



# Memory Care January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Grammy Awards</div> <div>10:00 Resident Led Walking Club</div> <div>10:30 208 Residents - Devotions</div> <div>11:00 208 Residents bingo</div> <div>12:30 202 Residents - Devotions</div> <div>1:00 202 - Bingo</div> <div>3:00 Get sunshine</div>	<div>31</div> <div>HAPPY BIRTHDAY</div> <div>HAPPY BIRTHDAY</div> <div>HAPPY BIRTHDAY</div>	<div>Happy Birthday:</div> <div>1/4 - John H.</div> <div>1/10 - Margo't A.</div> <div>1/10 - Mary Lou B.</div> <div>1/14 - Betty J.</div> <div>1/22 - Shirley J.</div> <div>1/26 - Candi E.</div> <div>1/30 - Milo C.</div>	<div></div> <div>*Calendar is subject to change*</div> <div>Contact Kari in</div> <div>Life Enrichment for questions.</div> <div>319-533-0441</div> <div></div>	<div></div> <div>Transportation</div> <div>319-540-3630</div> <div>Offered: M, W, Th, F</div> <div>8:30 a.m. to 4:00 p.m.</div> <div>Call 48 hours in advance</div> <div></div>	<div>New Year's Day</div> <div>10:00 202 Residents - Chair Stretches</div> <div>10:00 202 - Grab and go Snack Bar</div> <div>10:30 208 Residents - Chair Stretches</div> <div>10:30 208 - Grab and Go Snack Bar</div> <div>11:00 208 Residents - Devotions</div> <div>12:00 202 Resident - Devotions</div> <div>1:00 Bingo (all)</div>	<div>1</div> <div>10:00 Resident Walking Club</div> <div>10:30 208 Residents - Devotions</div> <div>11:00 208 Residents bingo</div> <div>12:30 202 Residents - Devotions</div> <div>1:00 202 Resident - Book Club</div> <div>2</div>
<div>Alaska Day</div> <div>10:00 Resident Led Walking Club</div> <div>10:30 208 Residents - Devotions</div> <div>11:00 208 Residents bingo</div> <div>12:30 202 Residents - Devotions</div> <div>1:00 202 - Bingo</div> <div>3:00 Get sunshine</div>	<div>3</div> <div>9:00 202 Residents - Devotions</div> <div>9:30 208 Residents - Devotions</div> <div>10:00 202 Residents - Live 2B Healthy</div> <div>10:30 208 Residents - Live 2B Healthy</div> <div>1:00 Memory Care - Happy Hour Cart</div> <div>1:00 202 - Nails with Danae</div> <div>1:45 208/MC - Nails with Danae</div> <div>2:00 202 - Grab and go Snack Bar</div> <div>2:15 208 - Grab and Go Snack Bar</div> <div>3:00 208 Residents - Margarita Monday</div>	<div>4</div> <div>9:00 202 Residents - Devotions</div> <div>9:30 208 Residents - Devotions</div> <div>10:00 202 Residents - Scenic Drive</div> <div>10:00 Virtual Music Therapy</div> <div>1:00 Resident Euchre Club</div> <div>1:00 208 - Mandalas &amp; Adult Coloring</div> <div>2:00 202 - Grab and go Snack Bar</div> <div>2:15 208 - Grab and Go Snack Bar</div> <div>2:30 208 Residents - Scenic Drive</div> <div>3:00 202 Residents Happy Hour</div>	<div>5</div> <div>Ephinay</div> <div>9:00 202 Residents - Devotions</div> <div>9:30 208 Residents - Devotions</div> <div>10:00 202 Residents - Live 2B Healthy</div> <div>10:00 202 Residents - Live 2B Healthy</div> <div>1:00 Memory Care - Bingo</div> <div>2:00 202 - Grab and go Snack Bar</div> <div>2:15 208 - Grab and Go Snack Bar</div> <div>2:30 202 Residents - Book Club</div> <div>4:15 208 Social Hour</div> <div>5:00 MC - Aromatherapy</div>	<div>6</div> <div>9:00 202 Residents - Devotions</div> <div>9:30 208 Residents - Devotions</div> <div>10:00 Music Therapy</div> <div>1:00 Resident Euchre Club</div> <div>1:00 Music Therapy</div> <div>2:00 202 - Grab and go Snack Bar</div> <div>2:15 208 - Grab and Go Snack Bar</div> <div>3:00 Memory Care Games</div> <div>4:15 208 Residents - Chair Stretches</div> <div>5:15 202 Residents - Farkle</div> <div>6:00 Memory Care - Aromatherapy</div>	<div>7</div> <div>9:00 202 Residents - Devotions</div> <div>9:30 208 Residents - Devotions</div> <div>10:00 202 Residents - Live 2B Healthy</div> <div>10:30 208 Residents - Live 2B Healthy</div> <div>1:00 202 Residents - Bingo</div> <div>2:00 202 - Grab and go Snack Bar</div> <div>2:15 208 - Grab and Go Snack Bar</div> <div>2:30 202 - Scenic Drive</div> <div>3:00 208 Residents - Bingo</div> <div>4:30 202 Residents - Chair Stretches</div> <div>5:15 202 Residents - Game Night</div>	<div>8</div> <div>Conneticut becomes a state</div> <div>10:00 Resident Walking Club</div> <div>10:30 208 Residents - Devotions</div> <div>11:00 208 Residents bingo</div> <div>12:30 202 Residents - Devotions</div> <div>1:00 202 Resident - Book Club</div> <div>9</div>
<div>10:00 Resident Led Walking Club</div> <div>10:30 208 Residents - Devotions</div> <div>11:00 208 Residents bingo</div> <div>12:30 202 Residents - Devotions</div> <div>1:00 202 - Bingo</div> <div>3:00 Get sunshine</div>	<div>10</div> <div>9:00 202 Residents - Devotions</div> <div>9:30 208 Residents - Devotions</div> <div>10:00 202 Residents - Live 2B Healthy</div> <div>10:30 208 Residents - Live 2B Healthy</div> <div>1:00 Memory Care - Happy Hour Cart</div> <div>1:00 202 - Nails with Danae</div> <div>1:45 208/MC - Nails with Danae</div> <div>2:00 202 - Grab and go Snack Bar</div> <div>2:15 208 - Grab and Go Snack Bar</div> <div>3:00 208 Residents - Margarita Monday</div>	<div>11</div> <div>Foot Doctor Visits</div> <div>9:00 202 Residents - Devotions</div> <div>9:30 208 Residents - Devotions</div> <div>10:00 202 Residents - Scenic Drive</div> <div>10:00 Virtual Music Therapy</div> <div>1:00 Resident Euchre Club</div> <div>1:00 208 &amp; MC - Meditative Mandalas</div> <div>1:00 208 - Mandalas &amp; Adult Coloring</div> <div>2:00 202 - Grab and go Snack Bar</div> <div>2:15 208 - Grab and Go Snack Bar</div> <div>2:30 208 Residents - Scenic Drive</div> <div>3:00 202 Residents Happy Hour</div>	<div>12</div> <div>Wacky Winter Wardrobe Wednesday</div> <div>9:00 202 Residents - Devotions</div> <div>9:30 208 Residents - Devotions</div> <div>10:00 202 Residents - Live 2B Healthy</div> <div>10:30 208 Residents - Live 2B Healthy</div> <div>1:00 Memory Care - Bingo</div> <div>2:00 202 - Grab and go Snack Bar</div> <div>2:15 208 - Grab and Go Snack Bar</div> <div>2:30 202 Residents - Book Club</div> <div>4:15 208 Social Hour</div> <div>5:00 MC - Aromatherapy</div>	<div>13</div> <div>9:00 202 Residents - Devotions</div> <div>9:30 208 Residents - Devotions</div> <div>10:00 Music Therapy</div> <div>1:00 Resident Euchre Club</div> <div>1:00 Music Therapy</div> <div>2:00 202 - Grab and go Snack Bar</div> <div>2:15 208 - Grab and Go Snack Bar</div> <div>3:00 Memory Care Games</div> <div>4:15 208 Residents - Chair Stretches</div> <div>5:15 202 Residents - Farkle</div> <div>6:00 Memory Care - Aromatherapy</div>	<div>14</div> <div>Happy Birthday to the Super Bowl!</div> <div>9:00 202 Residents - Devotions</div> <div>9:30 208 Residents - Devotions</div> <div>10:00 202 Residents - Live 2B Healthy</div> <div>10:30 208 Residents - Live 2B Healthy</div> <div>1:00 202 Residents - Bingo</div> <div>2:00 202 - Grab and go Snack Bar</div> <div>2:15 208 - Grab and Go Snack Bar</div> <div>2:30 202 - Scenic Drive</div> <div>3:00 208 Residents - Bingo</div> <div>4:30 202 Residents - Chair Stretches</div> <div>5:15 202 Residents - Game Night</div>	<div>15</div> <div>10:00 Resident Walking Club</div> <div>10:30 208 Residents - Devotions</div> <div>11:00 208 Residents bingo</div> <div>12:30 202 Residents - Devotions</div> <div>1:00 202 Resident - Book Club</div> <div>16</div>
<div>Happy Birthday Betty White</div> <div>10:00 Resident Led Walking Club</div> <div>10:30 208 Residents - Devotions</div> <div>11:00 208 Residents bingo</div> <div>12:30 202 Residents - Devotions</div> <div>1:00 202 - Bingo</div> <div>3:00 Get sunshine</div>	<div>17</div> <div>Martin Luther King Jr. Day</div> <div>9:00 202 Residents - Devotions</div> <div>9:30 208 Residents - Devotions</div> <div>10:00 202 Residents - Live 2B Healthy</div> <div>10:30 208 Residents - Live 2B Healthy</div> <div>1:00 Memory Care - Happy Hour Cart</div> <div>1:00 202 - Nails with Danae</div> <div>1:45 208/MC - Nails with Danae</div> <div>2:00 202 - Grab and go Snack Bar</div> <div>2:15 208 - Grab and Go Snack Bar</div> <div>3:00 208 Residents - Margarita Monday</div>	<div>18</div> <div>9:00 202 Residents - Devotions</div> <div>9:30 208 Residents - Devotions</div> <div>10:00 202 Residents - Scenic Drive</div> <div>10:00 Virtual Music Therapy</div> <div>1:00 Resident Euchre Club</div> <div>1:00 208 - Mandalas &amp; Adult Coloring</div> <div>2:00 202 - Grab and go Snack Bar</div> <div>2:15 208 - Grab and Go Snack Bar</div> <div>2:30 208 Residents - Scenic Drive</div> <div>3:00 202 Residents Happy Hour</div>	<div>19</div> <div>9:00 202 Residents - Devotions</div> <div>9:30 208 Residents - Devotions</div> <div>10:00 202 Residents - Live 2B Healthy</div> <div>10:30 208 Residents - Live 2B Healthy</div> <div>1:00 Memory Care - Bingo</div> <div>2:00 202 - Grab and go Snack Bar</div> <div>2:15 208 - Grab and Go Snack Bar</div> <div>2:30 202 Residents - Book Club</div> <div>4:15 208 Social Hour</div> <div>5:00 MC - Aromatherapy</div>	<div>20</div> <div>9:00 202 Residents - Devotions</div> <div>9:30 208 Residents - Devotions</div> <div>10:00 Music Therapy</div> <div>1:00 Resident Euchre Club</div> <div>1:00 Music Therapy</div> <div>2:00 202 - Grab and go Snack Bar</div> <div>2:15 208 - Grab and Go Snack Bar</div> <div>3:00 Memory Care Games</div> <div>4:15 208 Residents - Chair Stretches</div> <div>5:15 202 Residents - Farkle</div> <div>6:00 Memory Care - Aromatherapy</div>	<div>21</div> <div>9:00 202 Residents - Devotions</div> <div>9:30 208 Residents - Devotions</div> <div>10:00 202 Residents - Live 2B Healthy</div> <div>10:30 208 Residents - Live 2B Healthy</div> <div>1:00 202 Residents - Bingo</div> <div>2:00 202 - Grab and go Snack Bar</div> <div>2:15 208 - Grab and Go Snack Bar</div> <div>2:30 202 - Scenic Drive</div> <div>3:00 208 Residents - Bingo</div> <div>4:30 202 Residents - Chair Stretches</div> <div>5:15 202 Residents - Game Night</div>	<div>22</div> <div>Coldest Day in U.S. History</div> <div>10:00 Resident Walking Club</div> <div>10:30 208 Residents - Devotions</div> <div>11:00 208 Residents bingo</div> <div>12:30 202 Residents - Devotions</div> <div>1:00 202 Resident - Book Club</div> <div>23</div>
<div>Activity Professionals Week</div> <div>10:00 Resident Led Walking Club</div> <div>10:30 208 Residents - Devotions</div> <div>11:00 208 Residents bingo</div> <div>12:30 202 Residents - Devotions</div> <div>1:00 202 - Bingo</div> <div>3:00 Get sunshine</div>	<div>24</div> <div>9:00 202 Residents - Devotions</div> <div>9:30 208 Residents - Devotions</div> <div>10:00 202 Residents - Live 2B Healthy</div> <div>10:30 208 Residents - Live 2B Healthy</div> <div>1:00 Memory Care - Happy Hour Cart</div> <div>1:00 202 - Nails with Danae</div> <div>1:45 208/MC - Nails with Danae</div> <div>2:00 202 - Grab and go Snack Bar</div> <div>2:15 208 - Grab and Go Snack Bar</div> <div>3:00 208 Residents - Tea Party</div>	<div>25</div> <div>Tea &amp; Trivia Day</div> <div>9:00 202 Residents - Devotions</div> <div>9:30 208 Residents - Devotions</div> <div>10:00 202 Residents - Scenic Drive</div> <div>10:00 Virtual Music Therapy</div> <div>1:00 Resident Euchre Club</div> <div>1:00 208 - Mandalas &amp; Adult Coloring</div> <div>2:00 202 - Grab and go Snack Bar</div> <div>2:15 208 - Grab and Go Snack Bar</div> <div>2:30 208 Residents - Scenic Drive</div> <div>3:00 202 - Tea Party</div>	<div>26</div> <div>Tu B'Shevat Begins</div> <div>9:00 202 Residents - Devotions</div> <div>9:30 208 Residents - Devotions</div> <div>10:00 202 Residents - Live 2B Healthy</div> <div>10:30 208 Residents - Live 2B Healthy</div> <div>1:00 Memory Care - Bingo</div> <div>2:00 202 - Grab and go Snack Bar</div> <div>2:15 208 - Grab and Go Snack Bar</div> <div>2:30 202 Residents - Book Club</div> <div>4:15 208 Social Hour</div> <div>5:00 MC - Aromatherapy</div>	<div>27</div> <div>Full Moon - "Wolf" Moon</div> <div>9:00 202 Residents - Devotions</div> <div>9:30 208 Residents - Devotions</div> <div>10:00 Music Therapy</div> <div>1:00 Resident Euchre Club</div> <div>1:00 Music Therapy</div> <div>2:00 202 - Grab and go Snack Bar</div> <div>2:15 208 - Grab and Go Snack Bar</div> <div>3:00 Memory Care Games</div> <div>4:15 208 Residents - Chair Stretches</div> <div>5:15 202 Residents - Farkle</div> <div>6:00 Memory Care - Aromatherapy</div>	<div>28</div> <div>Kansas Day</div> <div>9:00 202 Residents - Devotions</div> <div>9:30 208 Residents - Devotions</div> <div>10:00 202 Residents - Live 2B Healthy</div> <div>10:30 208 Residents - Live 2B Healthy</div> <div>1:00 202 Residents - Bingo</div> <div>2:00 202 - Grab and go Snack Bar</div> <div>2:15 208 - Grab and Go Snack Bar</div> <div>2:30 202 - Scenic Drive</div> <div>3:00 208 Residents - Bingo</div> <div>4:30 202 Residents - Chair Stretches</div> <div>5:15 202 Residents - Game Night</div>	<div>29</div> <div>10:00 Resident Walking Club</div> <div>10:30 208 Residents - Devotions</div> <div>11:00 208 Residents bingo</div> <div>12:30 202 Residents - Devotions</div> <div>1:00 202 Resident - Book Club</div> <div>30</div>



202 35th Street Drive SE | Cedar Rapids, IA 52403 | Phone (319) 362-3630 | garnettplace.net