Coo	per T	rail Se	enior	Living
Lega				20



The Art	MOR ACT			o alone		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:45 New Year's Black Eyed Peas 12:45 Relax & Recharge 2:00 Creative Storytelling 3:30 January Happy Hour	P:00 Quick Qigong P:30 Let the Soul Shine In CC 10:45 Winter Carrot Zucchini Bread 12:45 Relax & Recharge A 2:00 Wooden Bead Necklace M 3:30 Name That Croon GC 4:00 Throwing Horseshoes 4:30 Healthy Hands
9:00 80s Flashback 9:30 Books of the New Testament 10:45 Blizzard Cookies 12:45 Relax & Recharge 2:00 Snowman Painting 3:30 Name That Glenn Miller Tune 4:00 Word Works 4:30 Healthy Hands	9:00 Mindfulness Matters 9:30 Memory Box 10:45 Sweet and Salty Peanut Butter Dip 12:45 Relax & Recharge 2:00 Snowman Sensory Bottle 3:30 Glee Club GG 4:00 Basketball	9:00 Drum Circle 9:30 Tell Me Something Good 10:45 Dr. Pepper Pudding Cake 12:45 Relax & Recharge 2:00 Thirsty Coasters 3:30 1940's Style GG 4:00 Roll the Dice & Break the Ice 4:30 Healthy Hands	9:00 Balance 9:30 Can You Tie Knots? 10:45 Three Bean Salad 12:45 Relax & Recharge 2:00 Winter Bubble Trees 3:30 Movin' to the Music 4:00 Parachute Circle 4:30 Healthy Hands	7  V 9:00 What a Wonderful World Chair Yoga  K 9:14 Taste Test Thursdays 10:45 Almond Cupcakes 12:45 Relax & Recharge 2:00 Snowy Shaving Cream Paint 3:30 Maracan in the New Year 4:00 Color Cube Sorting	9:00 Roll in the New Year 9:30 Guess the Animal 10:45 Elvis Presley's Grilled Peanut Butter/Banana Sandwich 12:45 Relax & Recharge 2:00 Earth's Rotation Day Globes 3:30 January Happy Hour 4:00 Nerf Gun Target Shooting	9 V 9:00 Quick Qigong K 9:30 Let the Soul Shine In CC 10:45 Broccoli Cheese Soup 12:45 Relax & Recharge A 2:00 No Sew Fleece Blankets M 3:30 Name That Croon GG 4:00 Throwing Horseshoes 4:30 Healthy Hands
9:00 80s Flashback 9:30 Books of the New Testament 10:45 Chocolate Covered Cherry Bars 12:45 Relax & Recharge 2:00 Pinecone Penguins 3:30 Name That Glenn Miller Tune 4:00 Word Works	9:00 Mindfulness Matters 9:30 Memory Box 10:45 Snowman Oreos 12:45 Relax & Recharge A 2:00 Bob Ross Art 3:30 Glee Club GG 4:00 Basketball 4:30 Healthy Hands	9:00 Drum Circle 9:30 Tell Me Something Good 10:45 Hot Chocolate Cookies 12:45 Relax & Recharge 2:00 Crystal Icicles 3:30 1940's Style 4:00 Roll the Dice & Break the Ice 4:30 Healthy Hands	9:00 Balance 9:30 Can You Tie Knots? 10:45 Cinnamon Breadsticks 12:45 Relax & Recharge 2:00 Dream Catchers 3:30 Movin' to the Music GG 4:00 Parachute Circle 4:30 Healthy Hands	9:00 What a Wonderful World Chair Yoga  8:14 Taste Test Thursdays 10:45 Laura Bush's Texas Cookies 12:45 Relax & Recharge 2:00 Ribbon Wreath 3:30 Maracan in the New Year 4:00 Color Cube Sorting	10:45 Spinach Artichoke Dip 12:45 Relax & Recharge 2:00 To Be Collage 3:30 January Happy Hour 4:00 Nerf Gun Target Shooting	9:00 Quick Qigong 9:30 Let the Soul Shine In 10:45 Slow Cooker Pumpkin Spiced Apples 12:45 Relax & Recharge 2:00 No Sew Fleece Blankets 3:30 Name That Croon 4:00 Throwing Horseshoes
9:00 80s Flashback 9:30 Books of the New Testament 10:45 No Bake Peanut Butter Chex Bars 12:45 Relax & Recharge 2:00 Life Timeline 3:30 Name That Glenn Miller Tune GG 4:00 Word Works	Martin Luther King Day  9:00 Mindfulness Matters 9:30 Memory Box 10:45 Cranberry Chocolate Oatmeal Balls 12:45 Relax & Recharge 2:00 Kindness Flowers 3:30 I Have A Dream 4:00 Basketball	9:00 Drum Circle 9:30 Tell Me Something Good 10:45 Peanut Butter Loaf 12:45 Relax & Recharge 2:00 No Sew Lavender Sachets 3:30 1940's Style 4:00 Roll the Dice & Break the Ice 4:30 Healthy Hands	Parachute Circle  Inauguration Day  Inauguration	9:00 What a Wonderful World Chair Yoga  K 9:14 Taste Test Thursdays 10:45 Elvis Pudding Cake 12:45 Relax & Recharge 2:00 Creative Storytelling M 3:30 Maracan in the New Year 4:00 Color Cube Sorting	10:45 Crockpot Chicken Noodle Soup 12:45 Relax & Recharge 2:00 Winter Sugar Painting 3:30 January Happy Hour	9:00 Quick Qigong 9:30 Let the Soul Shine In 10:45 Olive Red Pepper Cheddar Dip 12:45 Relax & Recharge 2:00 Fortune Fun 3:30 Name That Croon 4:00 Throwing Horseshoes
9:00 80s Flashback 9:30 Books of the New Testament 10:45 Ultra-Gooey Peanut Butter Cookies 12:45 Relax & Recharge 2:00 Unique as a Snowflake 3:30 Name That Glenn Miller Tune 4:00 Word Works	9:00 Mindfulness Matters 9:30 Memory Box 10:45 Fortune Cookies 12:45 Relax & Recharge 2:00 Winter Process Art 3:30 Glee Club 4:00 Basketball 4:30 Healthy Hands	9:00 Drum Circle 9:30 Tell Me Something Good 10:45 Loaded Vegetarian Chili 12:45 Relax & Recharge 2:00 Oil Pastel Winter Tree Art 3:30 1940's Style 4:00 Roll the Dice & Break the Ice 4:30 Healthy Hands	V 9:00 Balance K 9:30 Can You Tie Knots? CC 10:45 No Bake Peanut Butter Blossom 12:45 Relax & Recharge A 2:00 My Artisan Box-Day 1 M 3:30 Movin' to the Music GG 4:00 Parachute Circle	9:00 What a Wonderful World Chair Yoga  K 9:14 Taste Test Thursdays 10:45 Hot Chocolate Cupcakes 12:45 Relax & Recharge A 2:00 My Artisan Box-Day 2 M 3:30 Maracan in the New Year GG 4:00 Color Cube Sorting	10:45 Lemon Thumbprint Cookies 12:45 Relax & Recharge 2:00 Newspaper Winter Landscape-Day 1 3:30 January Happy Hour	9:00 Quick Qigong  9:30 Let the Soul Shine In  10:45 Cranberry Cream Cheese Dip  12:45 Relax & Recharge  2:00 Newspaper Winter Landscape-Day 2  M 3:30 Name That Croon  GG 4:00 Throwing Horseshoes
9:00 80s Flashback 9:30 Books of the New Testament 10:45 Cracker Barrel Hash Brown Casserole 12:45 Relax & Recharge 2:00 Paint Without a Paintbrush 3:30 Name That Glenn Miller Tune GG 4:00 Word Works						