

### **December Birthdays**

Anne S. 12/17 Carol B. 12/19 Kathleen C. 12/25 12/29 Frances M. 12/30 Mary S.

#### **December Incentive**

Invite your friends and family to make Avenida Naperville their new apartment home —fabulous new neighbors coupled with \$1,500 for every referral.

## YOUR AVENIDA TEAM





Kathy Fezzuoglio



Tom Vander Velde



Hyacinth Waranimman



Alan Reyes





AVENIDANAPERVILLE.COM | 331.213.2808 | 504 COMMONS ROAD, NAPERVILLE, IL 60563

# AVENIDALIFE



A Note From Michele Clemen, Executive Director

As we are heading to the end of 2020, its good to look ahead and think about what the new year may bring

But first, let's look back. 2020 was certainly a year like none other! It was our first year in our beautiful new home with so many wonderful new residents. Our first residents moved in on February 1st, with a few more almost each week after that.

As 2020 moved on, we all experienced a change that no one could have predicted. I want to thank you all for your grace and patience as we adapted to our new normal. It was challenging in the early days, but I am grateful to have watched neighbors become friends and friends become family through shared experiences. And, those experiences were fun...how can you not love a cold drink being delivered right to your door, or Pat and I announcing that the pool was open by marching the giant flamingo and swan through the courtyard?

In true 2020 form, there has not been a dull moment, in September the literal flood gates opened. I want to thank you again for your patience through our drying out and refinishing of the fit studio, club room and media lounge. And in October, better late than never, we finally celebrated our grand opening with a special happy hour and ribbon cutting where many of you had the opportunity to meet and talk with Managing Partner of Avenida, Bob May.

Of course, there is still work ahead, and I do have a wish list for Santa Claus that I would like to share with

I wish for a team that continues to embrace change and challenge themselves each day to be better than the day before. To a person, I have a fantastic team and want to see each of them grow to their fullest potential. Our team loves what we do, and we hope that you feel that in our interactions with you. Additionally, I wish for you and your families a joyous, peaceful, restful festive season and all the best for 2021.

## December 2020 Program Calendar

Program Calendar								
		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	AVENIDA Naperville			8:00 Continental Breakfast [B]  10:30 Balance & Stability Class (via Zoom)  11:30 Tech Tuesday - How to use the Media Lounge Remotes [ML]  1:00 Technology Group [GR]  1:30 One Day University [ML]  3:00 Hallway Happy Hour	8:00 Continental Breakfast [B]  9:30 Chair Yoga at 9:30 AM (via Zoom)  11:00 Morning Mindfulness [ML]  1:00 Creative Arts: Decorative Lighted Wine Bottles  3:00 Ladies' Christmas Tea		Breakfast [B] 10:00 Tai Chi a 6 Week	9:00 Saturday Morning Continental Breakfast [B]  10:00 Saturday Morning Chair Yoga (via Zoom)  1:00 Saturday Walking Club  3:30 Drawing Lesson: How to Doodle/Draw a Christmas Tree [WEB]
Cre	<b>Location Keys</b> stro B eative Arts CA	10:00 Morning Movement [WEB]  11:30 Sunday Walking Club  12:00 Detroit Lions vs Chicago Bears [ML]  3:30 Basic Sign Language [WEB]	8:00 Continental Breakfast [B]  9:30 Monday Morning Coffee & News [GR]  10:00 Strength & Stretch [WEB]  2:00 "Growing Older & Wiser" (Life Guide Bible Studies)  3:00 One Day University: Pearl Harbor [ML]  7:15 Monday Night Football [ML]	8:00 Continental Breakfast [B] 8:30 Transportation to Jewel/Osco 10:30 Balance & Stability Class (via Zoom) 11:30 Tech Tuesday - How to Set- Up and Use Sagely via Zoom [GR] 1:30 Chat with Grow Wellness Group/Susan Riley [GR] 3:00 Hallway Happy Hour	8:00 Continental Breakfast [B] 9:30 Chair Yoga at 9:30 AM (via Zoom) 11:00 Morning Mindfulness [ML] 1:00 Creative Arts: DIY Holiday Wreath Making 3:00 Charades (Small Groups) [GR] 5:30 Ozinga Merry Mixer Outdoor Event		8:00 Continental Breakfast [B] 10:00 Tai Chi a 6 Week Session (week 5 via Zoom) 11:15 Wellbeats Class [FS] 11:30 Gift Wrapping Time [CA] 1:00 Gift Wrapping Time [CA] 2:30 Food Drive for Loaves & Fishes 3:30 Men's Stout Beer Tasting [GR] 7:00 Friday Night Movie Club: Mulan [ML]	9:00 Saturday Morning Continental Breakfast [B]  10:00 Saturday Morning Chair Yoga (via Zoom)  1:00 Saturday Walking Club  11:00 Drawing Lesson: How to Draw Leaves & Botanicals [WEB]
Gre Me	Studio FS eat Room GR edia Lounge/Theater ML eb Based Applicaiton WEB	10:00 Morning Movement [WEB] 11:30 Sunday Walking Club 12:00 Texans vs Chicago Bears Game [ML] 3:30 Basic Sign Language [WEB]	8:00 Continental Breakfast [B] 9:30 Monday Morning Coffee & News [GR] 10:00 Strength & Stretch [WEB] 1:00 Creative Writing/Journaling [GR] 3:00 Book Group 4:00 One Day University [ML] 7:15 Monday Night Football [ML]	8:00 Continental Breakfast [B] 10:30 Balance & Stability Class (via Zoom) 11:30 Tech Tuesday - How to Set- Up and Use Sagely [GR] 1:30 Loaves & Fishes Community Services Presentation by Nancy Wiersum 3:00 Hallway Happy Hour	8:00 Continental Breakfast [B] 9:30 Chair Yoga at 9:30 AM (via Zoom) 11:00 Morning Mindfulness [ML] 1:00 Creative Arts: DIY Fabric Gnome [CA] 3:30 Coffee & Conversations [GR] 4:30 Holiday Cookies/Snacks Exchange [GR]	Breakfast [B] 10:00 Walk & Stretch [WEB] 11:00 North Central College Conversation Partners Presentation	Ugly Holiday Sweater Day 8:00 Continental Breakfast [B] 9:30 Finance & Fun with Derek McDaniel/Merrill Lynch [GR] 10:00 Tai Chi a 6 Week Session (week 6 via Zoom) 11:15 Wellbeats Class [FS] 11:30 Gift Wrapping Time [CA] 1:00 Gift Wrapping Time [CA] 3:00 One Day University [ML] 7:00 Friday Night Movie Club [ML]	9:00 Saturday Morning Continental Breakfast [B]  10:00 Saturday Morning Chair Yoga (via Zoom)  1:00 Saturday Walking Club 3:30 Drawing Lesson: How to Draw Mountains [WEB]
	to	Movement [WEB]  11:30 Sunday Walking Club  12:00 Chicago Bears vs Vikings Game [ML]	9:30 Monday Morning Coffee & News [GR]  10:00 Strength & Stretch  1:30 Food Club [GR]	8:00 Continental Breakfast [B] 8:30 Transportation to Target/groceries 10:30 Balance & Stability Class (via Zoom) 11:30 Tech Tuesday - How to Set- Up and Use Sagely via Zoom [GR] 1:30 One Day University 3:00 Hallway Happy Hour	Breakfast [B] 23	8:00 Continental Breakfast [B] 10:00 Walk & Stretch [WEB] 11:00 Special Holiday Trivia	7:00 Christmas Night Movie Time: TBA [ML]	9:00 Saturday Morning Continental Breakfast [B]  10:00 Online Chair Yoga (WEB) [WEB]  1:00 Saturday Walking Club 3:30 Drawing Lesson: Learn To Draw Flowers [WEB]
	Live Confidently	10:00 Morning Movement [WEB] 11:30 Sunday Walking Club 12:00 Chicago Bears vs Jaguars Game [ML] 3:30 Basic Sign Language [WEB]	8:00 Continental Breakfast [B] 9:30 Monday Morning Coffee & News [GR] 10:00 Strength & Stretch [WEB] 1:30 Genealogy Club [GR] 4:00 One Day University [ML] 7:15 Monday Night Football [ML]	8:00 Continental Breakfast [B] 8:30 Transportation to Jewel/Osco 10:30 Balance & Stability Class (via Zoom) 11:30 Tech Tuesday - How to Use Remotes/Media Lounge [ML] 1:30 One Day University 3:00 Hallway Happy Hour	8:00 Continental Breakfast [B] 9:30 Chair Yoga at 9:30 AM (via Zoom) 11:00 Morning Mindfulness [ML] 1:00 Creative Arts: New Years Eve's Fun (TBA) [GR] 3:00 Coffee & Conversations [GR]	8:00 Continental Breakfast [B] 10:00 Walk & Stretch [WEB] 1:30 Knitting Group [CA] 3:00 Thursday Trivia 6:00 Ring In the New Year Ireland/UK Time 7:00 New Year's Eve Movie Night [GR]		