



# Meadowlark Estates

## Gracious Retirement Living

4430 Bauer Farm Drive • Lawrence, Kansas 66049 • Phone (785) 842-2400 • [www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)

DECEMBER 2020

### MEADOWLARK ESTATES STAFF

Managers.....CAROL & RICHARD POWIS  
Assistant Managers .....KIM & BILL GROSS  
Executive Chef.....TIM DOERING  
Community Sales .....TO BE ANNOUNCED  
Sous Chef .....KEVIN PROCTOR  
Activity Coordinator .....JEANNIE  
SAWYER-RUMMER  
Maintenance .....DUSTIN WARD  
Transportation .....PHIL BREWSTER

### TRANSPORTATION

**Tuesday & Thursday, 9 a.m.-4 p.m.:**

Appointments/Errands

**Wednesday, 10 a.m.:** Outing and Lunch

**Friday, 10 a.m. and 2 p.m.:** Shopping

## Getting to Know Martha Parker

Martha Parker is one of the locals. She was born in 1929, raised in Lawrence, Kansas and attended Kansas State University, where she earned her elementary education degree. Martha married her husband, Bob and they raised four children: Robert, Nancy, Mark and Linda. She is very proud of her children, five grandchildren and nine great-grandchildren.

Martha has also had her share of adventures which have included a couple of trips to Europe. One of those trips was when Bob worked for Cadbury Schwepps and they attended the 200th anniversary celebration in England. On that trip she said they were “treated like royalty.”

However, one of the things it won't take you long to find out is that Martha is a avid historian and a writer. She served on the Clinton Lake Historical Society for 45 years after obtaining a couple of grants and interviewing the landowners who “lost” their property in the building of Clinton Reservoir. In the process of digging into the local history, Martha started finding information on the underground railroad in this area. She and a friend wrote “Soil of Our Souls and Angels of Freedom.”

Martha also was a member of the Clinton Presbyterian Church which burned last year, at one time was the president of the Town & Country Republican women, and ran for the office for the 45th district. She is still closely connected with the museum at Clinton Lake. We look forward to making several field trips to visit and get some behind the scenes information next spring.



*Martha Parker*



**HAWTHORN**  
SENIOR LIVING





## Memories of Christmas

“Silver bells, silver bells, it’s Christmas time in the city.” The joys, the sights and sounds of the holiday season are upon us. It is a busy time and yet there is joy in the quiet moments of the season as well. “Chestnuts roasting on the open fire ...” So often, those touching and enduring times of peace and quiet get lost in the hustle, bustle, and merriment.

There are a lot of sweet and tender moments that our residents remember. Here are a few from our residents:

**Mary Hiner:** “There were seven children in our family and I was right in the middle. We lived out on the farm and had our own Christmas trees up on the hill that we’d cut and decorate. Santa always came and left us presents. I usually always got what I wanted, which seems unusual with seven kids. That’s a lot of presents for parents to buy. We had a big attic where my parents stored the presents and we weren’t to go up there. I never snuck up to the attic.”

**Jack Hill:** “It was during the Depression, 1939. I lived in Des Moines, Iowa when I was 11 years old. Mom and dad didn’t have any money; well, no one else had any money either. We didn’t know what we would have for Christmas dinner. One day I was done with my paper route and went by the butcher shop which was on fire. The fire department was trying to put the fire out. People were running in and out and taking meats. I got a great big ham. I always remember that Christmas dinner with that ham. If I hadn’t gotten that ham, we would have probably had lunch meat. Matter of fact, I think of that almost every time I have ham.”

**Mary Ann Needham:** “There wasn’t a whole lot of Christmas as a child. I’d be happy if I got a ball or something. Most of my family didn’t live that close, and it was just us and not a very big deal. When my children were growing up, we had a double attached car garage. My husband and I taught round dancing so we turned that garage into a dance hall. During Christmas, we always had a great big Christmas tree in that space. Later, when my kids were older, they would all come over for Christmas day to celebrate. This year I’m not sure how we will get together.”

**Sharon O’Neill:** “We lived in New York where my dad worked for American Airlines and he was always busy. At Christmas he was involved in all the social activities. One of those was a party and everyone was informed to participate with a nice gift, not an extravagant gift but more useful things. I always looked forward that big family party that American Airlines had for us. It was fun and exciting and I loved it!”

One of the special things about Christmas are the memories of times with and without but the love that transcends. Gathering with our friends and family bring out the best of the season.



*Christmas memories*



*Mary Ann and Sharon enjoyed a cold afternoon by the fire reminiscing.*



## December Highlights

As we deal with Covid-19, please understand there will be changes in the schedule as we enter this holiday season. Updates will be given to you to reflect the accuracy of the events and times.

**December 1-6th** — Deck the Hall Week, Let's Decorate!

**December 4th** — Tree Lighting and Drive-In Movie Night

**December 8th-14th** — Gingerbread Week, Let's Do Some Holiday Baking

**December 8th** — Wear Your Christmas Sweater Day

**December 8th** — Happy Hour with Old Enough to Know Better

**December 12th** — Musical Entertainment with Miss Jeannie

**December 6th and 20th** — Hot Dogs at Noon, (weather permitting)

**December 17th** — Evening Entertainment with Vaughn Cowden

**December 25th** — Christmas

**December 26th** — Afternoon Entertainment with Country Cross

**December 31st** — New Year's Eve Party with musical entertainment

Watch for more events.

## Exploring the World Of Mark Twain

November 30th, residents gathered to meet Mark Twain and celebrate his 185th birthday. Mark Twain not only was a writer, an adventurer, but also an observer of life in a changing culture. He was comfortable making comments on social and political events and people.

In preparation for meeting Mark Twain, several events were held. One Tuesday morning, a group of residents joined together to "whitewash" a fence. The painting event was held to remember one of Tom Sawyer's epic stories of getting his friends to help paint the fence that he was tasked to do by Aunt Polly.

Joyce Tuman, Don Young, Don Vaughn, Lorraine Reichart, Margaret Demarce, and Lavonne Hayes shared stories and laughter while painting two fence panels. Our fences will be used for the backdrop for decorations this coming year. The first decorations were our fall wreaths and notes of thankfulness written by the residents.

Another event was on a Friday afternoon we set up tables to play marbles. Mark Twain spent time as a child playing this simple and yet competitive game. Marbles are a traditional children's pastime. The game is played by drawing a circle to create the playing field and marbles were used as the commodity. Marbles is played by two opposing teams. The objective for the teams are to knock more marbles outside the ring than the opposing team by using a larger marble as a "shooter."



*Bryan, Joyce, Lorraine, Don and even our Manager Carol got paint on their hands.*



*Lavonne and Margaret*














DEC 2020

Birthdays

Jeannie Sawyer-  
Rummer, 3rd  
(Employee)  
Richard Powis,  
5th (Employee)  
Joan Knight, 12th  
Kathryn Olden, 13th  
Bernice Hornik, 14th  
Paul DeBauge, 16th  
Richard Gillespie, 16th  
Marilyn Appleby, 18th  
Ashley Mauer,  
19th (Employee)  
Pat Zarnowiec, 19th  
Jared Treul, 19th  
(Employee)  
Rose Tarr-Smith, 21st

The Cutter’s  
Edge  
Hair Salon  
Ginny: 785-865-6283;  
Antonio:  
785-766-7279

“Time together  
as a family is  
a gift.”  
—Joanna Gaines

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:30 Exercise 10:15 Farkle Dice Game 11:00 Smooth Moves, Exercise 11:30 Resident/Manager Meeting 4:00 Cranium Crunches	2 9:30 Exercise 10:00 <b>Bus Tour</b> 10:00 Needlework Crafts 2:00 Movie Matinee 4:00 Hangman: a word game 7:00 Movie	3 9:30 Exercise 10:30 Bible Class 3:00 Bingo 4:00 Bean Bag Baseball 	4 9:30 Exercise 10:00 Games Galore 4:00 Bocce Ball 6:30 Tree Lighting & Drive-In Movie	5 9:30 Exercise 10:00 Farkle 11:00 Meadowlark Market 2:00 Movie Matinee 4:00 Social Hour 7:00 Movie 
6 2:00 Movie 2:00 Worship Service 3:30 Conversations with Carol 7:00 Movie	7 9:00 Library Pick Up 9:30 Exercise 10:00 Needlework Crafts 11:00 Meadowlark Market 3:00 Bingo 4:00 Bags	8 9:30 Exercise 10:15 Farkle Dice Game 2:00 Rosary with Cindy 4:00 Cranium Crunches	9 9:30 Exercise 10:00 <b>Bus Tour</b> 10:00 Needlework Crafts 2:00 Movie Matinee 4:00 Hangman: a word game 7:00 Movie	10 <b>HANUKKAH BEGINS AT SUNSET</b> 9:30 Exercise 10:30 Bible Class 3:00 Bingo 4:00 Bean Bag Baseball	11 9:30 Exercise 10:00 Games Galore 4:00 Bocce Ball 7:00 Movie	12 9:30 Exercise 10:00 Farkle 11:00 Meadowlark Market 2:00 Movie Matinee 3:00 Christmas Entertainment: Miss Jeannie 4:00 Social Hour 7:00 Movie 
13 2:00 Movie 2:00 Worship Service 3:30 Conversations with Carol 7:00 Movie 	14 9:00 Library Pick Up 9:30 Exercise 10:00 Needlework Crafts 11:00 Meadowlark Market 3:00 Bingo 4:00 Bags 	15 9:30 Exercise 10:15 Farkle Dice Game 4:00 Cranium Crunches	16 9:30 Exercise 10:00 <b>Bus Tour</b> 10:00 Needlework Crafts 2:00 Movie Matinee 4:00 Hangman: a word game 7:00 Movie 	17 9:30 Exercise 10:30 <i>Chef’s Corner</i> 10:30 Bible Class 3:00 Bingo 4:00 Bean Bag Baseball 6:15 Music with Vaughn Cowden	18 9:30 Exercise 10:00 Games Galore 4:00 Bocce Ball 7:00 Movie 	19 9:30 Exercise 10:00 Farkle 11:00 Meadowlark Market 2:00 Movie Matinee 4:00 Social Hour 7:00 Movie 
20 2:00 Movie 2:00 Worship Service 3:30 Conversations with Carol 7:00 Movie	21 <b>WINTER BEGINS</b> 9:00 Library Pick Up 9:30 Exercise 10:00 Needlework Crafts 11:00 Meadowlark Market 3:00 Bingo 4:00 Bags 	22 9:30 Exercise 10:15 Farkle Dice Game 2:00 Rosary with Cindy 4:00 Cranium Crunches	23 9:30 Exercise 10:00 <b>Bus Tour</b> 10:00 Needlework Crafts 2:00 Movie Matinee 4:00 Hangman: a word game 7:00 Movie	24 9:30 Exercise 10:30 Bible Class 3:00 Bingo 4:00 Bean Bag Baseball	25 <b>CHRISTMAS DAY</b> 9:30 Exercise 10:00 Games Galore 12:00 Christmas Dinner 4:00 Bocce Ball 7:00 Movie	26 9:30 Exercise 10:00 Farkle 11:00 Meadowlark Market 2:00 Movie Matinee 4:00 Music Country Cross 7:00 Movie
27 2:00 Movie 2:00 Worship Service 3:30 Conversations with Carol 7:00 Movie	28 9:00 Library Pick Up 9:30 Exercise 10:00 Needlework Crafts 11:00 Meadowlark Market 3:00 Bingo 4:00 Bags	29 9:30 Exercise 10:15 Farkle Dice Game 4:00 Cranium Crunches	30 9:30 Exercise 10:00 <b>Bus Tour</b> 10:00 Needlework Crafts 2:00 Movie Matinee 4:00 Hangman: a word game 7:00 Movie	31 <b>NEW YEAR’S EVE</b> 9:30 Exercise 10:30 Bible Class 3:00 Bingo 4:00 Bean Bag Baseball 6:30 New Year’s Eve Party		



## Gingerbread Week: December 6th-12th

From gingerbread houses to the sweet and spicy aroma wafting from the kitchen, gingerbread is one of the traditions many families embrace. Those charming gingerbread houses that are too pretty to eat bring a sense of novelty to what was originally a spice from China that was used to enhance the flavor of preserved meats in the 15th century.

Gingerbread houses originated in Germany sometime during the 16th century and were ornately decorated. Their popularity rose after the Grimm's brothers wrote "Hansel and Gretel" where the children stumbled upon a house of sweet treats. Gingerbread was also used year round as party favors in houses of royalty.

Today, gingerbread is a sweet cake or cookie treat that combines ginger with molasses, honey, or sorghum. At Christmas, the adorable gingerbread men and women are now a standard part of our celebrations in addition to the gingerbread house. There are many recipes that create the little gingerbread men, women and animals that are decorated ornately or just with bundles of enthusiasm by little hands anxious to lick their fingers.

During Hawthorn's Gingerbread Week, there will be special activities to enhance our holiday celebration. Look forward to making your own gingerbread man/woman, completing our gingerbread village, and trying some various gingerbread with some hot chocolate or eggnog.



*Gingerbread Week*

## 2020 Captured in a Time Capsule

2020 has been an unusual year! Many are looking forward to the end of this year with hopefulness that 2021 will bring better possibilities and an end to many of the 2020 negatives. Ushering out the old year and celebrating the new year is a custom that dates back at least 4,000 years to ancient Babylon. The Babylonians performed rituals that symbolized that the world was cleansed and recreated by the gods to start a new year. The Romans celebrated by offering gifts to Janus in hope of gaining good fortune in the coming new year.

Today, we still have many traditions to say goodbye to the old year and transition to the new year. One of the more recent ways to celebrate is New York City's Time Square ball drop which began in 1907. We join together to sing "Auld Lang Syne" to reflect on "times gone by." The cherished New Year's Eve kiss to bring good luck to a relationship comes from England and German folklore.

On New Year's Eve this year, we will commemorate 2020 — the year of the pandemic — by putting together a time capsule. During the holidays, we will be talking about what should be placed in the time capsule. Some ideas are newspaper or magazine articles, photos, menus and product packaging. Items should be small and representative of our life at Meadowlark during 2020.



*What shall we put in our time capsule?*





## Car Shows and Costumes

River City Cruisers brought their old cars and residents enjoyed visiting with the owners. Many memories were shared about their first cars and when they saw these cars for the first time. It was beautiful fall weather to get some fresh air. Louisburg Cider was an additional treat for the afternoon.

The month ended with our Halloween Party and S'mores. Music was provided by some of our favorite musicians who played fun songs like: "One-eyed, one-horned flying purple people eater," and other ghoulish numbers. Everyone joined in for the well-loved singalong songs. There were a lot of creative costumes including: Several pirates, some witches and gypsies, a unicorn, a spry old lady, and a pet walker.



*Sylvia Martin*



*Jeri Mahurin*



*Naomi Arndt visiting with club members*



*Eileen Strong*



*Naomi Arndt remembering her first car*



*Florine O'Rourke*



*Marie Sawyer and Jackie Wall*



Meadowlark Estates  
Gracious Retirement Living

4430 Bauer Farm Drive  
Lawrence, Kansas 66049



*It's always Warm at*

Meadowlark Estates  
Gracious Retirement Living

We invite you to experience the warmth of our community. Our caring staff is here for you any time, day or night. We take care of the cooking, cleaning, and maintenance, leaving you more time to enjoy your lifestyle. We'll even drive you to appointments, shopping and other outings.

**785-842-2400**