

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>  <div> The Hearth at Glastonbury December 2020 </div>  </div>						
Snack 10:30am 3:00pm 7:00pm <i>*All programs are subject to change without prior notice.</i>		Morning Activity Schedule: 9:30 Exercise 10:00 Morning Snack & Music 10:30 Cognitive Game 11:00 Physical Game				
6 <u>*Morning Programs</u> 10:00 *Church Mass 11:30 Sing-a-long 1:00 Exercise—Yoga 1:30 Ring Toss 2:00 Name 5 2:30 Tic Tac Toe Toss 3:30 Art – coloring * 6:00 Cards		1 <u>* Morning Programs</u> 1:00 Pool Noodle Exercises 1:30 Guided Meditation 2:00 Mind Joggers/Think More 2:30 Basketball Game 3:30 BINGO 4:30 Dinner 6:00 Tea Social	2 <u>* Morning Programs</u> 1:00 Afternoon Stretches 1:30 Trivia 2:00 Kickball 2:30 Hangman Music 3:30 Painting Class 4:30 Dinner 6:00 Nature Presentation	3 <u>* Morning Programs</u> 1:00 Pom Pom Exercises 1:30 Short Stories 2:00 Volleyball Toss 2:30 Holiday Sing-a-long 3:30 Craft: decorating Stockings 4:30 Dinner 6:00 Ladies Night	4 <u>* Morning Programs</u> 1:00 Afternoon Stretches 1:30 Guided Meditation 2:00 ABC Game 2:30 Balloon Tennis 3:00 Snack 3:30 Aquapainting 4:30 Dinner	5 <u>* Morning Programs</u> 1:00 Yoga 1:30 Scenic Ride 2:00 Today in History 2:30 Parachute Games 3:30 I-Spy Games 4:30 Trivia 5:00 Dinner / Rendevor
13 <u>Third Day of Hanukkah</u> <u>*Morning Programs</u> 10:00 *Church Mass 11:30 Sing-a-long 1:00 Exercise—Yoga 1:30 Ring Toss 2:00 Name 5 2:30 Tic Tac Toe Toss 3:30 Art – coloring * 6:00 Cards		8 <u>* Morning Programs</u> 1:00 Pool Noodle Exercises 1:30 Guided Meditation 2:00 Mind Joggers/Think More 2:30 Basketball Game 3:30 BINGO 4:30 Dinner 6:00 Tea Social	9 <u>* Morning Programs</u> 1:00 Afternoon Stretches 1:30 Trivia 2:00 Kickball 2:30 Hangman Music 3:30 Painting Class 4:30 Dinner 6:00 Nature Presentation	10 <u>Hanukkah Eve</u> <u>* Morning Programs</u> 1:00 Pom Pom Exercises 1:30 The Story of Hanukkah 2:00 Volleyball Toss 2:30 Holiday Sing-a-long 3:30 Craft: making snow 4:30 Dinner	11 <u>First Day of Hanukkah</u> <u>* Morning Programs</u> 1:00 Afternoon Stretches 1:30 Guided Meditation 2:00 ABC Game 2:30 Balloon Tennis 3:00 Snack 3:30 Aquapainting / 6:00 Movie	12 <u>Second Day of Hanukkah</u> <u>* Morning Programs</u> 1:00 Yoga 1:30 Scenic Ride 2:00 Today in History 2:30 Parachute Games 3:30 I-Spy Games 4:30 Trivia
20 <u>*Morning Programs</u> 10:00 *Church Mass 11:30 Sing-a-long 1:00 Exercise—Yoga 1:30 Ring Toss 2:00 Name 5 2:30 Tic Tac Toe Toss 3:30 Art – coloring * 6:00 Cards		15 <u>Fifth Day of Hanukkah</u> <u>* Morning Programs</u> 1:00 Pool Noodle Exercises 1:30 Guided Meditation 2:00 Mind Joggers/Think More 2:30 Basketball Game 3:30 BINGO 4:30 Dinner 6:00 Tea Social	16 <u>Sixth Day of Hanukkah</u> <u>* Morning Programs</u> 1:00 Afternoon Stretches 1:30 Trivia 2:00 Kickball 2:30 Hangman Music 3:30 Painting Class 4:30 Dinner 6:00 Nature Presentation	17 <u>Seventh Day of Hanukkah</u> <u>* Morning Programs</u> 1:00 Pom Pom Exercises 1:30 Short Stories 2:00 Volleyball Toss 2:30 Holiday Sing-a-long 3:30 Craft: snowman 4:30 Dinner 6:00 Ladies Night	18 <u>Hanukkah Ends</u> <u>* Morning Programs</u> 1:00 Afternoon Stretches 1:30 Guided Meditation 2:00 ABC Game 2:30 Balloon Tennis 3:00 Holiday Themed Social 3:30 Aquapainting / 6:00 Movie	19 <u>* Morning Programs</u> 1:00 Yoga 1:30 Scenic Ride 2:00 Today in History 2:30 Parachute Games 3:30 I-Spy Games 4:30 Trivia 5:00 Dinner / Rendevor
21 <u>* Morning Programs</u> 1:00 Ribbon Dancing 1:30 Trivia 2:00 Ladder ball 2:30 Reminiscing 3:30 Cards /Letters/Snowman Craft 4:30 Music 5:00 Dinner *6:00 Tea Social		22 <u>* Morning Programs</u> 1:00 Pool Noodle Exercises 1:30 Guided Meditation 2:00 Mind Joggers/Think More 2:30 Basketball Game 3:30 BINGO 4:30 Dinner 6:00 Tea Social	23 <u>BINGO</u> <u>* Morning Programs</u> 1:00 Afternoon Stretches 1:30 Trivia 2:00 Kickball 2:30 Hangman Music 3:30 Painting Class 4:30 Dinner 6:00 Nature Presentation	24 <u>Christmas Eve</u> <u>* Morning Programs</u> 1:00 Pom Pom Exercises 1:30 Short Stories 2:00 Volleyball Toss 2:30 Holiday Sing-a-long 3:30 Craft: mason jar snow globes 4:30 Dinner 6:00 Twas the Night Before X-Mas	25 <u>Christmas Day</u> <u>* Morning Programs</u> 1:00 Afternoon Stretches 1:30 Guided Meditation 2:00 ABC Game-(Christmas words) 2:30 Balloon Tennis 3:00 Snack 3:30 Aquapainting 6:00 “White Christmas” Movie	26 <u>* Morning Programs</u> 1:00 Yoga 1:30 Scenic Ride 2:00 Today in History 2:30 Parachute Games 3:30 I-Spy Games 4:30 Trivia 5:00 Dinner / Rendevor
27 <u>*Morning Programs</u> 10:00 *Church Mass 11:30 Sing-a-long 1:00 Exercise—Yoga 1:30 Ring Toss 2:00 Name 5 2:30 Tic Tac Toe Toss 3:30 Art – coloring * 6:00 Cards		29 <u>* Morning Programs</u> 1:00 Pool Noodle Exercises 1:30 Guided Meditation 2:00 Mind Joggers/Think More 2:30 Basketball Game 3:30 BINGO 4:30 Dinner 6:00 Tea social	30 <u>BINGO</u> <u>* Morning Programs</u> 1:00 Afternoon Stretches 1:30 Trivia 2:00 Kickball 2:30 Hangman Music 3:30 Painting Class 4:30 Dinner 6:00 Nature Presentation	31 <u>New Year's Eve</u> <u>* Morning Programs</u> 1:00 Pom Pom Exercises 1:30 Short Stories 2:00 Volleyball Toss 2:30 Holiday Sing-a-long 3:30 Craft: mason jar snow globes 6:00 <u>Champagne Toast & Mock</u> New Year's Countdown	<div>   </div>	