



BIPOLAR IONIZATION: CLEANING THE AIR WE BREATHE

Case studies have shown the use of NPBI can reduce COVID-19 airborne pathogens up to 90%, potentially providing safer, cleaner air for the residents, families and staff at Amaran.

The GPS system:

- Targets particles (dust, dander, pollen)
- Reduces pathogens
- Combats odors
- Saves energy



We are excited for the opening of our beautiful one-of-a-kind community. We know that with the rise in COVID-19 numbers many people are concerned about our plans to keep our residents and staff safe. I'm thrilled to announce that the owners of Amaran Senior Living have decided to make an additional investment to keep the community as safe as possible.

A LETTER FROM THE ADMINISTRATOR

I have some exciting news to share with you! We just received notice from Walgreens Pharmacy Services that we will be scheduling a COVID-19 vaccination clinic for residents and staff of Amaran in the next few weeks. A Walgreens representative will be contacting our administrator to begin the scheduling process. I didn't want to let this opportunity to pass without telling everyone about it. Only current residents may receive the vaccine so this may be the perfect time to secure an apartment at Amaran Senior Living. We know that the loss of contact with loved ones has been a great concern and this is the first step in safely returning to family visits.

If you would like to deposit on an apartment at Amaran we can schedule an appointment to complete necessary paperwork to secure your future home and vaccination appointment. Call (505) 934-4774.

Amaran Senior Living has chosen to add a state-of-the-art air purification system to our current air filtration system. GPS or Global Plasma Solutions is just one more way Amaran is working to keep our residents, families and employees safe from COVID and other air contaminants.

Through the GPS patented technology, NEEDLEPOINT BIPOLAR IONIZATION, also known as NPBI, their products purify indoor air by eliminating

airborne Particulates, Odors and Pathogens. All this while saving Energy consumption and lowering the carbon footprint by reducing outdoor air intake. GPS delivers clean indoor air that is safe and healthy – producing neither ozone nor other harmful by-products.

Amaran Senior Living is Committed to Your Safety. After all, we want you to have peace of mind when you chose Amaran as your next home.

Meet our Business Office Manager, Carla Jaime-

Buenrostro



Carla was born in Mexico City, Mexico. Her family immigrated to the US when she was 3 months old. She was raised here in Albuquerque New Mexico and comes from a large family

with 3 siblings, 5 aunts, 2 uncles and many cousins whom enjoy spending time together, especially around the holidays. She became a caregiver for seniors living with Dementia at the early age of 18. She fell in love with caregiving and did it for many wonderful years. It sparked a passion within her to do her best to make people feel respected, appreciated and cared about. She then moved on to learn the more administrative side to helping people as the Business Office Manager at that same community. A few years later she became the Associate Executive Director for an Assisted Living/ Memory Care community growing and learning how she could best support residents, their family members as well as the employees of the community for about one year before becoming the Executive Director of a Memory Care community.

Professionally, Carla has worked in the Senior Living field and caring for seniors for over 18 years and says she has loved every moment of it. She is grateful to have had the honor to have had the opportunity to make a difference in people's lives and meet so many incredible people that have contributed to who she is.

Hobbies Carla enjoys include hiking in the foot hills near her home with her husband and 4 dogs, cooking, making wire trees and other crafts, volunteering at her church and spending time with her family.

Carla is the proud mother of one son. She is a middle child with one older sister, a younger sister and a younger brother.

Carla is thrilled to join the Amaran team. She can't wait to do her best to provide exceptional customer service for our residents, visitors, employees and vendors.

Upcoming Events



12/2/2020

Senior 101: Creating Joy During the Holidays

Join us for this informative session. We will be discussing ways to find joy and keep your spirits up during this challenging holiday season.

Dial (505) 934-4774 to receive an invitation.

12/9/2020

Holly Jolly Wreath Making Contest

Pick up your wreath at the Amaran Welcome Center from 10:00-a.m. – 3:00 p.m. at the Amaran Drive Up – Pick Up. When you have finished decorating it, send us a photo (505) 934-4774 or post a photo of your wreath on the Amaran Senior Living Facebook page to enter the contest.



12/9/2020

Alzheimer's Association Fundraiser

Support your local Alzheimer's Association at our Posole and Green Chile Stew Drive Through located at the Amaran Welcome Center. Drive through and pick up a hot bowl of your choice with a tortilla to keep you warm while supporting a cause we all care about. \$5.00.

12/16/2020

KOATS for Kids Clothing Drive

Amaran cares about our community and will be accepting donations of new or gently used coats and warm clothing at our Welcome Center located at 9300 Holly Ave NE in the Montessori Nido building. Call for info if you would like to make a donation: (505) 934-4774.



CONSTRUCTION UPDATE



We are excited to see the changes as the construction moves forward. Work is being completed on the exterior with the addition of our red panels and Amaran signage. Landscaping is in process with the addition of trees and decorative plants to enhance our beautiful community. The walkways have been poured and will be ready for our residents to stroll the grounds soon.

Above: The exterior façade in Amaran red is being installed and the Juliet balconies will soon have a surround added. The Amaran sign will be lit to guide you home.

Left: Our front entrance signage is installed. We can't wait to welcome you at the entrance next month!

Schedule your tour now with Carrie at 505-934-4774.

A HEARTFELT SUCCESS STORY

Amaran Senior Living wants to extend a sincere and heartfelt "Thank you!" to everyone who participated in our holiday food drive. It was a great success and the boxes are overflowing with kind donations! Amaran Senior Living, Montessori One and Beehive Homes of Albuquerque have partnered to collect donations of non-perishable food, household necessities and even some pet food to benefit our local seniors and even their furry loved ones. The donations went to Silver Horizons, helping seniors in need. We are looking forward to doing it again next year.



AMARAN

ASSISTED LIVING • MEMORY CARE

9100 Holly Ave NE, Albuquerque, NM 87122

505-227-8366

AmaranSeniorLiving.com

Managed by **INSIGHT**
♦ SENIOR LIVING ♦

WORD SEARCH

Find and circle the
15 words listed below.

G	U	W	U	F	N	C	L	O	T	H	I	N	G	P
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B	Z	C	Q	S	N	O	H	L	N	Y	A	B	N	Q
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AIR
CANDY CANE
CHILI
CLEAN
CLOTHING

COATS
DONATE
ENERGY
FESTIVE
HOLIDAY

JOY
PARTICLES
PURIFICATION
VACCINE
WREATH



Candy Canes are Festive & Fun!

Candy canes are a great holiday treat and their versatility makes them great for all kinds of decorative uses:

- Candy canes can be crushed or used whole in holiday arts and crafts projects.
- Use crushed candy canes in cookies and other festive holiday recipes
- Candy canes (real or plastic) make great ornaments to hang around the house for an easy festive decor.
- Got a wreath? Stick a few candy canes in it for added holiday flair.
- Mini candy canes can be crafted into a tree and used as a centerpiece.

No matter how you enjoy candy canes, they are sure to make your holiday celebrations much more delightful.