



## Sweet Vintage Letters to Santa

**Dear Santa:** I have been a good little boy. Will you please bring me a velocipede, a flashlight, some apples and candy. Bring Grandpa a pair of socks and I'll put some corn at the gate for your reindeer.  
Your friend, *Robert Pearce (1930)*

**Dear Santa:** Please bring me a pop gun, a sack of marbles and some candy and nuts.  
Your little friend, *Cyril Farmer (1920)*

**Dear Santa:** We have tried to be good little children. Please bring me a velocipede, a tinker toy set, some firecrackers, a ball and some caps for my gun you brought me last Christmas. Please bring Little Sister a kiddie car, a doll that says "Mamma," and a doll bed. Please bring us lots of fruit, nuts and candy.  
Bye-bye, Santa.  
*John Gordon and Elizabeth Maurine Tedder (1924)*

**Dear Santa:** I will tell you what I want. I want an embroidery set, set of dishes and a doll. I won't ask for too much, as I'm afraid you can't get around to all the children.  
Your friend, *Una Ranne (1925)*

*Adapted from Reader's Digest online, January 28, 2020*



Candy or Candy Canes on a tree



Does Santa look surprised to you?



Christmas presents everywhere

December  
2020

## Pheasant Ridge Senior Living

4435 Pheasant Ridge Road  
Roanoke, VA 24014



### Community Events, What's Happening?/ Special Events

**\*\*For the month of December there are plenty of new activities such as putting up our Christmas tree, painting our ornaments and putting them on the tree. There will be Christmas programs to watch and parties to celebrate. We are so excited to announce having a Christmas parade for our residents to see. We are asking for families, friends and locals to come join us with your vehicles decorated (wearing a mask & social distancing is required).**

**\*\*Taste & Tell has returned for our residents to interact while making some type of foods and to discuss it before they enjoy it.**



Christmas is a beautiful holiday

### Resident Birthday's for the month of December

**\*\*Skip P has a birthday on December 14th! We have our birthday social on the 1st Tuesday of each month at 1:30pm in the dining room. \*\*We will still continue to have our different flavors of milkshakes 3 times a week since the residents are still enjoying them.**




Merry Christmas from the residents



# December 2020

## Pheasant Ridge Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div></div> <div><b>PHEASANT RIDGE</b> ASSISTED LIVING &amp; MEMORY CARE</div>		9:45 <span>SS</span> Devotion <b>1</b> 10:30 <span>PE</span> Exercise 1:30 <span>LL</span> <b>Birthday Social</b> 2:45 <span>PE</span> Bowling 3:30 <span>LL</span> Blackjack 21 5:30 <span>AE</span> Musical Moments 7:00 <span>CE</span> Vintage Game Shows 8:00 <span>LL</span> <b>Rudolph the Red-Nosed Reindeer</b>	9:45 <span>PE</span> Exercise <b>2</b> 10:30 <span>SS</span> Devotion 11:15 <span>LL</span> <b>Voting for SuperStar of the month</b>  1:00 <span>CE</span> Mind Boggle 2:00 <span>LL</span> <b>"Ride Only" Van Ride</b> 3:30 <span>PE</span> Basketball 5:30 <span>SS</span> Spiritual Radio 7:00 <span>PE</span> Evening Stroll 8:00 <span>LL</span> <b>Christmas in Rockefeller Center</b>	9:45 <span>SS</span> Devotion <b>3</b> 10:30 <span>PE</span> Exercise 1:15 <span>LL</span> <b>Christmas Tree Setup</b>  3:45 <span>LL</span> Joke Telling & Good Times 5:30 <span>LL</span> Hand Massages 7:00 <span>LL</span> Movie Night	9:45 <span>PE</span> Exercise <b>4</b> 10:30 <span>SS</span> Devotion 1:30 <span>AE</span> <b>Painting ornaments</b>  3:00 <span>LL</span> Nails & Tales 5:15 <span>LL</span> UNO 7:00 <span>LL</span> Storytime	9:45 <span>SS</span> Devotion <b>5</b> 10:30 <span>PE</span> Exercise 11:15 <span>LL</span> Cards "Crazy 8's" 1:30 <span>LL</span> Boardgame "Sorry" 2:45 <span>LL</span> Checkers 3:30 <span>SS</span> Chicken Soup for the Soul 5:15 <span>AE</span> Relaxing Music 6:00 <span>LL</span> <b>A Christmas Story</b> 7:00 <span>LL</span> Snack & Chat	
	9:30 <span>PE</span> Exercise <b>6</b> 10:45 <span>SS</span> Devotion 1:30 <span>CE</span> Hangman 2:45 <span>CE</span> Word Searches 3:30 <span>LL</span> Dominoes 5:30 <span>LL</span> Cards "Old Maid" 7:00 <span>LL</span> <b>How the Grinch Stole Christmas</b>	9:45 <span>SS</span> Devotion <b>7</b> 10:30 <span>PE</span> Exercise 1:30 <span>LL</span> <b>Decorating the Christmas Tree</b>  5:15 <span>PE</span> Evening Stroll 7:00 <span>CE</span> Vintage Game Shows	9:45 <span>PE</span> Exercise <b>8</b> 10:30 <span>SS</span> Devotion 1:15 <span>PE</span> Cornhole 2:45 <span>CE</span> BINGO 5:30 <span>CE</span> This Day in History 7:00 <span>LL</span> Classic Movie Night	9:30 <span>LL</span> <b>"Ride Only" Van Ride</b> <b>9</b> 9:45 <span>SS</span> Devotion 10:30 <span>PE</span> Exercise 1:15 <span>AE</span> Arts and Crafts 2:45 <span>CE</span> Memory Game w/ cards 5:30 <span>SS</span> Spiritual Radio 7:00 <span>LL</span> Snack & Chat	9:45 <span>PE</span> Exercise <b>10</b> 10:30 <span>SS</span> Devotion 1:15 <span>AE</span> <b>Making Christmas cards</b>  3:00 <span>LL</span> Nail Spa 5:30 <span>LL</span> Cards "Go Fish" 7:00 <span>PE</span> Wild Walkers	9:45 <span>SS</span> Devotion <b>11</b> 10:30 <span>PE</span> Exercise 1:15 <span>AE</span> Karaoke 2:45 <span>CE</span> Trivia 3:30 <span>LL</span> Puzzles 5:15 <span>LL</span> Tic-Tac-Toe 7:00 <span>LL</span> Hand Massages	9:45 <span>PE</span> Exercise <b>12</b> 10:30 <span>SS</span> Devotion 11:15 <span>PE</span> Basketball 1:30 <span>LL</span> Boardgame "Trouble" 2:45 <span>AE</span> Artistic Therapy 3:30 <span>PE</span> Golf 5:15 <span>AE</span> Musical Moments 7:00 <span>CE</span> Vintage Game Shows
	9:30 <span>SS</span> Devotion <b>13</b> 10:45 <span>PE</span> Exercise 1:15 <span>LL</span> Checkers 2:30 <span>CC</span> <b>"Up The Hill" Christmas Parade</b> 3:45 <span>LL</span> Connect Four 5:15 <span>LL</span> UNO 7:00 <span>LL</span> Snack & Chat	9:45 <span>PE</span> Exercise <b>14</b> 10:30 <span>SS</span> Devotion 1:00 <span>CE</span> Mind Boggle 2:15 <span>LL</span> 21 Blackjack 3:30 <span>PE</span> Darts 5:30 <span>LL</span> Joke Telling & Good Times 7:00 <span>CE</span> Vintage Game Shows	9:45 <span>SS</span> Devotion <b>15</b> 10:30 <span>PE</span> Exercise 1:15 <span>LL</span> Nails & Tales 3:30 <span>PE</span> Balloon Wack 5:15 <span>LL</span> Dominoes 7:00 <span>PE</span> Evening Stroll	9:45 <span>PE</span> Exercise <b>16</b> 10:30 <span>SS</span> Devotion 1:15 <span>PE</span> Ring Toss 2:00 <span>LL</span> <b>"Ride Only" Van Ride</b> 3:30 <span>SS</span> Chicken Soup for the Soul 5:30 <span>SS</span> Spiritual Radio 7:00 <span>LL</span> Classic Movie Night	9:45 <span>SS</span> Devotion <b>17</b> 10:30 <span>PE</span> Exercise 1:15 <span>CE</span> Word Searches 2:00 <span>LL</span> <b>Taste &amp; Tell</b> 3:30 <span>CE</span> Name That Tune 5:15 <span>LL</span> Dominoes 7:00 <span>LL</span> Comedy Movie Night	9:45 <span>PE</span> Exercise <b>18</b> 10:30 <span>SS</span> Devotion 1:30 <span>CE</span> BINGO 2:45 <span>CE</span> A Look Back on History 3:30 <span>PE</span> Bowling 7:00 <span>LL</span> Hand Massages	9:30 <span>SS</span> Devotion <b>19</b> 10:15 <span>PE</span> Exercise 11:00 <span>CE</span> Trivia 1:15 <span>AE</span> Arts and Crafts 2:45 <span>AE</span> 50's Sing-a-long 3:30 <span>PE</span> Cornhole 5:30 <span>LL</span> Storytime 7:00 <span>CE</span> Vintage Game Shows
	9:30 <span>PE</span> Exercise <b>20</b> 10:45 <span>SS</span> Devotion 1:15 <span>CE</span> Bible Trivia 2:30 <span>CE</span> Memory Game w/ cards 3:45 <span>PE</span> Horseshoe Toss 5:15 <span>LL</span> Checkers 7:00 <span>LL</span> Comedy Movie Night	9:45 <span>SS</span> Devotion <b>21</b> 10:30 <span>PE</span> Exercise 1:30 <span>AE</span> Karaoke 3:00 <span>LL</span> Nail Spa 5:00 <span>LL</span> Dominoes 7:00 <span>LL</span> Snack & Chat	9:45 <span>PE</span> Exercise <b>22</b> 10:30 <span>SS</span> Devotion 11:15 <span>CE</span> Mind Boggle 1:15 <span>CE</span> BINGO (Christmas) 3:00 <span>AE</span> Arts and Crafts 5:30 <span>AE</span> Relaxing Music 7:00 <span>CE</span> Vintage Game Shows	9:30 <span>LL</span> <b>"Ride Only" Van Ride</b> <b>23</b> 9:45 <span>SS</span> Devotion 10:30 <span>PE</span> Exercise 2:00 <span>LL</span> <b>Christmas Party</b> 2:45 <span>AE</span> Painting 3:45 <span>PE</span> Cornhole 5:15 <span>CE</span> This Day in History 7:00 <span>PE</span> Wild Walkers	<b>Christmas Eve</b> <b>24</b> 9:30 <span>LL</span> <b>Reminisce about Christmas</b> 11:00 <span>CE</span> <b>Christmas Word from A-Z</b> 2:00 <span>LL</span> <b>Hot Cocoa Bar</b> 3:30 <span>CE</span> <b>Christmas stocking game</b> 5:15 <span>AE</span> <b>Christmas Sing-a-long</b> 7:00 <span>LL</span> <b>Storytime ("Twas the Night Before Christmas)</b> 8:00 <span>LL</span> <b>It's A Wonderful Life</b>	<b>Christmas Day</b> <b>25</b> 10:00 <span>LL</span> <b>Disney Parks Magical Christmas Day Celebration</b> 1:00 <span>LL</span> <b>Time for Christmas presents</b> 2:45 <span>LL</span> <b>Gingerbread Extravaganza</b> 5:30 <span>SS</span> <b>Storytime (The birth of Jesus Christ)</b> 7:00 <span>LL</span> <b>Lounge Party</b>	9:30 <span>PE</span> Exercise <b>26</b> 10:15 <span>SS</span> Devotion 11:00 <span>PE</span> Basketball 1:15 <span>LL</span> Connect Four 2:30 <span>LL</span> Blackjack 21 3:45 <span>CE</span> Family Feud Trivia 5:30 <span>SS</span> Spiritual Radio 7:00 <span>CE</span> Vintage Game Shows
9:45 <span>SS</span> Devotion <b>27</b> 10:30 <span>PE</span> Exercise 1:15 <span>CE</span> Mind Boggle 2:45 <span>AE</span> Artistic Therapy 3:30 <span>PE</span> Balloon Wack 5:15 <span>LL</span> Hand Massages 7:00 <span>SS</span> Chicken Soup for the Soul	9:30 <span>PE</span> Exercise <b>28</b> 10:15 <span>SS</span> Devotion 1:30 <span>PE</span> Ring Toss 2:30 <span>LL</span> Tic-Tac-Toe 3:45 <span>CE</span> Hangman 5:15 <span>LL</span> Cards "Old Maid" 7:00 <span>PE</span> Evening Stroll	9:30 <span>SS</span> Devotion <b>29</b> 10:15 <span>PE</span> Exercise 1:30 <span>AE</span> 60's Sing-a-long 2:15 <span>PE</span> Darts 3:00 <span>LL</span> Nails & Tales 5:00 <span>CE</span> Memory Game w/ cards 7:00 <span>CE</span> Vintage Game Shows	9:45 <span>PE</span> Exercise <b>30</b> 10:45 <span>SS</span> Devotion 1:15 <span>LL</span> Joke Telling & Good Times 2:00 <span>LL</span> <b>"Ride Only" Van Ride</b> 3:45 <span>CE</span> Word Searches 5:30 <span>SS</span> Spiritual Radio 7:00 <span>LL</span> Classic Movie Night	<b>New Year's Eve</b> <b>31</b> 9:45 <span>SS</span> <b>Positive Quotes for the next year</b> 11:00 <span>LL</span> <b>New Year's Resolutions</b> 1:30 <span>CE</span> <b>New Year's Eve Word Game</b> 3:00 <span>CE</span> <b>BINGO (New Years)</b> 5:15 <span>LL</span> <b>New Year's Eve Conversation Game</b> 7:00 <span>LL</span> <b>New Years Eve Celebration</b>	<div><span>AE</span> Artistic Expression <span>CC</span> Community Connections <span>CE</span> Continuing Education <span>LL</span> Lifestyle &amp; Leisure <span>PE</span> Physical Engagement <span>SS</span> Spiritual Support</div> <div>Healthy Snacks &amp; Hydration offered throughout each day!</div>		