

# Heritage Hill Memory Care Community

## December 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		10:00 Snack/Hydration <b>1</b> 10:30 Morning Exercise 1:30 Reminiscing 2:30 Neighborhood Social 3:00 Color me Calm 3:30 Manicures 6:30 Movie Matinee	10:00 Snack/Hydration <b>2</b> 10:30 Morning Exercise 1:30 Art Project 2:30 Neighborhood Social 3:00 Trivia 3:30 Ball Toss 6:30 Relaxing with Music	10:00 Snack/ Hydration <b>3</b> 10:30 Morning Exercise 1:30 Junk Drawer 2:30 Neighborhood Social 3:00 Reminiscing 3:30 Balloon Tennis 6:30 Movie Matinee	10:00 Snack/ Hydration <b>4</b> 10:30 Morning Exercise 1:30 Art Project 2:30 Neighborhood Social 3:00 Bingo 3:45 Picture This 6:30 Relaxing with Music	10:00 Snack/Hydration <b>5</b> 10:30 Morning Exercise 1:30 Trivia 2:30 Neighborhood Social (Hydration) 3:30 Color me calm 6:30 Peaceful Music
10:00 Snack/Hydration <b>6</b> 10:30 Sunday Mass 1:30 Trivia 2:30 Neighborhood Social (Hydration) 3:30 Laundry Day 6:30 Movie Matinee	10:00 Breaking Bread <b>7</b> 10:30 Morning Exercise 1:30 Art Project 2:30 Neighborhood Social 3:00 Trivia 3:30 Short Story 6:30 Movie Matinee	10:00 Snack/Hydration <b>8</b> 10:30 Morning Exercise 1:30 Reminiscing 2:30 Neighborhood Social 3:00 Color me Calm 3:30 Manicures 6:30 Movie Matinee	10:00 Snack/Hydration <b>9</b> 10:30 Morning Exercise 1:30 Art Project 2:30 Neighborhood Social 3:00 Reminiscing 3:30 Ball Toss 6:30 Relaxing with Music	10:00 Snack/ Hydration <b>10</b> 10:30 Morning Exercise 1:30 Junk Drawer 2:30 Neighborhood Social 3:00 Color me Calm 3:30 Balloon Tennis 6:30 Movie Matinee	10:00 Snack/ Hydration <b>11</b> 10:30 Morning Exercise 1:30 Art Project 2:30 Neighborhood Social 3:00 Bingo 3:45 Picture This 6:30 Relaxing with Music	10:00 Snack/Hydration <b>12</b> 10:30 Morning Exercise 1:30 Trivia 2:30 Neighborhood Social (Hydration) 3:30 Color me calm 6:30 Peaceful Music
10:00 Snack/Hydration <b>13</b> 10:30 Sunday Mass 1:30 Trivia 2:30 Neighborhood Social (Hydration) 3:30 Laundry Day 6:30 Movie Matinee	10:00 Breaking Bread <b>14</b> 10:30 Morning Exercise 1:30 Art Project 2:30 Neighborhood Social 3:00 Trivia 3:30 Short Story 6:30 Movie Matinee	10:00 Snack/Hydration <b>15</b> 10:30 Morning Exercise 1:30 Reminiscing 2:30 Neighborhood Social 3:00 Color me Calm 3:30 Manicures 6:30 Movie Matinee	10:00 Snack/Hydration <b>16</b> 10:30 Morning Exercise 1:30 Art Project 2:30 Neighborhood Social 3:00 Trivia 3:30 Ball Toss 6:30 Relaxing with Music	10:00 Snack/ Hydration <b>17</b> 10:30 Morning Exercise 1:30 Junk Drawer 2:30 Neighborhood Social 3:00 Color me Calm 3:30 Balloon Tennis 6:30 Movie Matinee	10:00 Snack/ Hydration <b>18</b> 10:30 Morning Exercise 1:30 Art Project 2:30 Neighborhood Social 3:00 Bingo 3:45 Picture This 6:30 Relaxing with Music	10:00 Snack/Hydration <b>19</b> 10:30 Morning Exercise 1:30 Trivia 2:30 Neighborhood Social (Hydration) 3:30 Color me calm 6:30 Peaceful Music
10:00 Snack/Hydration <b>20</b> 10:30 Sunday Mass 1:30 Trivia 2:30 Neighborhood Social (Hydration) 3:30 Laundry Day 6:30 Movie Matinee	10:00 Breaking Bread <b>21</b> 10:30 Morning Exercise 1:30 Art Project 2:30 Neighborhood Social 3:00 Trivia	10:00 Snack/Hydration <b>22</b> 10:30 Morning Exercise 1:30 Reminiscing 2:30 Neighborhood Social 3:00 Color me Calm 3:30 Manicures 6:30 Movie Matinee	10:00 Snack/Hydration <b>23</b> 10:30 Morning Exercise 1:30 Art Project 2:30 Neighborhood Social 3:00 Reminiscing 3:30 Ball Toss 6:30 Relaxing with Music	10:00 Snack/ Hydration <b>24</b> 10:30 Morning Exercise 1:30 Junk Drawer 2:30 Neighborhood Social 3:00 Color me Calm 3:30 Balloon Tennis 6:30 Movie Matinee	10:00 Snack/ Hydration <b>25</b> 10:30 Morning Exercise 1:30 Art Project 2:30 Neighborhood Social 3:00 Bingo 3:45 Picture This 6:30 Relaxing with Music	10:00 Snack/Hydration <b>26</b> 10:30 Morning Exercise 1:30 Trivia 2:30 Neighborhood Social (Hydration) 3:30 Color me calm Peaceful Music
10:00 Snack/Hydration <b>27</b> 10:30 Sunday Mass 1:30 Trivia 2:30 Neighborhood Social (Hydration) 3:30 Laundry Day 6:30 Movie Matinee	10:00 Breaking Bread <b>28</b> 10:30 Morning Exercise 1:30 Art Project 2:30 Neighborhood Social 3:00 Trivia 3:30 Short Story 6:30 Relaxing to Music	10:00 Snack/Hydration <b>29</b> 10:30 Morning Exercise 1:30 Reminiscing 2:30 Neighborhood Social 3:00 Color me Calm 3:30 Manicures 6:30 Movie Matinee	10:00 Snack/Hydration <b>30</b> 10:30 Morning Exercise 1:30 Art Project 2:30 Neighborhood Social 3:00 Trivia 3:30 Ball Toss 6:30 Relaxing with Music	10:00 Snack/ Hydration <b>31</b> 10:30 Morning Exercise 1:30 Junk Drawer 2:30 Neighborhood Social 3:00 Color me Calm 3:30 Balloon Tennis 6:30 Movie Matinee		