



HARRISON TRAIL

HEALTH CAMPUS

A Trilogy Senior Living Community

Happenings

January 2021



The Trilogy Lifestyle - Daily Rhythms

Memory loss is complicated - both for the person directly affected, and for the people who love them. At Trilogy, we understand how you're feeling, and we believe that no one should be asked to take this journey alone. That's why, through the *Daily Rhythms* program, we're proud to respond to the needs of our residents by providing opportunities for engagement from morning until night, every day.

The activities included underneath the Daily Rhythms program have been designed to meet the individual needs of our residents, and the order

in which the categories of activities occur helps to set and maintain a healthy, support energy pattern. They provide higher energy patterns in the mid-morning and the late afternoon, while offering a recharging rest period immediately after lunch. Activities* include but are not limited to:

- **Vitality**
(Physical Exercise/Range of Motion)
- **Keeping it Sharp**
(Cognitive Challenges/Sensory Stimulation)
- **Artisans**
(Creative Expression Projects)

- **Connections**
(Physical or Cognitive Social Games)

Based on protocols embraced by national Alzheimer's advocacy groups, The Daily Rhythms program ensures that our residents' lives are filled with consistent opportunities for engagement, fun, and joy. For more information about Daily Rhythms, as well as our other Life Enrichment programs, visit us online at www.trilogyhs.com!

**COVID-19 restrictions may prevent certain offerings, but alternative options are available. For more information, contact a member of our team.*



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10460 Progress Way

Harrison, OH 45030

513-845-1465

harrisontrailhc.com |

Sarah Rhodes

Community Service Representative

COMING SOON! SPRING 2021

ACCEPTING RESERVATIONS!

Our list is filling quickly!
Call today to learn how to
reserve your suite with a
fully refundable deposit.

OUR SALES CENTER IS OPEN FOR VISITS!

Making an appointment
is preferred to ensure all
proper precautions are in
place for COVID-19

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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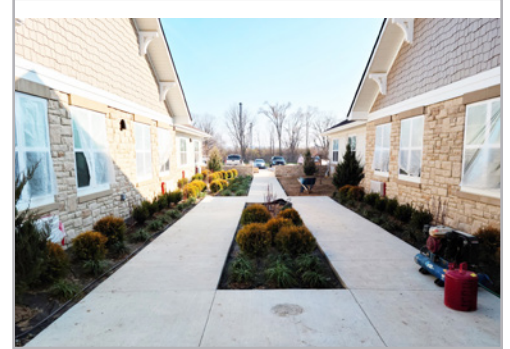
CONSTRUCTION PROGRESS



Tile installed in bathroom



*Backsplash & flooring installed
in all apartments*



Landscaping has been added!

NOW HIRING

Did you know Trilogy was ranked #4 in the Best Places to Work in Aging Services in Fortune Magazine? You can read the full article on our Facebook page. *View all available jobs at Trilogyjobs.com*

Drive Thru/Virtual Event

Thank you to everyone that joined us for our drive thru/virtual event in December. Keep an eye out on our Facebook page for future events

