



Directory of Information



Leadership Team

Manager:

Lyla Erwin
319.929.6894
manager@garnettplace.net

Assistant Manager:

Tanner Erwin
319.533.0397
assistantmanaer@garnettplace.net

Health Care Coordinator:

Lee Thoma, RN
319.929.6892
nurse@garnettplace.net

Community Relations Coordinator:

Meg Harper
319.533.5050
marketing@garnettplace.net

Life Enrichment Coordinator:

Kari Santos, MA, CTRS
319.533.0441
enrichlife@garnettplace.net

Culinary Coordinator:

Jeremy Curl
319.533.0409
kitchen@garnettplace.net

Maintenance Coordinator:

Chris Anderson
319.929.6890
maintenance@garnettplace.net

Facebook.com/GarnettPlace

Transportation Information:

319.540.3630

Please inform transportation at least 48 hours in advance of drive needs.

Appointment hours:
8:30 a.m. to 3:00 p.m.
Monday, Wednesday,
Thursday, Friday.

No transportation on Tuesdays

Tuesdays are reserved for trips.

Dining Room Hours of Operation:

Breakfast:

7:00 a.m. to 9:00 a.m.

Dinner (Lunch):

11:00 a.m. to 1:00 p.m.

Supper:

4:00 p.m. to 6:00 p.m.

Times will vary per dining room.
Please check with your server.

Guest meals are \$5 per person, per meal.
(No visitors at this time)

We ask that you notify us if a guest is eating with you 24 hours in advance.

Additional snacks and beverages available 24/7.

Community Programs

Virtual Live 2B Healthy

MWF

10:00 am &
10:30 am

We'll meet as a group and get on a video call with the personal trainer. The trainer will lead the exercise class through the video chat.

Music Therapy With Music Speaks

Thursday, 10:00 a.m.

This group requires registration, as therapy group sizes are small.

Contact Kari at 316-362-3630 if you are interested in joining.

Garnett Gazette,
January, 2021



Volume 21,
Issue 1

Happy Birthday!

January 4

John H.

January 10

Margo't A.

January 10

Mary Lou B.

January 14

Betty J.

January 22

Shirley J.

January 26

Candi E.

January 30

Milo C.

A New Look

We are all excited for a brand new year. This brings a wonderful opportunity for a fresh start. You'll notice that our newsletter is now blue instead of red. This is to match the colors for our management company, Jaybird Senior Living. We've welcomed a new part time nurse, so if you haven't met Becca yet, please give her a warm Garnett welcome. Our Healthcare Coordinators are moving to the office between the two buildings. Life Enrichment and Transportation are moving downstairs to where formerly Senior Housing, now Jaybird Senior Living, used to be. When construction projects start inside the building, we'll keep you posted. Rod has been working hard on making sure the building has a nice new look. Let's make 2021 amazing, together.



Professionally Managed by
Jaybird Senior Living



202 35th St. Dr. S.E.
Cedar Rapids, IA



319.362.3630
GarnettPlace.net

Activities

Special Days in January

January 1
New Year's Day

January 4
Congress Assembles

January 5
National Bird Day

January 6
Epiphany

January 10
Houseplant Appreciation Day

January 22
Answer your cat day

January 23
Coldest Day

Foot Doctor Visit:

January 12th
Sign up with Lee

Snack Stations

To ensure we stay COVID safe, we are doing a snack cart instead of the snack stations right now. We'll keep all your usual favorites in stock. If you're hungry when the cart isn't around, ask any team member. Your Health Aides and Culinary Team are also available to grab you goodies. Stay hydrated and stay healthy!

Transportation

Reminder to not schedule appointments for Tuesday's. That day is reserved for scenic drives.

Visit us at GarnettPlace.Net or
Facebook.com/GarnettPlace



Visiting Policy

Indoor Visiting Policy

Effective immediately, resident visits may be permitted under these guidelines, subject to change due to local COVID percentages:

With the change in weather, we are entering a new phase of our protocol that will allow for indoor visits of loved ones. In an effort to continue to make Garnett Place a safe space for all residents and employees, testing or proof of testing will be strongly encouraged before visits. This is only available if the COVID percentage for the county is low. Otherwise we will be doing indoor window visits.

Visits must be scheduled and in a designated area to limit cross contamination, allow for disinfection between visits and ensure each resident has equal opportunity to meet with loved ones. As a reminder, despite our best efforts visits may need to be suspended or delayed based on the county positivity rate and any active cases of COVID-19 within the Community. Whether you choose to test or not, personal protective equipment is still mandatory during a visit and a pre-visit symptom screen and questionnaire will be conducted.

Garnett Place appreciates your understanding as we continue to navigate the best courses of action during this pandemic. Please do not hesitate to reach out to us with any questions and we look forward to many happy reunions in the weeks and months to come.

Monday - Friday: 9am - 3:30pm
Saturday & Sunday: 10:30am - 1pm

Please note that weekend times will fill up quickly. If you are interested in one of these times please schedule early. Visits will take place at the front entrance of the 202 building.

Appointments are limited to thirty minutes to allow us proper sanitizing time between parties. Please arrive on time to ensure maximum time with your loved one.

We cannot guarantee weekly visits at this time as we need to ensure all families are given the chance to see their loved ones.

Fast Summary:

Please Note—We will not be scheduling appointments on Holidays (this includes Thanksgiving and Christmas). Please plan early and schedule your holiday visit ahead of time so we can ensure all who want visitors can, and can be done safely. Thank you.

BY APPOINTMENT ONLY

Monday - Friday:
9am - 4pm
Saturday & Sunday:
10:30am - 1pm

Call:
319-362-3630 to
schedule your visit.

WALK-IN
APPOINTMENTS WILL
NOT BE ACCEPTED.



202 35th St. Dr. S.E., Cedar Rapids, IA
(319) 362-3630

Community News

Team Member Recognition

Happy Birthday

Tanner E.
Sharon M.
Bonnie M.
Elizabeth W.

Happy Work Anniversary

Joanne T.

COVID Guidelines

Under the requirements from the Iowa Public Health Department and Senior Housing Management, we will not be able to open Garnett Place to internal visitors until each of the following is applicable to our community:

1. 14 days past the last staff or resident positive.
2. Community wide testing.
3. A 14 day decline overall in positive COVID cases in Linn county.

Throughout this difficult time, our goal is to keep you informed and reassured of our efforts to keep everyone at Garnett Place safe and healthy. If you have any questions or concerns regarding the policies we have implemented, please call us at (319) 362-3630.



Your Resident Council Representatives

We're here to represent you.

Elayne G. Dave H. Shirley J. Carol S. Robert T.



Visit us at GarnettPlace.Net or
Facebook.com/GarnettPlace

Coordinator Greetings

Looking to 2021

Thank you all for making my holiday season special. It was wonderful to have my first holiday season with my Garnett family. Although things looked different this year, I am glad I could celebrate it with you. I hope your families had a wonderful holiday season, and that everyone stayed safe and warm.

For those who like to plan ahead, for taxes, let me know if you need a report showing what was billed and how much was paid in 2020 for your tax report. I will be happy to print out the whole report of 2020. We can even mail out the report to your family members, so please give me a call at 319-362-3630.

Lastly, just a friendly reminder to our residents and families regarding ACH (Electric Funds Transfer). If you are tired of writing a check every month, please let me know, and I can help you get signed up. All you need to do is fill out the form and provide us with a voided check. The funds will be pulled from your account on the 5th of each month. If you have any questions, please feel free to stop by my office any time.

**Tanner
Erwin,
Assistant Manager**



Welcome Home!

Iris

Pat



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Welcome Becca

Hi, I'm Becca Kimm, the new Assistant Healthcare Coordinator here at Garnett Place! I grew up in Keystone, Iowa, a small town about 30 miles west of Cedar Rapids. I graduated high school from Benton Community and attended the University of Iowa (Go Hawks!) where I earned my Bachelor of Science in Nursing. I love spending time with family and friends, cheering on my Hawkeyes, Chiefs, and Cubs, and snuggling my fur babies (two dogs and one cat). I look forward to getting to know everyone and joining the Garnett Place family!



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Photos

Pin the Nose on the Reindeer



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Coordinator Greetings

Staying Hydrated

The proper amount of liquid in our bodies is very important. Liquids help carry medications throughout our bodies as well as the excretion of waste from our systems. It is very important to keep our bodies balanced so this process is carried on effectively. With the amount of medications that we all take daily, medications must be move to and from the proper organs and/or receptor sites in our bodies to be beneficial. A proper balance of liquid must be maintained. Too much liquid, and medications are flushed from our systems to fast, to little liquid and medications can build up in our systems and give us over- dose effects. Proper nutrition, hydration, and exercise are all optimal factors in keeping our bodies running smoothly.

**Lee Thoma,
RN
Health Care
Coordinator**



Big Changes

A new year is upon us, and it is officially baby month! As many of you know, Cody and I are expecting our first child in the coming weeks. We are so excited to meet our baby girl.

In other news, I am excited to let you know I have accepted a new position with Jaybird Senior Living, our management company, and therefore will be transitioning out of my role at Garnett Place. My last day in the community will be January 15th. Any questions you'd typically direct toward me can go to our Assistant Director, Tanner Erwin, or another member of the coordinator team.

I have so enjoyed getting to know all our residents and families and will miss you greatly. The past year has been difficult on all of us, and I have grown to think of each of you as family. Though I am sad to leave, I am looking forward to this new opportunity and to visiting in the future.

Wishing you all the best and a very happy new year!

**Meg Harper,
Community
Relations
Coordinator**



Coordinator Greetings

Fresh New Year

There's a lot of new changes in the Life Enrichment Department this January. Steve, Amanda, and I have moved to a new office. We are now downstairs where formerly Senior Housing, now Jaybird Senior Living, was located. We are excited about the new space. For everyone who wished us more room, your wishes came true!

It's perfect timing to gain more space, as this school semester we're bringing on two new interns. I hope you all will give a warm Garnett welcome to Katie and Maggie. Both are students from the University of Iowa studying Therapeutic Recreation. They will get here mid-to-late January.

Please remember to schedule your drives with Steve 48 hours in advance. You can even schedule it as soon as you know of your appointment. We do not do drives on Tuesdays, so please do not schedule any appointments for then. This will help us help you faster.

**Kari Santos,
CTRS
Life Enrichment
Coordinator**



New Beginnings

Welcome to 2021. A new year and hopefully a new beginning towards getting back to a normal life. After everything that has happened last year with the COVID virus, the derecho in August and just the normal daily obstacles, I think it is safe to say 2020 will not soon be forgotten. We will still be working on storm repairs throughout the winter. As usual, please watch for slick spots and let any staff member know if you find an area that could use some salt.

**Chris Anderson,
Maintenance
Coordinator**



Soups

We are heading into January and we'll have new menus coming soon. We will be switching over to US Foods January 4th. If there is anything that you might want to see on the menu in the future let me know. There will be new juice machines as well as cappuccino machines. The machines in the bistro are currently not being turned on. So if you are wanting coffee, hot chocolate, or cappuccino during the day let someone know and we can help you out by getting some for you from the dining room. The family is doing well. Our husky dog is loving the cold weather, it is hard to get him to come inside most of the time. The kids love it when it snows they are outside playing in it so fast. Hope you all stay warm and enjoy the new menu coming up.

**Jeremey Curl,
Culinary
Coordinator**



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Hair Salon

Holly has almost 10 years of experience as a stylist, and five years of experience serving the senior population. She is looking forward to getting started and asks that you please make all appointments directly through her. Holly will be at Garnett Place on Thursdays and Fridays for appointments.

Please see below for her contact information and updated pricing for services. If you do not immediately get ahold of Holly when you call, please leave her a voicemail and she will get back to you as soon as she is able to.

Holly Young: (319) 431-4814

Haircut & Wash - \$18

Shampoo & Set - \$25

Haircut, Shampoo & Set - \$35

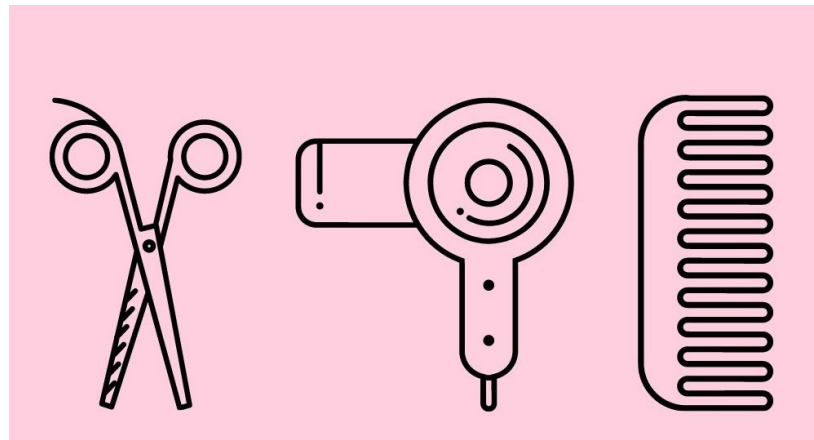
Perm - \$65

Color & Cut - \$45

Partial/Cap Highlight - \$40

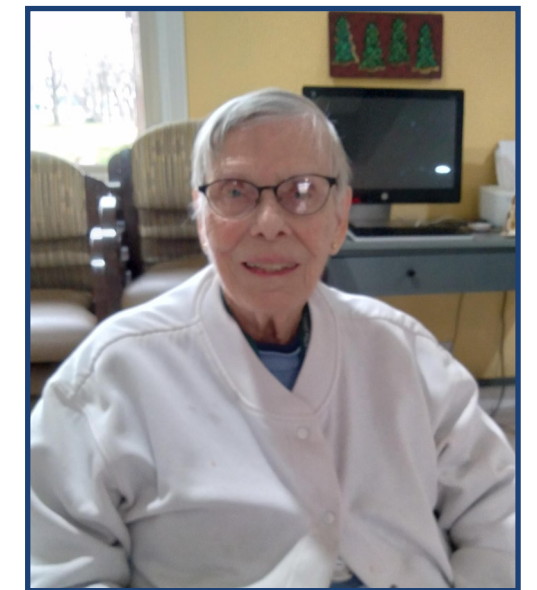
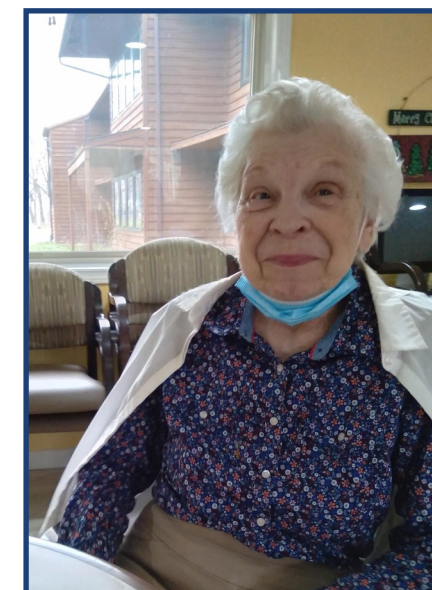
Beard Trim - \$5

Facial Wax - \$10



Photos

Christmas Fun



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