

# Alexis Estates

## Gracious Retirement Living

680 North Watters Road • Allen, Texas 75013 • Phone (469) 854-6295 • [www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)

### DECEMBER 2020

#### ALEXIS ESTATES STAFF

Managers..... JAMIE & PATTI MILLER  
Assistant Managers ..... BRIAN & TRACY LEWIS  
Executive Chef..... EDGAR MORALES  
Community Sales ..... DAN REED  
Sous Chef ..... TEDDY CAWOSKI  
Activity Coordinator ..... LYNN MIKESCH  
Maintenance ..... TREVOR SIMMONS  
Transportation ..... BARBARA NIX

#### TRANSPORTATION

**Monday, 8:30 a.m.-3:30 p.m.**

**Tuesday, 8:30 a.m.-3:30 p.m.:**  
Medical Appointments

**Wednesday, 8:30 a.m.-3:30 p.m.**

**Thursday, 8:30 a.m.-3:30 p.m.:**  
Medical Appointments

**Friday, 8:30 a.m.-3:30 p.m.**

**HAWTHORN**  
SENIOR LIVING

### I Voted!

Have we heard enough about the Election 2020? We scheduled four times to go early vote, two weeks prior to election day, and all four times we had a full bus! Numerous residents were walking around our community with “I Voted” stickers and it was so great to see. We also had a trip on election day for our residents who couldn’t make it to early vote. It was a big year and our residents had many conversations throughout our community about the election and our choices for the next Presidential term. It was great to see so many people get out there and do their part! Regardless of who we voted for, one thing we can ALL agree on — we are ready to be done with the political commercials and mail!



*Barbara, our Bus Driver,  
took Alice Elliott to go vote.*



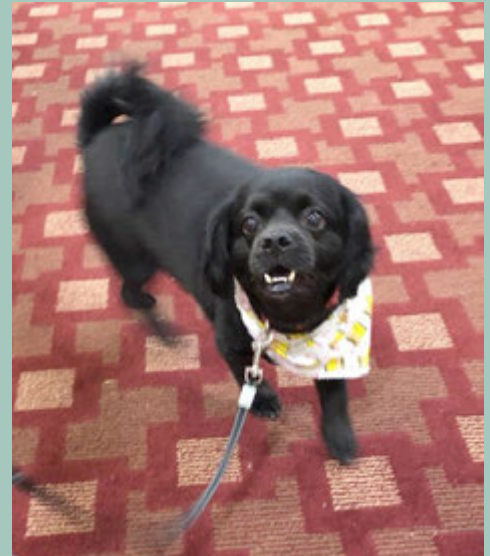
*Jeremy voted before  
he came to work.*





## Pet Corner

This month we are highlighting one of our original furry friends. Our pet this month is a little Pekingese mix named Sam. Sam's fur mom is Etta and she got Sam 5 years ago when he was around 6 years old. Etta was headed out on Christmas Eve and noticed the Humane Society as she was driving. She went in and they told her there were two dogs left to adopt. She looked down in the cage and saw little Sam looking up at her with his sweet eyes. He didn't move because he had been kicked in his kidneys and was very sick. She told the worker that if she could adopt him that night, she would take him. They told her that he was very ill — they said if she could doctor him back to health then she could adopt him. Etta did just that and now she has a sweet little guy we all know and love! He is extremely protective of Etta, since he knows what she did for him, so it takes a minute for him to warm up to you. But once he does, you have a friend for life!



*Handsome Sam, fresh from the groomer!*

## Beethoven's Greatest Hits

This year celebrates the 250th birth anniversary of Ludwig van Beethoven, one of the most masterful composers in classical music history. From his career of over 700 works, here are some of his most beloved:

**Symphony No. 5** — The piece known as Beethoven's Fifth is one of the world's most important and famous symphonies, partly due to its dramatic four-note opening.

**Symphony No. 9** — His last symphony, written after he had gone completely deaf, continues to inspire. In the fourth and final movement, vocalists sing the lyrics of Friedrich Schiller's poem "Ode to Joy."

**Violin Concerto** — Although not successful during Beethoven's lifetime, his Violin Concerto in D major is now a popular piece for violinists and considered one of the composer's most beautiful works.

**Symphony No. 3** — This triumphant piece, called the "Eroica" Symphony, marks a groundbreaking turn in Beethoven's career—and classical music as a whole—when his work became more personal and emotional.

**Piano Sonata No. 14** — The slow, haunting first movement of this piece, nicknamed the "Moonlight Sonata," is instantly recognizable, thanks to its use in films and television.

**"Für Elise"** — This short, delicate piano composition wasn't discovered until 40 years after Beethoven's death, but is now an iconic example of classical music and is often a standard for beginner piano players.







## What a Great Day for a Singalong

When Juanita approached Lynn (Activity Coordinator) about putting together a Singalong, she thought that it would be a nice idea with some of our residents. Little did we know how it would take off! We ended up with over 40 residents signing up to participate! Juanita gave Lynn the songs she was going to play and Lynn made song books for everyone to keep. We plan on doing more Singalongs so we can add to the book as we go. We are planning on one where we sing gospel/church songs and then, of course, a Christmas Singalong! Who knew it would end up being so popular but we loved every minute of it. I mean, who doesn't love singing "Someone's in the Kitchen With Dinah" with a group of friends?



*What a group!*



*Juanita led the way on the piano.*



*Dan (Community Sales) did a great job singing "Danny Boy."*

## Come on in, Ms. Peacock!

One evening, we heard a "tapping" on the door during dinner. To our surprise, it was a peacock! Well, it wasn't a one night event — she has been spotted each night (and each morning) roaming around our community. During the day, she is nowhere to be found. We assume she is shopping at the local outlet mall but we aren't sure. We are used to pets here at Alexis Estates — dogs, cats and even a Macaw, but a peacock? That's a first! She even walked right in with a resident one night and had to get "shooed" back out — even random birds are trying to live here at Alexis Estates!



*Knock, knock! Let me in!*



DEC 2020

Birthdays

Dorothy Sanders, 2nd  
Frank Irby, 6th  
Sue Pounds, 6th  
Roddah Ewell, 8th  
Tawana Davis, 9th  
Sheila McFaron, 13th  
Buddy Nelson, 15th  
Johnny Richardson, 21st  
John Guest, 21st  
Rose Moore, 23rd  
George Downs, 23rd  
Ray Ratliff, 25th  
Barrett Valenta, 26th  
Veronica Ryan, 30th

Locations

Activity Room, AR  
Billiards Room, BR  
Bus, B  
Chapel, CH  
Computer Center, CC  
Dining Room, DR  
DR Alcove, DRA  
Front Lobby, Lobby  
Gym, G  
Library, L  
Movie Theater, MT  
Patio, P  
TV Room, TV

“Time together  
as a family is  
a gift.”  
—Joanna Gaines

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		9:30 Exercise with Caleb, AR 10:00 <b>Famous Brand Clothing, P</b> 10:00 <b>Mgr/Resident Meeting, AR</b> 11:00 Puzzle Packs, AR 2:30 Creative Arts, AR 7:00 Movie Night, MT	2 9:30 Exercise, AR 10:15 Bingo with Funny Money, AR 2:00 <b>Retail Cabinet, AR</b> 3:00 <b>Christmas Caroling, AR</b> 	3 9:30 Exercise, AR 10:00 Bible Study, CH 10:15 Ask a Nurse with Michelle, AR 2:30 <b>Christmas Mini Horse/Dog Parade, P</b> 7:00 Movie Night, MT	4 Wear Red Day 9:00 <b>Drive to Nowhere: TBD, B</b> 9:30 Chair Yoga with Caleb, AR 10:15 Bingo with Prizes, AR 2:00 Trip to Walmart, B	5 9:30 Exercise Class with Tracy, AR 10:00 Coffee & Donuts with Managers, AR 2:00 Bingo with Funny Money, AR 3:00 <b>Movie Matinee, MT</b>
6 9:00 Sunday Service, MT 3:00 <b>Classic Movie Sunday, MT</b> 4:00 Wii Bowling, AR 	7 9:30 Exercise, AR 10:00 Trip to Walmart, B 10:15 Bingo with Prizes, AR 2:30 Brain Game: Hot Seat, AR	8 9:30 Exercise with Caleb, AR 11:00 Puzzle Packs, AR 2:30 Creative Arts & Ginger Snaps, AR 7:00 Movie Night, MT 	9 9:30 Exercise, AR 10:15 Bingo with Funny Money, AR 2:00 <b>Retail Cabinet, AR</b> 3:00 <b>Pastry Day Chocolate Croissants, AR</b> 	HANUKKAH BEGINS AT SUNSET 10 9:30 Exercise, AR 10:00 Bible Study, CH 3:00 <b>Senior Shield Hh with Marty Ruiz, DR</b> 7:00 Movie Night, MT	11 Wear Red Day 9:00 <b>Drive to Nowhere: TBD, B</b> 9:30 Chair Yoga with Caleb, AR 10:15 Bingo with Prizes, AR 2:00 Trip to Walmart, B 3:00 <b>Gingerbread House, AR</b>	12 9:30 Exercise Class with Tracy, AR 2:00 Bingo with Funny Money, AR 3:00 <b>Movie Matinee, MT</b>
13 9:00 Sunday Service, MT 3:00 <b>Classic Movie Sunday, MT</b> 4:00 Wii Bowling, AR 	14 9:30 Exercise, AR 10:00 Trip to Walmart, B 10:15 Bingo with Prizes, AR 2:30 <b>Brain Games: Hot Seat &amp; Hot Cocoa, AR</b>	15 9:30 Exercise with Caleb, AR 10:00 <b>Ambassador Meeting, L</b> 11:00 Puzzle Packs, AR 2:30 <b>Monthly Bday &amp; Toney Walsh, DR</b> 	16 9:30 Exercise, AR 10:15 Bingo with Funny Money, AR 10:30 Harris Jewelry, Lobby 2:00 <b>Retail Cabinet, AR</b> 3:00 <b>Chair Volleyball, AR</b>	17 9:30 Exercise, AR 10:00 Bible Study, CH 10:15 Ask a Nurse with Michelle, AR 10:45 <b>Chef/Resident Mtg, AR</b> 3:00 <b>Syrup Day! Syrup Taste Testing, AR</b> 7:00 Movie Night, MT	18 Wear Red Day 9:00 <b>Drive to Nowhere: TBD, B</b> 9:30 Chair Yoga with Caleb, AR 10:15 Bingo with Prizes, AR 2:00 Trip to Walmart, B 3:00 <b>Gingerbread House, AR</b>	19 9:30 Exercise Class with Tracy, AR 10:00 Coffee & Donuts with Managers, AR 2:00 Bingo with Funny Money, AR 3:00 <b>Movie Matinee, MT</b>
20 9:00 Sunday Service, MT 3:00 <b>Classic Movie Sunday, MT</b> 4:00 Wii Bowling, AR	WINTER BEGINS 21 9:30 Exercise, AR 10:00 Trip to Walmart, B 10:15 Bingo with Prizes, AR 2:30 Brain Game: Hot Seat, AR 	22 9:30 Exercise with Caleb, AR 11:00 Puzzle Packs, AR 2:30 <b>Ugly Sweater Contest &amp; Norris Perry, DR</b> 7:00 Movie Night, MT	23 9:30 Exercise, AR 10:15 Bingo with Funny Money, AR 2:00 <b>Retail Cabinet, AR</b> 3:00 Singalong, DR 	24 9:30 Exercise, AR 10:00 Bible Study, CH 10:15 Ask a Nurse with Michelle, AR 7:00 Movie Night, MT	25 CHRISTMAS DAY Wear Red Day 8:00 <b>Wear Your PJs to Breakfast!, DR</b> 10:15 Bingo with Prizes, AR 	26 9:30 Exercise Class with Tracy, AR 2:00 Bingo with Funny Money, AR 3:00 <b>Movie Matinee, MT</b> 
27 9:00 Sunday Service, MT 3:00 <b>Classic Movie Sunday, MT</b> 4:00 Wii Bowling, AR	28 9:30 Exercise, AR 10:00 Trip to Walmart, B 10:15 Bingo with Prizes, AR 2:30 <b>Brain Games: Hot Seat &amp; Chocolate Candy, AR</b>	29 9:30 Exercise with Caleb, AR 11:00 Puzzle Packs, AR 2:30 Creative Arts, AR 7:00 Movie Night, MT	30 9:30 Exercise, AR 10:15 Bingo with Funny Money, AR 2:00 <b>Retail Cabinet, AR</b> 3:00 <b>Card Writing &amp; Bacon Milkshakes, AR</b> 	NEW YEAR'S EVE 31 9:30 Exercise, AR 10:00 Bible Study, CH 10:15 Ask a Nurse with Michelle, AR 2:45 <b>Jeopardy with Jamie, AR</b> 6:30 <b>Nye Party with Toni Macaroni, DR</b>		





## Crafts, Crafts and More Crafts!

Every Tuesday, we gather in the Activity Room (socially distanced, of course) and do a craft. The residents have been really excited about our crafts lately and we have so much fun doing them! Our fall crafts look amazing and our list of holiday crafts are generating a lot of “buzz.” Be sure to check out the “samples” of our upcoming crafts that we set out a few days before in the Activity Room.



*Peg did a great job painting her block calendar.*



*Beth had fun while we made our “Splatter Pumpkins.”*



*Great job, Connie!*

## Drive to Dak’s House

We took our “drive to nowhere” about 25 minutes away to Prosper where Dak Prescott lives. He is the quarterback for the Dallas Cowboys and we all knew he was home with an injury. It wasn’t a gated community, but a gated driveway, so we were able to get right up to his house. He didn’t come out and say “hi” but we took plenty of pictures and thoroughly enjoyed the beautiful weather for the drive!



*Our Cowboys’ Crew!*



*Dak Prescott’s house*





## We Had a “Spooktacular” Time!

Our Halloween week was filled with fun and contests! We had a scavenger hunt around the community with various Halloween related pictures. We had our residents searching high and low, far and wide, across our community in search of our scavenger hunt pictures! When the hunt was over, we had all of the correct and completed forms put together and we drew a name at random. Sally Atwood was our winner! Sally won a \$20 Visa gift card — we announced Sally as our winner at the Halloween Party on Friday afternoon, and she was definitely surprised! While Toney Walsh sang for us, we nibbled on cheeseburger sliders, Halloween candy (of course) and sipped on punch. We judged all the residents dressed up and finally had the contest. Cindy was our first place winner, dressing up as a football player. Maureen was our second place winner, dressing up as a newspaper stuffed pumpkin. Thanks to all of our residents who participated in the costume contest!



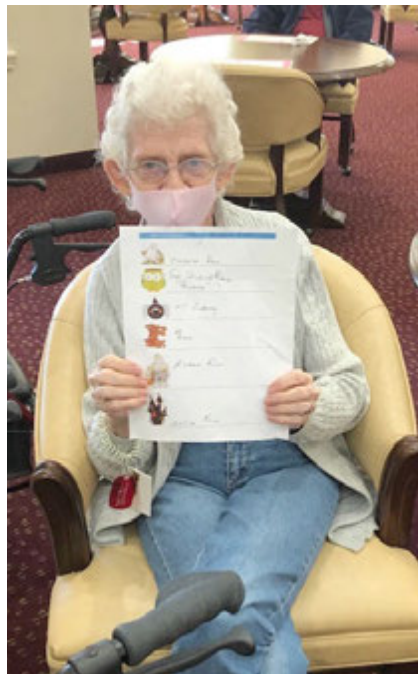
*Cindy won first place.*



*Even though it was cold outside, Ellen dressed up like she was in Hawaii!*



*Maureen won second place with her newspaper stuffed pumpkin!*



*All that “happy hunting” paid off for Sally!*



*Baxter is the nicest lion we know!*

# Alexis Estates

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680 North Watters Road  
Allen, Texas 75013



*It's always Warm at*

**Alexis Estates**  
Gracious Retirement Living

We invite you to experience the warmth of our community. Our caring staff is here for you any time, day or night. We take care of the cooking, cleaning, and maintenance, leaving you more time to enjoy your lifestyle. We'll even drive you to appointments, shopping and other outings.

**469-854-6295**