



255 Vaughan Drive • Alpharetta, GA 30009 • Phone (678) 242-0334 • [www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)

# JANUARY 2021

## COTTONWOOD ESTATES STAFF

Managers..... CHRIS & SALLY BLANCHARD  
Assistant Managers ..... MICHAEL  
  & ANGELA COLBURN  
Executive Chef ..... JONATHAN ELAM  
Marketing..... SEÑ JOHNSON  
Activity Coordinator ..... JOHN CARSON  
Maintenance ..... MARK SIMMS  
Transportation ..... THOMAS BABER

## TRANSPORTATION

**Monday, 9:30 a.m. and 2:30 p.m.:**

Windward Pkwy. Shopping

**Tuesday, 9 a.m.-2 p.m.:** Doctor Appointments

### Wednesday, 10:30 a.m.: Outing

**Thursday, 9 a.m.-2 p.m.:** Doctor Appointments

**Friday, 9:30 a.m. and 2:30 p.m.:**


Northpoint Pkwy. Shopping

The logo for Hawthorn Senior Living features the company name in a serif font. "HAWTHORN" is in a larger, bold font, and "SENIOR LIVING" is in a smaller font directly below it. To the right of the text is a stylized red heart icon.

# Let The Hawthorn Adventure Begin!

Swaying palms, powder-fine beaches and clear blue waters — get ready, Cottonwood Estates, for a tropical getaway you won't soon forget! Beginning the week of January 18th through February 5th, Cottonwood Estates will be embarking on an island-hopping adventure through the Pacific Islands! You'll enjoy three weeks of sun, sand, rest and relaxation as we explore these amazing destinations, Hawaii, Fiji and New Zealand.

As we make our scheduled stops, we will be experiencing the food, history and culture of each of these beautiful destinations. Be sure to attend the Island-Hopping Kickoff on January 11, 2021, to get all of your travel information. If you have any additional questions like what to pack or weather conditions, be sure to check in with your Travel Guide, John Carson, for all the details!



*Our first stop, Hawaii!*



*It's time to go on an adventure!*



*Our first stop, Hawaii!*



*Our final destination  
is New Zealand!*



## Wreath Making!

Some of our ladies at Cottonwood recently had fun making Christmas wreaths for their doors. We have some very talented ladies like Shirley, Geri, Carolyn, Betty and Pat (who is our craft expert). It is always amazing to see the creative side of our fabulous residents at Cottonwood. Be on the lookout for more craft activities coming in the near future.



*Having fun with friends!*



*Let's make a wreath!*



*Here is Pat G., our craft expert, making a wreath!*



*Betty taking some items back to her room to finish her wreath!*

## Quote of the Month!

"For last year's words belong to last year's language

And next year's words await another voice.

And to make an end is to make a beginning."

-T.S. Eliot



## New Year's Resolutions!

It is finally 2021 (did we ever think 2020 would end?). This year will be better than last year. Our residents at Cottonwood were very excited about starting the year with some new year's resolutions. Here are few of our residents' resolutions:

**Vega:** to lose weight and spend more time with family

**Judy:** to be healthier and spend more time with family

**Shirley:** to stay healthy and alive

**Roberta:** to be able to walk without a walker

**Geri:** to stop being in pain

**Activity Coordinator John:** for my family and our health, as well as for my new family here at Cottonwood, that everyone embraces all 2021 has in store for us; it will be a great year!





## Let's Welcome Our New (Temporary) Resident, Cottonwood Connie!

Everyone at Cottonwood Estates has been so welcoming to Cottonwood Connie. John, the Activity Coordinator, arranged to have Connie come to Cottonwood Estates to play "hide and seek" with the residents, where she would be in a different place on the first floor of the building almost every day. Residents were eager to find where she would be hiding, because if they found Connie, they would receive a \$100 in funny money. All the residents of Cottonwood really enjoyed having her around for the holidays. With a twinkle in her eye (or maybe it was a tear), Cottonwood Connie told John before she left for the year that she enjoyed her time with everyone and looks forward to coming back in November 2021 to continue the game and maybe stir up some mischief.



*Hi! I am Cottonwood Connie!*



*Al takes a picture with  
our new Resident!*



*Margo relaxing with Connie for a picture!*

## Time for Some Rest and Relaxation in Hawaii!

The residents and tour guide John will arrive in Hawaii for a week of fun, sun and island hoping. The residents will have the opportunity to try a local breakfast favorite prepared by our world Head Chef Jonathan, eat some delicious pineapple, play some island trivia, listen to some beautiful Hawaiian music, make some stunning native bracelets, learn the history of the islands and finally, sip on some delicious tropical non-alcoholic drinks while admiring the beautiful sunset. Dates: January 17 - 23, 2021.



*Let's have fun!*

JAN 2021





Birthdays

Madeline  
Livatino, 10th  
Yvonne Bryant, 14th  
Susan Hammond,  
21st

Locations

Activity Center, AC  
Atrium, AT  
Billiards Room, BR  
Chapel, CH  
Computer Center, CC  
Dining Room, DR  
Exercise Room, EX  
Firepit, FP  
Front Lobby, Lobby  
Library, L  
Movie Theater, MT  
TV Room, TV

“It’s a  
wonderful  
thing to be  
optimistic.  
It keeps you  
healthy and  
it keeps you  
resilient.”  
—Daniel  
Kahneman

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<div>NEW YEAR'S DAY1</div> <div>9:30 Shopping at Northpointe, Lobby</div> <div>10:00 Exercise with Jeanne, AC</div> <div>10:45 Meet &amp; Greet Neighbors with John, AT</div> <div>11:00 Bible Sharing with Ravenna, MT</div> <div>2:00 Talk with Joe Rich Aidens, CH</div> <div>2:00 Hearts, BR</div> <div>2:30 Shopping at Northpointe, Lobby</div> <div>3:00 Trivia with John, AC</div> <div>7:00 Bingo, AC</div> <div>7:00 Movie Night, MT</div>	<div>10:00 Resident Coffee &amp; Donut Chat, AC2</div> <div>2:00 Saturday Matinee Movie, MT</div> <div>3:00 Great Course/ Lectures, MT</div> <div>6:45 St. Thomas Aquinas Eucharist, CH</div> <div>7:00 Bingo, AC</div>
<div>9:00 Televised Church Service: Lakewood Church, MT</div> <div>2:00 Pokeno, AC</div> <div>2:00 Kings in the Corner, DR</div> <div>7:00 Rummikub, TV</div> <div>7:00 Sunday Night Movie, MT</div> <div>3</div>	<div>9:30 Shopping: Windward Pkwy., Lobby</div> <div>10:00 Let's Move with John, AC</div> <div>10:30 Knitting &amp; Crocheting, CH</div> <div>2:00 Ambassadors Assembly, CH</div> <div>2:00 Bingo, AC</div> <div>2:30 Shopping: Windward Pkwy., Lobby</div> <div>3:00 Craft with John, AC</div> <div>7:00 Bingo, AC</div> <div>4</div>	<div>10:00 Let's Move with John, AC</div> <div>11:00 Cotton Gin</div> <div>11:30 Communion: All Baptized Residents, CH</div> <div>1:45 Bridge Club, BR</div> <div>3:00 Trivia with John, AC</div> <div>3:30 Rummikub, DR</div> <div>4:00 Dominoes, DR</div> <div>7:00 Bingo, AC</div> <div>5</div>	<div>10:00 Exercise with Jeanne, AC</div> <div>10:30 Outing with John, Lobby</div> <div>7:00 Kings Corner, DR</div> <div>7:00 Dominoes, TV</div> <div>6</div>	<div>10:00 Let's Move with John, AC</div> <div>10:30 Bible Study with Tom, CH</div> <div>11:00 Cotton Gin</div> <div>2:00 Mahjong, BR</div> <div>2:00 Bingo, AC</div> <div>3:00 Blood Pressure with Adoun</div> <div>4:00 Art Relaxation, DR</div> <div>7:00 Euchre, BR</div> <div>7</div>	<div>9:30 Shopping at Northpointe, Lobby</div> <div>10:00 Exercise with Jeanne, AC</div> <div>11:00 Bible Sharing with Ravenna, MT</div> <div>2:00 Hearts, BR</div> <div>2:30 Shopping at Northpointe, Lobby</div> <div>3:00 Trivia with John, AC</div> <div>4:00 Happy Hour, AC</div> <div>7:00 Bingo, AC</div> <div>7:00 Movie Night, MT</div> <div>8</div>	<div>10:00 Resident Coffee &amp; Donut Chat, AC</div> <div>2:00 Saturday Matinee Movie, MT</div> <div>3:00 Great Course/ Lectures, MT</div> <div>6:45 St. Thomas Aquinas Eucharist, CH</div> <div>7:00 Bingo, AC</div> <div>9</div>
<div>9:00 Televised Church Service: Lakewood Church, MT</div> <div>2:00 Pokeno, AC</div> <div>2:00 Kings in the Corner, DR</div> <div>7:00 Rummikub, TV</div> <div>7:00 Sunday Night Movie, MT</div> <div></div> <div>10</div>	<div>9:30 Shopping: Windward Pkwy., Lobby</div> <div>10:00 Let's Move with John, AC</div> <div>10:30 Knitting &amp; Crocheting, CH</div> <div>2:00 Ambassadors Assembly, CH</div> <div>2:00 Bingo, AC</div> <div>2:00 Hawthorn Adventure Kickoff Party, AC</div> <div>2:30 Shopping: Windward Pkwy., Lobby</div> <div>7:00 Bingo, AC</div> <div>11</div>	<div>10:00 Let's Move with John, AC</div> <div>11:00 Cotton Gin</div> <div>1:45 Bridge Club, BR</div> <div>2:00 Electric Trivia with David, TV</div> <div>3:30 Rummikub, DR</div> <div>4:00 Dominoes, DR</div> <div>7:00 Bingo, AC</div> <div>12</div>	<div>10:00 Exercise with Jeanne, AC</div> <div>10:30 Outing with John, Lobby</div> <div>7:00 Kings Corner, DR</div> <div>7:00 Dominoes, TV</div> <div>13</div>	<div>10:00 Let's Move with John, AC</div> <div>10:30 Bible Study with Tom, CH</div> <div>11:00 Cotton Gin</div> <div>2:00 Mahjong, BR</div> <div>2:00 Bingo, AC</div> <div>3:00 Blood Pressure with Adoun</div> <div>4:00 Art Relaxation, DR</div> <div>7:00 Euchre, BR</div> <div></div> <div>14</div>	<div>9:30 Shopping at Northpointe, Lobby</div> <div>10:00 Exercise with Jeanne, AC</div> <div>10:45 Meet &amp; Greet Neighbors with John, AT</div> <div>11:00 Bible Sharing with Ravenna, MT</div> <div>2:00 Hearts, BR</div> <div>2:00 Talk with Joe Rich Aidens, CH</div> <div>2:30 Shopping at Northpointe, Lobby</div> <div>7:00 Bingo, AC</div> <div>7:00 Movie Night, MT</div> <div>15</div>	<div>10:00 Resident Coffee &amp; Donut Chat, AC</div> <div>2:00 Saturday Matinee Movie, MT</div> <div>3:00 Great Course/ Lectures, MT</div> <div>6:45 St. Thomas Aquinas Eucharist, CH</div> <div>7:00 Bingo, AC</div> <div>16</div>
<div>9:00 Televised Church Service: Lakewood Church, MT</div> <div>2:00 Pokeno, AC</div> <div>2:00 Kings in the Corner, DR</div> <div>7:00 Rummikub, TV</div> <div>7:00 Sunday Night Movie, MT</div> <div>17</div>	<div>MARTIN LUTHER KING JR. DAY18</div> <div>9:30 Shopping: Windward Pkwy., Lobby</div> <div>10:00 Let's Move with Hawaiian Music/John, AC</div> <div>10:30 Knitting &amp; Crocheting, CH</div> <div>10:30 Sampling Delicious Pineapple, AC</div> <div>2:00 Ambassadors Assembly, CH</div> <div>2:00 Bingo, AC</div> <div>2:30 Shopping: Windward Pkwy., Lobby</div> <div>3:00 Facts/Trivia on the Islands, AC</div> <div>7:00 Bingo, AC</div>	<div>10:00 Let's Move with Hawaiian Music/John, AC</div> <div>10:30 Kona Coffee Tasting, AC</div> <div>11:00 Cotton Gin</div> <div>11:30 Communion: All Baptized Residents, CH</div> <div>1:30 Managers &amp; Residents Meeting, DR</div> <div>1:45 Bridge Club, BR</div> <div>3:00 Fun Facts/Trivia on the Islands, AC</div> <div>3:30 Rummikub, DR</div> <div>4:00 Dominoes, DR</div> <div>7:00 Bingo, AC</div> <div>19</div>	<div>10:00 Exercise with Hawaiian Music/Jeanne, AC</div> <div>10:30 Outing with John, Lobby</div> <div>1:30 Chef &amp; Residents Meeting, DR</div> <div>2:00 Making Island Bracelets, AC</div> <div>3:00 Fun Facts/Trivia on the Islands, AC</div> <div>7:00 Kings Corner, DR</div> <div>7:00 Dominoes, TV</div> <div>20</div>	<div>10:00 Let's Move with Hawaiian Music/John, AC</div> <div>10:30 Bible Study with Tom, CH</div> <div>11:00 Cotton Gin</div> <div>2:00 Documentary on the Hawaiian Islands, TV</div> <div>2:00 Bingo, AC</div> <div>2:00 Mahjong, BR</div> <div>3:00 Blood Pressure with Adoun</div> <div>3:00 Facts/Trivia on the Islands, AC</div> <div>4:00 Art Relaxation, DR</div> <div>7:00 Euchre, BR</div> <div></div> <div>21</div>	<div>9:30 Shopping at Northpointe, Lobby</div> <div>10:00 Exercise with Hawaiian Music/Jeanne, AC</div> <div>10:30 Making Non Alcoholic Islands Drinks, AC</div> <div>11:00 Bible Sharing with Ravenna, MT</div> <div>2:00 Hearts, BR</div> <div>2:30 Shopping at Northpointe, Lobby</div> <div>3:00 Facts/Trivia on the Islands, AC</div> <div>4:00 Happy Hour, AC</div> <div>7:00 Bingo, AC</div> <div>7:00 Movie Night, MT</div> <div>22</div>	<div>10:00 Resident Coffee &amp; Donut Chat, AC</div> <div>2:00 Saturday Matinee Movie, MT</div> <div>3:00 Great Course/ Lectures, MT</div> <div>6:45 St. Thomas Aquinas Eucharist, CH</div> <div>7:00 Bingo, AC</div> <div>23</div>
<div>9:00 Televised Church Service: Lakewood Church, MT</div> <div>2:00 Pokeno, AC</div> <div>2:00 Kings in the Corner, DR</div> <div>7:00 Rummikub, TV</div> <div>7:00 Sunday Night Movie, MT</div> <div>24</div>	<div>9:30 Shopping: Windward Pkwy., Lobby</div> <div>10:00 Let's Move with Fiji Music, AC</div> <div>10:30 Knitting &amp; Crocheting, CH</div> <div>10:30 Learning Etiquette of Fiji, AC</div> <div>2:00 Ambassadors Assembly, CH</div> <div>2:00 Bingo, AC</div> <div>2:30 Shopping: Windward Pkwy., Lobby</div> <div>3:00 Facts/Trivia on Fiji, AC</div> <div>7:00 Bingo, AC</div> <div>25</div>	<div>10:00 Let's Move with Fiji Music, AC</div> <div>11:00 Cotton Gin</div> <div>1:45 Bridge Club, BR</div> <div>2:00 Electric Trivia/Fiji with Dave, TV</div> <div>3:00 Hand Massage with John, AC</div> <div>3:30 Rummikub, DR</div> <div>4:00 Dominoes, DR</div> <div>7:00 Bingo, AC</div> <div>26</div>	<div>3:00 Facts/Trivia on Fiji, AC</div> <div>10:00 Exercise with Fiji Music/Jeanne, AC</div> <div>10:30 Outing with John, Lobby</div> <div>7:00 Kings Corner, DR</div> <div>7:00 Dominoes, TV</div> <div>27</div>	<div>10:00 Let's Move with Fiji Music, AC</div> <div>10:30 Bible Study with Tom, CH</div> <div>10:30 Sand Art with John, AC</div> <div>11:00 Cotton Gin</div> <div>2:00 Mahjong, BR</div> <div>2:00 Bingo, AC</div> <div>3:00 Blood Pressure with Adoun</div> <div>4:00 Art Relaxation, DR</div> <div>7:00 Euchre, BR</div> <div>28</div>	<div>9:30 Shopping at Northpointe, Lobby</div> <div>10:00 Exercise with Fiji Music/Jeanne, AC</div> <div>10:45 Meet &amp; Greet Neighbors with John, AT</div> <div>11:00 Bible Sharing with Ravenna, MT</div> <div>2:00 Fiji Film, AC</div> <div>2:00 Talk with Joe Rich Aidens, CH</div> <div>2:00 Hearts, BR</div> <div>2:30 Shopping at Northpointe, Lobby</div> <div>3:00 Facts/Trivia on Fiji, AC</div> <div>7:00 Bingo, AC</div> <div>7:00 Movie Night, MT</div> <div>29</div>	<div>10:00 Resident Coffee &amp; Donut Chat, AC</div> <div>2:00 Saturday Matinee Movie, MT</div> <div>3:00 Great Course/ Lectures, MT</div> <div>6:45 St. Thomas Aquinas Eucharist, CH</div> <div>7:00 Bingo, AC</div> <div>30</div>
<div>9:00 Televised Church Service: Lakewood Church, MT</div> <div>2:00 Pokeno, AC</div> <div>2:00 Kings in the Corner, DR</div> <div>7:00 Rummikub, TV</div> <div>7:00 Sunday Night Movie, MT</div> <div>31</div>						



## Remembering Pearl Harbor!

Sunday, December 7, 1941, will always be remembered as one of the biggest tragedies in U.S. and military history. It started off like any other day at Pearl Harbor. Just before 8 a.m., the Japanese attacked Pearl Harbor, causing major damage to the United States Naval Fleet. In addition, there was 2,335 sailors killed, 1,143 wounded, 68 civilians killed, 35 wounded, and several Navy ships destroyed. In honor of those who lost their lives in this tragedy, the Cottonwood residents, management and staff took a moment of silence. We shall never forget.



## The Gingerbread Village!

Our fabulously talented and creative residents, along with our Head Chef Jonathan and Activity Coordinator John, participated in designing and building the gingerbread village for the Annual Hawthorn Gingerbread Contest. The village theme was “The Wizard of Oz Meets Santa Claus” with all the cast of characters, a train, the Munchkins and a Christmas tree. It started off a bit challenging with assembling the gingerbread houses, but once we got the first house put together, the rest of them easily came together. It was amazing watching our residents’ creative minds working. It got messy (as my son says, if it’s not messy, it’s not fun) with the icing and candy, but we had fun building and listening to Christmas music. It is always a challenge when working with

many different “minds,” but we all came together as one team and it was truly a creative team building experience. There were lots of sweat and tears, and many lessons learned for next year’s contest, but the most important thing was that fun was had by all who participated. I would like to give a huge thank you to everyone who made this village happen: Judy Owens, Shirley Mazer, Meredith Agler, Pat Grimbly, Ann Credle, Carolyn Carlisle, Vega Messinger, Colleen Sweeney, Head Chef Jonathan and our very own fabulous maintenance/handyman boss, Mark Simms.



*Let's get started!*



*Getting to business!*



*A little messy!*



## Fiji, Here We Are!

We will have another exciting island adventure for our residents and the tour guide, John. Our residents will learn the etiquette of Fiji, play trivia to learn some interesting facts about Fiji, visit The Garden of Sleeping Giants, receive a hand massage learning which helps relieve stress, learn the benefits of eating coconuts by sampling Coconut Balls prepared by Head Chef Jonathan and finally, do sand art. January 24 thru 30, 2021.



## Our Final Destination, New Zealand!

The residents and their tour guide, John, will arrive at their final destination, New Zealand. Residents will be treated to learning interesting facts of New Zealand, playing trivia about New Zealand, learning the origin of Haka, trying a local favorite food prepared by Head Chef Jonathan, going to Matamata to visit Hobbiton to learn facts about this interesting destination and watching the movie "Lord of the Rings," which was filmed there and finally, visiting Rotorua, which is famous for their pools of waters filled with rich minerals to help with self-care. The residents will have the opportunity to make a mineral hand soak and get a chance to enjoy what they create. January 31-February 6, 2021.



*Our final stop!*

## Christmas and Hanukkah At Cottonwood!

Christmas and Hanukkah arrived at Cottonwood. Here are some pictures of our residents and decorations.



*It's Hanukkah!*



*Friends posing for a picture by the Christmas tree!*



*Time for Christmas!*



*Resident Betty showing off her amazing Christmas decorations!*

COTTONWOOD  
— ESTATES —  
Gracious Retirement Living

255 Vaughan Drive  
Alpharetta, GA 30009



*It's always Warm at*

COTTONWOOD  
— ESTATES —  
Gracious Retirement Living

We invite you to experience the warmth of our community. Our caring staff is here for you any time, day or night. We take care of the cooking, cleaning, and maintenance, leaving you more time to enjoy your lifestyle. We'll even drive you to appointments, shopping and other outings.

**678-242-0334**