

# WILSHIRE ESTATES

## Gracious Retirement Living

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DECEMBER 2020

## WILSHIRE ESTATES

Managers .....DEBRA SHONKA-BARTA  
& RICH BARTA

Assistant Managers..... JOHN & ANNIE HOLLEY

Executive Chef .....SETH CONNOLLY

Sous Chef .....LARRY LITTLEFORD

Activity Coordinator..... LEORA RASKAS

Bus Driver..... ERIK ROBERTS

## TRANSPORTATION

**Monday, 10 a.m.:** CVS Outing

**Tuesday, 9:30 a.m.-5:30 p.m.:** Appointments

**Wednesday, Times vary week  
to week:** Outings

**Thursday, 9:30 a.m.-5:30 p.m.:** Appointments

**Friday, 10 a.m.:** Target Outing

HAWTHORN  
SENIOR LIVING

## American Sign Language Instruction

Aside from a few hiccups with technology, American Sign Language classes have gotten off to a great start. Shanna, the virtual instructor, comes to Wilshire Estates with five years of experience, having taught ASL in Arlington Public Schools. In the first class, residents learned how to finger spell the alphabet and sign a few basic phrases, including “hi, my name is,” “nice to meet you” and “how are you?” It was fun to watch the residents interact with one another in a new language and heartwarming to see the residents striving to build a more inclusive community, one that values the thoughts and opinions of both hearing and non-hearing residents.







## Excursions

Wilshire residents have been keeping busy this fall and thoroughly enjoying the unseasonably warm weather. We visited Triadelphia Reservoir on the Petuxant River at the end of October. Although the reservoir holds 6.3 billion gallons of drinking water, it was dry when we arrived and a bit chilly. First, we drank some hot apple cider to keep warm, and then we had a lovely picnic. Some of the residents played football, while others like Erma dared to break a few



park rules, purposefully ignoring park signage indicating that the playground is designed for children 12 and under. Despite a few bees that were drawn to our tables, a splendid time was had by all. On the way back from Triadelphia, Erik drove us through historic Brookeville, which is notable as he explained because Brookeville was the United States capital for a day during the War of 1812 and it was also a stop on the Underground Railroad.

We also went to the National Museum of the American Indian, Smithsonian Museum in D.C. Teri had worked at the museum for a few years on the special exhibits. Unfortunately, they were not open, but she enjoyed roaming around the other exhibits and being surrounded by the familiar architecture. We were also able to visit the gift store, which had just opened that day for the first time in seven months. Soon after we got there, the clerk excitedly announced he had just rung up the museum's first sale since March.

Some of our residents went to vote early in person and others dropped off their ballots at the ballot box outside of Kennedy High School. Vince, one of our WWII veterans, enjoyed going to vote in person the Tuesday before Election Day at White Oak Community Center. Upon returning from voting, Geneva recorded a wonderful video encouraging people to vote, which we proudly posted on Facebook.





## A Holiday Message from Debra, Rich and Keely

First, we want to wish all of you, residents, staff, family and friends, a very joyous holiday season. We know that this past year 2020 has been a very difficult year for everyone. We pray the coming year brings more certain times for you and your loved ones.

The holidays naturally bring everyone together. It's such a magical time of year for not only the Wilshire Estates family but with those we hold most dear in our lives.

**Please enjoy this time of year with:**



Holidays full of fun and laughter



The gift of Happiness



The gift of Peace



The gift of Love

May the good times and treasures of the present become the golden memories of tomorrow for your lovely family, just as your childhood memories of holidays past are such happy recollections now.

Wishing you a very Merry Christmas and Happy Hanukkah, as well as a promising brand-new year 2021.

Thank you for letting us be a part of this gracious community.

*Debra, Rich and Keely*



## Mark Your Calendars: Ladies' Morning!

Laura Taylor, Curator of Interpretation at the National Museum of Toys and Miniatures in Kansas City, Missouri, will present on Thursday, December 3rd, at 10:30 a.m., on the history of dolls. Following the presentation, Resident Jacqui Sutton will lead a yarn doll crafting workshop. Participants will leave the workshop with a yarn doll, the perfect handmade holiday gift to mail to a grandchild, and lots of great memories!





DEC 2020

Birthdays

Erma Carchedi, 2nd  
Rich Barta, 8th (Employee)  
Horatio Wilson, 16th (Employee)  
Paul Niemiec, 20th  
Mary Kennedy, 22nd  
Evelyn Clyburn, 26th

Locations

Activities Room, AR  
Atrium, AT  
Chapel, CH  
Dining Room, DR  
Fitness Room, FR  
Game Room, GR  
Library, LI  
Lobby, LO  
Movie Theater, MT

“Time together  
as a family is  
a gift.”  
—Joanna Gaines

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		9:00 Aerobics, AR 11:30 Yoga, AR 2:00 Retail Store, AR 2:30 Bean Bag Baseball, AR <b>4:00 Tech Tuesday: How to Shop for Gifts Online, AR</b>	10:00 Seated Cardio, AR 11:00 The Nine Lives of Benjamin Franklin (Virtual), AR 2:00 Bingo, AR 3:00 Dead Poets Society (1989), MT <b>6:30 Seneca Creek State Park Winter Lights, LO</b> 	10:00 Balance Training with Legacy, AR 10:30 Toy and Miniature Museum: The History of Dolls, AR 11:30 Crafting Club, AR <b>2:00 Family &amp; Nursing Care Holiday Party, AR</b> 2:00 Ted's Choice: The Bucket List (2007), MT	9:00 Walking Club, AR 10:00 Target Run, LO 11:30 Yoga, AR 1:45 Speakeasies of NYC (Online) Lecture, AR <b>3:00 Gingerbread Village Planning Committee, AR</b> 5:30 Shabbat Dinner, AR	9:15 Congregation Beth El Service (Online), AR 10:00 Word Searches, DR 2:00 The Best of the Dean Martin Variety Show, MT 4:00 Wolf Trap's Online Holiday Singalong From Home!, AR
	10:00 Cedar Ridge Community Church (Online), AR 10:00 19th Street Baptist Church (Online), MT 11:00 Church of the Redeemer Service (Online), AR <b>4:00 Musical Performance by Dave and Adalia, DR</b>	10:00 Blood Pressure Readings (By Appointment) 10:00 CVS Run, LO 11:30 Dyna band resistance band exercise class, AR 2:00 Article of the Month Club, AR <b>3:30 American Sign Language Lessons with Shanna, AR</b> <b>6:30 Ice Cream Social, AR</b>	9:00 Aerobics, AR 11:30 Resident Meeting, AR 2:00 Retail Store, AR 2:30 Bean Bag Baseball, AR 4:00 Tech Tuesday: Question and Answer Session, AR 	9:30 Scenic Drive, LO 1:00 Christmas Past, Christmas Present Virtual Lecture, AR 2:00 Bingo, AR 4:30 Happy Hour	<b>HANUKKAH BEGINS AT SUNSET</b> 10:00 Balance Training with Legacy, AR 11:30 Crafting Club, AR 2:00 Ted's Choice: Born on the Fourth of July (1989), MT <b>2:00 Cooking Demo: Sugar Snap Peas, AR</b> 3:00 Holiday Jeopardy, AR <b>4:30 Chanukah Candle Lighting, AR</b>	9:00 Walking Club, AR 10:00 Target Run, LO 11:30 Yoga, AR <b>2:00 Around the World!, AR</b> <b>3:00 Gingerbread Village Planning Committee, AR</b> 4:00 The Fire of Frederick Douglass (Virtual)
10:00 Cedar Ridge Community Church (Online), AR 10:00 19th Street Baptist Church (Online), MT 11:00 Church of the Redeemer Service (Online), AR	10:00 Blood Pressure Readings (By Appointment) 10:00 CVS Run, LO 11:30 Dyna band resistance band exercise class, AR <b>3:30 American Sign Language Lessons with Shanna, AR</b> <b>6:30 Ice Cream Social, AR</b>	9:00 Aerobics, AR 11:30 Yoga, AR 2:00 Retail Store, AR 2:30 Bean Bag Baseball, AR <b>4:00 Health Talk with Legacy, AR</b>	10:00 Seated Cardio, AR 2:00 Bingo, AR <b>4:30 Virtual Name That Tune — with Friends &amp; Family, AR</b> <b>6:30 Seneca Creek State Park Winter Lights, LO</b> 	10:00 Balance Training with Legacy, AR 11:30 Crafting Club, AR 2:00 Cooking Demo: Hot Chocolate Bombs, AR 2:00 Ted's Choice: Commando (1985), MT <b>3:00 Word Games, AR</b> 7:00 Robert Frost's Winter Lecture (Virtual), AR	9:00 Walking Club, AR 10:00 Target Run, LO 11:30 Yoga, AR 2:00 Miracle on 34th Street (1947), MT <b>3:00 Gingerbread Village Planning Committee, AR</b>	9:15 Congregation Beth El Service (Online), AR 10:00 Word Searches, DR 2:00 The Best of the Dean Martin Variety Show, MT
10:00 Cedar Ridge Community Church (Online), AR 10:00 19th Street Baptist Church (Online), MT 11:00 Church of the Redeemer Service (Online), AR 2:00 The Best of Handel's Messiah (Virtual), AR 	<b>WINTER BEGINS</b> 10:00 Blood Pressure Readings (By Appointment) 10:00 CVS Run, LO 11:30 Dyna band resistance band exercise class, AR 2:00 Kahoot, AR <b>3:30 American Sign Language Lessons with Shanna, AR</b> <b>6:30 Ice Cream Social, AR</b>	9:00 Aerobics, AR 11:30 Resident Meeting, AR 2:00 Retail Store, AR 2:30 Bean Bag Baseball, AR <b>4:00 Gift Wrapping Party with Legacy, AR</b> <b>6:45 Annie &amp; John's Choice: Elf (2003), MT</b> 	9:30 Scenic Drive, LO 2:00 Bingo, AR <b>3:30 History with Rich, AR</b> 4:30 Virtual Holiday Charades — with Friends & Family, AR 6:00 Washington National Cathedral: Lessons and Carols, AR	10:00 Balance Training with Legacy, AR 11:30 Crafting Club, AR <b>2:00 Cooking Demo, AR</b> <b>2:00 Ted's Choice: A Few Good Men, MT</b> <b>6:30 Virtual Christmas Services</b> <b>8:00 National Cathedral: Christmas Eve Holy Eucharist, AR</b>	<b>CHRISTMAS DAY</b> 9:00 Walking Club, AR <b>10:00 Virtual Christmas Slide Show, AR</b> 10:00 Target Run, LO 11:30 Yoga, AR <b>3:00 Gingerbread Village Planning Committee, AR</b> <b>3:00 Love Actually (2003), MT</b> 	9:15 Congregation Beth El Service (Online), AR 10:00 Word Searches, DR 2:00 The Best of the Dean Martin Variety Show, MT
10:00 Cedar Ridge Community Church (Online), AR 10:00 19th Street Baptist Church (Online), MT 11:00 Church of the Redeemer Service (Online), AR 3:00 The Hip Hop Nutcracker (Virtual), MT	10:00 Blood Pressure Readings (By Appointment) 10:00 CVS Run, LO 11:30 Dyna band resistance band exercise class, AR <b>3:30 American Sign Language Lessons with Shanna, AR</b> <b>6:30 Ice Cream Social, AR</b>	9:00 Aerobics, AR 2:00 Retail Store, AR 2:30 Bean Bag Baseball, AR <b>4:00 Tech Tuesday: Plan for 2021 with Google Calendar, AR</b>	9:30 Scenic Drive, LO 11:30 Article of the Month Club: New Year's Edition, AR 2:00 Bingo, AR <b>4:00 Men's Bring &amp; Brag, AR</b> <b>6:45 New Year's Eve (2011), LO</b>	<b>NEW YEAR'S EVE</b> 10:00 Balance Training with Legacy, AR 11:30 Crafting Club, AR 2:00 Ted's Choice: The Rite (2011), MT 4:00 New Year's Eve Time Capsule, AR		





## Halloween

A fine time was had by all at our Halloween Masquerade Happy Hour this year. The menu for the evening included cranberry baking brie, honey pecan baking brie, an assortment of gourmet crackers, regular and sugar free pumpkin Italian soda and sweet potato chips. Fay won our Best Costume Award for her Raggedy Anne costume, and Sharon strategically



earned The Most 2020 Award with a DIY costume consisting of index cards that each said 20. Our favorite line of the night came during the trivia game. The question asked was: according to superstition if you stare into a mirror at midnight on Halloween what will you see? The real answer is supposed to be your future spouse, but no one knew the answer, so Vince piped in "wrinkles!"



*Our Activities Coordinator, Leora, dressed up as the Morton Salt Girl*



## Spotlight on Fay and Jerry Chernin

Fay and Jerry Chernin were both born in the Bronx, New York City; Fay Lefkowitz was raised in the West Bronx and Jerry was raised in the East Bronx. Fay's earliest school memory is crying in her first grade classroom because she missed her mother, who was still downstairs. Fay soon acclimated to school and found that her affable nature served her well in school, later enabling her to become president of her high school class. Jerry never really adjusted to school, still chuckling decades later as he recalls attending three different high schools and spending most of his free time on the street. After high school, Fay chose not to attend college, recalling that she was more interested in her MRS degree. Jerry attended Brooklyn College, where he studied diesel engineering; it was during this time that he met Fay at a social club. He enlisted in the Navy three months shy of college graduation. When Jerry returned, he got married to Fay, who he was corresponding with during his entire service. Jerry worked as manager of a bar and grill.



While Fay and Jerry enjoyed living in the city, Fay felt that it was not a good place to raise children, so they moved to Bethesda, Maryland, where Fay's sister already resided. They lived in Bethesda for 40 years, raising their three daughters, Ethel, Holly and Debra. Jerry worked intense hours to support the growing family, working at a liquor store he owned on 4th and Florida Avenue North East D.C — and reluctantly sold to acquiesce his wife, who expressed concern after he was held up at gunpoint four times while at work. He later worked as a manager of La Bouche Lee, a butcher that Jerry proudly states was “the fanciest, sharpest, number one place to buy meat.” After their oldest daughter, Ethel, left for college, Fay entered the workforce, working at Columbia Pictures for 12 years and then at the Office of University Relations at George Washington University. They retired and relocated to Florida, where they enjoyed living in West Palm Beach. They moved back to Maryland again this past March to be closer to Ethel and Debra, who both live in the area.

## Poetry Workshop with Evelyn

A teacher for over 30 years, Evelyn shared her literary expertise and passion for poetry with a room full of (socially distanced) residents on Friday, December 6th. Her family cheered her on over Zoom as she read her original pieces, including one she wrote in collaboration with Margaret, a fellow resident. Evelyn's original works were on a wide array of topics including African American History, nature and even her own personal experiences at Wilshire Estates.





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Silver Spring, MD 20904



*It's always Warm at*

**WILSHIRE ESTATES**  
Gracious Retirement Living

We invite you to experience the warmth of our community. Our caring staff is here for you any time, day or night. We take care of the cooking, cleaning, and maintenance, leaving you more time to enjoy your lifestyle. We'll even drive you to appointments, shopping and other outings.

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