kelly
1:45 Afternoon Visits with Kelly
2:30 Bingo with Kelly
3:30 Music & Memory: Remembering Mozart with Kelly
5:30 Tu' B'Shevat Facts with Alissa

9:30 Music & Movement with Kelly
10:00 Wheel of Fortune Game with Kelly
11:00 Virtual Music Therapy with Laura
1:45 Afternoon Visits with Alissa
2:30 Kazoo Day Facts with Alissa
3:00 Art: Paint a Pollock Day with Alissa
4:00 Happy Birthday, Alan Alda with Alissa

9:30 American Idols Audition Videos with Resident Assistants' (RA's) (*YouTube*)
10:15 Exercise Fun with Alissa
10:45 Seeing Eye Day with Alissa
11:15 Visit Kansas, The Sunflower State with Alissa
Afternoon Pastoral Care Visits with Deacon Michael
1:30 National Geographic: Wild Yellowstone (*Disney +*)
2:30 Happy Hour Snacks with Kelly
3:00 Friday Funnies with Kelly
3:30 Movie: The Mighty Ducks (*Disney +*)

9:30 Saturday Morning Exercise Video with Resident Assistants (*YouTube*)
10:45 Favorite Sports Team Day with Alissa
11:15 This Day in History with Alissa
2:30 Afternoon Movie with RA's: Under the Tuscan Sun (*Hulu*)

9:15 Seated Chair Exercised with RA's (*YouTube*)
10:30 St. Olaf Catholic Mass (*YouTube*)
2:30 Afternoon Movie: The Bears and I (*Disney+*)

The Glenn Minnetonka Fireside Suites

* Alissa Dvorak: Community Life & Volunteer Director 952-345-4422 * Kelly Vincent: Community Life Coordinator 952-345-4414 *