

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					11:00am- Assisted Living Bus Outing 1:30pm- Afternoon Movie (Theater) 2:00pm- 4:00pm-Afternoon walk inside New Year's Day	10:30am- Flex n' Stretch (Verticals Fitness) 1:00pm- Adult Coloring(Art Studio) 2:00pm-"BINGO"(Dining) 3:00pm-Bible Study(CL) 4:00pm-Game of "SLAPZI" (Art Studio)
(Independent Activities) 10:30am-Morning Inspiration Ch.263 2:00pm-Afternoon walk (indoors) 5:00pm-Games/Cards	11:00am- Relax & Stretch w/Ari (AL 1st floor) 1:00pm-BINGO w/Ari (AL 1st floor Common area) 2:00pm-Xtreme Games (Main Dining) 3:00pm-Fancy Fingers 4:00pm- "Letters to Friends"	10:30am-Flex & Stretch (Verticals Fitness) 11:00am- Devotion w/Ari (AL 2nd Floor) 1:00pm- Creative workshop 2:00pm-"BINGO" (Main Dining Room) 4:00pm- JUMBO Checkers	10:30am-Exercise Club (Verticals Fitness) 2:00pm-Sip & Social (Breezes Bar) 3:30pm-Devotion/Bible study (CL 1st Floor) 4:00pm- TED Talks in the theater	11:00am-Devotion w/Ari (AL 2nd Floor) 1:00pm- "BINGO" w/Ari (1st floor common area) 3:00pm- New Years Resolutions Activity 4:00pm-Wordfinds w/Friends	11:00am- Assisted Living Bus Outing 1:30pm- Afternoon Movie (Theater) 2:00pm- Nick M. Performs (AL 1st Floor) 4:00pm-Afternoon walk inside	10:30am- Flex n' Stretch (Verticals Fitness) 1:00pm- Apples to Apples 2:00pm-"BINGO"(Dining) 3:00pm-Bible Study(CL) 4:00pm-Game of "UNO" (Art Studio)
(Independent Activities) 10:30am-Morning Inspiration Ch.263 2:00pm-Afternoon walk (indoors) 5:00pm-Games/Cards	10:30am-Exercise (Verticals Fitness) 1:00pm-BINGO w/Ari (AL 1st floor) 2:00pm-Xtreme Games (Main Dining) 3:15pm-Monday Matinee (Theater) 4:00pm-Chess Challenge (Franks)	10:30am-Flex & Stretch (Verticals Fitness) 1:00pm- Creative workshop 2:00pm-"BINGO" (Main Dining Room) 4:00pm-Visit w/ "Nugget" the Bunny(AL 1st floor) 4:00pm- Facetime w/ Family	10:30am-Exercise Club (Verticals Fitness) 2:00pm-Sip & Social (Breezes Bar) 3:30pm-Devotion/Bible study (CL 1st Floor) 4:00pm- TED Talks in the theater	11:00am-Devotion w/Ari (AL 2nd Floor) 1:00pm- "BINGO" w/Ari (1st floor common area) 3:00pm- Brain Puzzles 4:00pm- Board Games in Franks	11:00am- Assisted Living Bus Outing 1:30pm- Afternoon Movie (Theater) 2:00pm- Dan Boffey Performs (AL 1st Floor) 4:00pm-Afternoon walk inside	10:30am- Flex n' Stretch (Verticals Fitness) 1:00pm- Adult Coloring(Art Studio) 2:00pm-"BINGO"(Dining) 3:00pm-Bible Study(CL) 4:00pm- Cranium Crunch (Art Studio)
(Independent Activities) 10:30am-Morning Inspiration Ch.263 2:00pm-Afternoon walk (indoors) 5:00pm-Games/Cards	11:00am-Out for a walk (indoors) 1:00pm-BINGO w/Ari (AL 1st floor Common area) 2:00pm-Xtreme Games (Main Dining) 3:00pm-MLK Trivia and Facts 4:00pm-Facetime Fun (Martin Luther King Day)	10:30am-Flex & Stretch (Verticals Fitness) 11:00am- Devotion w/Ari (AL 2nd Floor) 1:00pm- Creative workshop 2:00pm-"BINGO" (Main Dining Room) 3:15pm- Larry W Performs	10:30am-Exercise Club (Verticals Fitness) 2:00pm-Sip & Social (Breezes Bar) 3:30pm-Devotion/Bible study (CL 1st Floor) 4:00pm- TED Talks in the theater	11:00am-Devotion w/Ari (AL 2nd Floor) 1:00pm- "BINGO" w/Ari (1st floor common area) 3:00pm- Cards in Franks 4:00pm-Apples to Apples (1st Floor AL)	11:00am- Assisted Living Bus Outing 1:30pm- Afternoon Movie (Theater) 2:00pm- Make a card for a friend 4:00pm-Afternoon walk inside	10:30am- Flex n' Stretch (Verticals Fitness) 1:00pm- Chess competition (Franks) 2:00pm-"BINGO"(Dining) 3:00pm-Bible Study(CL) 4:00pm-Game of "SLAPZI" (Art Studio)
(Independent Activities) 10:30am-Morning Inspiration Ch.263 2:00pm-Afternoon walk (indoors) 5:00pm-Games/Cards <small>Activity Professionals Week</small>	11:00am- Relax & Stretch w/Ari (AL 1st floor) 1:00pm-BINGO w/Ari (AL 1st floor Common area) 2:00pm-Xtreme Games (Main Dining) 3:00pm- Word Finds 4:00pm- Play "UNO"	10:30am-Flex & Stretch (Verticals Fitness) 11:00am- Devotion w/Ari (AL 2nd Floor) 1:00pm- Creative workshop 2:00pm-"BINGO" (Main Dining Room) 3:15pm- Johnny C Performs <small>Australia Day (observed)</small>	10:30am-Exercise Club (Verticals Fitness) 2:00pm-Sip & Social (Breezes Bar) 3:30pm-Devotion/Bible study (CL 1st Floor) 4:00pm- TED Talks in the theater	11:00am-Devotion w/Ari (AL 2nd Floor) 1:00pm- "BINGO" w/Ari (1st floor common area) 3:00pm- Brain Puzzles 4:00pm- Board Games in Franks	11:00am- Assisted Living Bus Outing 1:30pm- Afternoon Movie (Theater) 2:00pm- "JUMBO" checkers w/Ari (AL 1st Floor) 4:00pm-Afternoon walk inside	10:30am- Flex n' Stretch (Verticals Fitness) 1:00pm- Adult Coloring(Art Studio) 2:00pm-"BINGO"(Dining) 3:00pm-Bible Study(CL) 4:00pm-Game of "Letters to Friends" (Art Studio)
(Independent Activities) 10:30am-Morning Inspiration Ch.263 2:00pm-Afternoon walk (indoors) 5:00pm-Games/Cards	<h2>Assisted Living Activities</h2>					