

# Victoria Park

## PERSONAL CARE COMMUNITY

2400 E. Arens Road • Regina, SK S4V 3G6 • Phone (306) 522-4300 • [www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)

Facility License Number 8221

## DECEMBER 2020

### VICTORIA PARK STAFF

Administrator .....JACKIE HARROWER  
Assistant Administrator.....BRUCIE MOULDEN  
Director of Health Services.....DANIELLA LINDE  
Resident Services Coordinator.....APRAJITA (RUBY)  
Executive Chef.....WENDY LAKE  
Activity Coordinator.....TAMI NAGEL  
Activity Assistant.....JOSIE BUTZ  
Administrative Assistant.....CARLI COSSETTE  
Maintenance.....AARON FRANCIS  
Bus Driver.....RON HARPER  
Bus Driver.....PAUL PONAK

### TRANSPORTATION

**Monday - Thursday:** Medical Appointments  
**Tuesday, 1-5 p.m.:** Resident Outing (Suspended)  
**Thursday, 1:30-5 p.m.:** Resident Outing (Suspended)  
**Friday - Sunday:** No Bus

### MISSION STATEMENT

At Victoria Park Personal Care Community, our caring concern for our residents is the foundation that leads to outstanding resident services. As contributing members of the communities we serve, what is most important is that "We Love Our Residents."

**HAWTHORN**  
SENIOR LIVING

## 2020 Secret Santa Gift Exchange

If you would like to participate in this fun event, here is how it works:

1. Enter your name in the "Secret Santa" box at the front desk by Tuesday, December 8th.
2. On Wednesday, December 9th, names will be drawn and you will receive the name of the person you will be Secret Santa to.
3. Gifts are not to exceed \$15.
4. Please leave your gifts at the front desk by Tuesday, December 22nd.
5. The Secret Santa gift exchange will take place during the Social Hour on Thursday, December 24th.

P.S. For those who do not have family here to shop for them, please let us know. We'd be happy to do the shopping for you.







## Spooktacular Halloween!

We captured a few familiar faces that had fun clowning around and bewitching us on Halloween.



## Celebrating New Year's Eve

The final night of the year is coming up. Count down with some festive facts about the revelry of New Year's Eve.

- Ringing out the old year and ushering in a new one is a custom that goes back at least 4,000 years to the ancient Babylonians.
- The first places on the globe to greet the new year are the island nations of Kiribati, Samoa and Tonga, located in the South Pacific Ocean.
- Just across the international date line, American Samoa, a U.S. territory, is the world's last inhabited locale to welcome in the year.
- New York City's Times Square ball drop is a celebration that began in 1907.
- Singing "Auld Lang Syne" at midnight has grown into a worldwide tradition. The words roughly translate to "times gone by."
- Puckering up for a New Year's Eve kiss is said to bring good luck to a relationship and has roots in German and English folklore.
- Those novelty eyeglasses with frames shaped into the numbers of the coming year were invented in 1990 by two friends in Seattle.
- Causing a ruckus with noisemakers began as a way to chase off bad luck.
- Some don't stay up to celebrate; in a survey, over 10% of people said they fall asleep before midnight.
- That cute little guy decked out in a diaper, top hat and sash is known as

Baby New Year. He's been a symbol of the holiday since the days of ancient Greece.







## In the Kitchen With Chef Wendy

Thanks to Chef Wendy and some helping hands, nougats were enjoyed by everyone during the Social Hour.



## Holiday Spirit Week

December 14th-18th: The week leading up to the holiday season, let's have some fun and dress to the theme of each day below. The more who participate, the more fun and entertaining it will be!

**Monday, December 14th:** Red and Green Day. Such appropriate colors for the holiday season.

**Tuesday, December 15th:** Blast from the Past Day! Time to throw it back and dress to one of your favorite decades: '20s, '50s, '70s — you pick!

**Wednesday, December 16th:** Santa Hat Day! Don that Santa Hat and spread some cheer.

**Thursday, December 17th:** Pajama Day! What a great way to reminisce waking up on Christmas morning.

**Friday, December 18th:** Ugly Christmas Sweater Day. Break out that Christmas sweater and flaunt it!





DEC 2020

Birthdays

Elsie McCaw, 4th  
Patricia Debolt, 12th  
Don Stewart, 26th  
Evelyn Greggan, 31st

Locations

Activity Room, AR  
Chapel, CH  
Dining Room, DR  
Library, LB  
Outing, O  
Patio/Outdoors, P/O  
Pool Room, PR  
TV Room, TV

“Time together  
as a family is  
a gift.”  
—Joanna Gaines

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		1 10:00 Aerobic Exercise, AR 10:45 Grandma's Kitchen, AR 2:00 Christmas Craft, AR 3:00 Social Hour, DR 4:00 Cribbage & Whist, DR	2 10:00 Gentle Exercise, DR 10:45 Choir, DR 2:00 Armchair Travel, AR 3:00 Social Hour, DR 4:00 Bingo, DR	3 10:00 Stretch Fitness, DR 10:30 Library Exchange, DR 11:00 Wii Bowling, AR 2:00 Decorate the Tree, DR 3:00 Ice Cream Social, DR 4:00 Cribbage & Whist, AR	4 10:00 Aerobic Exercise, DR 10:45 Wheel of Fortune, DR 2:00 Bingo, DR 3:00 Social Hour, DR 	5 10:00 Gentle Exercise, DR 10:45 Manicures: Polish Only, AR 2:00 Cards & Board Games, AR 3:00 Social Hour, DR 7:00 Polkarama, AR	
	6 10:00 Gentle Exercise, DR 11:00 Coloring & Puzzles, AR 2:00 Bingo, DR 3:00 Social Hour, DR 7:00 Baptist Church, DR	7 10:00 Stretch Fitness, DR 11:00 Wheel of Fortune, DR 2:00 Wii Bowling, AR 3:00 Social Hour, DR	8 10:00 Aerobic Exercise, AR 10:45 Gingerbread Houses, AR 2:00 True or False Trivia, AR 3:00 Social Hour, DR 4:00 Cribbage & Whist, DR 6:15 Sparkle Tour, O	9 10:00 Gentle Exercise, DR 10:45 Choir, DR 2:00 Gingerbread Houses, AR 3:00 Social Hour, DR 4:00 Bingo, DR 6:15 Sparkle Tour, O	HANUKKAH BEGINS AT SUNSET 10 10:00 Stretch Fitness, DR 10:30 Library Exchange, DR 11:00 Wii Bowling, AR 2:00 Christmas Craft, AR 3:00 Ice Cream Social, DR 4:00 Cribbage & Whist, AR 6:15 Sparkle Tour, O	11 10:00 Aerobic Exercise, DR 10:45 Wheel of Fortune, DR 2:00 Bingo, DR 3:00 Social Hour, DR	12 10:00 Gentle Exercise, DR 10:45 Manicures: Polish Only, AR 2:00 Cards & Board Games, AR 3:00 Social Hour, DR 7:00 Polkarama, AR 
	13 10:00 Gentle Exercise, DR 11:00 Coloring & Puzzles, AR 2:00 Bingo, DR 3:00 Social Hour, DR 7:00 Baptist Church, DR	14 10:00 Stretch Fitness, DR 11:00 Wheel of Fortune, DR 2:00 Wii Bowling, AR 3:00 Social Hour, DR	15 10:00 Aerobic Exercise, AR 10:45 Grandma's Kitchen, AR 2:00 Christmas Craft, AR 3:00 Social Hour, DR 4:00 Cribbage & Whist, DR 6:15 Sparkle Tour, O	16 10:00 Gentle Exercise, DR 10:45 Choir, DR 2:00 Charity Committee, AR 3:00 Gingerbread Social, DR 4:00 Bingo, DR 6:15 Sparkle Tour, O	17 10:00 Stretch Fitness, DR 10:30 Library Exchange, DR 11:00 Wii Bowling, AR 2:00 Resident Council, DR 3:00 Ice Cream Social, DR 4:00 Cribbage & Whist, AR 6:15 Sparkle Tour, O	18 10:00 Aerobic Exercise, DR 10:45 Wheel of Fortune, DR 2:00 Bingo, DR 3:00 Social Hour, DR	19 10:00 Gentle Exercise, DR 10:45 Manicures: Polish Only, AR 2:00 Cards & Board Games, AR 3:00 Social Hour, DR 7:00 Polkarama, AR
	20 10:00 Gentle Exercise, DR 11:00 Coloring & Puzzles, AR 2:00 Bingo, DR 3:00 Social Hour, DR 7:00 Baptist Church, DR	WINTER BEGINS 21 10:00 Stretch Fitness, DR 11:00 Wheel of Fortune, DR 2:00 Wii Bowling, AR 3:00 Social Hour, DR	22 10:00 Aerobic Exercise, AR 10:45 Crafty Creations, AR 2:00 Games Hour, AR 3:00 Social Hour, DR 4:00 Cribbage & Whist, DR	23 10:00 Gentle Exercise, DR 10:45 Choir, DR 2:00 Looking for Santa, AR 3:00 Social Hour, DR 4:00 Bingo, DR	24 10:00 Stretch Fitness, DR 10:30 Library Exchange, DR 11:00 Wii Bowling, AR 2:00 Christmas Singalong, DR 3:00 Secret Santa Gift Exchange, DR 4:00 Cribbage & Whist, AR	CHRISTMAS DAY 25 10:00 Aerobic Exercise, DR 10:45 Wheel of Fortune, DR 2:00 Christmas Movie, AR 3:00 Social Hour, DR	BOXING DAY 26 10:00 Gentle Exercise, DR 10:45 Manicures: Polish Only, AR 2:00 Cards & Board Games, AR 3:00 Social Hour, DR 7:00 Polkarama, AR 
	27 10:00 Gentle Exercise, DR 11:00 Coloring & Puzzles, AR 2:00 Bingo, DR 3:00 Social Hour, DR 7:00 Baptist Church, DR	28 10:00 Stretch Fitness, DR 11:00 Wheel of Fortune, DR 2:00 Wii Bowling, AR 3:00 Social Hour, DR	29 10:00 Aerobic Exercise, AR 10:45 Grandma's Kitchen, AR 2:00 Coloring & Music, AR 3:00 Social Hour, DR 4:00 Cribbage & Whist, DR	30 10:00 Gentle Exercise, DR 10:45 Choir, DR 2:00 TV Comedy Show, AR 3:00 Social Hour, DR 4:00 Bingo, DR	NEW YEAR'S EVE 31 10:00 Stretch Fitness, DR 10:30 Library Exchange, DR 11:00 Wii Bowling, AR 2:00 Fashion Show, AR 3:00 Ice Cream Social, DR 4:00 Cribbage & Whist, AR 		





## Ugly Christmas Sweater Day

That humorous, unofficial holiday of National Ugly Christmas Sweater Day falls on the third Friday of December every year. To participate all that's required is an ugly ol' Christmas sweater!

So, don that sweater on Friday, December 18th, and meet us at 3 p.m. for the Social Hour. You just might win a prize!



## Sparkle Tour Bus Ride

You won't want to miss the annual Sparkle Tour Bus Drive. As always, Ron has planned a route to ensure you will enjoy some beautiful Christmas lights around the city.

Be sure to get your name on the list for this outing and don't be late ... meet us at the main front entrance at 6:15 p.m.

Tour dates are as follows: December 8th, 9th, 10th, 15th, 16th, and 17th.



## Searching for Santa

Santa's elves will be busy hiding pictures of Santa throughout the building. Find a photo of Santa and you can choose one of the many gifts on the prize table.

Now, before you head off on your search for Santa, you must stop by the Activity Room and register your name on Wednesday, December 23rd, at 2 p.m.



## Deck the Halls of Vic Park

On Monday, December 3rd, come out and help us spread the holiday cheer as we decorate the tree!

We'll be breaking out all of the Christmas décor and we'd absolutely love your help!

Meet us in the Dining Room, at 2 p.m.







## Puppies' Christmas

It's the day before Christmas  
And all through the house  
The puppies are squeaking  
An old rubber mouse.

The wreath which had merrily  
Hung on the door  
Is scattered in pieces  
All over the floor.

The stockings that hung  
In neat little rows  
Now boast a hole in  
Each one of the toes.

The tree was subjected  
To bright-eyed whims,  
And now, although splendid,  
It's missing some limbs.

I catch them and hold them.  
"Be good," I insist.  
They lick me, then run off  
To see what they've missed.

And now as I watch them  
The thought comes to me,  
That theirs is the spirit  
That Christmas should be.

Should children and puppies  
Yet show us the way,  
And teach us the joy  
That should come with this day?

Could they bring the message  
That's written above,  
And tell us that, most of all  
Christmas is love.

— Anonymous



## A New Adventure Begins

It's coming up  
to that time  
of year again,  
when Hawthorn  
kicks off a new  
travel adventure  
(virtual, of  
course). Given  
that we are in  
a deep freeze,  
you'll be pleased  
that we are  
heading off to  
tropical climates  
in New Zealand,  
Hawaii, and  
the Fiji Islands.  
Think sun, sand,  
and surf!

The adventure  
starts in New  
Zealand, then  
Hawaii and finally  
Fiji. We'll explore the landscapes, cultures, music, history, and  
food of these exotic locales.

At the end of our tour, you will know what the favourite foods  
in each country are, as well as what their wildlife is like (be  
prepared for some strange and wonderful creatures) and  
their vegetation: think lush and colourful.

So pack your virtual bag, get out your virtual passport and get  
ready for our upcoming adventure!



*Where do you think this  
fellow calls home?*



*Guess which country this  
bird belongs to?*



*Beautiful Fiji*

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*It's always Warm at*

Victoria Park  
PERSONAL CARE COMMUNITY

We invite you to experience the warmth of our community. Our caring staff is here for you any time, day or night. We take care of the cooking, cleaning, and maintenance, leaving you more time to enjoy your lifestyle. We'll even drive you to appointments, shopping and other outings.

**306-522-4300**