

# January 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>I</b> - Inspirations <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning <b>MM</b> - Mindful Moments <b>M</b> - Music to My Ears <b>S</b> - Signature Events <b>V</b> - Vitality</p>	<p>Area IV Agency on Aging 1-800-382-7581 Ombudsman-Andrea Smothers 1-800-382-7581 Medicare/Medicaid information located in the main hallway on the wall. State Survey results located in binder in the activity room</p>	<p>Happy Birthday too: 01/12 Marjorie R. 01/14 Mary I. 01/24 Jane P. 01/26 Dan I.</p>	<p>Theme of the Month: Starting Over Taste of the Town: 01/ 14 Panera Mass held daily. Times are posted on the Chapel door. Calendar is subject to change.</p>		<p><b>1</b> <b>New Year's Day</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>V</b> 10:30 Exercise/Vitality Game <b>MM</b> 11:15 Mindful Moments-RD <b>M</b> 2:00 Snack Cart-RCA to pass out- <b>M</b> 3:00 Happy Hour-"New Year's Party!" Funny New Years</p>	<p><b>2</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>V</b> 10:00 Walking Club and Meditation <b>M</b> 10:30 Name That Tune <b>MM</b> 11:15 Mindful Moments-RD <b>K</b> 2:00 Snack Cart- <b>K</b> 3:30 A First Time for Everything</p>
<p><b>3</b></p> <p><b>I</b> 9:00 Leisure Cart and Daily Devotions- <b>L</b> 10:00 Center News and Daily Chronicle <b>K</b> 10:30 The Monthly Gazette <b>MM</b> 11:15 Mindful Moments-RD <b>M</b> 2:00 Snack Cart- <b>A</b> 3:30 New Year Coloring</p>	<p><b>4</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>V</b> 10:30 Exercise/Vitality Game <b>MM</b> 11:15 Mindful Moments-RD <b>M</b> 12:00 National Spaghetti Day-for lunch <b>K</b> 2:00 Snack Cart and Trivia/Jokes</p>	<p><b>5</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>I</b> 10:30 Exercise and Meditation <b>S</b> 10:30 Chef Circle-Assisted Living- <b>MM</b> 11:15 Mindful Moments-RD <b>M</b> 2:00 Snack Cart and Music to My Ears-</p>	<p><b>6</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>V</b> 10:30 Exercise/Vitality Game-Arctic Bean Bag Toss <b>MM</b> 11:15 Mindful Moments-RD <b>K</b> 2:00 Snack Cart and Trivia/Jokes <b>K</b> 3:00 "Penny" Bingo</p>	<p><b>7</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>S</b> 10:30 Chefs Circle-Healthcare <b>S</b> 10:30 Inspired Living Calendar Planning Meeting-Assisted Living <b>MM</b> 11:15 Mindful Moments-RD</p>	<p><b>8</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>V</b> 10:30 Exercise/Vitality Game-Penguin Sledding Disc Drop Game <b>S</b> 10:30 Inspired Living Calendar Planning Meeting-Healthcare</p>	<p><b>9</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>V</b> 10:00 Walking Club and Meditation <b>M</b> 10:30 Name That Tune <b>MM</b> 11:15 Mindful Moments-RD <b>K</b> 2:00 Snack Cart- <b>K</b> 3:30 Winter Hangman</p>
<p><b>10</b></p> <p><b>I</b> 9:00 Leisure Cart and Daily Devotions- <b>L</b> 10:00 Center News and Daily Chronicle <b>K</b> 10:30 Random Trivia <b>MM</b> 11:15 Mindful Moments-RD <b>M</b> 2:00 Snack Cart- <b>K</b> 3:30 Where Am I?</p>	<p><b>11</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>V</b> 10:30 Exercise/Vitality Game <b>MM</b> 11:15 Mindful Moments-RD <b>K</b> 2:00 Snack Cart-National Milk Day and Trivia/Jokes <b>K</b> 3:00 "Penny" Bingo</p>	<p><b>12</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>I</b> 10:30 Exercise and Meditation <b>S</b> 10:30 Chef Circle-Assisted Living- <b>MM</b> 11:15 Mindful Moments-RD <b>M</b> 2:00 Snack Cart and Music to My Ears-</p>	<p><b>13</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>V</b> 10:30 Exercise/Vitality Game <b>MM</b> 11:15 Mindful Moments-RD <b>K</b> 2:00 Snack Cart and Trivia/Jokes <b>K</b> 3:00 "Penny" Bingo <b>K</b> 6:30 Higher or Lower Game</p>	<p><b>14</b></p> <p>7:00 National Bagel Day for breakfast <b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>S</b> 10:30 Chefs Circle-Healthcare <b>S</b> 10:30 Resident Council Meeting-Assisted Living</p>	<p><b>15</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>V</b> 10:30 Exercise/Vitality Game <b>S</b> 11:02 Resident Council Meeting-Healthcare <b>MM</b> 11:15 Mindful Moments-RD <b>M</b> 2:00 Snack Cart-RCA to pass out-</p>	<p><b>16</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>V</b> 10:00 Walking Club and Meditation <b>M</b> 10:30 Name That Tune <b>MM</b> 11:15 Mindful Moments-RD <b>K</b> 2:00 Snack Cart- <b>K</b> 3:30 Family Feud</p>
<p><b>17</b></p> <p><b>I</b> 9:00 Leisure Cart and Daily Devotions- <b>L</b> 10:00 Center News and Daily Chronicle <b>K</b> 10:30 What Am I? <b>MM</b> 11:15 Mindful Moments-RD <b>M</b> 2:00 Snack Cart- <b>K</b> 3:30 Deal or No Deal</p>	<p><b>18</b> <b>Martin Luther King Day</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>V</b> 10:30 Exercise/Vitality Game <b>MM</b> 11:15 Mindful Moments-RD <b>K</b> 2:00 Snack Cart and Trivia/Jokes <b>K</b> 3:00 "Penny" Bingo <b>A</b> 6:30 Dot to Dot</p>	<p><b>19</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>I</b> 10:30 Exercise and Meditation <b>S</b> 10:30 Chef Circle-Assisted Living- <b>MM</b> 11:15 Mindful Moments-RD <b>M</b> 2:00 Snack Cart-National Popcorn Day and Music to My Ears-</p>	<p><b>20</b> <b>Inauguration Day</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>V</b> 10:30 Exercise/Vitality Game <b>MM</b> 11:15 Mindful Moments-RD <b>K</b> 2:00 Snack Cart and Trivia/Jokes <b>K</b> 3:00 "Penny" Bingo <b>K</b> 6:30 The Funny 40's</p>	<p><b>21</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>S</b> 10:30 Chefs Circle-Healthcare <b>I</b> 10:30 Exercise and Meditation <b>MM</b> 11:15 Mindful Moments-RD <b>M</b> 2:00 Snack Cart and Music to My Ears-</p>	<p><b>22</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>V</b> 10:30 Exercise/Vitality Game <b>MM</b> 11:15 Mindful Moments-RD <b>M</b> 2:00 Snack Cart-RCA to pass out- <b>M</b> 3:00 Happy Hour-Pie</p>	<p><b>23</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>V</b> 10:00 Walking Club and Meditation <b>M</b> 10:30 Name That Tune <b>MM</b> 11:15 Mindful Moments-RD <b>K</b> 2:00 Snack Cart- <b>K</b> 3:30 Would You Rather?</p>
<p><b>24</b></p> <p><b>I</b> 9:00 Leisure Cart and Daily Devotions- <b>L</b> 10:00 Center News and Daily Chronicle <b>K</b> 10:30 Who Am I? <b>MM</b> 11:15 Mindful Moments-RD <b>M</b> 2:00 Snack Cart-National Peanut Butter Day</p>	<p><b>25</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>V</b> 10:30 Exercise/Vitality Game <b>MM</b> 11:15 Mindful Moments-RD <b>K</b> 2:00 Snack Cart and Trivia/Jokes <b>K</b> 3:00 "Penny" Bingo <b>A</b> 6:30 Blue Magic Color Scratch</p>	<p><b>26</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>I</b> 10:30 Exercise and Meditation <b>S</b> 10:30 Chef Circle-Assisted Living- <b>MM</b> 11:15 Mindful Moments-RD <b>M</b> 12:00 Taco Tuesday for lunch <b>M</b> 2:00 Snack Cart and Music to My</p>	<p><b>27</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>V</b> 10:30 Exercise/Vitality Game-Snowman Pull Back Sleds <b>MM</b> 11:15 Mindful Moments-RD <b>M</b> 12:00 Chocolate Cake Day for lunch <b>K</b> 2:00 Snack Cart and Trivia/Jokes</p>	<p><b>28</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>S</b> 10:30 Chefs Circle-Healthcare <b>I</b> 10:30 Exercise and Meditation <b>MM</b> 11:15 Mindful Moments-RD <b>M</b> 2:00 Snack Cart and Music to My Ears-</p>	<p><b>29</b></p> <p><b>K</b> 9:00 Leisure Cart- <b>L</b> 10:00 Center News and Daily Chronicle <b>V</b> 10:30 Exercise/Vitality Game-Snowman Bean Bag Toss Game <b>MM</b> 11:15 Mindful Moments-RD <b>M</b> 2:00 Snack Cart-RCA to pass out-</p>	<p><b>30</b></p> <p>7:00 National Croissant Day for breakfast <b>K</b> 9:00 Leisure Cart- <b>V</b> 10:00 Walking Club and Meditation <b>M</b> 10:30 Name That Tune <b>MM</b> 11:15 Mindful Moments-RD <b>K</b> 2:00 Snack Cart- <b>K</b> 3:30 Cover the Number</p>
<p><b>31</b></p> <p><b>I</b> 9:00 Leisure Cart and Daily Devotions- <b>L</b> 10:00 Center News and Daily Chronicle <b>V</b> 10:30 Marshmallow Bean Bag Toss <b>MM</b> 11:15 Mindful Moments-RD <b>M</b> 2:00 Snack Cart-National Hot Chocolate Day</p>						