| The  | Lakes  | of Mo | onclo | va H | lealth | C | ampu | IS |
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| Assi | sted L | iving |       |      | DAY.   | 1 | 75   |    |



| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday  |
|---|--|--|--|---|--|---|
| A - Artisans CD - Clinical Distinction CC - Creative Cooking GF - Gathering of Friends I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears |  |  |  |   | 1 New Year's Day  10:00 Head to Toes Exercise-TS 10:30 Painting to Music- TS 1:30 Making Resolutions- TS M 3:00 Champagne and Treats- Room to Room | M 1:30 Uno Card Game - TS 3:30 Saturday Trivia- TS      |
| 1:30 Balloon Battle- Townsquare 3:00 Sunday Headlines Hangman: Townsquare 3:45 Sunday Passages - Townsquare   | V 10:00 Stretch it Out-TS 10:45 Name That Tune-TS 2:00 Baking in the Cafe 2:30 Travel the World - Cafe                                   | V 10:30 Cornhole- TS 1:30 Ice Cream Cart- Room to Room GF 2:30 Chef Circle- AL DR K 3:00 Bingo- AL DR K 6:00 Left Right Center- TS       | 10:00 Word Scramblers-TS 10:45 Spiritual Memories-TS 1:00 Movie Matinee- Ch. 2 3:00 Get Crafty-TS  | 7 V 10:00 Move it to Music- TS 10:45 Thursday Trivia 3:00 Bingo- AL DR 6:00 Bunco- TS       | 10:00 Head to Toes Exercise- TS 10:30 Painting to Music- TS 1:30 Yahtzee- TS 3:00 Happy Hour Drink & Snack Cart                                    | 9 M 1:30 Uno Card Game - TS 3:30 Saturday Trivia- TS    |
| 1:30 Balloon Battle- Townsquare 3:00 Sunday Headlines Hangman: Townsquare 3:45 Sunday Passages - Townsquare   | 11  V 10:00 Stretch it Out- TS  10:45 Name That Tune- TS 2:00 Baking in the Cafe 2:30 Travel the World - Cafe                            | V 10:30 Cornhole- TS I:30 Ice Cream Cart- Room to Room GF 2:30 Chef Circle- AL DR S:00 Bingo- AL DR C:00 Left Right Center- TS           | 13 10:00 Word Scramblers- TS 10:45 Spiritual Memories- TS 1:00 Movie Matinee- Ch. 2 1:30 Soup and Bread Cart- Room to Room A 3:00 Get Crafty- TS | 14  V 10:00 Move it to Music- TS 10:45 Thursday Trivia X 3:00 Bingo- AL DR X 6:00 Bunco- TS | 10:00 Head to Toes Exercise- TS 10:30 Painting to Music- TS 1:30 Guy's Group- Townsquare 1:30 Yahtzee- TS M 3:00 Happy Hour Drink & Snack Cart     | 16 M 1:30 Uno Card Game - TS K 3:30 Saturday Trivia- TS |
| 1:30 Balloon Battle- Townsquare 3:00 Sunday Headlines Hangman: Townsquare 3:45 Sunday Passages - Townsquare   | Martin Luther King Day  10:00 Stretch it Out- TS 10:45 Name That Tune- TS 2:00 Baking in the Cafe 2:30 Travel the World - Cafe           | 19  V 10:30 Cornhole- TS M 1:30 Ice Cream Cart- Room to Room GF 2:30 Chef Circle- AL DR K 3:00 Bingo- AL DR K 6:00 Left Right Center- TS | 10:00 Word Scramblers- TS 10:45 Spiritual Memories- TS 1:00 Movie Matinee- Ch. 2 3:00 Get Crafty- TS   | 10:00 Move it to Music- TS 10:45 Thursday Trivia 3:00 Bingo- AL DR 6:00 Bunco- TS           | 10:00 Head to Toes Exercise- TS 10:30 Painting to Music- TS 1:30 Yahtzee- TS M 3:00 Happy Hour Drink & Snack Cart                                  | 1:30 Uno Card Game - TS  3:30 Saturday Trivia- TS       |
| 1:30 Balloon Battle- Townsquare 3:00 Sunday Headlines Hangman: Townsquare 3:45 Sunday Passages - Townsquare   | V 10:00 Stretch it Out- TS 10:45 Name That Tune- TS 2:00 Baking in the Cafe 2:30 Travel the World - Cafe Resident Council- Activity Room | V 10:30 Cornhole- TS I:30 Ice Cream Cart- Room to Room GF 2:30 Chef Circle- AL DR S:00 Bingo- AL DR K 6:00 Left Right Center- TS         | 10:00 Word Scramblers- TS 10:45 Spiritual Memories- TS 1:00 Movie Matinee- Ch. 2 3:00 Get Crafty- TS   | 10:00 Move it to Music- TS 10:45 Thursday Trivia 3:00 Bingo- AL DR K 6:00 Bunco- TS         | 10:00 Head to Toes Exercise-TS 10:30 Painting to Music-TS 1:30 Yahtzee-TS M 3:00 Happy Hour Drink & Snack Cart                                     | 1:30 Uno Card Game - TS  3:30 Saturday Trivia- TS       |
| 1:30 Balloon Battle- Townsquare 3:00 Sunday Headlines Hangman: Townsquare 3:45 Sunday Passages - Townsquare   |  |  |  |   |  |   |

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|   | MOR ASING  |   |   | o alonge   |   |  |
|---|--|---|---|--|---|--|
| Sunday  | Monday   | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday   |
| A - Artisans CD - Clinical Distinction CC - Creative Cooking GF - Gathering of Friends I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears |  |   |   |  | New Year's Day  9:30 Leisure Visit - Room to Room 10:00 Head to Toes Exercise- TS 10:30 Painting to Music- TS 1:30 Making Resolutions- TS 3:00 Champagne and Treats- Room to Room | 1:30 Uno Card Game - TS 3:30 Saturday Trivia- TS 4:00 Sensory Visits- Room to Room     |
| 1:30 Balloon Battle- Townsquare 3:00 Sunday Headlines Hangman: Townsquare 3:45 Sunday Passages - Townsquare   | 9:30 Leisure Visit - Room to Room 10:00 Stretch it Out- TS 10:45 Name That Tune- TS 2:00 Baking in the Cafe 2:30 Travel the World- Cafe 3:00 Chef Circle- Cafe                         | 9:30 Leisure Visit - Room to Room 10:30 Cornhole- TS 1:30 Ice Cream Cart- Room to Room 3:00 Bingo - HC Dining Room 6:00 Left Right Center- TS                                 | 9:30 Leisure Visit - Room to Room 10:00 Word Scramblers- TS 10:45 Spiritual Memories- TS 1:00 Movie Matinee- Ch. 2 3:00 Get Crafty- TS  | 9:30 Leisure Visit - Room to Room 10:00 Move it to Music- TS 10:45 Thursday Trivia 3:00 Bingo - HC DR 6:00 Bunco- TS | 9:30 Leisure Visit - Room to Room 10:00 Head to Toes Exercise- TS 10:30 Painting to Music- TS 1:30 Yahtzee- TS M 3:00 Happy Hour Drink & Snack Cart                               | 1:30 Uno Card Game - TS 3:30 Saturday Trivia- TS 4:00 Sensory Visits- Room to Room     |
| 1:30 Balloon Battle- Townsquare 3:00 Sunday Headlines Hangman: Townsquare 3:45 Sunday Passages - Townsquare   | 9:30 Leisure Visit - Room to Room 10:00 Stretch it Out- TS 10:45 Name That Tune- TS 2:00 Baking in the Cafe 2:30 Travel the World- Cafe 3:00 Chef Circle- Cafe                         | 12 MM 9:30 Leisure Visit - Room to Room 10:30 Cornhole- TS 1:30 Ice Cream Cart- Room to Room 3:00 Bingo - HC Dining Room 6:00 Left Right Center- TS                           | 9:30 Leisure Visit - Room to Room 10:00 Word Scramblers- TS 10:45 Spiritual Memories- TS 1:00 Movie Matinee- Ch. 2 1:30 Soup and Bread Cart- Room to Room 3:00 Get Crafty- TS | 9:30 Leisure Visit - Room to Room 10:00 Move it to Music- TS 10:45 Thursday Trivia 3:00 Bingo - HC DR 6:00 Bunco- TS |   | 1:30 Uno Card Game - TS 3:30 Saturday Trivia- TS 4:00 Sensory Visits- Room to Room     |
| 1:30 Balloon Battle- Townsquare 3:00 Sunday Headlines Hangman: Townsquare 3:45 Sunday Passages - Townsquare   | Martin Luther King Day  9:30 Leisure Visit - Room to Room 10:00 Stretch it Out- TS 10:45 Name That Tune- TS 2:00 Baking in the Cafe 2:30 Travel the World- Cafe 3:00 Chef Circle- Cafe | 9:30 Leisure Visit - Room to Room 10:30 Cornhole- TS 1:30 Ice Cream Cart- Room to Room 3:00 Bingo - HC Dining Room 6:00 Left Right Center- TS                                 | 9:30 Leisure Visit - Room to Room 10:00 Word Scramblers- TS 10:45 Spiritual Memories- TS 1:00 Movie Matinee- Ch. 2 3:00 Get Crafty- TS  | 9:30 Leisure Visit - Room to Room 10:00 Move it to Music- TS 10:45 Thursday Trivia 3:00 Bingo - HC DR 6:00 Bunco- TS |   | M 1:30 Uno Card Game - TS X 3:30 Saturday Trivia- TS 4:00 Sensory Visits- Room to Room |
| <ul> <li>1:30 Balloon Battle- Townsquare</li> <li>3:00 Sunday Headlines Hangman:</li></ul>  | 9:30 Leisure Visit - Room to Room 10:00 Stretch it Out- TS 10:45 Name That Tune- TS 2:00 Baking in the Cafe 2:30 Travel the World- Cafe 3:00 Chef Circle- Cafe                         | 9:30 Leisure Visit - Room to Room 10:30 Cornhole- TS 1:30 Ice Cream Cart- Room to Room CD 2:00 Resident Council- HC DR 3:00 Bingo - HC Dining Room 6:00 Left Right Center- TS | 9:30 Leisure Visit - Room to Room 10:00 Word Scramblers- TS 10:45 Spiritual Memories- TS 1:00 Movie Matinee- Ch. 2 3:00 Get Crafty- TS  | 9:30 Leisure Visit - Room to Room 10:00 Move it to Music- TS 10:45 Thursday Trivia 3:00 Bingo - HC DR 6:00 Bunco- TS | 9:30 Leisure Visit - Room to Room 10:00 Head to Toes Exercise- TS 10:30 Painting to Music- TS 1:30 Yahtzee- TS M 3:00 Happy Hour Drink & Snack Cart                               | 1:30 Uno Card Game - TS  3:30 Saturday Trivia- TS  4:00 Sensory Visits- Room to  Room  |
| 1:30 Balloon Battle- Townsquare 3:00 Sunday Headlines Hangman: Townsquare 3:45 Sunday Passages - Townsquare   |  |   |   |  |   |  |

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|---|---|---|--|--|---|--|
| Sunday  | Monday  | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday   |
|   |   |   |  |  | 1 New Year's Day  | 2  |
|   |   |   |  |  | W Roll in the New Year New Year Word Poem New Year's Black Eyed Peas Relax & Recharge Creative Storytelling M January Happy Hour GG Nerf Gun Target Shooting Healthy Hands  | V Quick Qigong Let the Soul Shine In CC Winter Carrot Zucchini Bread Relax & Recharge A Wooden Bead Necklace M Name That Croon GG Throwing Horseshoes Healthy Hands          |
|   | 4   | 5   | 6  | 7  | 8   | 9  |
| 80s Flashback Books of the New Testament Blizzard Cookies Relax & Recharge Snowman Painting Name That Glenn Miller Tune Word Works Healthy Hands                                  | <ul> <li>Mindfulness Matters</li> <li>Memory Box</li> <li>Sweet and Salty Peanut Butter Dip<br/>Relax &amp; Recharge</li> <li>Snowman Sensory Bottle</li> <li>Glee Club</li> <li>Basketball<br/>Healthy Hands</li> </ul>        | V Drum Circle K Tell Me Something Good CC Dr. Pepper Pudding Cake Relax & Recharge A Thirsty Coasters M 1940's Style GG Roll the Dice & Break the Ice Healthy Hands           | W Balance Can You Tie Knots? Three Bean Salad Relax & Recharge Winter Bubble Trees M Movin' to the Music GG Parachute Circle Healthy Hands             | What a Wonderful World Chair Yoga K Taste Test Thursdays CC Almond Cupcakes Relax & Recharge A Snowy Shaving Cream Paint M Maracan in the New Year GG Color Cube Sorting Healthy Hands   | <ul> <li>Roll in the New Year</li> <li>Guess the Animal</li> <li>Elvis Presley's Grilled Peanut         Butter/Banana Sandwich         Relax &amp; Recharge</li> <li>Earth's Rotation Day Globes</li> <li>January Happy Hour</li> <li>Nerf Gun Target Shooting</li> </ul> | V Quick Qigong K Let the Soul Shine In CC Broccoli Cheese Soup Relax & Recharge A No Sew Fleece Blankets M Name That Croon GG Throwing Horseshoes Healthy Hands              |
|   | 11  | 12  | 13   | 14   | 15  | 16   |
| 80s Flashback Books of the New Testament Chocolate Covered Cherry Bars Relax & Recharge Pinecone Penguins Name That Glenn Miller Tune Word Works Healthy Hands                    | Mindfulness Matters  Memory Box Snowman Oreos Relax & Recharge A Bob Ross Art M Glee Club GG Basketball Healthy Hands   | Drum Circle K Tell Me Something Good CC Hot Chocolate Cookies Relax & Recharge A Crystal Icicles M 1940's Style GG Roll the Dice & Break the Ice Healthy Hands                | Balance Can You Tie Knots? Cinnamon Breadsticks Relax & Recharge Dream Catchers Movin' to the Music GG Parachute Circle Healthy Hands                  | What a Wonderful World Chair Yoga K Taste Test Thursdays CC Laura Bush's Texas Cookies Relax & Recharge A Ribbon Wreath M Maracan in the New Year GG Color Cube Sorting Healthy Hands    | <ul> <li>Roll in the New Year</li> <li>Guess the Animal</li> <li>Spinach Artichoke Dip<br/>Relax &amp; Recharge</li> <li>To Be Collage</li> <li>January Happy Hour</li> <li>Nerf Gun Target Shooting<br/>Healthy Hands</li> </ul>   | V Quick Qigong K Let the Soul Shine In CC Slow Cooker Pumpkin Spiced Ap Relax & Recharge A No Sew Fleece Blankets M Name That Croon GG Throwing Horseshoes Healthy Hands     |
|   | 18 Martin Luther King Day   | 19  | 20 Inauguration Day  | 21   | 22  | 23   |
| 80s Flashback Books of the New Testament No Bake Peanut Butter Chex Bars Relax & Recharge Life Timeline Name That Glenn Miller Tune Word Works Healthy Hands                      | <ul> <li>Mindfulness Matters</li> <li>Memory Box</li> <li>Cranberry Chocolate Oatmeal Balls         Relax &amp; Recharge</li> <li>Kindness Flowers</li> <li>I Have A Dream</li> <li>Basketball         Healthy Hands</li> </ul> | V Drum Circle K Tell Me Something Good CC Peanut Butter Loaf Relax & Recharge A No Sew Lavender Sachets M 1940's Style GG Roll the Dice & Break the Ice Healthy Hands         | W Balance Can You Tie Knots? Can You Tie Knots? Ambrosia Salad Relax & Recharge DIY Shibori M Movin' to the Music GG Parachute Circle Healthy Hands    | What a Wonderful World Chair Yoga K Taste Test Thursdays CC Elvis Pudding Cake Relax & Recharge A Creative Storytelling M Maracan in the New Year GG Color Cube Sorting Healthy Hands    | <ul> <li>Roll in the New Year</li> <li>Guess the Animal</li> <li>Crockpot Chicken Noodle Soup<br/>Relax &amp; Recharge</li> <li>Winter Sugar Painting</li> <li>January Happy Hour</li> <li>Nerf Gun Target Shooting<br/>Healthy Hands</li> </ul>                          | V Quick Qigong Let the Soul Shine In CC Olive Red Pepper Cheddar Dip Relax & Recharge Fortune Fun Name That Croon GG Throwing Horseshoes Healthy Hands                       |
|   | 25  | 26  | 27   | 28   | 29  | 30   |
| 80s Flashback Books of the New Testament Ultra-Gooey Peanut Butter Cookies Relax & Recharge Unique as a Snowflake Name That Glenn Miller Tune Word Works Healthy Hands            | Mindfulness Matters  Memory Box Fortune Cookies Relax & Recharge  Minter Process Art M Glee Club GG Basketball Healthy Hands  | V Drum Circle K Tell Me Something Good CC Loaded Vegetarian Chili Relax & Recharge A Oil Pastel Winter Tree Art M 1940's Style GG Roll the Dice & Break the Ice Healthy Hands | W Balance Can You Tie Knots? No Bake Peanut Butter Blossom Relax & Recharge My Artisan Box-Day 1 Movin' to the Music GG Parachute Circle Healthy Hands | What a Wonderful World Chair Yoga K Taste Test Thursdays CC Hot Chocolate Cupcakes Relax & Recharge A My Artisan Box-Day 2 M Maracan in the New Year GG Color Cube Sorting Healthy Hands | <ul> <li>Roll in the New Year</li> <li>Guess the Animal</li> <li>Lemon Thumbprint Cookies</li> <li>Relax &amp; Recharge</li> <li>Newspaper Winter Landscape-Day 1</li> <li>January Happy Hour</li> <li>Nerf Gun Target Shooting</li> <li>Healthy Hands</li> </ul>         | V Quick Qigong K Let the Soul Shine In CC Cranberry Cream Cheese Dip Relax & Recharge A Newspaper Winter Landscape-Da M Name That Croon GG Throwing Horseshoes Healthy Hands |
|   |   |   |  |  |   |  |
| 80s Flashback<br>Books of the New Testament<br>Cracker Barrel Hash Brown Casserole<br>Relax & Recharge<br>Paint Without a Paintbrush<br>Name That Glenn Miller Tune<br>Word Works |   |   |  |  |   |  |