NorthRidge
Gracious Retirement Living

14532 Allisonville Road • Fishers, IN 46038 • Phone (317) 776-1980 • www.seniorlivinginstyle.com

DECEMBER 2020

NORTHRIDGE STAFF

Assistant Managers ..... SCOTT & SUSAN LANE
Executive Chef ..... BRANDY FELTS
Community Sales ..... KASHIA CUTLER
Activity Coordinator ..... DENISE MIRRO
Maintenance Coordinator ..... JIM JOHNSON
Transportation ..... MANDY KAUR

TRANSPORTATION

Monday, 9 a.m.-2 p.m.: Appointments
Tuesday, 9 a.m.: Meijer
Wednesday, 9 a.m.: Walmart
Thursday, 9 a.m.-2 p.m.: Appointments

Celebrating New Year's Eve

The final night of the year is coming up. Count down with some festive facts about the revelry of New Year's Eve.

- Ringing out the old year and ushering in a new one is a custom that goes back at least 4,000 years to the ancient Babylonians.
- The first places on the globe to greet the new year are the island nations of Kiribati, Samoa and Tonga, located in the South Pacific Ocean.
- Just across the international date line, American Samoa, a U.S. territory, is the world's last inhabited locale to welcome in the year.
- New York City's Times Square ball drop is a celebration that began in 1907.
- Singing "Auld Lang Syne" at midnight has grown into a worldwide tradition. The words roughly translate to "times gone by."
- Puckering up for a New Year's Eve kiss is said to bring good luck to a relationship and has roots in German and English folklore.
- Those novelty eyeglasses with frames shaped into the numbers of the coming year were invented in 1990 by two friends in Seattle.
- Causing a ruckus with noisemakers began as a way to chase off bad luck.
- Some don't stay up to celebrate; in a survey, over 10% of people said they fall asleep before midnight.
- That cute little guy decked out in a diaper, top hat and sash is known as Baby New Year. He's been a symbol of the holiday since the days of ancient Greece.

The Joy of Simple Things

A whirlwind of sights and sounds, the holiday season is often a busy time. But there's much joy and meaning to be found in the quieter moments as well.

Treats: Certain foods taste better around the holidays, don't they? Whether it's a sip of eggnog or a bite of decadent fudge, savor the moment as a mini celebration.

Decorations: Setting out some seasonal items can instantly put you in a festive mood. By placing a treasured keepsake in a spot where you'll see it every day, you can stir up warm feelings of comfort and joy.

Crafts: Winter is often peak crafting season. If the weather outside is frightful, you can delight in creating a homemade gift or jolly decoration. Take pride in using your hands and putting love into your work.

Music: Listening and singing along to your favorite holiday tunes is a simple pleasure that many folks enjoy. When you hear a song that's special to you, close your eyes and focus on the words and melody.

City Lights Drive

Join us for an evening drive through the city to see the beautiful display of Christmas lights while enjoying hot cocoa and homemade cookies.

We will have three dates to choose from, so be sure to sign up.

- December 11th, at 6:45 p.m.
- December 18th, at 6:45 p.m.
- December 23rd, at 6:45 p.m.

Movie Night

Our first drive in movie was a blast! The lights went out at 5:30 and we served up the best drive in movie dinner...Hot Dogs, Hamburgers, French Fries, Skittles and Pop!!!

Beethoven's Greatest Hits

This year celebrates the 250th birth anniversary of Ludwig van Beethoven, one of the most masterful composers in classical music history. From his career of over 700 works, here are some of his most beloved:

Symphony No. 5 — The piece known as Beethoven's Fifth is one of the world's most important and famous symphonies, partly due to its dramatic four-note opening.

Symphony No. 9 — His last symphony, written after he had gone completely deaf, continues to inspire. In the fourth and final movement, vocalists sing the lyrics of Friedrich Schiller's poem "Ode to Joy."

Violin Concerto — Although not successful during Beethoven's lifetime, his Violin Concerto in D major is now a popular piece for violinists and considered one of the composer's most beautiful works.

Symphony No. 3 — This triumphant piece, called the "Eroica" Symphony, marks a groundbreaking turn in Beethoven's career — and classical music as a whole — when his work became more personal and emotional.

Piano Sonata No. 14 — The slow, haunting first movement of this piece, nicknamed the "Moonlight Sonata," is instantly recognizable, thanks to its use in films and television.

"Für Elise" — This short, delicate piano composition wasn't discovered until 40 years after Beethoven's death, but is now an iconic example of classical music and is often a standard for beginner piano players.

Honey Bees

We had a special guest appearance from The Bastin Bee Company. Once again, Ron took time out of his very busy schedule to visit us. We learned so much about the process of honey and all the health benefits.

If you're looking for a great holiday gift, Bastin Honey is the way to go.

765-987-8385

Bastinhoneybeefarm.com

DEC 2020

Birthdays

Earl Wordworth, 2nd
Russell McCullugh, 5th
Sandra Gordon, 5th
Miriam Ludy, 31st
Beverly Ilich, 31st

Locations

Activity Room, AR
Atrium, AT
Backyard Patio, BP
Billiards, BL
Bistro, BI
Chapel, CH
Computer Room, CR
Dining Room, DR
Fitness Center, FC
Front Lobby, LB
Library, LB
Movie Theater, MT
TV Room, TV

Do what you love, love what you do.

Movies shown daily at 3 p.m. and 6:45 p.m.

Transportation to Hazel Dell Christian Church — Sunday mornings at 8:45 a.m. for 9:15 a.m. worship service.

Priority Rehab and Wellness, Dr. Blake Wiseman, DPT, 317-688-8232.

Wright Touch Styling Salon, 317-773-8808.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:00 Meijer, LB 9:30 Chair Yoga, LB 10:30 Strength & Balance, FC 2:00 Bingo 3:00 Family Feud, AT 4:00 Dominoes, AR 7:00 Wii Bowling: Open	2 9:00 Walmart 9:30 Morning Stretches, AR 10:30 Circuit Training, FC 11:30 Resident Meeting, DR 1:45 Blood Pressure Clinic 2:00 Team Trivia 3:00 Right Center Left, AR	3 9:15 Kitchen Tour, DR 9:30 Chair Yoga, LB 10:00 Aggravation Time! 10:30 Zoomba, FC 2:00 Balloon Volleyball **3:00 Fun with Legacy, AR** 6:45 Euchre Game, AR 6:45 "It's a Guy's Thing" Pool, BL	4 9:30 Fiesta Walk, AR 10:30 Cornhole, AT 11:30 The Bible Today/ Devotion, CH 2:00 Wheel of Fortune, AT 3:00 Golf 4:00 Happy Hour with Whitney, AR 7:00 Bridge Game	5 2:00 Bridge Game, TV 2:00 Liverpool 3:00 Wii Bowling League 4:00 Dominoes, AR 7:00 Disciples at Work, CH
6 9:30 Northridge Fellowship "Trinity," CH 11:00 Prayer Group, CH **2:00 Aggravation Time!, AR** 7:00 9 Ball, BL	7 9:30 Morning Stretches, AR 10:30 Strength and Balance, FC 11:30 The Bible Today/ Devotion, CH 2:00 Pictionary, AT 3:00 Golf, AR 7:00 Cards, TV	8 9:00 Meijer, LB 9:30 Chair Yoga, LB 10:30 Strength & Balance, FC 11:00 Bible Study with Pastor Ben, CH 2:00 Bingo 3:00 Family Feud, AT 4:00 Dominoes, AR 7:00 Wii Bowling: Open	9 9:00 Walmart 9:30 Morning Stretches, AR 10:30 Circuit Training, FC 1:45 Blood Pressure Clinic 2:00 Team Trivia 3:00 Right Center Left, AR	HANUKKAH BEGINS AT SUNSET 10 9:30 Chair Yoga, LB 10:00 Aggravation Time! 10:30 Zoomba, FC 2:00 Balloon Volleyball **3:00 Fun with Legacy, AR** 6:45 Euchre Game, AR 6:45 "It's a Guy's Thing" Pool, BL	11 9:30 Fiesta Walk, AR 10:00 Late Risers' Breakfast Outing 10:30 Cornhole, AT 11:30 The Bible Today/ Devotion, CH 2:00 Wheel of Fortune, AT 3:00 Golf 7:00 Bridge Game	12 2:00 Bridge Game, TV 2:00 Liverpool 3:00 Wii Bowling League 4:00 Dominoes, AR 7:00 Disciples at Work, CH
13 10:00 Northridge Church Service, AR 11:00 Prayer Group, CH **2:00 Aggravation Time!, AR** 7:00 9 Ball, BL	14 9:30 Morning Stretches, AR 10:30 Strength and Balance, FC 11:30 The Bible Today/ Devotion, CH 2:00 Watercoloring, AR 2:00 Pictionary, AT 3:00 Golf, AR 7:00 Cards, TV	15 9:00 Meijer, LB 9:30 Chair Yoga, LB 10:30 Strength & Balance, FC 2:00 Bingo 3:00 Family Feud, AT 4:00 Dominoes, AR 7:00 Wii Bowling: Open	16 9:00 Walmart 9:30 Morning Stretches, AR 10:30 Circuit Training, FC 1:45 Blood Pressure Clinic 2:00 Team Trivia 3:00 Right Center Left, AR	17 9:30 Chair Yoga, LB 10:00 Aggravation Time! 10:30 Zoomba, FC 11:00 Bethel Lutheran Church Service 2:00 Balloon Volleyball **3:00 Fun with Legacy, AR** 6:45 Euchre Game, AR 6:45 "It's a Guy's Thing" Pool, BL	18 9:30 Fiesta Walk, AR 10:30 Cornhole, AT 11:30 The Bible Today/ Devotion, CH 2:00 Wheel of Fortune, AT 3:00 Golf 4:00 Happy Hour with Whitney, AR 7:00 Bridge Game	19 2:00 Bridge Game, TV 2:00 Liverpool 3:00 Wii Bowling League 4:00 Dominoes, AR 7:00 Disciples at Work, CH
20 9:30 Northridge Fellowship "Trinity," CH 11:00 Prayer Group, CH **2:00 Aggravation Time!, AR** 3:00 Chef Demo, AR 7:00 9 Ball, BL	WINTER BEGINS 21 9:30 Morning Stretches, AR 10:30 Strength and Balance, FC 11:30 The Bible Today/ Devotion, CH 2:00 Pictionary, AT 3:00 Golf, AR 7:00 Cards, TV	22 9:00 Meijer, LB 9:30 Chair Yoga, LB 10:30 Strength & Balance, FC 11:00 Bible Study with Pastor Ben, CH 2:00 Bingo 3:00 Family Feud, AT 4:00 Dominoes, AR 7:00 Wii Bowling: Open	23 9:00 Walmart 9:30 Morning Stretches, AR 10:30 Circuit Training, FC 1:45 Blood Pressure Clinic 2:00 Team Trivia 3:00 Right Center Left, AR 4:00 Happy Hour with Wright Touch	24 9:30 Chair Yoga, LB 10:00 Aggravation Time! 10:30 Zoomba, FC 2:00 Balloon Volleyball **3:00 Fun with Legacy, AR** 6:45 Euchre Game, AR 6:45 "It's a Guy's Thing" Pool, BL	CHRISTMAS DAY 25 9:30 Fiesta Walk, AR 10:00 Late Risers' Breakfast Outing 10:30 Cornhole, AT 11:30 The Bible Today/ Devotion, CH 2:00 Wheel of Fortune, AT 3:00 Golf 7:00 Bridge Game	26 2:00 Bridge Game, TV 2:00 Liverpool 3:00 Wii Bowling League 4:00 Dominoes, AR 6:45 Disney Movie with The Grandkids 7:00 Disciples at Work, CH
27 10:00 Northridge Church Service, AR 11:00 Prayer Group, CH 11:00 Chef Chat, AR **2:00 Aggravation Time!, AR** 7:00 9 Ball, BL	28 9:30 Morning Stretches, AR 10:30 Strength and Balance, FC 11:30 The Bible Today/ Devotion, CH 2:00 Watercoloring, AR 2:00 Pictionary, AT 3:00 Golf, AR 7:00 Cards, TV	29 9:00 Meijer, LB 9:30 Chair Yoga, LB 10:30 Strength & Balance, FC 2:00 Bingo 3:00 Family Feud, AT 4:00 Dominoes, AR 7:00 Wii Bowling: Open	30 9:00 Walmart 9:30 Morning Stretches, AR 10:30 Circuit Training, FC 1:45 Blood Pressure Clinic 2:00 Team Trivia 3:00 Right Center Left, AR	NEW YEAR'S EVE 31 9:30 Chair Yoga, LB 10:00 Aggravation Time! 10:30 Zoomba, FC 2:00 Balloon Volleyball **3:00 Fun with Legacy, AR** 6:45 Euchre Game, AR 6:45 "It's a Guy's Thing" Pool, BL		

Halloween Bash 2020

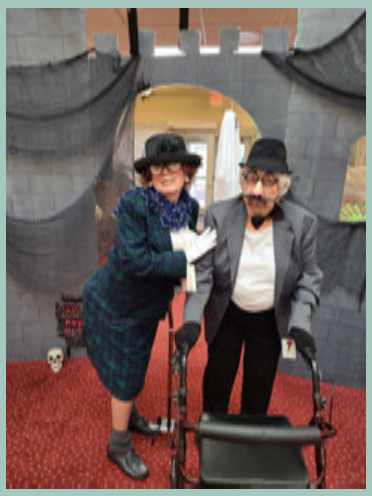
Halloween 2020 was scary enough without all the costumes, but we turned all that around with our costume parade and party. The creativity and participation was more than I could ever ask for. We should be in top magazines! Every year it keeps getting better — even through the toughest of times we find fun!

Bruce and Sandra as the "money makers"

Mike came in first place for best costume.

Denny made a perfect hula girl.

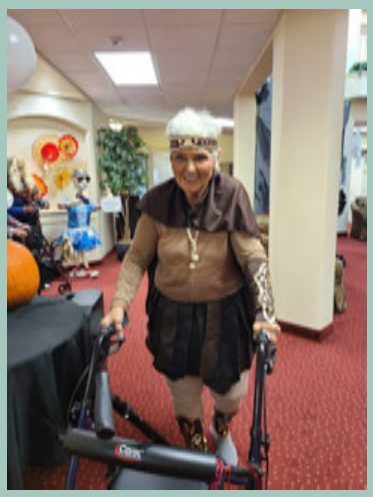
Beverly as the Good Witch



Rhonda and Joetta made us all laugh.

Don is rocking his Elvis costume.

Joe as the Wolf and Duane as Frankenstein. Duane came in second place for best costume.



Janice as a beautiful warrior princess

Lois and Harold

Celebrating the First Day Of Winter

Celebrating the first day of winter with Tom Wright. Oh, how we have missed Tom's way of entertaining the crowd with his sly humor and velvety baritone. Join us for dinner on December 21st as we welcome Tom back into our home for the holidays.

Trains, Trains, and Trains

Mark your calendar for the week of December 14th. It will be all about trains. Visit our train display down in the Atrium, hosted by one of our very own residents, Lynn Denison. Later in the week, we will hit the drive-in movie theater to see "The Polar Express."

Gingerbread House

Join us every Sunday at 2 p.m. and Thursday at 11 a.m. in the Activity room as we build and create our annual gingerbread house. We are in it to win it, and we need your help! I hope to see you there.

Fun With Legacy

Join us in the Activity Room for some Fun With Legacy on December 17th at 3 p.m. Snacks and beverages will be provided. You don't want to miss out on the fun.

Drive-in Movie Night

Join us for a Drive-in Movie Night to view "The Polar Express." Pull up in your favorite convertible, sit back and relax.

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EQUAL HOUSING OPPORTUNITY