

Scholl Canyon Estates

Gracious Retirement Living

1551 East Chevy Chase Drive • Glendale, CA 91206 • Phone (818) 951-3830 • www.seniorlivinginstyle.com

DECEMBER 2020

SCHOLL CANYON STAFF

Managers..... CLIFFORD & JANET HANNEMANN

Assistant ManagersJAMEY BROWN &
MARA RUTH

Executive ChefALESSANDRA "ALEX"
MCBRIDE

Sous ChefJOSUE LUNA

Activity CoordinatorALLYSON SEVERYN

MaintenancePAUL GONZALES

Bus DriverJUAN PARRA

HOPE BEAUTY SALON

Susie Lopez, Owner

Wednesday-Friday, by appointment
818-288-2429

HAWTHORN
SENIOR LIVING

Christmas at Scholl Canyon!

Hello, Beautiful Residents of Scholl Canyon!

This Christmas season may look a lot different for many of us. This year has brought about many challenges that we have faced with great strength and perseverance. I am so grateful that we have been able to keep you all safe and, for the most part, untouched by this virus.

That being said, the management team and I wanted to make Christmas extra special for all of you this year. Look out for all kinds of exciting events this month that will keep you in the spirit of Christmas all December long! :) We love you, and we hope you have a Merry Christmas!

Love,

Allyson, Janet, Cliff, Jamey, Mara and Chef Alex!





Fast Facts About Gingerbread!

Gingerbread is loved all over the world and has become a holiday tradition for many. Below are 10 fun facts all about this sweet treat!

1. Gingerbread houses originated in Germany.
2. It is said that Queen Elizabeth I came up with the concept of the gingerbread man after wanting to present them to visiting officials as gifts.
3. Unmarried women in England would often eat gingerbread men for good luck in meeting a husband.
4. The largest gingerbread house in the world is 60 feet by 42 feet and is worth 35,823,400 calories.
5. To be considered gingerbread, the recipe must feature ginger as a dominant flavor and use either honey or molasses to add sweetness.
6. According to the Swedish tradition, you can put the gingerbread in your palm and make a wish. You then have to break the gingerbread with your other hand. If the gingerbread breaks into three, the wish will come true.
7. At the Ritz-Carlton Dove Mountain in Tucson, Arizona, there's a life-size gingerbread house that you can book for a private lunch or dinner during the holiday season.
8. During the holiday season, gingerbread spice is a popular purchase. According to McCormick Spice, 3 million ounces of ground ginger are sold during this time of the year. To put that number in perspective, this amount could make 450 million gingerbread men.
9. Over time, gingerbread baking became a highly regarded profession. In fact, in the 17th century, only professional gingerbread bakers were allowed to bake gingerbread. The only exceptions were at Christmas and Easter.
10. Although gingerbread houses had been around since the 1600s in Germany, they really became popular after the Brothers Grimm published their "Hansel and Gretel" fairy tale in 1812. Bakers in Germany, where the Grimm brothers were from, showed off their gingerbread houses at annual Christmas markets. Soon, gingerbread houses became a Christmas tradition around the world.





Jingle Bells!

Here are a few things you may not know about this classic Christmas tune. “Jingles Bells” was originally composed by James Lord Pierpont who wrote the lyrics for this beloved, holiday classic tune, as well.

Background on the author:

Born in 1822, Pierpont was the son of a fiercely abolitionist Unitarian Reverend John Pierpont. From an early age, James Lord Pierpont sought adventures far away from his family in Boston. At the age of 14, he ran off from boarding school, joined the crew of a whaling ship and spent nearly a decade at sea. When the

California Gold Rush struck in 1849, Pierpont left his wife and children behind in Massachusetts while he chased riches in the West. Returning home several years later no wealthier than when he left, Pierpont departed from his family again in 1853 to become the organist at a Unitarian church in Savannah, Georgia, that was pastored by his brother. Several months after the death of his first wife in 1856, the songwriter married a daughter of Savannah’s mayor and left the two children from his first marriage back in the North with their grandfather.

Where was the “birthplace” of the song? Two cities claim ownership of it:

A historical plaque in the Boston suburb of Medford, Massachusetts, claims that Pierpont wrote his famous tune while nursing a drink in the Simpson Tavern in 1850, a year after his father took over a nearby Unitarian church. The date, if not the place, of the song’s composition is unlikely given that Pierpont probably wouldn’t have waited seven years to publish it, and research by Boston University faculty member Kyna Hamill has found that he was still in California chasing gold at the time. In 1985, Savannah erected a historical marker of its own across from the Unitarian church where Pierpont was music director at the time the song was published, and possibly soon after it was written in the city. (Hamill surmises that Pierpont wrote the song in the early summer of 1857 while temporarily living in a Boston rooming house.) One thing that is not in dispute is that Pierpont drew upon snowbound memories of sleigh rides and sleigh races in Massachusetts, not Georgia, when writing the song.

How the song received the name “Jingle Bells”:

When the holiday ditty was first printed by a Boston music publishing house in 1857, it was released under the title “One-Horse Open Sleigh.” When it was reissued two years later, the song had the more familiar title of “Jingle Bells.”

The original intention of the song:

Although “Jingle Bells” is now a Yuletide staple, there is no mention of Christmas or any other holiday in the song. Some historical accounts report that the tune was first performed for a Thanksgiving service at the church of either Pierpont’s father or brother, but the lyrics might have been too risqué for an ecclesiastical audience. Given the songwriter’s rebellious nature, it shouldn’t be surprising that “Jingle Bells” has a bit of a rebel-without-a-cause attitude. The lesser-known verses of the song describe picking up girls, drag-racing on snow and a high-speed crash. The lyrics “go it while you’re young” in the final verse of the secular standard is hardly about a holy or silent night.



DEC 2020

Birthdays

Myrna Hase, 3rd
 Lucille Davis, 4th
 Betty Kutner, 5th
 Gloria Toppan, 10th
 Norma Kapp, 12th
 Lorrain Titus, 16th
 MariLou Pascua, 20th

Transportation

Monday, 9:30 a.m.
1st, 3rd and 5th — Ralph's and Post Office
2nd and 4th — Von's and Rite Aid

Monday, 11 a.m.
1st, 3rd and 5th — Von's and Rite Aid
2nd and 4th — Ralph's and Post Office

Monday, 2 p.m.
 CVS Pharmacy

Tuesday and Thursday, By Appointment Only
 Doctor & Medical Appointments

Friday, 10:15 a.m.
1st — 99 Cent Store
2nd — Big Lots
3rd and 5th — Trader Joe's/Walgreens
4th — Walmart

Friday, 2 p.m.
1st — Trader Joe's/Walgreens
2nd — Target and Macy's
3rd — Dollar King
4th — T.J. Maxx, Ross, Nordstrom Rack

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:30 Workout with Weights 2:00 Bingo! 3:00 Bingo! 3:30 Adventures with Doug!	2 9:00 Yoga 2:00 Game of Taboo 3:00 Bible Study with Idell	3 9:30 Workout with Weights 3:00 All Champs: High School Volunteers 	4 9:30 Gentle Yoga 10:00 Shopping: 99 Cent Store 10:30 Christmas Crafts! 2:00 Shopping: Trader Joe's/Walgreens 2:00 Hangman! 6:45 Movie Night! 	5 2:00 Bingo 2:00 Outdoor Resident Bazaar! 3:00 Bible Study with Juan 
6 11:00 Adult Coloring 2:00 Movie & Popcorn	7 9:30 Shopping: Ralphs and Post Office 11:00 Shopping: Vons and Rite Aid 2:00 Shopping: Cvs Pharmacy 2:00 Game of Taboo	8 9:30 Workout with Weights 2:00 Bingo! 3:00 Bingo! 3:00 Mike & Mandy Singing Duo!	9 9:00 Yoga 2:00 Game of Taboo 2:00 Mike & Mandy Singing Duo! 3:00 Bible Study with Idell	10 HANUKKAH BEGINS AT SUNSET 9:30 Workout with Weights 3:00 All Champs: High School Volunteers 	11 9:30 Gentle Yoga 10:15 Shopping: Big Lots 2:00 Shopping: Target and Macy's 2:00 Hangman! 6:45 Movie Night!	12 2:00 Bingo 3:00 Bible Study with Juan 
13 11:00 Adult Coloring 2:00 Movie & Popcorn	14 9:30 Shopping: Vons and Rite Aid 11:00 Shopping: Ralphs and Post Office 2:00 Shopping: Cvs Pharmacy 2:00 Game of Taboo	15 9:30 Workout with Weights 12:00 Residents/ Manager Meeting 2:00 Bingo! 3:00 Bingo!	16 9:00 Yoga 2:00 Game of Taboo 3:00 Bible Study with Idell 	17 9:30 Workout with Weights 12:00 Residents/ Chef Meeting 3:00 All Champs: High School Volunteers	18 9:30 Gentle Yoga 10:15 Shopping: Trader Joe's/Walgreens 2:00 Shopping: Dollar King 2:00 Hangman! 2:00 Double-Feature Christmas Movies! w/Snacks!	19 2:00 Bingo 3:00 Bible Study with Juan
20 11:00 Adult Coloring 2:00 Movie & Popcorn	21 WINTER BEGINS 9:30 Shopping: Ralphs and Post Office 11:00 Shopping: Vons and Rite Aid 2:00 Shopping: Cvs Pharmacy 2:00 Game of Taboo 	22 9:30 Workout with Weights 2:00 Bingo! 3:00 Bingo!	23 9:00 Yoga 2:00 Game of Taboo 3:00 Bible Study with Idell	24 9:30 Workout with Weights 3:00 All Champs: High School Volunteers	25 CHRISTMAS DAY Merry Christmas! 9:30 Gentle Yoga 10:15 Shopping: Walmart 2:00 Shopping: T.J. Maxx, Ross, Nordstrom Rack 2:00 Hangman! 6:45 Movie Night!	26 2:00 Bingo 3:00 Bible Study with Juan
27 11:00 Adult Coloring 2:00 Movie & Popcorn	28 9:30 Shopping: Vons and Rite Aid 11:00 Shopping: Ralphs and Post Office 2:00 Shopping: Cvs Pharmacy 2:00 Game of Taboo	29 9:30 Workout with Weights 2:00 Bingo! 3:00 Bingo!	30 9:00 Yoga 2:00 Game of Taboo 3:00 Bible Study with Idell	31 NEW YEAR'S EVE New Year's Eve! 9:30 Workout with Weights 3:00 All Champs: High School Volunteers		



Tastes of the Season

Just one sip of a seasonal beverage or a bite of a decadent dessert can put you in a holiday mood. Celebrate all month long with these favorite flavors:

Peppermint – From the classic candy cane to crunchy, chocolaty peppermint bark, the vibrant taste of peppermint adds a dash of festive flair to all kinds of sweet treats. It's often swirled into cocoa or coffee beverages for a refreshing pick-me-up.

Hot cocoa – There may be no better way to warm up on a cold winter's day than with a mug of hot chocolate sprinkled with marshmallows. In addition to drinking it, you can indulge in hot cocoa-flavored candies, cookies, ice cream and popcorn.

Gingerbread – Combining ginger with other spices – typically cinnamon, cloves and nutmeg – results in one of the season's tastiest traditions. Making gingerbread men cookies and decorating gingerbread houses are whimsical ways to enjoy this holiday flavor.

Sugar cookie – Sweet and simple cookies in the shapes of stars, wreaths and snowmen are a favorite this time of year. You can further satisfy your sugar-cookie cravings with flavored coffee creamers, hot tea, popcorn and ice cream.

Eggnog – This rich, creamy beverage has been adapted into recipes for cookies, cakes, ice cream and candies, all celebrating the drink's scrumptious blend of vanilla, nutmeg and cinnamon.



Carl's Corner(Words, Trivia, Humor)

Old Age

When I was a kid I always wanted to be older. This is not what I expected.

It's weird being the same age as old people.

It's probably my age that makes people think I'm an adult.

The reason we get heavier as we get older is that we carry a lot more information in our heads. That's my story and I'm sticking to it.

You don't realize how old you are until you try to get up off the floor.

The Pandemic

I'm getting tired of being part of a major historical event.

I'm at a place now where errands are starting to count as going out.

In my book 2020 has a good chance of becoming a four-letter word.

During the Middle Ages they celebrated the end of the plague with wine and orgies. Anyone know if there's anything planned when this one ends?

From the outside world we get a new word. It is "coronacoaster" and is defined as the ups and downs of a pandemic. One day you're loving your bubble, doing workouts, baking banana bread, and going for long walks, and the next you're crying, drinking gin for breakfast and missing people you don't even like.

I think we can all agree on one thing, in 2015 nobody had the correct answer to, "Where do you see yourself five years from now?"



Let's Learn About Hanukkah!

The eight nights of Hanukkah, or Chanukah, is a celebration that commemorates the rededication of the Second Temple in Jerusalem in the second century B.C.

The word Hanukkah actually means “dedication” in Hebrew, and the celebration begins on the 25th of Kislev on the Hebrew calendar which usually falls in November and December. This year, Hanukkah begins on December 10th.

Hanukkah is often referred to as the Festival of Lights and the holiday is celebrated by lighting a menorah, eating traditional foods, playing games and giving gifts.



The events that inspired Hanukkah took place in Judea around 200 B.C., when Judea came under control of Antiochus III, the Seleucid King of Syria. He allowed the Jews who lived there to continue to practice their faith, but his son Antiochus IV Epiphanes actually outlawed the Jewish faith and ordered them to worship Greek gods instead. In 168 B.C. his soldiers descended upon Jerusalem, massacring thousands and desecrating the city's holy Second Temple by erecting an altar of Zeus and sacrificing pigs within its sacred walls.

Then, a large scale riot broke out against Antiochus and the Seleucid monarchy, led by the Jewish priest Matthias. When he eventually passed in 166 B.C., his son Judah Maccabee, known as The Hammer, took the helm and within two years the Jewish people had successfully driven the Syrians out of Jerusalem. Judah then called on his followers to cleanse the Second Temple, rebuild its altar and light its menorah – the gold candelabrum whose seven branches represented knowledge and creation and were meant to be kept burning every night.

According to the Talmud, one of Judaism's most central texts, Judah Maccabee and the other Jews who took part in the rededication of the Second Temple witnessed what they believed to be a miracle. Even though there was only enough untainted olive oil to keep the menorah's candles burning for a single day, the flames continued flickering for eight nights, leaving them time to find a fresh supply. This wondrous event inspired the Jewish sages to proclaim a yearly eight-day festival. (The first Book of the Maccabees tells another version of the story, describing an eight-day celebration that followed the rededication, but making no reference to the miracle of the oil.)

Fun Fact: The story of Hanukkah actually doesn't appear in the Torah because the event that inspired it, took place after the Torah was written. However, it is mentioned in the New Testament, in which Jesus attends a “Feast of Dedication.”

Adventures With Doug – Bryce Canyon!

On every continent of the world, one can find odd-shaped pillars of rock, but there are few places to match the wonder of the “hoodoos” at Bryce Canyon, Utah. We'll head into this remarkable area, then descend into the magnificent Amphitheater to be surrounded by these beautiful formations and their striking color.

But that won't be all ... we'll do a little side adventure off the beaten path in Grand Staircase-Escalante to discover some unique hoodoos that have natural hats!

Join us for our slide show adventure, filled with fun stories, fascinating facts and stunning images as we venture into Utah to discover wondrous color, breathtaking scenery and incredible vistas, December 1st at 3:30 p.m.



Bryce Canyon

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It's always Warm at

Scholl Canyon Estates
Gracious Retirement Living

We invite you to experience the warmth of our community. Our caring staff is here for you any time, day or night. We take care of the cooking, cleaning, and maintenance, leaving you more time to enjoy your lifestyle. We'll even drive you to appointments, shopping and other outings.

818-951-3830