

# The PALMS at La Quinta

## ASSISTED LIVING & MEMORY CARE

45160 Seeley Drive • La Quinta, CA 92253 • Phone (760) 345-5353 • [www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)

## DECEMBER 2020

### THE PALMS AT LA QUINTA STAFF

Assistant Administrator.....RUTH FROMME  
Resident Services Coordinator..... REBECCA GILL  
Memory Care Coordinator .....ROBERT HOPFER  
Executive Chef .....SERGIO ALVAREZ  
Community Sales ..... CAROL BALDWIN  
Activity Coordinator .....SELENE AGUILAR  
Activity Assistant ..... AMANDA BROOKS  
Administrative Assistant ..... MARITZA GARCIA  
Maintenance Coordinator.. CHRISTOPHER JONES

### TRANSPORTATION

**Monday, 9 a.m.-3 p.m.:** Medical Appointments

**Tuesday, 9 a.m.-3 p.m.:** Medical Appointments  
Wednesday, Excursion Day

**Thursday, 9 a.m.-3 p.m.:** Medical Appointments

**Friday, 9 a.m.-3 p.m.:** Medical Appointments

**HAWTHORN**  
SENIOR LIVING

## Five Fun Facts About Gingerbread

Gingerbread is loved all over the world and has become a holiday tradition for many. Below are 10 fun facts all about this sweet treat!

1. Gingerbread houses originated in Germany.
2. It is said that Queen Elizabeth I came up with the concept of the gingerbread man after wanting to present them to visiting officials as gifts.
3. Unmarried women in England would often eat gingerbread men for good luck in meeting a husband.
4. The largest gingerbread house in the world is 60 feet by 42 feet and is worth 35,823,400 calories.
5. To be considered gingerbread, the recipe must feature ginger as a dominant flavor, and use either honey or molasses to add sweetness.







## How Well Do You Know the Month of December?

Below are a few questions all relating to December. How many can you answer? Answers can be found on the following page. Good luck!

- Which of the following does NOT take place in December?
  - Boxing Day
  - Hanukkah
  - Christmas
  - Australia Day
- True or false? December gets its name from the Latin word decem, which means "twelve."
- Diego Rivera was born on December 8th. What was his profession?
  - Singer
  - Artist
  - Poet
  - Explorer



- What are the two zodiac signs for December?
  - Sagittarius and Capricorn
  - Aquarius and Pisces
  - Capricorn and Aquarius
  - Aries and Taurus
- What five words follow "'Twas the night before Christmas" in the poem by the same name?

## The Joy of Simple Things

A whirlwind of sights and sounds, the holiday season is often a busy time. But there's much joy and meaning to be found in the quieter moments as well.

**Treats:** Certain foods taste better around the holidays, don't they? Whether it's a sip of eggnog or a bite of decadent fudge, savor the moment as a mini celebration.

**Decorations:** Setting out some seasonal items can instantly put you in a festive mood. By placing a treasured keepsake in a spot where you'll see it every day, you can stir up warm feelings of comfort and joy.

**Crafts:** Winter is often peak crafting season. If the weather outside is frightful, you can delight in creating a homemade gift or jolly decoration. Take pride in using your hands and putting love into your work.

**Music:** Listening and singing along to your favorite holiday tunes is a simple pleasure that many folks enjoy. When you hear a song that's special to you, close your eyes and focus on the words and melody.





## Words Within Words Challenge

Can you find the hidden word within the words below? Use the hints provided to help you solve the challenge! Answers can be found on the following page!

**Word:** Hint:

- |                             |                              |                           |
|-----------------------------|------------------------------|---------------------------|
| 1. Passage Become older     | 5. Search Footwear insert    | 9. Rear Hearing organ     |
| 2. Bracelet Tennis serve    | 6. Splurge Strong impulse    | 10. Corner Grain on a cob |
| 3. Magnetic Fishing item    | 7. Shuttle Small shelter     |                           |
| 4. Nirvana Delivery vehicle | 8. Crystal Opposite of laugh |                           |

## Celebrating New Year's Eve

The final night of the year is coming up. Count down with some festive facts about the revelry of New Year's Eve.

- Ringing out the old year and ushering in a new one is a custom that goes back at least 4,000 years to the ancient Babylonians.
- The first places on the globe to greet the new year are the island nations of Kiribati, Samoa and Tonga, located in the South Pacific Ocean.
- Just across the international date line, American Samoa, a U.S. territory, is the world's last inhabited locale to welcome in the year.
- New York City's Times Square ball drop is a celebration that began in 1907.
- Singing "Auld Lang Syne" at midnight has grown into a worldwide tradition. The words roughly translate to "times gone by."
- Puckering up for a New Year's Eve kiss is said to bring good luck to a relationship and has roots in German and English folklore.
- Those novelty eyeglasses with frames shaped into the numbers of the coming year were invented in 1990 by two friends in Seattle.
- Causing a ruckus with noisemakers began as a way to chase off bad luck.
- Some don't stay up to celebrate; in a survey, over 10% of people said they fall asleep before midnight.
- That cute little guy decked out in a diaper, top hat and sash is known as Baby New Year. He's been a symbol of the holiday since the days of ancient Greece.







## A Bit About Gingerbread

Gingerbread and the shapes it takes have a long history. First taking in ancient Greece and Egypt, gingerbread was first used more for ceremonial purposes. Later, gingerbread found its way to Europe when 11th-century Crusaders brought back ginger from the Middle East for the aristocrats' cooks to experiment with. As ginger and other spices became more affordable to the masses, gingerbread caught on and eventually became the gingerbread we know and love today!

### Gingerbread Takes Form in Europe

An early European recipe for gingerbread consisted of ground almonds, stale breadcrumbs, rosewater, sugar and naturally, ginger. The resultant paste was pressed into wooden molds. These carved works of art served as a sort of storyboard that told the news of the day, bearing the likeness of new kings, emperors, and queens, or religious symbols. The finished cookie might be decorated with edible gold paint (for those who could afford it) or flat white icing to bring out the details in relief.

In the 16th century, the English replaced the breadcrumbs with flour, and added eggs and sweeteners, resulting in a lighter product. The first gingerbread man is credited to Queen Elizabeth I, who knocked the socks off visiting dignitaries by presenting them with one baked in their own likeness.

### Gingerbread Today

Today, gingerbread is a baked sweet containing ginger and sometimes cinnamon, cloves, nutmeg, cardamom and anise, and sweetened with any combination of brown sugar, molasses, light or dark corn syrup, or honey. Gingerbread can take the shape of thin, crisp cookies like snaps, it can be a dark, spicy and cake-like, sometimes, with lemon glaze or even in the form of a house!

### Gingerbread Houses

The gingerbread house became popular in Germany after the Brothers Grimm published their fairy tale collection which included "Hansel and Gretel" in the 19th century. Early German settlers brought this lebkuchenhaeusle (gingerbread house) tradition to the Americas.

Gingerbread houses never caught on in Britain as they did in North America, where some extraordinary examples can be found. But they do exist in other parts of Europe.



## Answers: How Well do You Know the Month of December?

Below are the answers to the trivia challenge "How Well do You Know the Month of December?" How did you do?

1. (D) Australia Day. Australia's national day is celebrated on January 26th every year.
2. False. Although December gets its name from the Latin word decem, decem means "ten," not "twelve." December was originally the tenth month in the Roman calendar.
3. (B) Artist. Rivera was a famous painter. He was also the husband of Frida Kahlo, another prominent Mexican painter.
4. (A) Sagittarius and Capricorn. Sagittarius is November 22nd to December 21st. Capricorn is December 22nd to January 19th.
5. "When all through the house." The first line is: "'Twas the night before Christmas, when all through the house not a creature was stirring, not even a mouse."



## Tastes of the Season

Just one sip of a seasonal beverage or a bite of a decadent dessert can put you in a holiday mood. Celebrate all month long with these favorite flavors:

**Peppermint** — From the classic candy cane to crunchy, chocolaty peppermint bark, the vibrant taste of peppermint adds a dash of festive flair to all kinds of sweet treats. It's often swirled into cocoa or coffee beverages for a refreshing pick-me-up.

**Hot cocoa** — There may be no better way to warm up on a cold winter's day than with a mug of hot chocolate sprinkled with marshmallows. In addition to drinking it, you can indulge in hot cocoa-flavored candies, cookies, ice cream and popcorn.

**Gingerbread** — Combining ginger with other spices — typically cinnamon, cloves and nutmeg — results in one of the season's tastiest traditions. Making gingerbread men cookies and decorating gingerbread houses are whimsical ways to enjoy this holiday flavor.

**Sugar cookie** — Sweet and simple cookies in the shapes of stars, wreaths and snowmen are a favorite this time of year. You can further satisfy your sugar-cookie cravings with flavored coffee creamers, hot tea, popcorn and ice cream.

**Eggnog** — This rich, creamy beverage has been adapted into recipes for cookies, cakes, ice cream and candies, all celebrating the drink's scrumptious blend of vanilla, nutmeg and cinnamon.



## Answers: Words Within Words Challenge

Below are the answers to the Words Within Words challenge from the previous page. How did you do?

- |        |         |          |
|--------|---------|----------|
| 1. Age | 5. Arch | 9. Ear   |
| 2. Ace | 6. Urge | 10. Corn |
| 3. Net | 7. Hut  |          |
| 4. Van | 8. Cry  |          |

## Beethoven's Greatest Hits

This year celebrates the 250th birth anniversary of Ludwig van Beethoven, one of the most masterful composers in classical music history. From his career of over 700 works, here are some of his most beloved:



**Symphony No. 5** — The piece known as Beethoven's Fifth is one of the world's most important and famous symphonies, partly due to its dramatic four-note opening.

**Symphony No. 9** — His last symphony, written after he had gone completely deaf, continues to inspire. In the fourth and final movement, vocalists sing the lyrics of Friedrich Schiller's poem "Ode to Joy."

**Violin Concerto** — Although not successful during Beethoven's lifetime, his Violin Concerto in D major is now a popular piece for violinists and considered one of the composer's most beautiful works.

**Symphony No. 3** — This triumphant piece, called the "Eroica" Symphony, marks a groundbreaking turn in Beethoven's career—and classical music as a whole—when his work became more personal and emotional.

**Piano Sonata No. 14** — The slow, haunting first movement of this piece, nicknamed the "Moonlight Sonata," is instantly recognizable, thanks to its use in films and television.

**"Für Elise"** — This short, delicate piano composition wasn't discovered until 40 years after Beethoven's death, but is now an iconic example of classical music and is often a standard for beginner piano players.



The  
**PALMS** at La Quinta  
ASSISTED LIVING & MEMORY CARE

45160 Seeley Drive  
La Quinta, CA 92253



*It's always Warm at*

The  
**PALMS** at La Quinta  
ASSISTED LIVING & MEMORY CARE

We invite you to experience the warmth of our community. Our caring staff is here for you any time, day or night. We take care of the cooking, cleaning, and maintenance, leaving you more time to enjoy your lifestyle. We'll even drive you to appointments, shopping and other outings.

**760-345-5353**



DEC 2020

Birthdays

John Aiello, 1st  
Dorothy Gallatin, 14th  
Stella Hightower, 15th  
Norman Edgemon, 23rd

David Franceschini, 31st

Anniversaries

Jack & Nina Davis, 12/23/1951

Locations

Activity Room, AR  
Bistro, BIS  
Chapel, CH  
Court Yard, CY  
Dining Room, DR  
Front Patio, FP  
Gymnasium, GYM  
Large Activity Room, LAR  
Lobby, LB  
Theater, TH  
TV Room, TV

“Time together as a family is a gift.”  
—Joanna Gaines

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		9:30 “Eye of the Tiger” Seated Shadow Boxing, LAR 10:00 Gentlemen’s Club: Build & Repair, AR 1:00 Movie Matinee, TH 1:00 In Concert Our Favorite Musicians (Live on Screen), TH 2:00 Bingo Bonanza, LAR 6:00 In Concert Our Favorite Musicians (Live on Screen), TH 	9:30 Seated Stretching, LAR 10:00 Hallway Brainteaser Challenge 1:00 The Brave & The Bold: Strength Workout, GYM 1:00 Movie Matinee, TH 2:00 Tastings and Talk Social Hour, DR 6:00 Night at the Movies, TH	9:30 Seated Stretching, LAR 10:00 Hallway Art & Aromatics 1:00 Movie Matinee, TH 1:00 In Concert Our Favorite Musicians (Live on Screen), TH 2:00 Bingo Bonanza, LAR 6:00 In Concert Our Favorite Musicians (Live on Screen), TH	10:00 Hilarious Hallways Jokes and Snacks 1:00 Movie Matinee, TH 2:00 Bingo Bonanza, LAR 6:00 Night at the Movies, TH	10:00 Rants & Raves: Residents’ Club, LAR 1:00 Movie Matinee, TH 2:00 Bingo Bonanza, LAR 6:00 Night at the Movies, TH
9:30 Chapter by Chapter Bible Readings, CH 10:30 Church at the Red Door YouTube Service, TH 11:00 Hymns From the Heart, TH 1:00 FaceTime Family Calls 2:00 Church at the Red Door YouTube Sermon, TH 6:00 Sunday Nights with Ed Sullivan, TH	9:30 Seated Stretching, LAR 10:30 Noodle Ball, DR 1:00 Movie Matinee, TH 2:00 Bingo Bonanza, LAR 6:00 Night at the Movies, TH	9:30 “Eye of the Tiger” Seated Shadow Boxing, LAR 10:00 Gentlemen’s Club: Build & Repair, AR 1:00 Movie Matinee, TH 1:00 In Concert Our Favorite Musicians (Live on Screen), TH 2:00 Bingo Bonanza, LAR 6:00 In Concert Our Favorite Musicians (Live on Screen), TH	9:30 Seated Stretching, LAR 10:00 Hallway Brainteaser Challenge 1:00 The Brave & The Bold: Strength Workout, GYM 1:00 Movie Matinee, TH 2:00 Tastings and Talk Social Hour, DR 6:00 Night at the Movies, TH	HANUKKAH BEGINS AT SUNSET 9:30 Seated Stretching, LAR 10:00 Hallway Art & Aromatics 1:00 Movie Matinee, TH 1:00 In Concert Our Favorite Musicians (Live on Screen), TH 2:00 Bingo Bonanza, LAR 6:00 In Concert Our Favorite Musicians (Live on Screen), TH	10:00 Hilarious Hallways Jokes and Snacks 1:00 Movie Matinee, TH 2:00 Bingo Bonanza, LAR 6:00 Night at the Movies, TH	10:00 Rants & Raves: Residents’ Club, LAR 1:00 Movie Matinee, TH 2:00 Bingo Bonanza, LAR 6:00 Night at the Movies, TH
9:30 Chapter by Chapter Bible Readings, CH 10:30 Church at the Red Door YouTube Service, TH 11:00 Hymns From the Heart, TH 1:00 FaceTime Family Calls 2:00 Church at the Red Door YouTube Sermon, TH 6:00 Sunday Nights with Ed Sullivan, TH	9:30 Seated Stretching, LAR 10:30 Noodle Ball, DR 1:00 Movie Matinee, TH 2:00 Bingo Bonanza, LAR 6:00 Night at the Movies, TH 	9:30 “Eye of the Tiger” Seated Shadow Boxing, LAR 10:00 Gentlemen’s Club: Build & Repair, AR 1:00 Movie Matinee, TH 1:00 In Concert Our Favorite Musicians (Live on Screen), TH 2:00 Bingo Bonanza, LAR 6:00 In Concert Our Favorite Musicians (Live on Screen), TH 	9:30 Seated Stretching, LAR 10:00 Hallway Brainteaser Challenge 1:00 The Brave & The Bold: Strength Workout, GYM 1:00 Movie Matinee, TH 2:00 Tastings and Talk Social Hour, DR 6:00 Night at the Movies, TH	9:30 Seated Stretching, LAR 10:00 Hallway Art & Aromatics 1:00 Movie Matinee, TH 1:00 In Concert Our Favorite Musicians (Live on Screen), TH 2:00 Bingo Bonanza, LAR 6:00 In Concert Our Favorite Musicians (Live on Screen), TH	10:00 Hilarious Hallways Jokes and Snacks 1:00 Movie Matinee, TH 2:00 Bingo Bonanza, LAR 6:00 Night at the Movies, TH	10:00 Rants & Raves: Residents’ Club, LAR 1:00 Movie Matinee, TH 2:00 Bingo Bonanza, LAR 6:00 Night at the Movies, TH
9:30 Chapter by Chapter Bible Readings, CH 10:30 Church at the Red Door YouTube Service, TH 11:00 Hymns From the Heart, TH 1:00 FaceTime Family Calls 2:00 Church at the Red Door YouTube Sermon, TH 6:00 Sunday Nights with Ed Sullivan, TH	WINTER BEGINS 9:30 Seated Stretching, LAR 10:30 Noodle Ball, DR 1:00 Movie Matinee, TH 2:00 Bingo Bonanza, LAR 6:00 Night at the Movies, TH	9:30 “Eye of the Tiger” Seated Shadow Boxing, LAR 10:00 Gentlemen’s Club: Build & Repair, AR 1:00 Movie Matinee, TH 1:00 In Concert Our Favorite Musicians (Live on Screen), TH 2:00 Bingo Bonanza, LAR 6:00 In Concert Our Favorite Musicians (Live on Screen), TH	9:30 Seated Stretching, LAR 10:00 Hallway Brainteaser Challenge 1:00 The Brave & The Bold: Strength Workout, GYM 1:00 Movie Matinee, TH 2:00 Tastings and Talk Social Hour, DR 6:00 Night at the Movies, TH 	9:30 Seated Stretching, LAR 10:00 Hallway Art & Aromatics 1:00 Movie Matinee, TH 1:00 In Concert Our Favorite Musicians (Live on Screen), TH 2:00 Bingo Bonanza, LAR 6:00 In Concert Our Favorite Musicians (Live on Screen), TH	CHRISTMAS DAY 10:00 Hilarious Hallways Jokes and Snacks 1:00 Movie Matinee, TH 2:00 Bingo Bonanza, LAR 6:00 Night at the Movies, TH	10:00 Rants & Raves: Residents’ Club, LAR 1:00 Movie Matinee, TH 2:00 Bingo Bonanza, LAR 6:00 Night at the Movies, TH
9:30 Chapter by Chapter Bible Readings, CH 10:30 Church at the Red Door YouTube Service, TH 11:00 Hymns From the Heart, TH 1:00 FaceTime Family Calls 2:00 Church at the Red Door YouTube Sermon, TH 6:00 Sunday Nights with Ed Sullivan, TH	9:30 Seated Stretching, LAR 10:30 Noodle Ball, DR 1:00 Movie Matinee, TH 2:00 Bingo Bonanza, LAR 6:00 Night at the Movies, TH	9:30 “Eye of the Tiger” Seated Shadow Boxing, LAR 10:00 Gentlemen’s Club: Build & Repair, AR 1:00 Movie Matinee, TH 1:00 In Concert Our Favorite Musicians (Live on Screen), TH 2:00 Bingo Bonanza, LAR 6:00 In Concert Our Favorite Musicians (Live on Screen), TH	9:30 Seated Stretching, LAR 10:00 Hallway Brainteaser Challenge 1:00 The Brave & The Bold: Strength Workout, GYM 1:00 Movie Matinee, TH 2:00 Tastings and Talk Social Hour, DR 6:00 Night at the Movies, TH 	NEW YEAR’S EVE 9:30 Seated Stretching, LAR 10:00 Hallway Art & Aromatics 1:00 Movie Matinee, TH 1:00 In Concert Our Favorite Musicians (Live on Screen), TH 2:00 Bingo Bonanza, LAR 6:00 In Concert Our Favorite Musicians (Live on Screen), TH 		



DEC 2020



Memory Care

45160 Seeley Drive  
La Quinta, CA 92253  
Phone (760) 345-5353  
www.seniorlivinginstyle.com

Locations

Activities Room  
MC, ARMC  
Bistro MC, BRMC  
Chapel, CH  
Dining Room MC, DRMC  
Theater, TH

"Beauty isn't  
seen by eyes.  
It's felt by  
hearts,  
recognized by  
souls,  
in the presence  
of love."

—Darren C.  
Swartland

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<div>9:30 Let's Get Movin', ARMC 1</div> <div>11:00 Balloon Volleyball, ARMC</div> <div>2:30 Chronicles, BRMC</div> <div>3:00 Bean Bag Baseball, ARMC</div> <div>4:00 Bingo, DRMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 2</div> <div>2:30 Music Memories, DRMC</div> <div>3:00 Peter's Walking Club, ARMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 3</div> <div>10:00 Chronicles, ARMC</div> <div>2:30 Picture Me Perfect, Art, ARMC</div> <div>3:00 Bean Bag Baseball, ARMC</div> <div>4:00 Bingo, DRMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 4</div> <div>10:00 Healthy Cooking, ARMC</div> <div>3:00 Peter's Walking Club, ARMC</div> <div>4:00 Chair Aerobics, ARMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 5</div> <div>10:00 Bean Bag Baseball, DRMC</div> <div>11:00 Pretty Nails, ARMC</div> <div>4:00 Healthy Cooking, DRMC</div> <div>6:30 Movie and Popcorn</div>
<div>9:30 Reverend Gil's YouTube Sermon, ARMC 6</div> <div>10:30 Match Game, DRMC</div> <div>11:00 Bean Bag Toss, ARMC</div> <div>2:30 Ice Cream Social, DRMC</div> <div>3:00 Chapter 1 Book Club, ARMC</div> <div>4:00 Bingo, DRMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 7</div> <div>10:00 Culinary Creations, DRMC</div> <div>2:00 Match Game, ARMC</div> <div>3:00 Peter's Walking Club, ARMC</div> <div>4:00 Ring Toss, DRMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 8</div> <div>11:00 Balloon Volleyball, ARMC</div> <div>2:30 Chronicles, BRMC</div> <div>3:00 Bean Bag Baseball, ARMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 9</div> <div>2:30 Music Memories, DRMC</div> <div>3:00 Peter's Walking Club, ARMC</div> <div>6:30 Movie and Popcorn</div>	<div>HANUKKAH BEGINS AT SUNSET 10</div> <div>9:30 Let's Get Movin', ARMC</div> <div>10:00 Hole-in-One, ARMC</div> <div>2:30 Picture Me Perfect, Art, ARMC</div> <div>3:00 Bean Bag Baseball, ARMC</div> <div>4:00 Putting Golf Challenge, ARMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 11</div> <div>10:00 Healthy Cooking, ARMC</div> <div>3:00 Peter's Walking Club, ARMC</div> <div>4:00 Chair Aerobics, ARMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 12</div> <div>10:00 Bean Bag Baseball, DRMC</div> <div>11:00 Pretty Nails, ARMC</div> <div>4:00 Healthy Cooking, DRMC</div> <div>6:30 Movie and Popcorn</div>
<div>9:30 Reverend Gil's YouTube Sermon, ARMC 13</div> <div>10:30 Match Game, DRMC</div> <div>11:00 Bean Bag Toss, ARMC</div> <div>2:30 Ice Cream Social, DRMC</div> <div>3:00 Chapter 1 Book Club, ARMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 14</div> <div>10:00 Culinary Creations, DRMC</div> <div>2:00 Match Game, ARMC</div> <div>3:00 Peter's Walking Club, ARMC</div> <div>4:00 Ring Toss, DRMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 15</div> <div>11:00 Balloon Volleyball, ARMC</div> <div>2:30 Chronicles, BRMC</div> <div>3:00 Bean Bag Baseball, ARMC</div> <div>4:00 Bingo, DRMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 16</div> <div>2:30 Music Memories, DRMC</div> <div>3:00 Peter's Walking Club, ARMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 17</div> <div>10:30 Hole-N-One, ARMC</div> <div>2:30 Picture Me Perfect, Art, ARMC</div> <div>3:00 Bean Bag Baseball, ARMC</div> <div>4:00 Bingo, DRMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 18</div> <div>10:00 Healthy Cooking, ARMC</div> <div>3:00 Peter's Walking Club, ARMC</div> <div>4:00 Chair Aerobics, ARMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 19</div> <div>10:00 Bean Bag Baseball, DRMC</div> <div>11:00 Pretty Nails, ARMC</div> <div>4:00 Healthy Cooking, DRMC</div> <div>6:30 Movie and Popcorn</div>
<div>9:30 Reverend Gil's YouTube Sermon, ARMC 20</div> <div>10:30 Match Game, DRMC</div> <div>11:00 Bean Bag Toss, ARMC</div> <div>2:30 Ice Cream Social, DRMC</div> <div>3:00 Chapter 1 Book Club, ARMC</div> <div>4:00 Bingo, DRMC</div> <div>6:30 Movie and Popcorn</div>	<div>WINTER BEGINS 21</div> <div>9:30 Let's Get Movin', ARMC</div> <div>10:00 Culinary Creations, DRMC</div> <div>2:00 Match Game, ARMC</div> <div>3:00 Peter's Walking Club, ARMC</div> <div>4:00 Ring Toss, DRMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 22</div> <div>11:00 Balloon Volleyball, ARMC</div> <div>2:30 Chronicles, BRMC</div> <div>3:00 Bean Bag Baseball, ARMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 23</div> <div>2:30 Music Memories, DRMC</div> <div>3:00 Peter's Walking Club, ARMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 24</div> <div>10:30 Chronicles, ARMC</div> <div>2:30 Picture Me Perfect, Art, ARMC</div> <div>3:00 Bean Bag Baseball, ARMC</div> <div>4:00 Putting Golf Challenge, ARMC</div> <div>6:30 Movie and Popcorn</div>	<div>CHRISTMAS DAY 25</div> <div>9:30 Let's Get Movin', ARMC</div> <div>10:00 Healthy Cooking, ARMC</div> <div>3:00 Peter's Walking Club, ARMC</div> <div>4:00 Chair Aerobics, ARMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 26</div> <div>10:00 Bean Bag Baseball, DRMC</div> <div>11:00 Pretty Nails, ARMC</div> <div>3:30 Dancing to the Oldies, ARMC</div> <div>4:00 Healthy Cooking, DRMC</div> <div>6:30 Movie and Popcorn</div>
<div>9:30 Reverend Gil's YouTube Sermon, ARMC 27</div> <div>10:30 Match Game, DRMC</div> <div>11:00 Bean Bag Toss, ARMC</div> <div>2:30 Ice Cream Social, DRMC</div> <div>3:00 Chapter 1 Book Club, ARMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 28</div> <div>10:00 Culinary Creations, DRMC</div> <div>2:00 Match Game, ARMC</div> <div>3:00 Peter's Walking Club, ARMC</div> <div>4:00 Ring Toss, DRMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 29</div> <div>11:00 Balloon Volleyball, ARMC</div> <div>2:30 Chronicles, BRMC</div> <div>3:00 Bean Bag Baseball, ARMC</div> <div>6:30 Movie and Popcorn</div>	<div>9:30 Let's Get Movin', ARMC 30</div> <div>2:30 Music Memories, DRMC</div> <div>3:00 Peter's Walking Club, ARMC</div> <div>6:30 Movie and Popcorn</div>	<div>NEW YEAR'S EVE 31</div> <div>9:30 Let's Get Movin', ARMC</div> <div>2:30 Picture Me Perfect, Art, ARMC</div> <div>3:00 Bean Bag Baseball, ARMC</div> <div>6:30 Movie and Popcorn</div>		