



Residents	Birthdate	Employees	Birthdate
Carl Hansen	Dec 11	Eamie	Dec 19
Rachel Gregg	Dec 12		
Eddie Donahue	Dec 12		
Frank Miceli	Dec 16		
Gary Hunt	Dec 17		
Jeannie Davis	Dec 21		
Ida Anderson	Dec 23		



Microwaves and Styrofoam

Use cookware specially manufactured for use in the microwave oven. Generally, you should not use metal pans or aluminum foil because microwaves reflect off them. And you should not use some plastic containers because heated food can cause them to melt. The FDA recommends using glass, ceramic, and plastic containers labeled for microwave oven use.

While polystyrene foam or Styrofoam containers do a good job in protecting foods in the refrigerator, they are not made for the microwave. A form of plastic, **the foam can melt in the microwave, allowing chemicals to be released into your food.** Transfer the food to a microwave-safe container before heating.

Holiday Jokes

What does the Grinch do with a baseball bat?
Hits a gnome and runs
How much did Santa pay for his sleigh?
Nothing. It was on the house!
Why don't crabs celebrate the holidays?
Because they're shell-fish.



River Commons

December 2020

River Commons
301 Hartnell Ave
Redding, CA 96002
530-221-2121



Celebrating December

Universal Human Rights Month

Bingo's Birthday Month

Cookie Cutter Week
December 1-7

Hanukkah
December 10-18

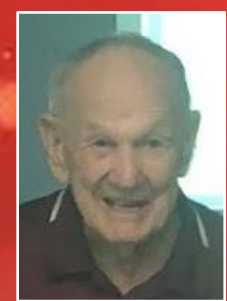
Gingerbread House Day
December 12

Holiday Bird Count
December 14- January 5

Holiday Day
December 25

Kwanzaa
December 26- January 1

New Year's Eve
December 31





Gary &
Barbara
Hunt

By Alpha Tolbert



Gary was born in Grass Valley, CA. He has one sister. In the fourth grade he moved to Oroville, CA. Barbara was born in Oroville. She went through high school there, and was a counselor there. She also traveled to seven elementary schools to do counseling. They met in Jr. High School. Their first date was at the Senior Farewell Party.

Barbara attended college for two years at UC Berkeley, and then transferred to Chico State. Gary was at Chico State for four years and Barbara for three years. Barbara went to school later to get her Pupil Personnel Credential. Gary taught eighth grade at Gerber. He became Vice Principal, and was in charge of 240 students at lunch time.

Gary and Barbara have one daughter, who is now a realtor in Red Bluff. While teaching, Gary and Barbara became involved with antique furniture. They bought, sold, repaired and upholstered furniture. They opened an antique shop when they stopped teaching. They traveled all over the United States going to auctions, shops and sales. They once visited an antique shop in New Hampshire, and in talking to the owner there, discovered that he knew an antique dealer here in Redding!

About this time they became couriers. They got to see lots of the world by taking goods and documents to different places. Their air fare was paid. They went to Spain, Israel, Scotland, New England, and Australia. They lived in Spain for a while. They bought an apartment, and when they came back to the United States, their nephew who lived in Spain rented it to other people. They had the apartment for five years, which paid for their trips. Whenever they got a chance to travel, they went, since they loved to travel. They did this for thirteen years, back and forth.

When they were looking for senior housing here, they walked into River Commons. Someone was playing the piano, which pleased them very much. They liked the friendly people here as well. They have been here nine months.

Thank you, Gary and Barbara, for sharing your interesting life with us!



Fill the grid so that every row, every column and every 3x3 box contains the numbers 1 to 9.

If you have
the power to
make someone
happy, do it.
The world
needs more
of that.

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8			6	4	9			
	7		9			4	5	
	3					7		
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		4		6	7			
2						6		