

# January 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AL R.R.- Assisted Living Recreation Room AL S.A.- Assisted Living Sitting Area HC R.R.- Health Center Recreation Room MS D.R.- Main Street Dining Room	All groups are subject to change. Please refer to LifeShare for any changes.	Please contact a member of the Life Enrichment Team to sign up for upcoming outings.	<ul style="list-style-type: none"> <li><b>A</b> - Artisans</li> <li><b>CC</b> - Creative Cooking</li> <li><b>GF</b> - Gathering of Friends</li> <li><b>GG</b> - Group Games</li> <li><b>I</b> - Inspirations</li> <li><b>K</b> - Keeping it Sharp/Reminisce</li> <li><b>L</b> - Lifelong Learning</li> <li><b>M</b> - Music to My Ears</li> <li><b>S</b> - Signature Events</li> <li><b>V</b> - Vitality</li> </ul>		<b>1</b> <b>New Year's Day</b> <b>V</b> 10:00 Exercise <b>I</b> 10:30 Our Daily Bread <b>A</b> 2:00 Art Class-Firecraker	<b>2</b> <b>V</b> 10:00 Fittersitters <b>L</b> 10:30 News Scoop <b>GG</b> 2:00 Bingo <b>K</b> 3:15 Cards-AL R.R.
<b>3</b> <b>I</b> 8:00 Catholic Mass Ch. 34 <b>M</b> 9:30 Hymn Sing-AL S.A. <b>I</b> 10:00 Inspired Sundays <b>L</b> 10:30 News Scoop <b>I</b> 12:00 Catholic Mass Ch. 34 <b>V</b> 2:00 Balloon Tennis-AL S.A. <b>K</b> 3:15 Games-AL R.R.	<b>4</b> <b>CC</b> 9:30 In the Kitchen-Chocolate Chip Santa Cookies <b>L</b> 10:15 News Scoop <b>A</b> 2:00 Craft Corner-Shrinky Dinks <b>K</b> 6:00 National Trivia Day	<b>5</b> <b>V</b> 10:00 Light & Lively <b>I</b> 10:30 Guided Imagery-AL S.A. <b>L</b> 10:45 News Scoop <b>GF</b> 1:30 Movie Time-AL S.A.	<b>6</b> <b>GF</b> 9:30 Resident Council-AL S.A. <b>GF</b> 2:00 Pokeno <b>M</b> 4:00 Bell Choir- AL S.A. <b>K</b> 6:00 Watercolor	<b>7</b> <b>V</b> 10:00 Seatworks <b>L</b> 10:30 News Scoop <b>A</b> 2:00 Art Class-Beaded Snowflake <b>K</b> 6:00 Uno	<b>8</b> <b>V</b> 10:00 Exercise <b>I</b> 10:30 Our Daily Bread <b>K</b> 1:30 Games <b>S</b> 3:00 Happy Hour	<b>9</b> <b>V</b> 10:00 Fittersitters <b>L</b> 10:30 News Scoop <b>GG</b> 2:00 Bingo <b>K</b> 3:15 Cards-AL R.R.
<b>10</b> <b>I</b> 8:00 Catholic Mass Ch. 34 <b>M</b> 9:30 Hymn Sing-AL S.A. <b>I</b> 10:00 Inspired Sundays <b>L</b> 10:30 News Scoop <b>I</b> 12:00 Catholic Mass Ch. 34 <b>V</b> 2:00 Balloon Tennis-AL S.A. <b>K</b> 3:15 Games-AL R.R.	<b>11</b> <b>CC</b> 9:30 In the Kitchen-Cheesy Broccoli & Rice Soup <b>L</b> 10:15 News Scoop <b>A</b> 2:00 Craft Corner-????? <b>K</b> 6:00 Paper Snow Flakes	<b>12</b> <b>V</b> 10:00 Light & Lively <b>I</b> 10:30 Guided Imagery-AL S.A. <b>L</b> 10:45 News Scoop <b>GF</b> 1:30 Movie Time-AL S.A.	<b>13</b> <b>V</b> 10:00 Sittercise <b>K</b> 10:30 News Scoop-AL S.A. <b>GF</b> 2:00 Pokeno <b>M</b> 4:00 Bell Choir- AL S.A. <b>K</b> 6:00 Uno	<b>14</b> <b>V</b> 10:00 Seatworks <b>L</b> 10:30 News Scoop <b>I</b> 1:30 Bookmobile <b>A</b> 2:00 Art Class-Snowman Toilet Paper Craft <b>A</b> 6:00 Water Color	<b>15</b> <b>V</b> 10:00 Exercise <b>I</b> 10:30 Our Daily Bread <b>K</b> 1:30 Games <b>S</b> 3:00 Happy Hour	<b>16</b> <b>V</b> 10:00 Fittersitters <b>L</b> 10:30 News Scoop <b>GG</b> 2:00 Bingo <b>K</b> 3:15 Cards-AL R.R.
<b>17</b> <b>I</b> 8:00 Catholic Mass Ch. 34 <b>M</b> 9:30 Hymn Sing-AL S.A. <b>I</b> 10:00 Inspired Sundays <b>L</b> 10:30 News Scoop <b>I</b> 12:00 Catholic Mass Ch. 34 <b>V</b> 2:00 Balloon Tennis-AL S.A. <b>K</b> 3:15 Games-AL R.R.	<b>18</b> <b>Martin Luther King Day</b> <b>CC</b> 9:30 In the Kitchen-Lemon Blueberry Muffins <b>L</b> 10:15 News Scoop <b>A</b> 2:00 Craft Corner-Snowman Light <b>K</b> 6:00 Games	<b>19</b> <b>V</b> 10:00 Light & Lively <b>I</b> 10:30 Guided Imagery-AL S.A. <b>L</b> 10:45 News Scoop <b>GF</b> 1:30 Movie Time-AL S.A.	<b>20</b> <b>Inauguration Day</b> <b>K</b> 10:30 News Scoop-AL S.A. <b>GF</b> 2:00 Pokeno <b>M</b> 4:00 Bell Choir- AL S.A. <b>K</b> 6:00 Dolly Snowmen	<b>21</b> <b>V</b> 10:00 Seatworks <b>L</b> 10:30 News Scoop <b>A</b> 2:00 Art Class-Let it Snow Sign <b>K</b> 6:00 Cards	<b>22</b> <b>V</b> 10:00 Exercise <b>I</b> 10:30 Our Daily Bread <b>K</b> 1:30 Games <b>S</b> 3:00 Happy Hour	<b>23</b> <b>V</b> 10:00 Fittersitters <b>L</b> 10:30 News Scoop <b>GG</b> 2:00 Bingo <b>K</b> 3:15 Cards-AL R.R.
<b>24</b> <b>I</b> 8:00 Catholic Mass Ch. 34 <b>M</b> 9:30 Hymn Sing-AL S.A. <b>I</b> 10:00 Inspired Sundays <b>L</b> 10:30 News Scoop <b>I</b> 12:00 Catholic Mass Ch. 34 <b>V</b> 2:00 Balloon Tennis-AL S.A. <b>K</b> 3:15 Games-AL R.R.	<b>25</b> <b>CC</b> 9:30 In the Kitchen-White Chocolate Peppermint Cheese Cake <b>L</b> 10:15 News Scoop <b>A</b> 2:00 Craft Corner-Shrinky Dinks <b>K</b> 6:00 Yathzee	<b>26</b> <b>V</b> 10:00 Light & Lively <b>I</b> 10:30 Guided Imagery-AL S.A. <b>L</b> 10:45 News Scoop <b>GF</b> 1:30 Movie Time-AL S.A.	<b>27</b> <b>K</b> 10:30 News Scoop-AL S.A. <b>GF</b> 2:00 Pokeno <b>M</b> 4:00 Bell Choir- AL S.A. <b>K</b> 6:00 LCR	<b>28</b> <b>V</b> 10:00 Seatworks <b>L</b> 10:30 News Scoop <b>A</b> 2:00 Art Class-Snowman Globe Cup <b>K</b> 6:00 Uno	<b>29</b> <b>V</b> 10:00 Exercise <b>I</b> 10:30 Our Daily Bread <b>K</b> 1:30 Games <b>S</b> 3:00 Happy Hour	<b>30</b> <b>V</b> 10:00 Fittersitters <b>L</b> 10:30 News Scoop <b>GG</b> 2:00 Bingo <b>K</b> 3:15 Cards-AL R.R.
<b>31</b> <b>I</b> 8:00 Catholic Mass Ch. 34 <b>M</b> 9:30 Hymn Sing-AL S.A. <b>I</b> 10:00 Inspired Sundays <b>L</b> 10:30 News Scoop <b>I</b> 12:00 Catholic Mass Ch. 34 <b>V</b> 2:00 Balloon Tennis-AL S.A. <b>K</b> 3:15 Games-AL R.R.						

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<b>24</b> <b>I</b> 8:00 Catholic Mass Ch. 34 <b>M</b> 9:30 Hymn Sing-AL S.A. <b>I</b> 10:00 Inspired Sundays <b>L</b> 10:30 News Scoop <b>MM</b> 11:00 Mindful Moments <b>I</b> 12:00 Catholic Mass Ch. 34 <b>V</b> 2:00 Balloon Tennis-AL S.A. <b>K</b> 3:15 Games-AL R.R.	<b>25</b> <b>CC</b> 9:30 In the Kitchen-White Chocolate Peppermint Cheese Cake <b>L</b> 10:15 News Scoop <b>MM</b> 11:00 Mindful Moments <b>A</b> 2:00 Craft Corner-Shrinky Dinks <b>K</b> 6:00 Yathzee	<b>26</b> <b>V</b> 10:00 Light & Lively <b>I</b> 10:30 Guided Imagery-AL S.A. <b>L</b> 10:30 News Scoop <b>L</b> 10:45 News Scoop <b>MM</b> 11:00 Mindful Moments <b>GF</b> 1:30 Movie Time-AL S.A.	<b>27</b> <b>K</b> 10:30 News Scoop-AL S.A. <b>MM</b> 11:00 Mindful Moments <b>GF</b> 2:00 Pokeno <b>M</b> 4:00 Bell Choir- AL S.A. <b>K</b> 6:00 LCR	<b>28</b> <b>V</b> 10:00 Seatworks <b>L</b> 10:30 News Scoop <b>MM</b> 11:00 Mindful Moments <b>A</b> 2:00 Art Class-Snowman Globe Cup <b>K</b> 6:00 Uno	<b>29</b> <b>V</b> 10:00 Exercise <b>I</b> 10:30 Our Daily Bread <b>MM</b> 11:00 Mindful Moments <b>K</b> 1:30 Games	<b>30</b> <b>V</b> 10:00 Fittersitters <b>L</b> 10:30 News Scoop <b>MM</b> 11:00 Mindful Moments <b>GG</b> 2:00 Bingo <b>K</b> 3:15 Cards-AL R.R.
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# January 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CH- Clubhouse AL R.R- Assisted Living Rec Room MS D.R- Main Street Dining Room HC- Health Center AL- Assisted Living					1 <b>New Year's Day</b> 12:00 Courtney Off 10:30 Inspirations 1:00 Bridge	2
3	4 10:00 Open Gym-CH	5	6 10:30 Kroger 3:00 Happy Hour- CH	7	8 10:30 Inspirations 1:00 Bridge	9
10	11 10:00 Open Gym-CH	12	13 10:30 Kroger 3:00 Happy Hour- CH	14	15 10:30 Inspirations 1:00 Bridge	16
17	18 <b>Martin Luther King Day</b> 10:00 Open Gym-CH	19	20 <b>Inauguration Day</b> 10:30 Kroger 3:00 Happy Hour- CH	21	22 10:30 Inspirations 1:00 Bridge	23
24	25 10:00 Open Gym-CH	26	27 10:30 Kroger 3:00 Happy Hour- CH	28	29 10:30 Inspirations 1:00 Bridge	30
31						