

# Salishan

## GRACIOUS RETIREMENT LIVING

191 Astaire Lane • Spring Hill, Florida 34609 • Phone (352) 263-2300 • [www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)

## DECEMBER 2020

### SALISHAN STAFF

Managers..... RICH & JAN  
Assistant Managers ..... STEVE & DEBI WILKINS  
Executive Chef ..... GARY NILES  
Community Sales ..... KERI LIM  
Activity Coordinator ..... ARIEL LENART  
Maintenance Coordinator ..... PEDRO SANCHEZ  
Bus Driver ..... BILL FRAMPTON

### TRANSPORTATION

**Monday, 9:15 a.m.-3:15 p.m.:** Shopping

**Tuesday, 9:15 a.m.-3:15 p.m.:** Doctor  
Appointments — Spring Hill

**Wednesday, Resident Outing:** See Calendar

**Thursday, 9:15 a.m.-3:15 p.m.:** Doctor  
Appointments — Oak Hill and Brooksville

**Friday, 9:15 a.m.-3:15 p.m.:** Shopping

## Tastes of the Season

Just one sip of a seasonal beverage or a bite of a decadent dessert can put you in a holiday mood. Celebrate all month long with these favorite flavors:

**Peppermint** — From the classic candy

cane to crunchy, chocolaty peppermint bark, the vibrant taste of peppermint adds a dash of festive flair to all kinds of sweet treats. It's often swirled into cocoa or coffee beverages for a refreshing pick-me-up.

**Hot cocoa** — There may be no better way to warm up on a cold winter's day than with a mug of hot chocolate sprinkled with marshmallows. In addition to drinking it, you can indulge in hot cocoa-flavored candies, cookies, ice cream and popcorn.

**Gingerbread** — Combining ginger with other spices — typically cinnamon, cloves and nutmeg — results in one of the season's tastiest traditions. Making gingerbread men cookies and decorating gingerbread houses are whimsical ways to enjoy this holiday flavor.

**Sugar cookie** — Sweet and simple cookies in the shapes of stars, wreaths and snowmen are a favorite this time of year. You can further satisfy your sugar-cookie cravings with flavored coffee creamers, hot tea, popcorn and ice cream.

**Eggnog** — This rich, creamy beverage has been adapted into recipes for cookies, cakes, ice cream and candies, all celebrating the drink's scrumptious blend of vanilla, nutmeg and cinnamon.



HAWTHORN  
SENIOR LIVING





## The Joy of Simple Things

A whirlwind of sights and sounds, the holiday season is often a busy time. But there's much joy and meaning to be found in the quieter moments as well.

**Treats:** Certain foods taste better around the holidays, don't they? Whether it's a sip of eggnog or a bite of decadent fudge, savor the moment as a mini celebration.

**Decorations:** Setting out some seasonal items can instantly put you in a festive mood. By placing a treasured keepsake in a spot where you'll see it every day, you can stir up warm feelings of comfort and joy.

**Crafts:** Winter is often peak crafting season. If the weather outside is frightful, you can delight in creating a homemade gift or jolly decoration. Take pride in using your hands and putting love into your work.

**Music:** Listening and singing along to your favorite holiday tunes is a simple pleasure that many folks enjoy. When you hear a song that's special to you, close your eyes and focus on the words and melody.



## Pumpkin Patch

We took pictures in front of the pumpkin patch, then enjoyed some apple cider. Yum!







## Coney Island

Do you like hotdogs, shakes, fries or root beer floats? These are just a few of the different items you can try at this famous hot dog joint called Coney Island. Come join us every first Friday of the month at 12 p.m. It's a short outing. We just go for lunch time and come back in time for Bingo at 2 p.m. Sign up in the activities room. We hope to see you this month!

### History of Coney Island

**July 7, 1960** — Darrell and Gertrude Todd and family from Brooksville opened Coney Island Drive-Inn in an old boat manufacturing building.

**1961** — Elvis Presley was in Inverness, Florida, filming a movie, and legend has it he ventured down to Brooksville for one of the Famous Footlongs.

**1968** — Fred Rice was brought on board and was the master hot dog slinger until 1992, and legend has it he still keeps an eye on the place.

**1971** — Coney Island Drive-Inn was purchased by Ralph and Gene Collins.

**1972** — The movie Death Dream was filmed in Coney Island for a day and was the highlight of the movie.

**Mid '70s** — In the Mid-1970's, Walt Disney World was the only other institution that used more foot-long hotdog buns in the state than Coney Island Drive-Inn.

**Mid '70s** — Diggity Dog was born into the family and has been the Brooksville icon since.

**1985** — Tom Collins, son of Ralph and Gene Collins, purchased the family business with daughter, Daiquiri,



and kept the Brooksville Tradition going into the 21st century.

**2006** — The Hensley Family purchased the Drive-Inn and an old tradition was kept in place.

**May 5, 2014** — Sally Lee purchased Coney Island Drive-Inn with her son, Carter Lee. They brought on dad, John Lee, to help.

**2015** — They purchased the old turpentine building in Zephyrhills, Florida, for location number two.

**May 2016** — Zephyrhills location opened.

**February 2020** — Crystal River, the first licensed location, opens.

Joe Eder's Coney Island Drive-Inn

## December Jokes

**Q:** How does a sheep say Merry Christmas?

**A:** Fleece Navidad!

**Q:** What kind of motorcycle does Santa like to ride?

**A:** A Holly Davidson!

**Q:** What do you get when Santa becomes a detective?

**A:** Santa Clues!

**Q:** What do you call a reindeer with bad manners?

**A:** Rude-olph!





DEC 2020

Birthdays

Frank Cioffi, 6th  
Jerry McDevitt, 6th  
Evelyn Meyer, 12th  
Santa Monteleone, 15th  
John Gushea, 17th  
Jose Ramirez, 20th  
Emilia Bujacich, 21st  
Alice Schultz, 24th  
Joan Sabens, 31st

Locations

Activity Room, AR  
Atrium, AT  
Billiards Room, BR  
Card Room, CR  
Lanai, LN  
Library, LI  
Lobby, LB  
Pool, PL  
Theater, TH  
TV Room, TV  
Worship Room, WR

Northern Exposure at Salishan Salon

Hours of Operation:  
Wednesday-Friday:  
9 a.m.-4 p.m.;  
Saturday:  
9 a.m.-3 p.m.  
Phone: 352-686-3015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		9:30 Weights Workout, AR 1 10:00 Beanbag Baseball, AT 11:00 Beach Ball, Exercise, AT 2:00 <b>Gingerbread House Making, AR</b> 3:00 <b>Tea at Three, AR</b> 7:00 Evening Movie, TH	2 Outing Day! 8:45 <b>Blood Pressure Checks, AR</b> 4:00 Nickel Bingo, AR 6:45 Mexican Train/ Card Club, AR 7:00 Evening Movie, TH	3 9:30 Weights Workout, AR 10:00 Horse Racing, AT 10:30 Rummikub 11:00 Beach Ball, Exercise, AT 2:30 Afternoon Matinee, TH 3:30 <b>Gingerbread House Making, AR</b> 7:00 Evening Movie, TH	4 10:00 Fly Swatter Balloon Exercise, AR 11:00 Bocce Ball, AT 2:00 Nickel Bingo, AR 3:30 <b>Gingerbread House Making, AR</b> 7:00 Evening Movie, TH 7:00 Card Club, AR	5 11:00 Crossword Puzzles, CR 2:00 <b>Catholic Communion Service, AR</b> 2:30 Afternoon Matinee, TH 3:00 <b>Bible Study: Discover God's Presence and Purpose, AR</b> 7:00 Evening Movie, TH
6 10:30 <b>Sunday Hymn Sing, AR</b> 11:00 Crossword Puzzles, CR 2:30 Movie Matinee, TH 4:00 Nickel Bingo, AR 7:00 Evening Movie, TH 	7 9:30 Weights Workout, AR 10:00 Laugh Yoga, AR 11:00 <b>Gingerbread House Making, AR</b> 2:00 Nickel Bingo, AR 3:30 <b>Ladder Toss, AT</b> 4:30 <b>Manager/Resident Meeting in Dining Room</b> 6:45 Mexican Train/ Card Club, AR 7:00 Evening Movie, TH	8 9:30 Weights Workout, AR 10:00 Beanbag Baseball, AT 11:00 Beach Ball, Exercise, AT 2:00 <b>Gingerbread House Making, AR</b> 7:00 Evening Movie, TH	9 Outing Day! 8:45 <b>Blood Pressure Checks, AR</b> 4:00 Nickel Bingo, AR 6:45 Mexican Train/ Card Club, AR 7:00 Evening Movie, TH	HANUKKAH BEGINS AT SUNSET 10 9:30 Weights Workout, AR 10:00 Horse Racing, AT 10:30 Rummikub 11:00 Beach Ball, Exercise, AT 2:30 Afternoon Matinee, TH 3:30 <b>Gingerbread House Making, AR</b> 7:00 Evening Movie, TH	11 10:00 Fly Swatter Balloon Exercise, AR 11:00 Bocce Ball, AT 2:00 Nickel Bingo, AR 3:30 <b>Hot Chocolate Bar, AR</b> 7:00 Evening Movie, TH 7:00 Card Club, AR	12 11:00 Crossword Puzzles, CR 2:00 <b>Catholic Communion Service, AR</b> 2:30 Afternoon Matinee, TH 3:00 <b>Bible Study: Discover God's Presence and Purpose, AR</b> 7:00 Evening Movie, TH 
13 10:30 <b>Sunday Hymn Sing, AR</b> 11:00 Crossword Puzzles, CR 2:30 Movie Matinee, TH 4:00 Nickel Bingo, AR 7:00 Evening Movie, TH	14 9:30 Weights Workout, AR 10:00 Laugh Yoga, AR 11:00 <b>Gingerbread House Making, AR</b> 2:00 Nickel Bingo, AR 3:30 <b>Ladder Toss, AT</b> 4:00 <b>Activities Coordinator/ Resident Meeting, AR</b> 6:45 Mexican Train/ Card Club, AR 7:00 Evening Movie, TH	15 9:30 Weights Workout, AR 10:00 Beanbag Baseball, AT 11:00 Beach Ball, Exercise, AT 2:00 <b>Ugly Sweater Contest, AR</b> 3:00 <b>Tea at Three, AR</b> 7:00 Evening Movie, TH 	16 Outing Day! 8:45 <b>Blood Pressure Checks, AR</b> 9:00 <b>On-Site Dermatology Appointments</b> 4:00 Nickel Bingo, AR 6:45 Mexican Train/ Card Club, AR 7:00 Evening Movie, TH	17 9:30 Weights Workout, AR 10:00 Horse Racing, AT 10:30 Rummikub 11:00 Beach Ball, Exercise, AT 2:30 Afternoon Matinee, TH 3:00 <b>Louie Sings!, AT</b> 7:00 Evening Movie, TH 	18 10:00 Fly Swatter Balloon Exercise, AR 11:00 Bocce Ball, AT 2:00 Nickel Bingo, AR 3:30 <b>New Resident Meet and Greet, AR</b> 7:00 Evening Movie, TH 7:00 Card Club, AR	19 11:00 Crossword Puzzles, CR 2:00 <b>Catholic Communion Service, AR</b> 2:30 Afternoon Matinee, TH 3:00 <b>Bible Study: Discover God's Presence and Purpose, AR</b> 7:00 Evening Movie, TH
20 10:30 <b>Sunday Hymn Sing, AR</b> 11:00 Crossword Puzzles, CR 2:30 Movie Matinee, TH 4:00 Nickel Bingo, AR 7:00 Evening Movie, TH 	WINTER BEGINS 21 9:30 Weights Workout, AR 10:00 Laugh Yoga, AR 2:00 Nickel Bingo, AR 3:30 <b>Ladder Toss, AT</b> 6:45 Mexican Train/ Card Club, AR 7:00 Evening Movie, TH 	22 9:30 Weights Workout, AR 10:00 Beanbag Baseball, AT 11:00 Beach Ball, Exercise, AT 3:00 <b>Snowglobes From Mason Jars, AR</b> 7:00 Evening Movie, TH	23 Outing Day! 8:45 <b>Blood Pressure Checks, AR</b> 2:00 <b>Christmas Party, AR</b> 4:00 Nickel Bingo, AR 6:45 Mexican Train/ Card Club, AR 7:00 Evening Movie, TH	24 	CHRISTMAS DAY 25	26 11:00 Crossword Puzzles, CR 2:00 <b>Catholic Communion Service, AR</b> 2:30 Afternoon Matinee, TH 3:00 <b>Bible Study: Discover God's Presence and Purpose, AR</b> 7:00 Evening Movie, TH
27 10:30 <b>Sunday Hymn Sing, AR</b> 11:00 Crossword Puzzles, CR 2:30 Movie Matinee, TH 4:00 Nickel Bingo, AR 7:00 Evening Movie, TH	28 9:30 Weights Workout, AR 10:00 Laugh Yoga, AR 2:00 Nickel Bingo, AR 3:30 <b>Ladder Toss, AT</b> 6:45 Mexican Train/ Card Club, AR 7:00 Evening Movie, TH	29 9:30 Weights Workout, AR 10:00 Beanbag Baseball, AT 11:00 Beach Ball, Exercise, AT 3:00 <b>Christmas Wreaths Made From Mason Jar Lids, AR</b> 7:00 Evening Movie, TH	30 Outing Day! 8:45 <b>Blood Pressure Checks, AR</b> 4:00 Nickel Bingo, AR 6:45 Mexican Train/ Card Club, AR 7:00 Evening Movie, TH	NEW YEAR'S EVE 31 9:30 Weights Workout, AR 10:00 Horse Racing, AT 10:30 Rummikub 11:00 Beach Ball, Exercise, AT 2:30 Afternoon Matinee, TH 7:00 Evening Movie, TH 		



## Christmas Facts

1. The traditional colors of Christmas decorations are red, green and gold. Red symbolizes the blood of Jesus, which was shed in his crucifixion. Green symbolizes eternal life. Gold is the first color associated with Christmas symbolizing royalty.
2. 36 million Christmas Trees are produced each year. Christmas trees takes almost 7-10 years to mature.
3. In the Ukraine, if you find a spider web in the house on Christmas morning, it is believed to be a harbinger of good luck! This belief resulted from an old Ukrainian folk tale, which told the story of a very poor woman. So poor was she, that she could not even afford Christmas decorations for her family. One Christmas morning, she awoke to find that spiders had trimmed her children's tree with their webs. When the morning sun shone on them, the webs turned to silver and gold. The woman took this as a godsend, and her misery ended forever. An artificial spider and web are, thus, often included in the decorations on Ukrainian Christmas trees.
4. A famous Christmas tradition is to exchange kisses beneath the mistletoe. Though the reason behind the choice of mistletoe in this custom is not properly known, it may be well to remember that in ancient Scandinavia, mistletoe was associated with peace and friendship. That may account for the custom of "kissing beneath the mistletoe."
5. Have you ever heard of "hot cockles?" It was a popular game at Christmas in medieval times. In this game, a player was blindfolded and the other players took turns striking the blindfolded player, who had to guess the name of the person delivering each blow. "Hot cockles" remained a Christmas pastime until the Victorian era.
6. In many households, part of the fun of eating Christmas pudding is finding a trinket that predicts your fortune for the coming year. For instance, finding a coin means you will become wealthy. A ring means you will get married; while a button predicts bachelorhood. The idea of hiding something in the pudding comes from the tradition in the Middle Ages of hiding a bean in a cake that was served on Twelfth Night. Whoever found the bean was held as the "king" for the rest of the night.
7. Christmas Pudding originates from an old, Celtic dish known as "Frumenty." Frumenty was a spiced porridge, enjoyed by both the rich and poor. It was a forerunner of modern Christmas puddings. According to the old Celtic legend, it is linked to the Celtic god Dagda, who stirred a porridge made up of all the good things of the earth.
8. In Greek legend, malicious creatures called Kallikantzaroι sometimes play troublesome pranks at Christmas time. In order to get rid of them, salt or an old shoe is burnt. The pungent burning stench drives off, or at least helps discourage, the Kallikantzaroι. Other techniques include hanging a pig's jawbone by the door and keeping a large fire so they can't sneak down the chimney.
9. The poinsettia is a traditional Christmas flower. In Mexico (its original birthplace), the poinsettia is known as the "Flower of the Holy Night." Since the 19th century, the poinsettia has been associated with Christmas.
10. Louis Prang, a Bavarian-born lithographer who came to the USA from Germany in the 19th century, popularized the sending of printed Christmas cards. He invented a way of reproducing color oil paintings, known as the "chromolithograph technique," and created a card with the message "Merry Christmas" as a way of showing it off.
11. The "Urn of Fate" is part of the Christmas celebrations in many Italian households. The Urn of Fate is brought out on Christmas Eve. But what is it? The Urn of Fate, an old Italian tradition, is a large ornamental bowl that holds wrapped gifts for members of the family. When the family gets together, each member takes his turn at drawing a gift from the urn until all the presents are distributed. The mother tries her luck first, then the others in turn. If you get a present with your name on it, you keep it; otherwise, you put it back and try again.





12. In Sweden, a common Christmas decoration is the Julbukk, a small figurine of a goat. It is usually made of straw. Scandinavian Christmas festivities feature a variety of straw decorations in the form of stars, angels, hearts and other shapes, as well as the Julbukk.

13. Santa Claus has two addresses — Edinburgh and the North Pole. Letters addressed to “Toyland” or “Snowland” go to Edinburgh, but letters addressed to “The North Pole” are really sent to the North Pole because, as you know, there is really such a place.

14. In 1647, Christmas was made illegal by a law that was passed by the English Parliament. Christmas festivities were banned by Puritan leader Oliver Cromwell, who considered feasting and revelry as immoral actions that were performed on the holy day that Christmas was. It was only when the Puritans lost power in 1660 that the strict ban on Christmas was lifted.

15. The first Christmas Pudding was made as a kind of soup with raisins and wine in it.

16. Have you heard of “Animal Crackers?” Are these crackers made by animals? Not really! These are cookies that were imported to the United States from England in the late 1800s. Barnum’s circus-like boxes were designed with a string handle so that they could be hung on a Christmas tree.



## Monster Bash

On Friday, October 30th, we had a great night celebrating Halloween. Everyone did a great job with their costumes. Congratulations to our winners, Laura, Ron, Barbra, Paul and Sally. I know it was tough to choose the winners since everyone got creative with their costumes. We enjoyed having the DJs play music and dancing to the hits. We also enjoyed treats that some of the residents made earlier in the day, Spider Deviled Eggs, Mummies in a Blanket and Graveyard Brownies. We also had some of Chef Gary’s Haunted Punch. It was a “spook-tacular” night! Thank you to everyone who came out and participated!





191 Astaire Lane  
Spring Hill, Florida 34609



*It's always Warm at*

**Salishan**  
GRACIOUS RETIREMENT LIVING

We invite you to experience the warmth of our community. Our caring staff is here for you any time, day or night. We take care of the cooking, cleaning, and maintenance, leaving you more time to enjoy your lifestyle. We'll even drive you to appointments, shopping and other outings.

**352-263-2300**