

Mountain View Gardens

Gracious Retirement Living

3477 Rodeo Drive • Sierra Vista, Arizona 85635 • Phone (520) 459-1898 • www.seniorlivinginstyle.com

DECEMBER 2020

MOUNTAIN VIEW GARDENS STAFF

Managers.....JERRY & MICHELLE MCNUTT
Assistant Managers ..STEVE & LINDA KLINGER
Executive Chef.....TIM MOLINA
Community Sales DIANA FIELDS
Activity Coordinator MICHELLE MARQUEZ
Maintenance TONY TAYLOR
Bus Driver TERESA IRWIN
Head HousekeeperGAYLE BRYANT

TRANSPORTATION

Monday - Thursday: 9 a.m.-3 p.m.

Friday: 9 a.m.-noon

HAWTHORN
SENIOR LIVING

Welcome Wagon!

Please welcome our new residents. If anyone needs assistance or has questions, just let any of the staff know. We will go above and beyond to help make the transition to your new home smooth and easy.

- Ray Calderon
- Peter Metzler



Welcome to Gingerbread Week!

December 12th is actually Gingerbread House Day and to get in the spirit of gingerbread, we are going to celebrate all week.

December 14th: Gingerbread Word Challenge at 3 p.m. in the Activity Room.

December 15th: Gingerbread Taste Test Challenge at 3 p.m. in the Activity Room.

December 16th: Let's Make Gingerbread Ornaments at 2:15 p.m. and Gingerbread Martinis at 3 p.m. in the Activity Room.

December 17th: Run, Run, Run as Fast as You Can Exercise at 3:30 p.m. in the Activity Room.





All About Gingerbread!

A Bit About Gingerbread

Gingerbread and the many shapes it takes has a long history. First appearing in ancient Greece and Egypt, gingerbread was used more for ceremonial purposes. Later, gingerbread found its way to Europe when 11th-century Crusaders brought back ginger from the Middle East for the aristocrats' cooks to experiment with. As ginger and other spices became more affordable to the masses, gingerbread caught on and eventually became the gingerbread we know and love today!



Gingerbread Takes Form in Europe

An early European recipe for gingerbread consisted of ground almonds, stale breadcrumbs, rosewater, sugar and, naturally, ginger. The resultant paste was pressed into wooden molds. These carved works of art served as a sort of storyboard that told the news of the day, bearing the likeness of new kings, emperors and queens, or religious symbols. The finished cookie might be decorated with edible gold paint (for those who could afford it) or flat white icing to bring out the details in relief.

In the 16th century, the English replaced the breadcrumbs with flour, and added eggs and sweeteners, resulting in a lighter product. The first gingerbread man is credited to Queen Elizabeth I, who knocked the socks off visiting dignitaries by presenting them with one baked in their own likeness.

Gingerbread Today

Today, gingerbread is a baked sweet containing ginger and sometimes cinnamon, cloves, nutmeg, cardamom and anise, and sweetened with any combination of brown sugar, molasses, light or dark corn syrup, or honey. Gingerbread can take the shape of thin, crisp cookies like snaps, it can be dark, spicy and cake-like, sometimes, with lemon glaze, or even in the form of a house!

Gingerbread Houses

The gingerbread house became popular in Germany after the Brothers Grimm published their fairy tale collection which included "Hansel and Gretel" in the 19th century. Early German settlers brought this lebkuchenhaeusle (gingerbread house) tradition to the Americas.

Festival of Trees: Raggedy Ann and Andy

The Festival of Trees is an annual event that has taken place in Sierra Vista for at least 21 years. This event is sponsored by the Chamber of Commerce. Mountain View Gardens has participated in this event for the past three years. In 2018, we won first place in the table top tree division. 2019, we won second place in the table top tree division. This year, we are hoping to place. If not, that is okay. We had an amazing time creating our Raggedy Ann and Andy themed tree. What is even better is that two of our residents had purchased themed costumes that coincidentally went along with our themed tree! Who knew?

Thank you Diana and Duane for dressing up and posing with the Arts and Craft Club crew to take pictures with our tree! You all rock!!



Diana and Duane as Raggedy Ann and Andy



The Festival of Trees Cast Members: Carol, Lida, Eileen, and Ann posing with Diana and Duane



Festival of Trees: Ornament Production!

We had a ball with this tree! So much fun! We knew we had to be uber creative this year with our tree. We were shooting for a unique theme that would be different, yet represent our Community of seniors, hence the theme of Raggedy Ann and Andy was born!

Thank you, ladies, so much for helping put our magnificent tree together this year. As I type this newsletter we don't know if a ribbon will be won for 2020. We shall see!

Here is a bit of Raggedy Ann and Andy history:

Raggedy Ann is a character created by American writer Johnny Gruelle (1880-1938) that appeared in a series of books he wrote and illustrated for young children. Raggedy Ann is a rag doll with red yarn for hair and a triangle nose. Gruelle received US Patent D47789 for his Raggedy Ann doll on September 7, 1915. The character was created in 1915 as a doll, and was introduced to the public in the 1918 book "Raggedy Ann Stories." When a doll was marketed with the book, the concept had great success. A sequel, "Raggedy Andy Stories" (1920), introduced the character of her brother, Raggedy Andy.



Carol and Lida work on creating the ornaments.



What a cute face!



Carol places the ornaments on the tree. Looking good, Carol!

Christmas Eve Festivities

Thursday,
December 24th

Ugly Sweater Competition at 11:45 a.m. in the Dining Room. Please be seated by 11:30 a.m. to enjoy the festivities. There will be prizes! We will even sing some classic Christmas songs!

Christmas Eve Refreshments: Grab and Go at 2:30 p.m. in the Activity Room. Yummy refreshments! Wear your pajamas if you like!



New Year's Eve Celebration

Happy New
Year 2021!

We will be celebrating New Year's Eve at 12:25 p.m. with fun hats and delicious food. We will also be toasting the New Year with sparkling apple cider, too!

And to make things even more fun, come by the New Year's Eve Grab and Go for delicious refreshments at 2:45 p.m. in the Atrium.



DEC 2020

Birthdays

Al Walz, 2nd
Don Handy, 3rd
Frankie Eggink, 4th
Jeanie Gahagen, 4th
Nona Nix, 6th
Bill Henry, 7th
Birdie Norvell, 8th
Sally Graves, 18th
Eileen Johnston, 18th
Bob Fadness, 19th
Aaron Jones, 27th
Marilyn Sims, 28th
Karen Pattison, 29th
Eileen Sywassink, 30th

Locations

Activity Room, AR
Activity Room and Atrium, AR & AT
Activity Room and TV Room, AR & TVR
Atrium, AT
Balcony, BAL
Billiards Room, BR
Chapel, CH
Community Premises, CP
Dining Room, DR
Library, LIB
Library and Billiards Room, LIB & BR
Pool, Pool
TV Room, TVR
TVR and Library, TVR/LIB

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		9:00 Chair Exercises, AR 1 10:00 Chair Exercises, AR 11:00 Writers Interest Group, AR 1:45 Movie Matinee, TVR 2:00 Bingo, AR 2:15 Mexican Train, BR 7:00 Movie Night, TVR	2 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 1:45 Movie Matinee, TVR 7:00 Movie Night, TVR 	3 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 1:45 Movie Matinee, TVR 2:00 Rummikub, AR 3:30 Chair Yoga and Meditation, AR 7:00 Movie Night, TVR 	4 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 11:00 Bean Bag Baseball, AR 1:45 Movie Matinee, TVR 2:00 Bingo, AR 3:30 Chair Zumba, AR 7:00 Movie and Popcorn Night, TVR 	5 9:45 Trivia, AR 11:00 Wii Open Bowling, AR 1:45 Movie Matinee, TVR 3:00 Rummikub, BR 7:00 Movie and Popcorn Night, TVR
6 10:00 Chapel Service, CH 1:45 Movie Matinee, TVR 2:00 Mexican Train, AR 3:00 Wii Open Bowling, AR 3:00 Grief Support Group, AR 7:00 Movie Night, TVR 	7 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 11:00 Bean Bag Baseball, AR 1:45 Movie Matinee, TVR 2:00 Bingo, AR 3:00 Skip-Bo, AR 7:00 Movie Night, TVR 	8 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 11:00 Writers Interest Group, AR 1:45 Movie Matinee, TVR 2:00 Bingo, AR 2:15 Mexican Train, BR 7:00 Movie Night, TVR 	9 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 1:45 Movie Matinee, TVR 2:15 Chocolate Making with Betty, AR 3:30 Chair Yoga and Meditation, AR 7:00 Movie Night, TVR	HANUKKAH BEGINS AT SUNSET 10 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 1:45 Movie Matinee, TVR 2:00 Rummikub, AR 2:30 Hanukkah Refreshments: Grab and Go, AR 7:00 Movie Night, TVR	11 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 11:00 Bean Bag Baseball, AR 1:45 Movie Matinee, TVR 2:00 Bingo, AR 3:30 Chair Zumba, AR 7:00 Movie and Popcorn Night, TVR	12 9:45 Trivia, AR 11:00 Wii Open Bowling, AR 1:45 Movie Matinee, TVR 3:00 Rummikub, BR 7:00 Movie and Popcorn Night, TVR
13 10:00 Chapel Service, CH 1:45 Movie Matinee, TVR 2:00 Mexican Train, AR 3:00 Wii Open Bowling, AR 3:00 Grief Support Group, AR 7:00 Movie Night, TVR	14 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 11:00 Bean Bag Baseball, AR 1:45 Movie Matinee, TVR 2:00 Bingo, AR 3:00 Gingerbread Word Challenge, AR 3:00 Skip-Bo, AR 7:00 Movie Night, TVR	15 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 11:00 Writers Interest Group, AR 1:45 Movie Matinee, TVR 2:00 Bingo, AR 2:15 Mexican Train, BR 3:00 Gingerbread Taste Test, AR 7:00 Movie Night, TVR	16 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 1:45 Movie Matinee, TVR 2:00 Gingerbread Ornaments, AR 3:00 Gingerbread Nonalcoholic Martinis, AT 7:00 Movie Night, TVR	17 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 1:45 Movie Matinee, TVR 2:00 Rummikub, AR 3:30 Run, Run As Fast As You Can, AR 7:00 Movie Night, TVR	18 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 11:00 Bean Bag Baseball, AR 1:45 Movie Matinee, TVR 2:00 Bingo, AR 3:30 Chair Zumba, AR 7:00 Movie and Popcorn Night, TVR 	19 9:45 Trivia, AR 11:00 Wii Open Bowling, AR 1:45 Movie Matinee, TVR 3:00 Rummikub, BR 7:00 Movie and Popcorn Night, TVR 
20 10:00 Chapel Service, CH 1:45 Movie Matinee, TVR 2:00 Mexican Train, AR 3:00 Wii Open Bowling, AR 3:00 Grief Support Group, AR 7:00 Movie Night, TVR	WINTER BEGINS 21 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 11:00 Bean Bag Baseball, AR 1:45 Movie Matinee, TVR 2:00 Bingo, AR 3:00 Skip-Bo, AR 7:00 Movie Night, TVR	22 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 11:00 Writers Interest Group, AR 1:45 Movie Matinee, TVR 2:00 Bingo, AR 2:15 Mexican Train, BR 7:00 Movie Night, TVR	23 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 1:45 Movie Matinee, TVR 7:00 Movie Night, TVR	24 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 11:30 Ugly Sweater Contest, DR 1:45 Movie Matinee, TVR 2:00 Rummikub, AR 2:30 Christmas Eve Refreshments: Grab and Go, AT 7:00 Movie Night, TVR	CHRISTMAS DAY 25 Chair Exercises, AR 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 11:00 Bean Bag Baseball, AR 1:45 Movie Matinee, TVR 2:00 Bingo, AR 7:00 Movie and Popcorn Night, TVR	26 9:45 Trivia, AR 11:00 Wii Open Bowling, AR 1:45 Movie Matinee, TVR 3:00 Rummikub, BR 7:00 Movie and Popcorn Night, TVR
27 10:00 Chapel Service, CH 1:45 Movie Matinee, TVR 2:00 Mexican Train, AR 3:00 Wii Open Bowling, AR 3:00 Grief Support Group, AR 7:00 Movie Night, TVR 	28 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 11:00 Bean Bag Baseball, AR 1:45 Movie Matinee, TVR 2:00 Bingo, AR 3:00 Skip-Bo, AR 7:00 Movie Night, TVR 	29 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 11:00 Writers Interest Group, AR 1:45 Movie Matinee, TVR 2:00 Bingo, AR 2:15 Mexican Train, BR 7:00 Movie Night, TVR 	30 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 1:45 Movie Matinee, TVR 7:00 Movie Night, TVR 	NEW YEAR'S EVE 31 9:00 Chair Exercises, AR 10:00 Chair Exercises, AR 12:25 New Year's Eve Dinner Celebration, AR 1:45 Movie Matinee, TVR 2:00 Rummikub, AR 2:30 New Year's Eve Refreshments: Grab and Go, AT 7:00 Movie Night, TVR		



Hanukkah Begins!

What is Hanukkah?

Hanukkah, which is Hebrew for “dedication,” is the Festival of Lights.

It commemorates the victory of the Maccabees over the Syrian Greek army, and the subsequent miracle of rededicating the Holy Temple in Jerusalem and restoring its menorah, or lamp.

The miracle of Hanukkah is that only one vial of oil was found with just enough oil to illuminate the Temple lamp for one day, and yet it lasted for eight full days.

How Do You Celebrate Hanukkah?

We celebrate Hanukkah at home by lighting the menorah (each night we light one additional candle to the number from the previous night), playing dreidel, and eating special foods unique to Hanukkah. Some people also sing Hanukkah songs or exchange gifts after lighting the menorah, which is also called a Hanukkah. Many people host and attend Hanukkah parties.

What Are Hanukkah Foods?

Many Hanukkah foods are deep-fried in oil, symbolizing the oil from the menorah used in the Temple. These include latkes, or potato pancakes, and jelly doughnuts. Other favorites include the Sephardic delicacy bimuelos and use, of course, applesauce as a latke topping. Chocolate gelt, a candy that gets its name from the Yiddish word for money, is another popular Hanukkah treat.

This year Hanukkah begins the evening of December 10th and goes through the evening of December 18th. We will be having a Hanukkah inspired refreshment grab and go in the Activity Room at 2:30 p.m.



Teen at the Wheel

Written by: Joy, MVG Resident

In the early summer of 1953, I turned 16. There are certain privileges a 16-year-old expects; I was no exception. I could finally go on a date; that seemed important. I could legally drive; that was not important. I didn't want to drive, but my family awaited the day with undisguised anticipation.



Beautiful Joy!

I was one of a group of girls who looked forward to spending a few nights a week at the library, ostensibly to study; but more importantly, to visit other friends and to see and be seen. Two of my friends already had licenses; my friend Lucille did not drive until she was almost 30 years old. I shared Lucille's sentiments that, as long as we had transportation everywhere we wanted to go, there was no need for a license.

My mother and stepfather, on the other hand, wanted me to ferry my younger brother and sister around and run errands for the family. So, for several weekends, my dad drove me to the vacant parking lot at the old Ford plant near the bay to practice my driving.

I should introduce you to my chariot. We had only one car; in fact, I did not know any two-car families in those days. We had my father's 1939 cream-colored Chevrolet coupe — the one he was proud to drive when he was a young man of 29, in love with life and in search of adventure. However, in 1953, it was almost 15 years old; and it was not an easy car to drive, if I may be allowed an understatement at this point. It was a stick shift, with no power anything. It was of the vintage that still had a crank by the front bumper to start it with, if the battery was dead. My dad was not one to waste a penny, so there were, indeed, days when someone would have to crank the car, while another someone moved the choke control in and out until the car ground to life. Automatic transmissions were just beginning to make an appearance in 1953; and anyone who took a driver's test in an automatic, was prohibited on his license from driving a stick shift.

To be continued in the January newsletter.



Halloween Costume Contest 2020

Congratulations to Vel and Sally for winning the Halloween Costume Contest!

What an amazing turnout for our Halloween costume contest! So many people went above and beyond with their gorgeous costumes.

Of course, we took lots of photos. Check out the amazing costumes! What a good looking bunch, for sure!

Halloween Costume History

Halloween costumes are costumes worn on or around Halloween, a festival which falls on October 31. An early reference to wearing costumes at Halloween comes from Scotland in 1585, but they may pre-date this.

Halloween costumes are traditionally based on frightening supernatural or folkloric beings. However, by the 1930s costumes based on characters in mass media such as film, literature, and radio were popular.



Diana and Duane as Raggedy Ann and Andy



What a great looking bunch! Wow!



Mike as Mike von Trapp



Jeanie as Drucella



Vel and Sally as Sir Lancelot and Guinevere, Halloween Costume Contest Winners!



Joy and Susan as our Queen and Poor Butterfly

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It's always Warm at

Mountain View Gardens
Gracious Retirement Living

We invite you to experience the warmth of our community. Our caring staff is here for you any time, day or night. We take care of the cooking, cleaning, and maintenance, leaving you more time to enjoy your lifestyle. We'll even drive you to appointments, shopping and other outings.

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