

The Alzheimer's Questionnaire

Pick 1 answer to each of the 21 questions (yes or no). Then add up all the points to arrive at a final score.

1. Does your loved one have memory loss?

Y = 1 N = 0

2. If so, is their memory worse than a few years ago?

Y = 1 N = 0

3. Do they repeat statements or stories in the same day?

Y = 2 N = 0

4. Have you had to take over tracking events or appointments, or does the patient forget appointments?

Y = 1 N = 0

5. Do they misplace items more than once a month?

Y = 1 N = 0

6. Do they suspect others of hiding, or stealing items when they cannot find them?

Y = 1 N = 0

7. Does your loved one frequently have trouble knowing the day, date, month, year, and time; or check the date more than once a day?

Y = 2 N = 0

8. Do they become disoriented in unfamiliar places?

Y = 1 N = 0

9. Do they become more confused when not at home or when traveling?

Y = 1 N = 0

10. Excluding physical limitations, do they have trouble handling money, such as tips or calculating change?

Y = 1 N = 0

11. Do they have trouble paying bills or doing finances?

Y = 2 N = 0

12. Does your loved one have trouble remembering to take medicines or keeping track of medications taken?

Y = 1 N = 0

13. Do they have difficulty driving; or are you concerned about their driving?

Y = 1 N = 0

14. Are they having trouble using appliances, such as the stove, phone, remote control, microwave?

Y = 1 N = 0

15. Excluding physical limitations, are they having difficulty completing home repair or housekeeping tasks?

Y = 1 N = 0

16. Excluding physical limitations, have they given up or cut down on hobbies such as golf, dancing, exercise or crafts?

Y = 1 N = 0

17. Are they getting lost in familiar surroundings, such as their own neighborhood?

Y = 2 N = 0

18. Is their sense of direction failing?

Y = 1 N = 0

19. Do they have trouble finding words other than names?

Y = 1 N = 0

20. Do they confuse names of family members or friends?

Y = 2 N = 0

21. Do they have trouble recognizing familiar people?

Y = 2 N = 0

What the score means

- 0 to 4: No cause for concern
- 5 to 14: Memory loss may be an early warning of Alzheimer's
- 15 and above: Alzheimer's may already have developed

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Attachment to The Alzheimer's Reading Room 9/14/13 "Alzheimer's Test/ Alzheimer's Questionnaire"
<http://www.alzheimersreadingroom.com/2013/09/Alzheimers-Test-Questionnaire-Memory.html>

Prepared for Presentations of *I Will Never Forget* by Elaine C Pereira, MA OTR/L, CDC, CDP Copyright 2013/2020