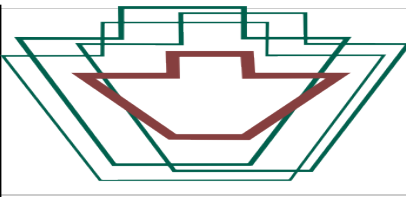




INDEPENDENT
LIVING
JANUARY 2021



**Keystone
Commons**
A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Monthly Theme</p>	<p>*Activities are Subject to Change Amy Creasia Programming Specialist ACreasia@keystonesenior.com</p>	<p>Super Bowl Pool at the End of the Month Buy a square for 2 dollars and you could win halftime pool of 50.00 or full game pool of 150.00 See Activities</p>	<p>NETFLIX Nailed It! SEE OUR VERSION WITH DEPARTMENT HEADS COMPETING FOR THE COVETED TROPHY AT THE END OF MONTH</p>	<p>Surprise Entertainment throughout the month- See Daily</p>	<p>1</p>	<p>2 <i>Visit the Bored Board for a craft and things to do</i></p>
<p>3 <i>Day of Rest and Face Timing with Families</i> If you need assistance Danielle is in the building from 9-3pm 2pm- Read Aloud Short Stories with Brooke- Piano Room 1st Floor</p>	<p>4 9:00- Shopping- 5 person limit 9:30- News and Views-2A 10:30- Taking Down the Decorations-3A 12:30- Scrabble- 3rd Floor Act Rm 2:00- Pokeno- 3rd Floor Hallway 3:00- Wii Bowling- Theater 3:30- 1st Floor Exercises- 1st Floor Stonybrook Side</p>	<p>5 9:30- Tuesday Morning Tunes-2A 10:30- What a HOOT Bubble Talk-3rd Floor Activity Room- 10 person limit 1:00- Ballads with Brianna 2:00- Painting Class- How to paint an owl- 3rd Floor Act Room 3:30- Blackjack (Dollar Buy-in)- 3rd Floor Act Room- 10 person limit Music Therapy 1:1's</p>	<p>6 9:30- Coffee Talk-2A 10:30- Morning Exercise- 3rd Floor 12:30- Rosary- 3rd Floor 10 person limit 1:00- Ballads with Brianna 2:00- High Stakes Bingo- 3rd Floor 3:00- Wii Bowling- Theater 3:30- 1st Floor Exercises- Strength Training -1st Floor</p>	<p>7 9:30- Concentration Puzzles-2A 10:30- Drumming in the Hallways- 3rd Floor 12:00- Baked Potato Bar To-Go 1pm- Manicures done by appointment 3:00-Writing Club Meets- 3rd Floor Act Room- 10 person limit Stonybrook Happy Hour Door to Door</p>	<p>8 Happy Birthday Elvis! 9:30- Smile Club Card Making-2A 10:30- Elvis Trivia- 10 person limit 1pm- Horse Racing- 1.00 buy in Afternoon Happy Hour- Elvis's Cocktail of choice- White Russians and Grilled Peanut Butter and Banana Sandwiches and Elvis Tunes for Hubbard Door to Door</p>	<p>9 <i>Visit the Bored Board for a craft and things to do</i></p>
<p>10 <i>Day of Rest and Face Timing with Families</i> If you need assistance Danielle is in the building from 9-3pm 2pm- Read Aloud Short Stories with Brooke- Piano Room 1st Floor</p>	<p>11 9:00- Shopping- 5 person limit 9:30- News and Views 10:30-Communion w/ Deacon Tom IL Dining Room 12:15- Scrabble- 3rd Floor Act Room 2:00- Pokeno- 3rd Floor 3:00-Wii Bowling- Theater- 4 person limit 3:30- 1st Floor Arthritis Exercises- 1st Floor Stonybrook Side</p>	<p>12 9:30- Tuesday Morning Tunes-2A 10:30- Knitting Corner- Bring your knitting and sit by the fire- 3rd Floor 1:00- Ballads with Brianna 2:00-Painting Class - 3rd Floor Act Room- 10 person limit 3:30- Blackjack- (Dollar Buy-in)- 3rd Floor Act Room- 10 person limit Music Therapy 1:1's</p>	<p>13 Passport to Fun 9:30- Coffee Talk-2A 10:30- Morning Exercise- 3rd Floor 12:30- Rosary- 3rd Floor 10 person limit 2:00- Breath Taking Scenes of China- 3rd Floor Act Room 3:00- Wii Bowling- Theater 4 person limit 3:00- Food and Facts of China Door to Door 5:15- Chinese Themed Dinner</p>	<p>14 9:30- Concentration Puzzles-2A 10:30- Drumming in the Hallways- 3rd Floor 2pm- Memorial Service with Beacon Hospice Stonybrook Happy Hour Cart Door to Door</p>	<p>15 Wear a Funny Hat Day 9:30- Bagels and Buddies- IL Dining Room 9:30- Smile Club Card Making-2A 1pm-What's Your Spirit Animal-The Importance of the Owl- 3rd Floor Hallway 2pm- Horse Racing- 1.00 buy in Happy Hour for Hubbard Door to Door</p>	<p>16 <i>Visit the Bored Board for a craft and things to do</i></p>
<p>17 <i>Day of Rest and Face Timing with Families</i> If you need assistance Danielle is in the building from 9-3pm 2pm- Read Aloud Short Stories with Brooke- Piano Room 1st Floor</p>	<p>18 Martin Luther King Day 9:00- Shopping- 5 person limit 9:30- News and Views-2A 10:30- Communion w/Deacon Tom- II Dining Room 12:15- Scrabble- 3rd Floor Act Room 2pm Pokeno- 3rd Floor 3:00-Wii Bowling- Theater- 4 person limit 3:00- Remembering Martin Luther King Discussion- Hear the dream speech- 10 person limit</p>	<p>19 9:30- Tuesday Morning Tunes-2A 9:30- Chef's Club Cooking-3A 10-person limit 11:30 and 12:45- TV DINNER LUNCHEON "Golden Girls"- Spaghetti and Meatballs sign up with Activities 3:30- Blackjack- (Dollar Buy-in)- 3rd Floor Act Room- 10 person limit</p>	<p>20 9:30- Coffee Talk-2A 10:30- Morning Exercise-3rd Floor 12:30- Rosary- 3rd Floor 10 person limit 1:00- Ballads with Brianna 2:00- Fitness Bingo- 2A and 3A 3:00- Wii Bowling-Theater 4- Person Limit 3:30- 1st Floor Exercises</p>	<p>21 9:30- Concentration Puzzles-2A 10:30- Drumming in the Hallways- 3rd Floor 1pm- Manicures done by appointment 3:00-Book Club Meets- 3rd Floor Act Room- 10 person limit Stonybrook Happy Hour Door to Door</p>	<p>22 9:30- Smile Club Card Making-2A 10:30- No Sew Sock Owl Making- 3rd Floor Act Room- 10 person limit 1pm- Arthritis Exercises- 3rd Floor Hallway 2pm- Horse Racing- 1.00 Buy in Afternoon Happy Hour for Hubbard Door to Door</p>	<p>23 <i>Visit the Bored Board for a craft and things to do</i></p>
<p>24/31 <i>Day of Rest and Face Timing with Families</i> If you need assistance Danielle is in the building from 9-3pm 2pm- Read Aloud Short Stories with Brooke- Piano Room 1st Floor</p>	<p>25 9:00- Shopping- 5 person limit 9:30- News and Views-2A 10:30- Communion with Deacon Tom Resident Council In Room 12:15- Scrabble- 3rd Floor Act Room 2:00- Pokeno- 3rd Floor 10-person limit 3:00-Wii Bowling- Theater 3:30- 1st Floor Exercises- 1st Floor</p>	<p>26 9:30- Tuesday Morning Tunes 10:30- Knitting Corner- Bring your knitting and sit by the fire- 3rd Floor 11:00- Monthly Birthday Luncheon 2:00-Painting Class - 3rd Floor Act Room- 10 person limit 3:30- Cake Delivered Door to Door Music Therapy 1:1's</p>	<p>27 Epiphany 9:30- Coffee Talk-2A 10:30- Morning Exercise-3rd Floor 12:30- Rosary- 3rd Floor 10 person limit 1:00- Ballads with Brianna 2:00- Bingo and King Cake- 3rd Floor 3:00- Wii Bowling-Theater 4- Person Limit 3:30- 1st Floor Excises</p>	<p>28 9:30- Concentration Puzzles-2A 10:30 Drumming in the Hallways- 3rd Floor 1pm- Cooking Show- Dept Head Nailed it!!! Competition IL Dining Room Stonybrook Happy Hour Door to Door</p>	<p>29 9:30- Smile Club Card Delivery 10:30- Owl Paper Quilt Making- 3rd Floor Act Room- 10 person limit 1pm- Lynn's Comedy Hour- 3rd Floor Hallway 2pm- Horse Racing- 1.00 Buy in Afternoon Happy Hour for Hubbard Door to Door</p>	<p>30 <i>Visit the Bored Board for a craft and things to do</i></p>