

DECEMBER 2020 BELLA VISTA STAFF

TRANSPORTATION

Monday, 9 a.m.-Noon and 1:30-3 p.m.: Shopping

Tuesday, 9 a.m.-Noon and 1:30-3 p.m.: Medical Appointments

Wednesday, 9 a.m.-Noon and 1:30-3 p.m.: Shopping Or Outing

Thursday, 9 a.m.-Noon and 1:30-3 p.m.: Medical Appointments

Friday, Will Be Posted: Shopping Or Outing



Bean Bag Baseball Is a Blast!

We had the most wonderful game of Bean Bag Baseball recently. There were 16 players, two coaches, one umpire/ scorekeeper and lots of cheerleaders. It was loud and raucous and just plain fun. The game is played similar to cornhole. Players toss a bean bag toward a wooden board with holes in it. The holes represent bases, foul balls, home runs and outs. The batter has three chances to get their bean bag into one of the holes. Play proceeds according to which hole the bean bag goes in. If the player misses the holes all three times, they have three strikes and are out. Then the next player gets a try. Just like in baseball, there are three outs and then the other team has an "at bat." We play for as many innings as will fit into an hour. This game went for 8 innings with a 7th inning stretch and an uplifting rendition of "Take Me Out to the Ball Game."

(Continued inside.)



Cary's team in the dugout



Bean Bag Baseball Is a Blast! (Continued)

Lanny and Cary were the coaches of this game and chose really great players for their teams. The game started out really close. It was touch and go at the beginning, with Lanny's team



Lanny showing off his team's win of 11-5

pulling ahead in the 4th inning. Once Lanny's team got ahead, it was tough for Cary's team to catch up. The final score was 11 to 5. Cary's team vowed to make a comeback next month.

We would love for you to join us in the next game of Bean Bag Baseball. Please check the calendar and listen for announcements. It really doesn't take any skill — just a willingness to laugh and have a great time.



Lanny's team watches the latest throw.



Up to bat is Betty Lee

Matilda Came to Visit

Who is that woman in Jennifer's office? Why, that's just Matilda. She's come to visit for the fall season. Matilda is actually a scarecrow. She was

made by Jennifer and her Mom for a Scarecrow Contest in downtown Landrum, South Carolina, where Jennifer lived. Jennifer's Mom was in the Quilt Guild and Matilda, who is sewing her quilt, was entered in front of the cloth store. Unfortunately, she didn't win the contest but she sure has been fun to pose with and talk about here at Bella Vista. Bill B. did say however, that she was a little stuck up. He'd been talking to her for days and she'd yet to reply. Ha-Ha!

Matilda has become one of us. As a matter of fact, she was given a resident name tag and a mask for safety. The mask was a joint effort from residents: Barbara P. — who had the idea, Betty A. — who had an extra mask, Mary Ann — who had some safety pins and Le'Ann — who pinned it on. What a great team!

It's always fun to have someone new in the crowd. Hope you got to spend some time with Matilda. If not, she'll be back next year.



Ralph, Annie Lou, Marquita, Pat, Aida and Ilse pose with Matilda after exercise class.



Matilda sure made Lois laugh.



Joann and Henley stop by for a photo.



Is that Lanny and Susan dressed up as Thing 1 and Thing 2?

Reminisce Show and Tell

Oh how fun Reminisce is. We learn such interesting things about the residents here. This time, Roseann brought two crystal baskets that her parents had received as wedding gifts in 1920. They were heavy, had an etched design of flowers and in perfect condition — not a single chip in them.

Irene brought some silver items that had belonged to her Grandmother and Mother. She brought a silver brush, powder bowl, baby spoon that was beautifully engraved and two compacts. One of the compacts would've had face powder in it and the other had a mirror, face powder, rouge and lipstick. They snapped shut and would've been carried to the theater or out on the town.

Everyone has something in their apartments to share. We've seen wedding gowns, photos, travel momentos, jewelry, trophies, paintings, cross stitch and so much more. We would love for you to share your treasures with us on the third Tuesday of each month in the library, at 3 p.m.



Roseann with her parent's crystal baskets



Irene with her Mother's and Grandmother's treasured items



Irene's Mother's compact



Both compacts together

DEC 2020

Birthdays

Marilyn Scroggs, 2nd Sharon Groben, 3rd Jean Sponseller, 11th Beth Scarloss, 11th Aida Harvey, 12th Darlene Busey, 27th Joanne Graham, 30th

Locations

Activity Center, AC
Chapel, CH
Computer/Meeting
Room, CM
Dining Room, DR
Fitness Center, FC
Game Room/Billiards, GR
Library, LI
Theater, TH
TV Room, TVR

Beauty Salon

Hairdresser: Carmen Terry 828-215-4981 Hours: Tuesday-Saturday: 9 a.m.-4 p.m.

Nail Tech: Michelle Payne 828-776-1074

Hours:

Thursday: 8 a.m.-4 p.m.

Mountain Home Care

828-684-6444

Legacy Healthcare Services

828-252-1915.

"What you do today can improve all your tomorrows."

Author Unknown

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:30 Morning Exercise, AC 10:00 Morning Devotion, CH 2:00 Art Group and Creative Coloring, AC 7:00 Bingo, AC	9:30 Morning Exercise, AC 9:30 Catholic Communion, CH 10:00 Morning Devotion, CH 1:00 Wii Bowling, AC 3:00 Christmas Craft, AC 7:00 Night at the Movies, TH	9:00 Health Screening, AC 9:30 Morning Exercise, AC 10:00 Morning Devotion, CH 3:00 Gingerbread Decorating, AC 7:00 Night at the Movies, TH	9:30 Morning Exercise, AC 10:00 Morning Devotion, CH 10:00 Bible Study with Shekinah 2:00 Movie Matinee, TH 3:00 Bingo, AC 7:00 Featured Movie Night, TH	9:30 Morning Exercise, AC 10:00 Morning Devotion, CH 2:00 Movie Matinee, TH 3:00 Jenga 7:00 Late-Night Movie, TH
	2:00 Movie Matinee, TH 3:00 Sunday Service, AC 7:00 Late-Night Movie, TH	9:30 Morning Exercise, AC 10:00 Morning Devotion, CH 2:00 Movie Matinee, TH 3:00 Scattergories, AC 7:00 Night at the Movies, TH	Christmas Scavenger Hunt 9:30 Morning Exercise, AC 10:00 Morning Devotion, CH 2:00 Art Group and Creative Coloring, AC 7:00 Bingo, AC	9:30 Morning Exercise, AC 9:30 Catholic Communion, CH 10:00 Morning Devotion, CH 1:00 Wii Bowling, AC 3:00 Bean Bag Baseball, AC 7:00 Night at the Movies, TH	9:00 Health Screening, AC 9:30 Morning Exercise, AC 10:00 Morning Devotion, CH 10:30 Chef Talk, AC 3:00 Curious about Cocoa Social, AC 7:00 Night at the Movies, TH	9:30 Morning Exercise, AC 10:00 Morning Devotion, CH 10:00 Bible Study with Shekinah 2:00 Movie Matinee, TH 3:00 Bingo, AC 7:00 Featured Movie Night, TH	9:30 Morning Exercise, AC 10:00 Morning Devotion, CH 2:00 Movie Matinee, TH 3:00 Jenga 7:00 Late-Night Movie, TH
	2:00 Movie Matinee, TH 3:00 Sunday Service, AC 7:00 Late-Night Movie, TH	9:30 Morning Exercise, AC 10:00 Morning Devotion, CH 2:00 Movie Matinee, TH 3:00 Scattergories, AC 7:00 Night at the Movies, TH	Decorated Doors Due for Judging 9:30 Morning Exercise, AC 10:00 Morning Devotion, CH 2:00 Art Group and Creative Coloring, AC 3:00 Reminisce Show and Tell, CM 7:00 Bingo, AC	9:30 Morning Exercise, AC 9:30 Catholic Communion, CH 10:00 Morning Devotion, CH 1:00 Wii Bowling, AC 3:00 Health Talk with Legacy, AC 7:00 Night at the Movies, TH	9:00 Health Screening, AC 9:30 Morning Exercise, AC 10:00 Morning Devotion, CH 3:00 Christmas Social, AC 7:00 Night at the Movies, TH	9:30 Morning Exercise, AC 10:00 Morning Devotion, CH 10:00 Bible Study with Shekinah 2:00 Movie Matinee, TH 2:00 Pop Up Sale, AC 7:00 Featured Movie Night, TH	9:30 Morning Exercise, AC 10:00 Morning Devotion, CH 2:00 Movie Matinee, TH 3:00 Jenga 7:00 Late-Night Movie, TH
;	2:00 Movie Matinee, TH 3:00 Sunday Service, AC 7:00 Late-Night Movie, TH	9:30 Morning Exercise, AC 10:00 Morning Devotion, CH 2:00 Movie Matinee, TH 3:00 Scattergories, AC 7:00 Night at the Movies, TH	9:30 Morning Exercise, AC 10:00 Morning Devotion, CH 2:00 Art Group and Creative Coloring, AC 7:00 Bingo, AC	9:30 Morning Exercise, AC 9:30 Catholic Communion, CH 10:00 Morning Devotion, CH 1:00 Wii Bowling, AC 3:00 Dirty Santa Exchange, AC 7:00 Night at the Movies, TH	9:30 Morning Exercise, AC 2:00 Movie Matinee, TH 7:00 Night at the Movies, TH	CHRISTMAS DAY 8:00 Flapjacks and Flannel, DR 9:30 Morning Exercise, AC 2:00 Movie Matinee, TH 7:00 Featured Movie Night, TH	9:30 Morning Exercise, AC 10:00 Morning Devotion, CH 2:00 Movie Matinee, TH 3:00 Jenga 7:00 Late-Night Movie, TH
vn	2:00 Movie Matinee, TH 3:00 Sunday Service, AC 7:00 Late-Night Movie, TH	9:30 Morning Exercise, AC 10:00 Morning Devotion, CH 2:00 Movie Matinee, TH 3:00 Scattergories, AC 7:00 Night at the Movies, TH	9:30 Morning Exercise, AC 10:00 Morning Devotion, CH 2:00 Art Group and Creative Coloring, AC 3:00 Book Club, CM 7:00 Bingo, AC	9:30 Morning Exercise, AC 9:30 Catholic Communion, CH 10:00 Morning Devotion, CH 1:00 Wii Bowling, AC 7:00 Night at the Movies, TH	9:00 Health Screening, AC 9:30 Morning Exercise, AC 10:00 Morning Devotion, CH 3:00 New Year's Eve Party, AC 7:00 Night at the Movies, TH		



Door Decorating Contest

Every year, the residents at Bella Vista participate in a door decorating contest. All the decorated doors are so unique. Some are wrapped with wrapping paper and bows, some have lights, some have trees next to them, and some simply have beautiful wreaths. (Just check out some great examples from last year.)

It's fun to decorate and it makes walking down the hallways so festive. Not only is door decorating a really fun activity, but you can win prizes. Doors need to be decorated by December 15th for judging. May the best door decorator win.



lan's door had lights.



Barbara N.'s door



Erik and Ara's door



Gayle's door with tree



Be sure to check out Al and Jane's 1st floor yard full of Christmas lights.



We Voted!

We voted! Oh yes we did! Most of our residents sent in absentee ballots which was great and really fabulous, but some still wanted to go to the polls. Four different groups went for early voting this year. We were socially distanced in line, which really wasn't long at all, and in the voting booths. Everyone wore masks and there was plenty of hand sanitizer around. We didn't get "I Voted" stickers but we did get to keep our pens. Yay pens, yay voters, yay democracy in action!



Al voted and was proud to get to keep her pen.



A happy Jane showed her voting souvenir pen.



Way to go, Joann! She's putting her ballot in the box.



"I'm so glad to get to vote," said Aida.



Andrew is in line to cast his vote.



Our first group included Betty D., Geneve, Jeremy and Kathy.





